



GRIEF SUPPORT GROUP

If you are mourning the loss of a loved one, please join our Parish Family Grief Support Group monthly drop in sessions this summer.



JUNE 14

12 PM | SUNDAYS

JULY 19

**ST. BENEDICT PARISH
CENTER - ST. MARY ROOM**

AUGUST 9

No registration is required.



Note: An 8-week series will start October 4.

Grief and loss can have a significant impact on our lives long after the death of the person we love. The grieving process has no timeline and is unique to each individual, but meeting with others who are going through a similar experience can provide support and help us cope.

For questions, contact Maggie at margaretalquist1@gmail.com