SAINT ROSE OF LIMA SCHOOL

Learning, Loving, and Serving the Lord

WHEN TO KEEP A CHILD HOME WITH ILLNESS

Dear Parents/Guardians,

It can be hard to know when to send children to school, or keep them home if they do not feel well. Usually, the best place for students is in school, but there are some times when keeping them home to rest, or calling for an appointment with your health care provider is recommended.

Please keep your child home and/or contact your child's doctor for:

- Fever greater than 100.4 (taken by mouth)
- Vomiting and/or diarrhea - must be symptom free of these GI symptoms for 24 hours prior to return to school
- Severe sore throat along with fever and feeling ill for more than 48 hours, or after exposure to Strep throat infection
- Honey crusted sores around the nose or mouth or rash on other body parts
- Large amounts of mucus (liquid) from their nose, with face pain or headache
- Severe ear pain or fluid coming from the ear
- Severe headache, especially with a fever

If your child has a fever, it is not recommended to give them medication like Tylenol or Advil and then send them to school. As soon as the medication wears off, the fever may return and you will be contacted to come collect the student. Illnesses are typically most contagious during the lead up to fever as well as period when fever is present.

Please keep children home for 24 hours after the fever ends or they have completed 24 hours of medication if prescribed by your health care provider.

Remind children to throw away used tissues, cover their mouths when they cough or sneeze, keep their hands away from their face, and to wash hands often with soap and warm water. This will help keep everyone healthier.

Please call with any concerns or questions,

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