

STARTERS & LIGHT LUNCHES

SOUP OF THE DAY

Served with Crusty Bread

£6.50

CRAB BAKE

A blend of White & Brown Meat,
bound with Crème Fraiche, topped
with grilled Cheese & Breadcrumbs

Starter or Light Lunch

£8.95

As a Main Course

£17.75

PAN FRIED SCALLOPS

Cooked with Chorizo, Onions & Peppers
In a Cream & Sherry Sauce

Starter or Light Lunch

£8.95

As a Main Course

£17.75

WHOLE BAKED GOATS CHEESE

Served on a Garlic Crouton, with our
own Red Onion Marmalade

£8.75

MEZZE PLATTER OF TAPAS

A feast of cold Meat, Cheese, Olives
& much more, served with Bread & Aioli

Great for sharing

£16.50

GARLIC BREAD

Plain

£5.00

Cheese & Chilli

£6.50

MAIN COURSES

Served with a choice of potatoes,
and vegetables or salad

DUCK LEG CONFIT

Served with a Tomato, Pepper, Orange
& Onion reduction

One Leg

£13.75

Two Legs

£20.00

8oz SIRLOIN STEAK

Simply griddled to your preference,
& served with Mushrooms,
Onions & tomatoes

£19.75

FILLET STEAK

8oz

£25.50

STEAK SAUCES

Port & Stilton

£4

Pepper & Brandy

£4

Scallops with Chilli Oyster Cream

£5.50

MEDLEY OF CORNISH FISH

A delicious combination of simply grilled
Haddock, Lemon Sole & Monkfish
With White Wine, Lemon & Parsley Butter

£15.75

BEER BATTERED COD

Served with Chips, Peas & our own Tartar Sauce

Large

£14.75

Small

£8.75

WHOLE TAIL SCAMPI

Served with Chips, Peas & our own Tartar Sauce

Large

£14.75

Small

£8.75

MAIN COURSES

HOUSE SALAD

A large bowl of Salad Leaves & Vegetables,
served with warm, buttered New Potatoes
or Garlic Bread and your choice of the following;

Locally Smoked Mackerel £12.25

Cornish Brie & Bacon £12.25

Artichoke Hearts, Olives & Sun Blushed Tomatoes £12.25

(V)

BRIE & RED ONION MARMALADE WELLINGTON

Creamy Cornish Brie with our own Marmalade,
enveloped in Puff Pastry

£13.00

(V, LG)

MUSHROOM STROGANOFF

Sautéed Mushrooms & Onions in
a Cream, Brandy & Paprika Sauce,
served on a bed of Rice

£13.00

(If you would prefer Soya Cream to Dairy, please let us know)

RATATOUILLE BAKE

Aubergines, Courgettes & Peppers
in a full-bodied Tomato & Herb Sauce,
topped with Breadcrumbs

£12.50

CHILDREN'S FAVOURITES

We are very happy to make smaller portions of many of our adult dishes on request, but we also can offer:

Small Fish & Chips	£8.75
Scampi, Chips and Peas	£8.75
Pasta, with a simple Tomato Sauce	£5.95
Locally made Sausages, Chips & Peas or Beans	£5.95

SIDE ORDERS

Chips	Large	£5.50
	Small	£3.25
Cheesy chips	Large	£6.25
	Small	£4.25
Homemade Onion Rings		£3.00
Side Salad		£3.50
Garlic Bread Plain		£5.00
	Cheese & chilli	£6.50

DESSERTS

Selection of Sundaes	£6.50
Ice Cream	£6.00
Cornish Cheeseboard for One	£9.95

HOW ABOUT A.....?

Liqueur Coffee	£4.75
Port from	£3.50
Brandy from	£2.50
Dessert Wine (125ml)	£4.75
Nine-Maidens Cornish Mead	£3.80

BAGUETTES

Served at Lunchtimes Only

A large, crusty baguette, white or granary,
served with a side salad & chips

Sausage & Fried Onion

£7.75

Tuna Mayonnaise

£7.75

Cheese

(Either Cheddar, Blue or Brie)

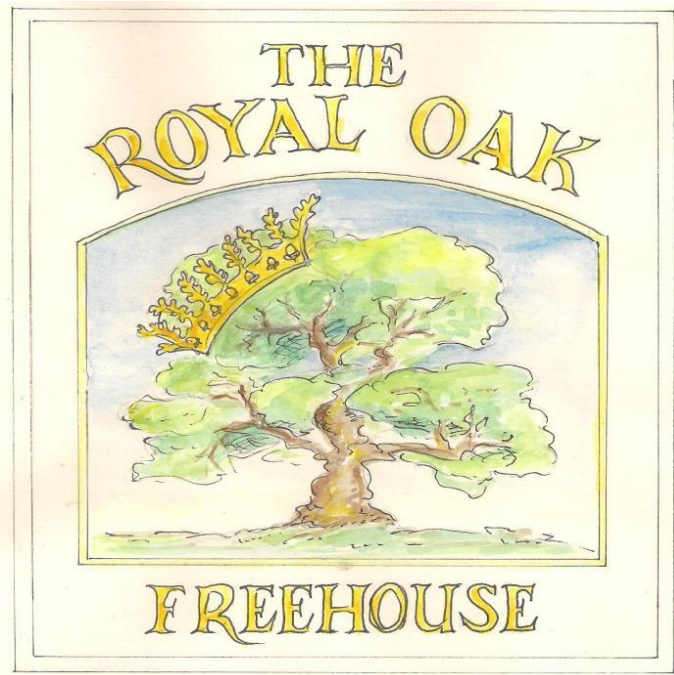
£7.75

B.L.T

£8.50

THE
ROYAL OAK
FREEHOUSE

Menu



Please Ask for our Daily Specials and
Home-Made Desserts

Allergies

Some of our menu items contain nuts, seeds and other allergens. There is a small risk that tiny traces of these may be in any other dish or food served here. We understand the dangers to those with severe allergies. Please inform the waiting staff of any allergies or food intolerances so the chef may be able to make an alternative choice with you.