

Heart to Heart

September 2025 | NEWSLETTER



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Living Center



HEART OF AMERICA
MEDICAL CENTER

September is here!

We spent the month of August enjoying outside, music in the park, picking tomatoes and cucumbers from the garden, playing bingo, dice, celebrating 4 birthdays, baking and visiting.



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September Birthdays

4th- Ariyce Liudahl



Residents Rights

There have been some updates to Resident Rights;

A new Residents Rights packet along with a signature page and Ombudsman brochure has been mailed out to families.

Please return the signature page!

These updates are designed to improve the quality of life, independence and protection of Residents in long-term care facilities.

Please call social services with any questions.

701-776-5455 ext. 2145 or ext. 2312

Gone But Not Forgotten



Ted Mitzel

We are needing help with our monthly birthday parties at the HAMC Living Center. We ask church and community members to sponsor these parties which are held on the 3rd Thursday of each Month, except for December which is the 2nd Thursday due to the busy Christmas season. Your group has the choice to either provide entertainment or play Bingo. If you choose to play Bingo, prizes would be appreciated. If you are interested in sponsoring a month to host the birthday party please call Stacey Lunde at 776-5455 ext. 2315.



The Heart to Heart Gift Shop has some beautiful fall items.

Stop in Tuesday-Thursday from 10am to 2pm and check it out.

Contact us: If you would like to receive this newsletter via email, please send a request to Stacey Lunde, Activities & Volunteer Coordinator at slunde@hamc.com. This newsletter can also be found online at [hamc.com/Living Center/activities/](http://hamc.com/Living%20Center/activities/). If you have any questions about volunteering, activities, upcoming events, calendars, schedules, etc. call Stacey at 701-776-5455 ext.2315 or email her at slunde@hamc.com.