

SOMATIC SUMMER in Devauden.

Wolfgang & Wildflower and Her Peaceful Place have combined forces with Hood Memorial Hall to host a series of summer wellness events. Offering a variety of workshops, designed for you to discover, immerse and embody yourself within practices of natural wellbeing. All held up in the beautiful space & grounds of Devauden Hall.

WAVES - Friday 15th August 7pm

Come and experience the healing and deeply transformative potential of Conscious Connected Breathwork (CCB). Join Breathwork Guide Stef Williams in a practice where you will be embarking on a journey of self discovery and healing through a guided technique set to a powerful soundtrack. With chance to chat and share with Stef afterwards plus Georgie and her blended CBD brews to experience and explore.

FULL MOON MAGIC - Friday 22nd August 7pm

Join Sam, Sound + Energy Healing Therapist under the August Full Moon for gentle movement, sound healing meditation and Tarot, & magic maté with Georgie and her blended CBD brews to share and experience in community.

FREEDOM - Friday 5th September 7pm.

Be held and guided by the wonderful Jess Holder through beautiful Free Movement Dance to an immersive soundtrack. Again, an opportunity to hang out together afterwards with friends old and new and enjoy Georgies CBD blended brews!

All coming together and offering a **SOMATIC SUMMER DAY RETREAT on Sunday 14th September**. "Restival Style" with additions of live music food and apothecary bar included in the ticket. A full day of gorgeous practises and community.

Contact Sam of Her Peaceful Place for full details

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