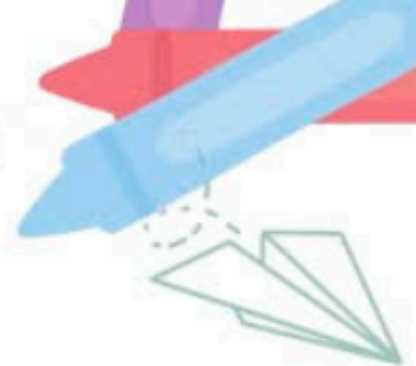




# back to School



## SUPPORT FOR YOUR FAMILY

How to Help Your Child  
Overcome Fear of School  
& School Avoidance



Article

How Do I Handle a  
Teenager Who Refuses to  
Go to School?



Ask a Therapist

How Digital Media is  
Changing Our Children's  
Mental Health



On-Demand Course

**VISIT PARENTGUIDANCE.ORG ANYTIME TO ACCESS MORE RESOURCES.**

SCAN TO  
SIGN UP!



[cookcenter.info/Coaching](https://cookcenter.info/Coaching)

## PARENT COACHING

Personalized  
Roadmaps

HIPAA Protected  
(Confidential and Private)

Bi-Weekly Calls  
& Messages

**NO-COST PERSONAL SUPPORT!**

If you need help registering for coaching, visit: [cookcenter.info/HowtoRegisterforCoaching](https://cookcenter.info/HowtoRegisterforCoaching)



**COOK CENTER**  
For Human Connection