

Heart to Heart

August 2025 | NEWSLETTER



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Living Center

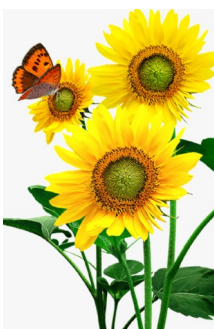


HEART OF AMERICA
MEDICAL CENTER



Time flies when you are having fun!

July was filled with outside time, water balloon throwing, gardening (we are enjoying the vegetables), Music in the Park on Wednesdays, Noodle balloon, dice, bingo, walks on the walking path, News & coffee, and baking.



August Birthdays

6th- Shirley Hageness

15th- Rita Wentz

25th- Del Olsen

31st- Julie Sivertson



We will celebrate our **August birthdays** on **Thursday August 21st at 2:30pm** with cake and Bingo in the Living Center. Friends and family are welcome to attend.

We are needing help with our monthly birthday parties at the HAMC Living Center. We ask church and community members to sponsor these parties which are held on the 3rd Thursday of each Month, except for December which is the 2nd Thursday due to the busy Christmas season. Your group has the choice to either provide entertainment or play Bingo. If you choose to play Bingo, prizes would be appreciated. If you are interested in sponsoring a month to host the birthday party please call Stacey Lunde at 776-5455 ext. 2315.



The HAMC Healing Garden is a great space for patients and families to enjoy fresh air. We have memory benches donated in honor of loved ones for a comfortable spot to sit and enjoy the beauty of nature.

Contact us: If you would like to receive this newsletter via email, please send a request to Stacey Lunde, Activities & Volunteer Coordinator at slunde@hamc.com. This newsletter can also be found online at hamc.com/Living Center/activities/. If you have any questions about volunteering, activities, upcoming events, calendars, schedules, etc. call Stacey at 701-776-5455 ext.2315 or email her at slunde@hamc.com.