

Wayne County Senior Citizen Nutrition Program

September 2026

734. 789.7161

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sloppy Joe Au Gratin Potatoes Green Beans Hamburger Bun Fresh Seasonal Fruit Milk	Creamy Paprika Chicken Spiral Pasta Green Peas Whole Wheat Bread Mandarin Oranges Milk Margarine	Labor Day Meal Polish Sausage O'Brien Potatoes Sliced Carrots Hot Dog Bun Holiday Snack Cake Milk Mustard Ketchup	No Meal Delivery on Friday **A frozen meal will be delivered with the hot meal on Thursday for consumption on Friday**
7	8	9	10	11
 Chicken Breast Peach BBQ Sauce Rice Pilaf Sliced Carrots Wheat Roll Chocolate Chip Cookie Milk Margarine	Chicken Breast Peach BBQ Sauce Rice Pilaf Sliced Carrots Wheat Roll Chocolate Chip Cookie Milk Margarine	Glazed Ham Sweet Potatoes Mixed Vegetables Cornbread Loaf Birthday Snack Cake Milk Margarine 	Beef Mostaccioli Spinach Texas Bread Peach Crisp Milk Margarine	No Meal Delivery on Friday **A frozen meal will be delivered with the hot meal on Thursday for consumption on Friday**
14	15	16	17	18
Chicken Breast Strips Teriyaki Sauce Confetti Rice Green Beans Multi-Grain Bread Pineapple Tidbits Milk Margarine	Tuna Macaroni Salad Three Bean Salad Coleslaw Dinner Roll Fresh Seasonal Fruit Milk Margarine	Hamburger Patty Sliced Cheese Baked Beans Sliced Carrots Hamburger Bun Mandarin Oranges Milk Ketchup & Mustard	Baked Meatballs Sweet & Sour Sauce Rotini Oriental Blend Vegetables Whole Wheat Bread Tropical Fruit Milk Margarine	No Meal Delivery on Friday **A frozen meal will be delivered with the hot meal on Thursday for consumption on Friday**
21	22	23	24	25
Chicken Breast Romescio Sauce Sweet Potatoes Green Beans Multi-Grain Bread Applesauce Milk Margarine	Cheese Tortellini Alferdo Sauce Stewed Tomatoes Broccoli Dinner Roll Fresh Seasonal Fruit Milk Margarine	Potato Crusted Fish Loaded Potatoes Sliced Carrots Whole Wheat Bread Apple Juice Milk Margarine Tartar Sauce	Creole Beef Patty Yellow Rice w/ Mushrooms Lima Beans Dinner Roll Fresh Seasonal Fruit Milk Margarine	No Meal Delivery on Friday **A frozen meal will be delivered with the hot meal on Thursday for consumption on Friday**
28	29	Suggested Donation \$4.00		
Baked Meatballs Creamy Marsala Sauce Whipped Potatoes Green Beans Wheat Roll Mandarin Oranges Milk Margarine	Taco Meat Lettuce & Tomato Mexican Corn Pinto Beans Flour Tortilla Fresh Seasonal Fruit Milk Taco Sauce	PLEASE CALL 24 Hours in Advance to Cancel Meals at 734-326-5202 or 1-800-851-1454		