

Heart to Heart

July 2025 | NEWSLETTER



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Living Center



HEART OF AMERICA
MEDICAL CENTER

June was another fun month of activities. The activity staff grilled burgers and hotdogs in the gazebo for Father's Day. We always enjoy visiting with family members. We attended music in the park every Wednesday enjoying the great music and ice cream. We enjoyed a bus ride to Balta, went to the Pierce County Fair, many walks along the walking path and taking care of the flowers and vegetables we planted.

HARDWORKING BRAVE
FUNNY Hero WISE
STRONG. FATHER
ADVENTUROUS
FEARLESS DEVOTED
Protector LOVING



Music
IN THE
Park



Pierce County Fair

We were able to watch the 4H livestock show, listen to music by Gordy and Debbie, look at the 4H exhibits, and able to catch some of the bubble fun!

We appreciate all the help from the fair board and volunteers for making our experience easy for unloading and reloading our patients into the bus.



We enjoyed time out in the garden space checking on the flowers and the garden vegetables we planted. Dennis and Ted were able to pick the first few cucumbers to share and they tasted delicious. We will patiently wait for more cucumbers and tomatoes to be harvested!



The garden area and the gazebo are the perfect spots to enjoy with your loved one. Easy access to the area right from the Living Center. If you would like to reserve the gazebo for a party or get together contact Stacey@ 776-5455 ext 2315 or slunde@hamc.com



We celebrated Ted (July 1st) and Teresa's (July 7th) Birthdays with cupcakes, a game of pinochle with Ted's family and Bingo with Teresa



Contact us: If you would like to receive this newsletter via email, please send a request to Stacey Lunde, Activities & Volunteer Coordinator at slunde@hamc.com. This newsletter can also be found online at hamc.com/Living Center/activities/. If you have any questions about volunteering, activities, upcoming events, calendars, schedules, etc. call Stacey at 701-776-5455 ext.2315 or email her at slunde@hamc.com.