

SEPTEMBER 2026

St Rose School Menu

MON	TUE	WED	THU	FRI
Chicken	Meatless	Hotwich	International	Pizza
	1	2	3	4
7 	8 Cheese Quesadilla w/ Salsa and Sour Cream w/ Cornbread Corn Green Pepper Strips w/ Dip	9 Hot Meatball Sub Green Beans Seasoned Carrots	10 Sweet and Sour Chicken/ Brown Rice Bowl Veggie Egg Roll Cucumber Slices w/ Dip or Hummus	11 Personal Pan Pizza Tossed Salad w/ Dressing Steamed Broccoli
14 Snack Attack Basket (Boneless Wings/Mozz Sticks) Onion Rings Carrots & Celery w/ Dip or Hummus	15 Macaroni & Cheese Sweet Peas Steamed Carrots	16 BBQ Rib Sandwich Sweet Potato Fries Green Beans	17 Soft Beef Taco w/ Lettuce, Cheese, Salsa, Sour Cream Seasoned Corn Edamame Churros	18 Stuffed Crust Pizza Tossed Salad w/ Dressing Roasted Broccoli
21 BRUNCH FOR LUNCH French Toast Sticks Chicken Sausage Patties Hash Brown STARZ Steamed Carrots	22 Pizza Crunchers w/ Marinara Sauce Cucumber Slices w/ Dip or Hummus Green Beans	23 Mini Chicken Sliders Baked Beans Baby Carrots w/ Dip	24 Rotini w/Meat Sauce Texas Toast Sweet Peas Green Pepper Strips w/ Dip	25 Homemade Cheese Pizza Tossed Salad w/ Dressing Steamed Broccoli
28 Chicken Tenders w/ Dipping Sauce French Fries Sweet Peas	29 3 Cheese Cavatappi Steamed Carrots Green Beans	30 Turkey & Cheese Pretzel Melt Sweet Potato Fries Cucumber Slices w/ Dip or Hummus	If you could use help getting the food you need, SNAP might be right for you. Visit SNAPHelpNY.org or text SNAPNY to 844-366- 3435 to see if you may be eligible	

Lunch Facts

Enjoy a meatless meal on
Tuesdays

Announcements

Breakfast and lunch are free for
all students.

Menu subject to change.

Second Choice

Daily :
Yogurt Meal
UnCrustable Sandwich

A variety of fruits are available
daily