JULY 2025 NEVS

CONNECT YOU TOO

www.connectu2.org.au | 6645 3200 | bookings@connectu2.org.au

WHO ARE WE?

CONNECT YOU TOO IS A COMPANY THAT OPERATES A NUMBER OF SERVICES FOR THE BENEFIT OF THE COMMUNITY INCLUDING:

A2B Transport Solutions provides charters, private hire, transport if you are not eligible for community transport and just want to get to the services you want, transport for NDIS



SOLUTIONS

participants and those on Home Care
Packages who want the choice of who
provides their transport.

We offer an airport transfer service from the Clarence Valley to Ballina Byron Gateway Airport or Coffs Harbour Airport and return through A2B Transport Solutions. This is a door to door prepaid, vehicle hire service.

Services are provided for medical transport (travel to specialists, hospital admission and discharge, allied



CLARENCE COMMUNITY TRANSPORT

health, pathology, dentists, medical centres, general practitioners, health clinics, tests such as X-rays and scans).

We also provide services for shopping trips, bus transport and social outings.

This service is for any person in the community who wishes to receive meals home delivered by our volunteers in Iluka, Maclean & Yamba areas.



CLARENCE MEALS

Although meals are available to everyone, you may be eligible for subsidised meals if you have been assessed by My Aged Care.

Connect You Too is partnering with HART Services to provide locally managed Home



Care Packages in Iluka, Yamba and Maclean. HART Services is a not for profit organisation based in Lismore with its roots in community transport.



We acknowledge the traditional owners of this land and pay our respects to elders past and present.

APPRECIATION FOR OUR VOLUNTEERS



On Friday 23rd May 2025, Connect You Too's staff, board members, volunteer drivers and meals volunteers came together at Club Iluka for a special Volunteers Week morning tea.

Connect You Too is lucky enough to have 47 volunteers to provide community transport and delivery of meals to people in our community. They have volunteered for Connect You Too for a combined total of 283 years.

"Our new 'Recognise and Reward' program was brought to fruition by our board member, Garry Payne. He wanted to introduce a system to show appreciation towards our valuable volunteers and their contribution to the Clarence Valley community", Ray explained.

Connect You Too would like to thank Access Fuels, Bowlo Sports & Leisure Yamba, Harwood Hotel, Coles Yamba and Lawrence Tavern for sponsoring these awards.

The 'Recognise and Reward' awards with vouchers from our sponsors were presented to:

- Ray Hoad 10 years of dedicated service to volunteer driving and for compliments from customers.
- John Nolan Longest serving meals volunteer.
- Greg Starr Longest serving transport volunteer.

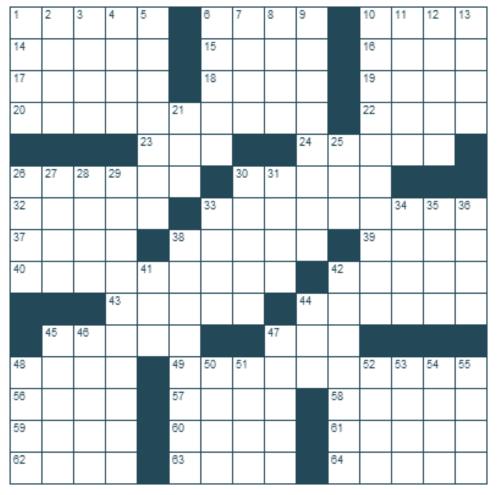
- Debbie Thwaites 5 years of service for Clarence Meals.
- Leonie Lancaster 5 years of service for Clarence Meals.
- Peter Jarman Senior volunteer transport.
- Tony Crupi Youngest volunteer transport and for compliments from customers.
- Dale Mackie Senior volunteer meals.
- Jenny Gillies Youngest volunteer meals.
- Paul Bailey For compliments from customers.
- Darryl Brotherson For compliments from customers.
- Gren Little For compliments from customers.
- David Anderson For compliments from customers.

Thankyou speeches were relayed from Kevin Hogan and Richie Williamson on the achievements of our volunteers.

Our services are getting busier and if you have a bit of time and want to remain active in your community, call Connect You Too on 6645 3200 for an application form and see how rewarding a volunteer role with us can be. We would love to hear from people based throughout the Clarence Valley but especially from Grafton where the demand for transport is high.

CONNECT YOU TOO

CROSSWORD PUZZLE



ACROSS

- 1. Proposal
- 6. Hairless
- 10. Baby's first word
- 14. Shad
- 15. Food thickener
- 16. Holly
- 17. Not second
- 18. Guv
- 19. Anagram of "Ties"
- 20. Too shocked for words
- 22. British tax
- 23. "Yo!"
- 24. Tempest
- 26. Also called football
- 30. Gloss
- 32. Give or take
- 33. Repeated performance
- 37. Objective
- 38. Utilizers
- 39. Border
- 40. Sixfold
- 42. Breathe noisily while
- asleep
- 43. Doorkeeper
- 44. Named
- 45. Landslide detritus

- 47. Buddy
- 48. Ancient marketplaces
- 49. Completely
- 56. Absent Without Leave
- 57. Scene
- 58. Nigerian money
- 59. Whimper
- 60. Anagram of "Neat"
- 61. High point
- 62. Countercurrent
- 63. Lascivious look
- 64. Twisty turns

DOWN

- 1. Blockheads
- 2. Turn upside down
- 3. Golfer's cry
- 4. Being
- 5. Toothed tool
- 6. Poorly
- 7. Chills and fever
- 8. Boys
- 9. Clothing holders
- 10. Disgruntlement
- 11. Change
- 12. Faith in God
- 13. Wood-chopping tools

- 21. Not him
- 25. Darjeeling or oolong
- 26. Droops
- 27. Double-reed woodwind
- 28. Cajole

- 29. With regard to a culture
- 30. Direct
- 31. A group of cattle
- 33. Small island
- 34. False god
- 35. Brute
- 36. Require
- 38. Commotion
- 41. Employ
- 42. Absolute quiet
- 44. Label
- 45. Scattered
- 46. Mob
- 47. Might
- 48. Renown
- 50. Queue
- 51. French for "Head"
- 52. Seafarers
- 53. Goes quickly
- 54. Celtic language
- 55. Rodents

Courtesy of www.mirroreyes.com



ROBYN'S

Chocolate **Squares**

INGREDIENTS

14 lb butter or margarine

- ½ cup sugar
- 1 cup self-raising flour
- 1 tbsp cocoa
- 1 cup coconut

METHOD

Mix dry ingredients together.

Melt butter and add to dry ingredients.

Press into a flat tin and bake in a moderate oven for approximately 15

Ice with chocolate icing whilst still warm.

ICING INGREDIENTS

- 1 cup icing mixture
- 1 tbsp cocoa powder
- Dab of butter
- Hot water

Extra coconut to sprinkle

METHOD

Mix ingredients together to a desired consistency and spread over warm slice.

Sprinkle with coconut.

Cut into squares whilst still warm.

GET ON A BUS

SHOP OR SOCIALISE -



July to Sept 2025 CALENDAR OUT NOW

Request a calendar via email:



bookings@connectu2.org.au **BOOK ON 6645 3200**

Delivering community spirit in a Lions hamper



Deyann McDonnell, from Lions Yamba, delivers a hamper to Connect You Too customers with the help of a Clarence Meals volunteer.

During the month of May, Connect You Too got to play Santa and deliver some special hampers to their Clarence Meals customers.

These special hampers were funded by Lions Clubs International Foundation Disaster Recovery with a grant of \$23,800.

The hampers were donated to some school families, fishermen from the Co-Op, community members without housing, others identified by the Salvation Army Resilience Team and some of our seniors in the Clarence Valley community following Cyclone Alfred. A total of 757 hampers were delivered across the Clarence Valley.

Devann McDonnell, from Lions Yamba, was the co-ordinator of the project and asked Kerry Little of Connect You Too, if she could help identify the seniors in our community who would most benefit from the hampers. Kerry suggested the

Connect You Too 'Clarence Meals' customers may like to receive a Lions hamper, and Lions were most appreciative of the offer for delivery via Connect You Too volunteers.

The \$50 hampers were sourced from IGA who packed and delivered the boxes to the Townsend depot of Connect You Too, where they were stored prior to delivery. They contained a range of groceries, toiletries and even some sweet treats.

Deyann personally visited some of the recipients and witnessed the joy of receiving such a useful gift. "I am grateful for the support and assistance of all involved in this Lions service project," she stated.

Connect You Too offers meal and transport services, including social bus outings each month. If you need assistance, please call and talk with one of our friendly Customer Care Officers on 6645 3200.

NOW OFFERING SOCIAL SUPPORT

HART is now providing Social Support services in the Lower Clarence areas. Social Support is through the Commonwealth Home Support Program (CHSP), via assessment with My Aged Care. Social support can assist you with shopping, errands and appointments. It can provide support, access and social connections for those who may be socially isolated. Contact Kerrie Birch at the Connect You Too offices at Townsend or call 1300 874 278 if you have been approved for Social Support.

DONATIONS & BEQUESTS

Connect You Too is a registered charity and donations are fully tax deductible.

Donations and Bequests are very much appreciated and put back in to maintaining our services.



Delivering meals from Gourmet Meals: Grafton Meals on Wheels & Lite n' Easy.





Call 6646 6742 to order.

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134 JUBILEE STREET, TOWNSEND | 6645 3200

DELIVERING COMMUNITY SPIRIT THROUGH INCLUSIVE CONNECTION







First Nations Elders and representatives joined with community on Tuesday 3rd June at Connect You Too in Townsend, Yaegl Country, for a special Reconciliation week morning tea.

The National Reconciliation Week NRW 2025 theme, Bridging Now to Next, reflects the ongoing connection between past, present and future.

Bridging Now to Next calls on all Australians to step forward together, to look ahead and continue the push forward as past lessons guide us.

Organised by Dorothy Pholi, Connect You Too's Aboriginal Liaison Officer and Kerry Little, Connect You Too's General Manager, along with community and staff from Connect You Too, used this special morning tea as an opportunity to launch their Reconciliation Action Plan (RAP).

The morning tea began with a Welcome to Country and smoking ceremony by Shane Eamens, followed by passionate and moving speeches from Elizabeth Smith, Glenda McPhail. Helen

Brown and Avery Brown.

"Our RAP will guide us on the reconciliation journey both in our own organisation and as part of our Clarence Valley community," Kerry Little said.

"Our vision is to always strive for quality services that connect our communities. Our Reflect RAP will provide the opportunity to look within our service and to understand our starting point on our Reconciliation journey which will help to progress our connections

with communities."

"We seek to grow our understanding of what an inclusive community services sector looks like, for both transport and meals provision to our Aboriginal and Torres Strait Islander communities," Kerry said.

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APPRECIATION FOR OUR VOLUNTEERS











Recognising and Rewarding Connect You Too volunteers during Volunteers Week, with the help of our valuable sponsors.



RECOGNISE



Connect You Too's **Recognise & Reward** program shows appreciation towards our valuable volunteers and their contribution to the Clarence Valley community.

Kindly sponsored by:









