

21 DAYS OF PRAYER:

JANUARY 2-22, 2026

God's Word defines *three spiritual disciplines* every Christian should follow:

GIVE

PRAY

FAST

II Corinthians 8:5 (AMPC)—

"(The Macedonians)...first they gave themselves to the Lord...."

Proverbs 23:26 (AMPC)— *"My son, **give** me your heart...."*

Jeremiah 29:13 (AMPC)— *"Then you will seek Me, inquire for, and require Me [as a vital necessity] and find Me when you search for Me with all your heart."*

I Timothy 2:1 (AMPC)— *"First of all, then, I admonish and urge that petitions, prayers, intercessions, and thanksgivings be offered on behalf of all men...."*

Luke 18:1 (AMPC)— *"Also [Jesus] told them a parable to the effect that they ought always to pray and not to turn coward (faint, lose heart, and give up)."*

James 5:16 (AMPC)— *"...The earnest (heartfelt, continued) prayer of a righteous man makes tremendous power available [dynamic in its working]."*

Ezra 8:23 (AMPC)— *"So we fasted and besought our God for this, and He answered our prayer."*

Acts 13:2 (AMPC)— *"While they were worshiping the Lord and fasting, the Holy Spirit said, 'Separate now for Me Barnabas and Saul for the work to which I have called them.'"*

*We must **give** ourselves to God, **pray**, and enter a deep intimacy with Him and **fast** that our lives are in total submission and obedient unto Him for His Kingdom purposes.*

Our greatest ability is our availability to the Holy Spirit.

WEEK ONE: JANUARY 2-8, 2025

PRAYER FOCUS: WHOLENESS AND HEALTH

*To be **holy** is to be **whole**.*

I Peter 1:16 (AMPC)— *"For it is written, You shall be holy, for I am holy."*

I Thessalonians 5:23 (TPT)— *"Now, may the God of peace and harmony set you apart, making you completely holy. And may your entire being—spirit, soul, and body—be kept completely flawless in the appearing of our Lord Jesus, the Anointed One."*

Romans 12:1-2 (MSG)— *“So here’s what I want you to do, God helping you: Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for Him. Don’t become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You’ll be changed from the inside out. Readily recognize what He wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.”*

I Corinthians 6:19-20 (TPT)— *“Have you forgotten that your body is now the sacred temple of the Spirit of Holiness, who lives in you? You don’t belong to yourself any longer, for the gift of God, the Holy Spirit, lives inside your sanctuary. You were God’s expensive purchase, paid for with tears of blood, so by all means, then, use your body to bring glory to God!”*

*Commit your **entire being**—spirit, soul, body—to reflect God’s character in thoughts, words, desires, and actions.*

Continually be filled with the Holy Spirit and empowered by His gifts.

Renew your mind with His Word and cleanse yourself from all things that separate you from God.

Feed your body with whole foods, avoid processed, additive filled foods.

WEEK TWO: JANUARY 9-15, 2025

PRAYER FOCUS: SHARING JESUS WITH OTHERS

Proverbs 11:30 (AMPC)— *“The fruit of the [uncompromisingly] righteous is a tree of life, and he who is wise captures human lives [for God, as a fisher of men—He gathers and receives them for eternity].”*

Matthew 4:19 (TPT)— *“Jesus called out to them and said, ‘Come and follow Me, and I will transform you into men who catch people for God.’”*

II Corinthians 4:4 (AMPC)— *“For the god of this world has blinded the unbelievers’ minds [that they should not discern the truth], preventing them from seeing the illuminating light of the Gospel of the glory of Christ (the Messiah), Who is the Image and Likeness of God.”*

Matthew 28:19-20 (TPT)— *[Jesus said] “‘Now wherever you go, make disciples of all nations, baptizing them in the name of the Father, the Son, and the Holy Spirit. And teach them to faithfully follow all that I have commanded you....’”*

Psalms 2:8 (TPT)— *“Ask Me to give you the nations and I will do it, and they shall become your legacy. Your domain will stretch to the ends of the Earth.”*

As believers in and disciples of Jesus Christ, it is our primary purpose on Earth to establish His Kingdom. We are commanded to reach the unsaved, the unchurched, the lost.

WEEK THREE: JANUARY 16-22, 2025

PRAYER FOCUS: AMERICA TO RETURN TO GOD

Malachi 3:7 (AMPC)— *“Even from the days of your fathers you have turned aside from My ordinances and have not kept them. Return to me, and I will return to you, says the Lord of hosts....”*

Psalms 116:2 (TPT)— *“As long as I live I’ll keep praying to Him, for He stoops down to listen to my heart’s cry.”*

Proverbs 14:34 (TPT)— *“A nation is exalted by the righteousness of its people, but sin heaps disgrace upon the land.”*

Jeremiah 29:7 (NKJV)— *“And seek the peace of the city where I have caused you to be carried away captive, and pray to the Lord for it; for in its peace you will have peace.”*

Psalms 33:12 (TPT)— *“Blessed and prosperous is that nation who has God as their Lord! They will be the people He has chosen for His own.”*

Ask God through His Holy Spirit to convict us of sin, righteousness, and judgment.

Repent for our sins. Ask Him to forgive and restore us to His favor.

Isaiah 60:3 (AMPC)—

“And nations shall come to Your light, and kings to the brightness of Your rising.”

May God hear from Heaven and answer our prayers!

