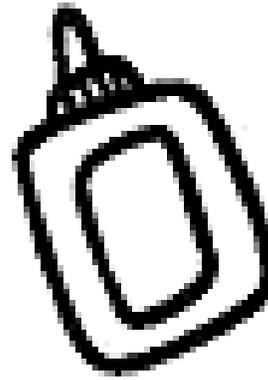
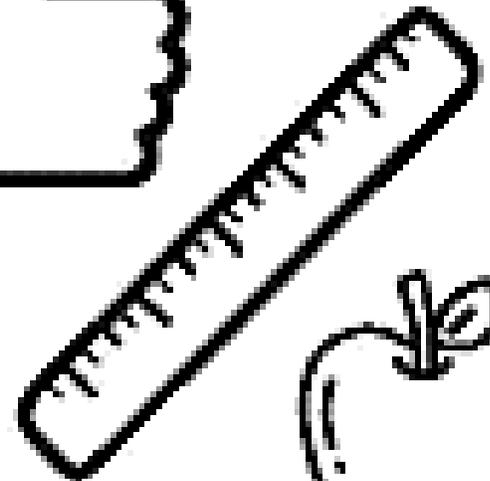
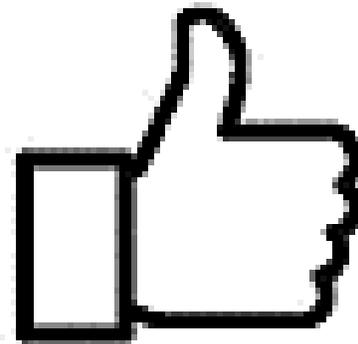


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I CAN MAKE

GOOD CHOICES



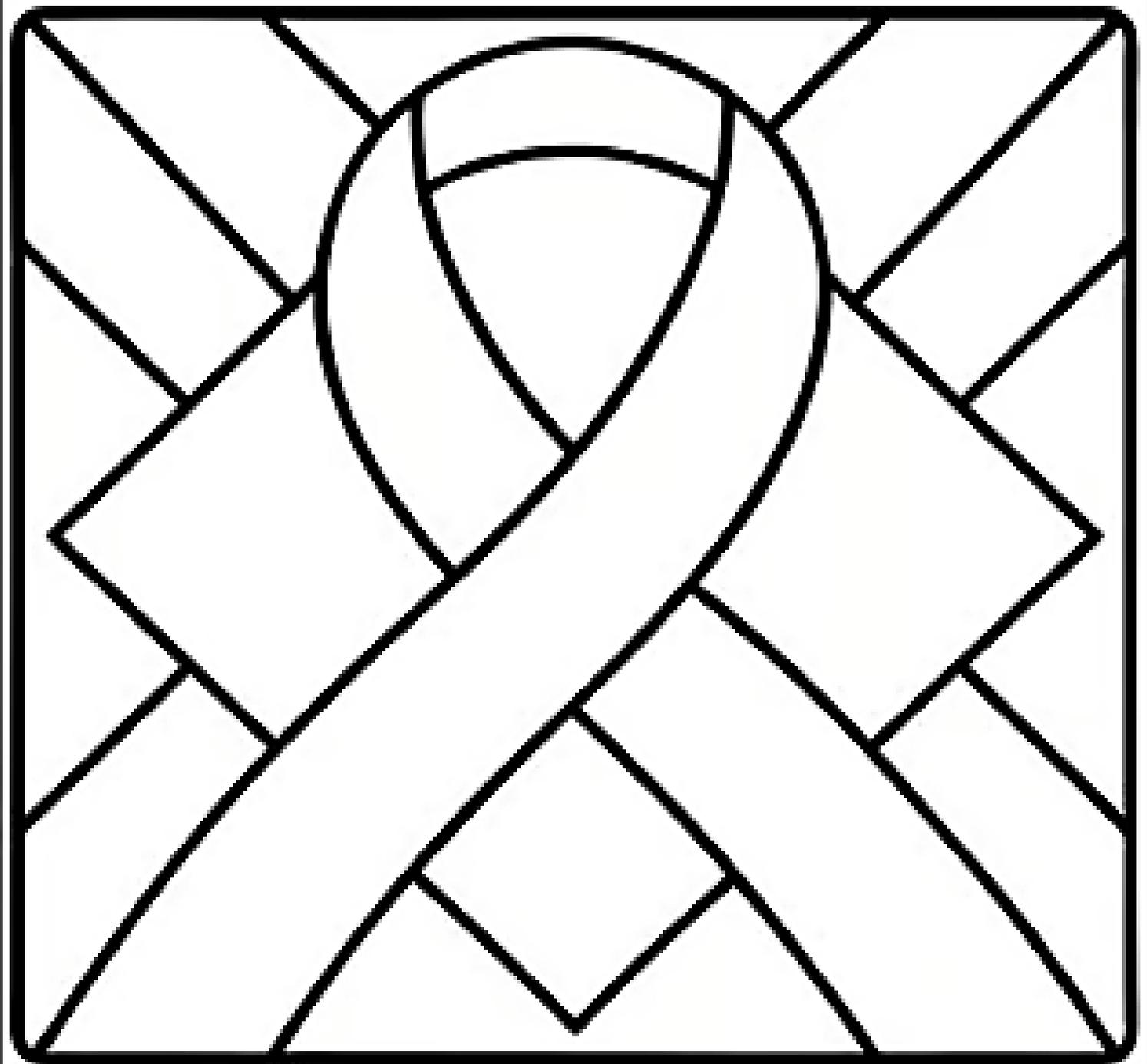




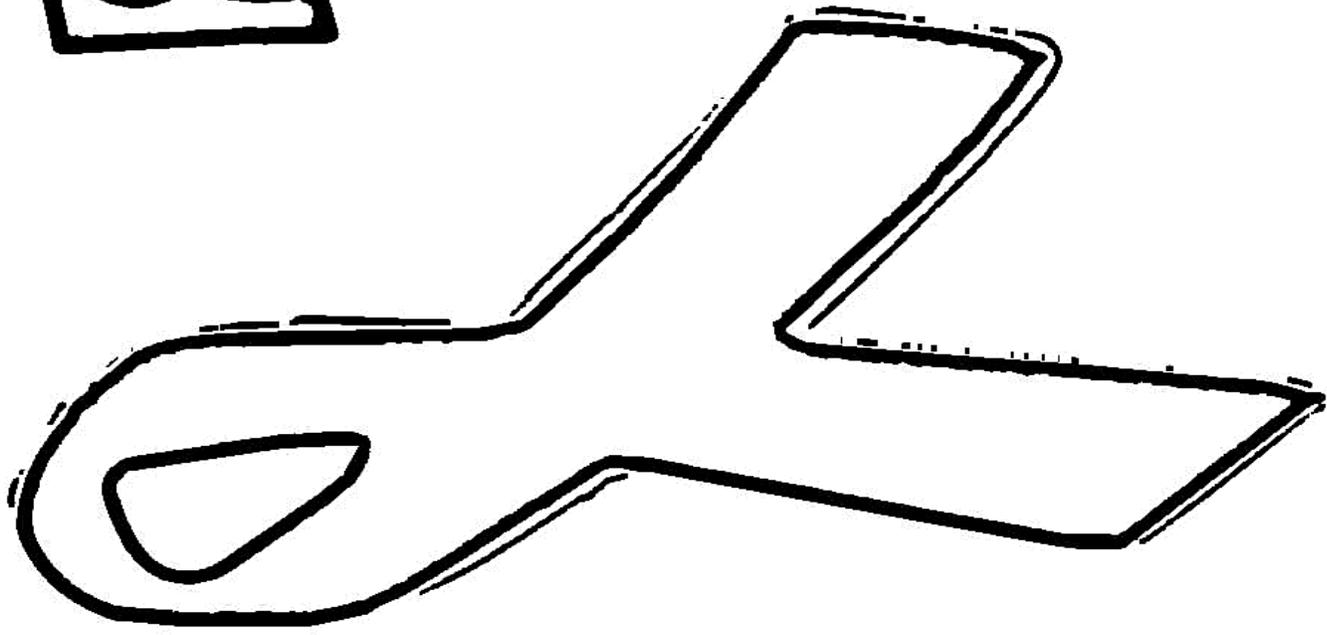


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# FACTS: KIDS & MEDICATION SAFETY

## FACT 1

Medicines affect children differently, and dosages must be adjusted based on age and weight.

## FACT 2

Using household spoons can lead to incorrect dosing. Always use the measuring cup, dropper, or syringe provided with the medicine.

## FACT 3

Some adult medicines are dangerous for children — even in small doses. Never share your medicine with your child without medical advice.

## FACT 4

Many poisonings in children happen at home — from medicines left within reach. Always store medicines high up and locked away, even vitamins and syrup.

## FACT 5

Children's symptoms change quickly — ask your pharmacist before using over-the-counter medicines. They can recommend safe and age-appropriate options

**Parents, stay informed.**

Your pharmacist is here to help you make safe choices for your child's health.

**Don't guess — just ask!**

# Talking to Your Kids About Peer Pressure & Opioids Matters – At Every Age



Starting conversations early about peer pressure and opioid misuse can save lives. Kids today are facing real challenges, and being open and honest with them can build trust and resilience.

## ✦ Why It's Important:

- ✓ **Builds Trust:** When kids know you're willing to talk and listen without judgment, they're more likely to come to you when something feels wrong.
- ✓ **Strengthens Decision-Making Skills:** Understanding why something is dangerous helps kids make smarter choices— even under pressure.
- ✓ **Opens the Door for Mental Health Support:** Talking about hard topics shows your child that you care about their choices.

## ★ What to Talk About by Age:



**Ages 5–8**

*"If someone offers you something to eat or drink and I didn't give it to you, always ask me before taking. Not everything is safe, even if it looks like it."*



**Ages 9–12**

*"If someone tries to get you to do something that feels wrong, it's okay to walk away. Real friends won't make you feel bad for doing what's right."*



**Ages 13+**

*"You're going to be faced with tough choices, and I trust you to make good ones. But if you're ever unsure, scared or just need to talk—I'm here. Always."*