Did you know by deacon al

# The EUCHARIST

At the consecration of the bread and wine, the priest raises his hands above the gifts saying, ‘make Holy these gifts by sending your spirit upon them like the dew fall.’ We all know that the dew soaks everything that is not covered up, but it really refers to the dew in the desert that turns into manna, which was bread for the Israelites as they wandered the desert in Exodus. What happens to us when we receive the body and blood of Christ? I came across an article by a saint and I tried to find it again, without success, but it said: Jesus gives himself to us completely in His body and blood. He comes to us, joining himself to us. In the Eucharist He becomes part of us, and the blood of Christ we drink flows through our veins. His very being is in us completely. This really made me think about receiving His body and blood and how He gives Himself to us. It is more than the transformation of bread and wine; it is Jesus giving Himself to us. Have you thought of how Jesus gives Himself to you?