ADMINISTRATIVE OFFICES

911 18th St N   info@ccstcloud.org
St. Cloud, MN 56303   www.ccstcloud.org

Toll-Free: 800-830-8254
General: 320-650-1550
Fax: 320-650-1509
Development: 320-650-1640
Employment: 320-650-1539
Volunteering: 320-229-4590
Marketing & Public Relations: 320-650-1641

BEHAVIORAL HEALTH SERVICES

MENTAL HEALTH SERVICES FOR CHILDREN & YOUTH

Catholic Charities Day Treatment–St. Cloud
Phone: 320-650-1590   1712 7th Ave S
Fax: 320-650-1599   St. Cloud, MN 56301

Intensive mental health services for children and adolescents age 7–18 serving St. Cloud and the surrounding area. Day Treatment benefits those in need of intensive support to reduce the impact of mental health symptoms which influence their ability to function successfully at home, in school and within the community. Morning programming includes skills instruction and practice as well as group therapy each day. Families work with their home school districts to determine the best academic programming for their child.

Catholic Charities Day Treatment–Elk River
Phone: 763-441-1578   508 Freeport Avenue NW Suite D
Fax: 763-441-1740   Elk River, MN 55330

Serves children grades 6–12 who primarily reside in the counties of Sherburne, Wright, Anoka and Hennepin. Day Treatment benefits those in need of more intensive support to reduce the impact of mental health symptoms which may be affecting their ability to function successfully at home, in school and within the community.

School Counseling Sites
Individual and group counseling offered, along with mental health education.
• Holdingford Elementary, Middle and High Schools
• St. Francis Xavier School, Sartell
Phone: 320-650-1660
Fax: 320-650-1672

Parenting Assessment
Phone: 320-650-1660

Provides a functional assessment of a parent(s) capacity to successfully care for their child/children. Assessments completed by the doctoral-level licensed psychologists.

COUNSELING SERVICES

Catholic Charities Behavioral Health Clinic
911 18th Street N   Monday 8 am–8 pm
St. Cloud, MN 56303   Tuesday 8 am–8 pm
Phone: 320-650-1660   Wednesday 8 am–8 pm
Fax: 320-650-1672   Thursday 8 am–8 pm

The clinic offers family-friendly, culturally responsive services in a safe environment. A comprehensive array of mental health services is offered, including:
• Individual therapy for children, adolescents and adults as well as family therapy
• Diagnosis of mental health issues
• Psychiatric services including diagnosis and medication management
• Psychological testing
• Group Therapy: DAIP (Domestic Abuse Intervention Program)

SERVICES FOR ADULTS WITH MENTAL ILLNESS

Catholic Charities Hope Community Support Program
Phone: 320-240-3324   157 Roosevelt Rd, Suite 300
Fax: 320-240-3339   St. Cloud MN 56301

Adult Mental Health Rehabilitation: Adult mental health services to develop and enhance psychiatric stability, social competencies, personal and emotional adjustment, along with living skill and community skills. A wide variety of educational classes and support groups are also offered.
COMMUNITY SERVICES

CATHOLIC CHARITIES EMERGENCY SERVICES
Phone: 320-229-4560 157 Roosevelt Rd Suite 100
Fax: 320-229-4562 St. Cloud, MN 56301

Food Shelf
Monday 1 pm–4 pm
Wednesday 3 pm–7 pm
Friday 9 am–12 pm

Senior Food Shelf (age 60+)
Second and Fourth Tuesdays 1 pm–3:30 pm

Basic Everyday Essentials (BEE) Program
Monday 1 pm–4 pm
Wednesday 3 pm–7 pm
Friday 9 am–12 pm

For in-person shopping by appointment, visit ccstcloud.org or call 320-229-4560 for assistance.

Hunger Doesn’t Wait: Food Delivery
Available Tuesday and Thursday mornings.

Mobile Food Shelf
Clients with transportation challenges that prevent them from using the food shelf may access the Mobile Food Shelf. For the most up-to-date locations, dates and times, visit ccstcloud.org.

Germain Towers Apartments Second Thursday
Empire Apartments Second Thursday
Wilson Apartments Third Tuesday
Al Loehr Apartments Third Tuesday
Grace McDowall Apartments Third Thursday
Riverside Apartments Third Thursday
Russell Arms Apartments Fourth Thursday
Hope on 9th Apartments Fourth Thursday

Financial Assistance
Monday-Friday 8:30 am–4 pm
Contact Emergency Services at 320-229-4560.

Donations Accepted
Donations of funds, food, clothing and household items are accepted. Please visit www.ccstcloud.org for more information.

Monday 10 am–3 pm
Wednesday 10 am–6 pm
Friday 10 am–3 pm

Emergency Services is closed weekends and holidays.

SERVICES FOR SENIORS
Fax: 320-253-7464 157 Roosevelt Rd, Suite 200
St. Cloud, MN 56301

Catholic Charities Senior Dining
Phone: 320-229-4584
Providing a well-balanced meal and an opportunity to socialize to persons 60 and older. Meal cost on a contribution basis. Other services include Meals on Wheels to homebound persons, wellness information, referral and volunteer information. For more information about where to pick up frozen meals, call 320-229-4584.

Senior Dining Locations
* Provides Meals on Wheels (MOW) in addition to on-site dining.
† Provides Meals on Wheels only.

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COMMUNITY SERVICES (CONT.)

Central Minnesota Foster Grandparent Program
Phone: 320-229-4587

Persons 55 years of age and older are assigned to work with children with special needs. Foster Grandparents volunteer between 260 to 2,080 hours annually, and receive a small stipend along with other benefits. This service is offered to nonprofit community agencies (schools, Head Starts, shelters, etc.), serving children throughout the St. Cloud Diocese.

- Douglas, Grant, Pope, Western Stearns, Otter Tail, Stevens, Southern Todd and Traverse Counties: 320-293-0682
- Eastern Benton, Isanti, Kanabec, Mille Lacs and Sherburne Counties: 612-390-0617
- Northeast Otter Tail, Northern Todd, Morrison, Wadena and Wilkin Counties: 612-229-4593 or 866-895-7992
- Western Benton and Eastern Stearns Counties: 320-229-4589 or 866-895-7992

COMMUNITY SERVICES (CONT.)

CATHOLIC CHARITIES FINANCIAL AND HOUSING COUNSELING
Phone: 320-650-1664  157 Roosevelt Rd. Suite 200
Fax: 320-650-1671  St. Cloud, MN 56301

Helps individuals and families to handle finances, pay bills, and plan for their financial future.

- Financial counseling
- Budget counseling
- Housing counseling
- Mortgage/foreclosure counseling
- Debt management counseling
- Bankruptcy counseling
- Reverse mortgage counseling
- Financial education

AFFORDABLE HOUSING SERVICES

AFFORDABLE HOUSING
Phone: 320-229-4576  157 Roosevelt Rd Suite 200
Fax: 320-253-7464  St. Cloud, MN 56301

Catholic Charities manages housing with affordable rents in numerous communities throughout Central Minnesota. These developments were built to meet the needs of low- and middle-income people, especially families, senior citizens and persons with disabilities.

Affordable Housing Locations

- Holdingford (Fairview) 16 units  320-229-4576
- Melrose (Rosemill) 16 units  320-229-4576
- Richmond (Maple) 16 units  320-229-4576
- Sauk Centre* 12 units  320-229-4576
- St. Cloud (La Cruz) 104 units  320-229-4576
- St. Cloud* (La Paz) 36 units  320-229-4576
- St. Joseph* 16 units  320-229-4576
- Eden Valley (Hillside) 8 units  320-229-4576

* Designed for persons 62 and older or with disabilities.
Together we can make a different tomorrow.

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