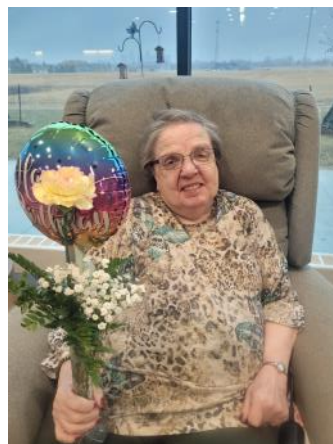




**April snow showers made for great snowman building!**



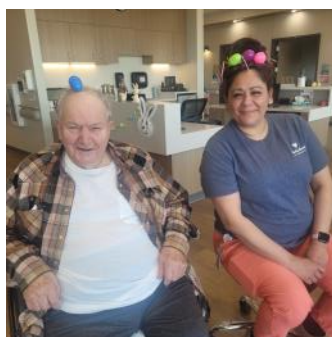
**Birthday BINGO and Angel Food cake for  
Vera's Birthday**



**Bus trip to Metigoshe  
Senior Day at the Christian  
Center**



**Rita had the best  
BINGO helper!**



**Ted & Christine showing  
their Easter spirit!**





**Barb Kuntz– May 1st**

**Allen Johnson– May 5th**



If you or a group you are part of would be interested in sponsoring one of our monthly birthday parties please contact Stacey Lunde at 776-5455 ext. 2315 or by email at [slunde@hamc.com](mailto:slunde@hamc.com).



Thank you to Mary Natwick and great grandkids for delivering Easter treats from the ladies with the Upham American Legion Auxiliary.

Our patients appreciate your kindness and for thinking of them.



**Find us on Facebook**

**@Heart of America  
Living Center**

## Contact Us

We are continually collecting e-mail addresses for our newsletter. If you would like to receive this newsletter via e-mail send a request to [slunde@hamc.com](mailto:slunde@hamc.com). Also log onto [https://www.hamc.com/Living\\_Center/activities/](https://www.hamc.com/Living_Center/activities/)

If you have questions about volunteering, activities, upcoming events, calendars, schedules etc. Contact Stacey Lunde at 701.776.5455 ext. 2315 or [slunde@hamc.com](mailto:slunde@hamc.com).



**Thursday, May 15th**

**HAMC Merchants Bank  
Education Room (next to the Café)**

**11am to 1pm**

**\$10 Taco in a bag with all the fixings & Water**

Proceeds will go towards  
raised garden beds, soil and plants for the  
Memorial Garden area at HAMC



**HEART OF AMERICA  
AUXILIARY**



Thank You to everyone that  
ordered May Day Baskets from  
the HAMC Auxiliary.

We appreciate the support as we  
continue to support the needs at  
HAMC and Haaland Estates.

