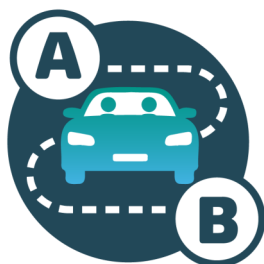




WHO ARE WE?

CONNECT YOU TOO IS A COMPANY THAT OPERATES A NUMBER OF SERVICES FOR THE BENEFIT OF THE COMMUNITY INCLUDING:



**A2B TRANSPORT
SOLUTIONS**



**CLARENCE COMMUNITY
TRANSPORT**



**CLARENCE
MEALS**

Connect You Too partners with HART Services to

provide locally managed Home Care Packages in Iluka, Yamba and Maclean.



We acknowledge the traditional owners of this land and pay our respects to elders past and present.

A PASSPORT TO CONNECT TO FUN!



Connect You Too welcomed customers, visitors and their family and friends to our offices at Jubilee Street, Townsend on Wednesday 17th September for our 'Around the World' Safari open day expo.

The sun was shining, and our Safari day was a great success. Many travelled around our displays and collected passport stamps from The Men's and Women's Sheds, Services Australia, Clarence Valley Library, Clarence Valley Seniors Computer Club, CWA Maclean, Carers NSW, Lifestyle Comforts, Simplicity Funerals, whilst HART Services had a stand explaining their local home care packages and Advantage Pharmacy Maclean/Iluka gave away sample products and lolly webster packs.

Many enjoyed giveaways and entertainment from the Tempomentials, the Iluka Dance Group and some African drumming, while meeting our team, and delighting in our free morning tea treats and BBQ.

Visitors got to taste food from Australia; China; Africa and the Middle East, as well as meal samples from Clarence Meal's suppliers – Gourmet Meals, Lite n' Easy and Meals On Wheels Grafton, with many going home with their bellies full.

We would like to acknowledge the following local businesses for their support, discounts and donations towards our Safari open day: Maclean

Hot Bread; The Fair Butcher; Locke's Butcher; Iluka Quality Meats; Holiday Coast Meats; South Services Butcher; GDSC Butcher; Dolphin Office Choice; Sunshine Sugar; Maclean Landcare; BWS Maclean; The Argyle Hotel; Harvey Norman; Riverside Barber; Maclean Post Office; Maclean Medical; Ace Variety Discounts; Maclean Variety Meats; Grafton Hire; Stanfords Pharmacy; Heart of Space; Pure Hair; Maclean Newsagency; C'est La Vie Francaise; Maclean Flower Box; Maclean Hotel; Hooked on Seafood; Margot & Co; Ammo Hair; Amie Rose Beauty; Bowens; McDonald's; Penny's Sweet Tooth; Ta'Chele Australis; NewsXpress Yamba; Flourish Educational Toys; Carney's Shoes; K Hub; T's Hair; The Greenhouse Collective; Nicole's Hair & Co.; Blueberries Smoothie & Health Bar; Dune's Café and Clovelly Fashions.

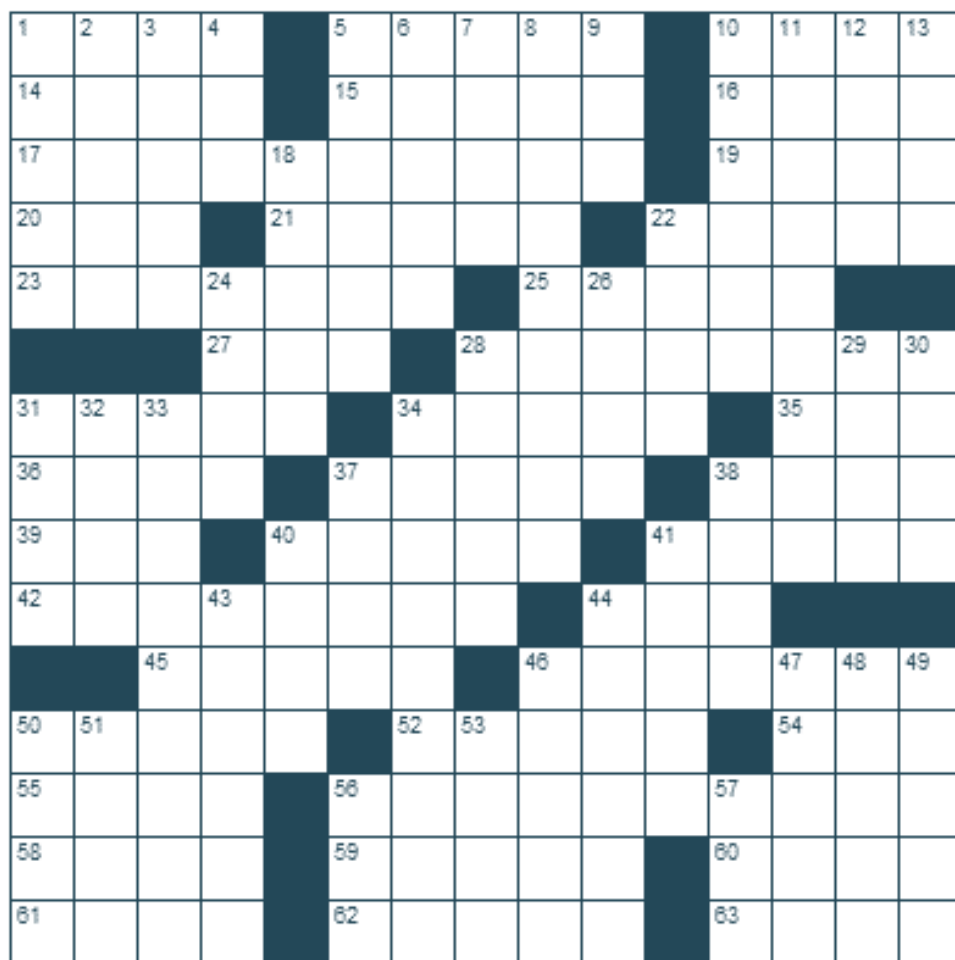
We had 92 colouring competition entries in five categories. The colourful artworks helped decorate our displays. Thank you to all the children and over 65 year olds that entered. Congratulations to the winning entrants.

We had an overwhelming amount of raffle prizes donated. Connect You Too appreciates everyone's support. We look forward to holding another great open day next year.

Find more Safari pics on the back page.

CONNECT YOU TOO

CROSSWORD PUZZLE



ACROSS

1. Flat-bottomed boat
5. Untrue
10. Questionable
14. Head
15. Come together
16. Turn on a pivot
17. Enteric
19. Holy man
20. Enemy
21. Countdown clock
22. Subsequently
23. Fruitful
25. Main impact
27. Half of a pair
28. Room renters
31. Blame
34. Angered
35. Regret
36. Peel
37. Trap
38. Confined
39. American Dental Association
40. Ranted
41. Impales
42. Earthquake waves
44. Expected
45. Chops into cubes

DOWN

46. Food-related
50. Fit together well
52. Notions
54. Honey insect
55. Memorization method
56. Brusqueness
58. Cain's brother
59. Portion
60. Away from the wind
61. Corpse
62. Abnormally active
63. Animal companions
1. Attractiveness in appearance
2. Small and light boat
3. Aquatic mammal
4. Tiny
5. Pointless
6. Japanese animation
7. Queue
8. Right on the ocean
9. Snake-like fish
10. Land surrounded by water
11. Sycophant
12. Be mad, angry, or furious
13. 365 days

ACROSS

18. Tour of duty
22. Entice
24. Tattled
26. Assess
28. Scottish hillsides
29. Ancient alphabetic character
30. Adjusts
31. Social group
32. Assists
33. Not financially scrutinized
34. Without being seen
37. Identical
38. He writes in stanzas
40. Torture device
41. Visitor
43. With grace
44. Baby underwear
46. Two
47. White poplar
48. Adjust again
49. Affirmatives
50. Complain
51. Timber wolf
53. Dribble
56. Fire residue
57. Short sleep

Courtesy of www.mirroreyes.com



NSW MEALS ON WHEELS

Upside-Down Cake

INGREDIENTS

- 165g unsalted butter, cubed
- 1 1/3 cups caster sugar
- 1/2 tsp vanilla essence
- 2 eggs
- 1 cup self-raising flour
- 150ml milk

TOPPING

- 60g unsalted butter
- 1/3 cups caster sugar
- 375g sliced or chopped fruit, drained well
- 500ml custard to serve.

METHOD

Preheat fan-forced oven to 165°C (175°C for conventional oven). Grease a baking tray and line base and sides with baking paper. Using an electric mixer, beat butter, sugar and vanilla until light and fluffy. Add eggs, 1 at a time, beating after each addition. Add flour and milk and stir until combined to a smooth texture. Set aside. To make the topping mix, place butter into a saucepan over medium heat. As the butter melts, add sugar and stir gently to combine until all sugar has fully dissolved. Pour into the prepared tray, and arrange fruit over the caramel mixture, pressing the fruit down into caramel. Spoon the cake mixture over the fruit, and smooth over the top surface. Bake for 50 minutes or until a skewer inserted into the centre of cake comes out clean. Stand in pan for 10 mins. Turn out onto a rack to cool. Serve with custard.

www.nswmealsonwheels.org.au



CONNECT YOU TOO

**WILL BE CLOSED FROM 12PM, WEDNESDAY 24TH DECEMBER 2025
AND WILL REOPEN AT 8:30AM ON MONDAY 5TH JANUARY 2026**

Thank for your support during 2025.



CELEBRATING STAFF AND BOARD ACHIEVEMENTS



We have recently awarded some very deserving team members their five and ten years service plaques.

Tracey Brien, our Customer Care Officer; Lesley Reid, our Service Administrator (Meals) and Bob Little, our Board Member, received their awards for ten years service.

Kerry Little, our General Manager; Dan Garnett, our fleet driver and Peter Hudson, our Board Member received their awards for five years service.

We appreciate all their work, valuable contributions and support to Connect You Too.

HART is now providing Social Support services in the Lower Clarence areas. Social Support is through the Commonwealth Home Support Program (CHSP), via assessment with My Aged Care. Social support can assist you with shopping, errands and appointments. Contact Kerrie Birch at the Connect You Too offices at Townsend or call 1300 874 278 if you have been approved for Social Support.



*Tea is the answer to any question,
the solution to any problem, and
the key to serenity.*

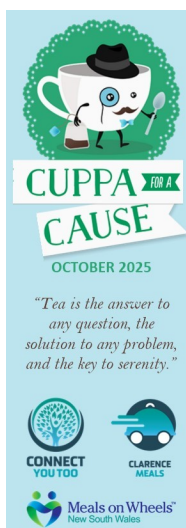


Connect You Too held a special morning tea on Tuesday 21st October at their Townsend depot at 134 Jubilee Street.

Cuppa for a Cause was a great way to support and fundraise for Meals on Wheels NSW. By hosting our own tea party, we were able to help older people across Australia enjoy cups of

tea in their own home.

During the special 'Cuppa for a Cause' week in October, Connect You Too provided a special teacup with a few treats inside for all our Clarence Meals customers and transport customers taking a trip on our social bus outings.



*"Tea is the answer to any question,
the solution to any problem,
and the key to serenity."*



**CLARENCE
MEALS**

TASTY MEALS FOR SUNNY DAYS



LITE N' EASY
Tasmanian
Salmon & White
Wine Sauce



LITE N' EASY
Spaghetti with
Creamy Garlic
Prawns



GOURMET MEALS
Barramundi
Lemon Butter



GOURMET MEALS
Whiting and
Wedges

*Order yours today, call
Clarence Meals on 6646 6742.*

**Volunteers needed for
our meals and transport
services—Give us a call to
find out more 6645 3200**

A PASSPORT TO CONNECT WITH FUN!



Thank you for your support

Connect You Too's Recognise & Reward program shows appreciation towards our valuable volunteers and their contribution to the Clarence Valley community.

Kindly sponsored by:



CLARENCE MEALS

Delivering meals from Gourmet Meals; Grafton Meals on Wheels & Lite n' Easy.



Call 6646 6742 to order.