

# September 2025

## St. Rose School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4 Cheeseburger on Bun  French Fries Seasoned Green Beans Assorted Fruit	5 Personal Pan Pizza  Tossed Salad w/ Dressing Steamed Broccoli Cuts Assorted Fruits
8 Pizza Crunchers w/ Marinara Sauce Tossed Salad w/ Dressing Cucumber Slices w/ Dip Assorted Fruits	9 Hot Dog on Bun  Potato Gems Bush's Baked Beans Assorted Fruits	10 Turkey and Cheese Bagel Melt Sweet Potato Fries Seasoned Corn Assorted Fruits	11 Mini Turkey Corn Dogs Baby Carrots w/ Dip Homemade Coleslaw Assorted Fruits	12 French Bread Pizza  Tossed Salad w/ Dressing Steamed Broccoli Cuts Assorted Fruits
15 Cheese Ravioli w/ Texas Toast Tossed Salad w/ Dressing Seasoned Carrot Coins Assorted Fruits	16 Walking Beef Taco w/ Lettuce & Cheese  Seasoned Corn Refried Beans Assorted Fruits	17 Popcorn Chicken w/ Dipping Sauce  Baby Carrots w/ Dip Seasoned Green Assorted Fruits	18 Snack-in Waffles w/ Chicken Sausage Hash Brown Rounds 100% Vegetable/Fruit Juice Assorted Fruits	19 Bid Daddy Pizza Slice  Tossed Salad w/ Dressing Steamed Broccoli Cuts Assorted Fruits
22 Chicken Tenders w/ Dipping Sauce  Celery Sticks w/ Dip Seasoned Carrots Assorted Fruits	23 Ham & Cheese Croissant  Smile Fries Bush's Baked Beans Assorted Fruits	24 Hot Meatball Sub  Tossed Salad w/ Dressing Cucumber Slices w/ Dip Assorted Fruits	25 Homemade Macaroni & Cheese  Baby Carrots w/ Dip Steamed Green Beans Assorted Fruits	26 Stuffed Crust Pizza  Tossed Salad w/ Dressing Fresh Broccoli Bites w/ Dip Assorted Fruits
29 Chicken Patty Sandwich Potato Gems Bush's Baked Beans Assorted Fruits	30 Cheeseburger on Bun Baby Carrots w/ Dip Seasoned Corn Assorted Fruits	<h3>Did you know?</h3> <p>September 30th is known as International Translation Day, and September 12th marks the beginning of the first ever submarine test.</p>		

### Second Choice

Daily: Yogurt Meal Kit and UnCrustable Sandwiches

*lunch is free for all students.*

Menu subject to change.

A variety of fruits are offered daily

*NSCSD is an equal opportunity employer and provider*

### What is a school lunch?

**Protein:** A minimum of 2oz. of protein offered with each meal.

**Vegetables:** Two servings of vegetables offered with each meal, students may take both.

**Grains:** A minimum of 1 serving of grains offered with each meal.

**Fruits:** A variety of fruit is offered daily, students may take up to two servings.

**Dairy:** A variety of 8oz. milk cartons are offered daily.

Students must have at least three components of a meal on the tray, one must be a fruit or vegetable.