

# PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST

"IF YOUR BROTHER SINS AGAINST YOU,  
GO AND TELL HIM HIS FAULT IN  
PRIVATE. IF HE LISTENS TO YOU,  
YOU HAVE GAINED YOUR BROTHER."

MATTHEW 18:15-20

## SUNDAY MASSES

Saturday: 5:00 PM Vigil at St. Alphonsus  
5:00 PM Vigil at St. John

Sunday: 8:30 AM at St. John  
9:00 AM at St. Alphonsus  
10:30 AM at St. John  
11:00 AM at St. Benedict

## DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus  
Thurs: 6:00 PM at St. Benedict

Fri: 9:00 AM at St. John

Sat: 8:00 AM at St. Alphonsus

(except 1st Sat: 9:00 AM at St. John)

**School Masses (Sept-June):** All are welcome!

*Refer to This Week's Calendar, page 2.*

## RECONCILIATION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus

Thursday: 5:00 - 5:45 PM at St. Benedict

Saturday: 4:00-4:45 PM at St. Alphonsus

Sunday: 8:00 - 8:45 AM at St. Alphonsus

Sunday: 9:45 - 10:15 AM at St. John

By appointment: [info@parishfamily14.org](mailto:info@parishfamily14.org)

First Friday Reconciliation and Adoration:

7:00-8:00 PM at St. Alphonsus



**ST. ALPHONSUS PARISH**

5816 15th Ave NW, Seattle, WA 98107



**ST. BENEDICT PARISH**

1805 N 49th St, Seattle, WA 98103



**ST. JOHN THE EVANGELIST PARISH**

106 N 79th St, Seattle, WA 98103

Admin Office: 206-782-2810 | 206-770-6494 (Fax) | [info@parishfamily14.org](mailto:info@parishfamily14.org) | 106 N 79th St, Seattle  
Faith Formation Office: 206-632-0843 | [faithformation@parishfamily14.org](mailto:faithformation@parishfamily14.org) | 1805 N 49th St, Seattle

 [www.pf14.org](http://www.pf14.org) |   @parishfamily14

**For pastoral emergencies, please call: 206-271-3543.**

# THIS WEEK'S CALENDAR

September 6, 2026

## TWENTY-THIRD SUNDAY IN ORDINARY TIME

Ez 33:7-9/Rom 13:8-10/Mt 18:15-20

|                                                                                 | ST. ALPHONSUS                                        |                                                                                                      | ST. BENEDICT                                                                                                                                                                              |                                                                                | ST. JOHN                                                                                     |                                                                                                                                                                                               |
|---------------------------------------------------------------------------------|------------------------------------------------------|------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>September 6</b><br><b>TWENTY-THIRD SUNDAY IN ORDINARY TIME</b>               | 8 AM<br>9 AM                                         | Reconciliation<br>Mass                                                                               | 11 AM                                                                                                                                                                                     | Mass with CLOW (Livestream)<br><br>Special collection for St. Martin de Porres | 8:30 AM<br>9:30 AM<br>9:30 AM<br>9:45 AM<br>10:30 AM                                         | Mass<br>Lectio Divina<br>SVdP Meeting - Portable 43<br>Reconciliation<br>Mass with CLOW<br><br>SVdP Collection at both Masses<br><br>2 PM<br>7:30 PM                                          |
| <b>September 7</b><br><b>Monday</b>                                             | 7 AM<br>7:30 AM                                      | Reconciliation<br>Daily Mass<br>RIP: Diocelina Reyes<br><br><i>Labor Day - Parish Offices Closed</i> | 8:30 AM                                                                                                                                                                                   | SMdP Sandwich Making                                                           |                                                                                              |                                                                                                                                                                                               |
| <b>September 8</b><br><b>Tuesday</b><br>The Nativity of the Blessed Virgin Mary | 7 AM<br>7:30 AM                                      | Reconciliation<br>Daily Mass<br>RIP: Rita Rodriguez                                                  | 7 PM                                                                                                                                                                                      | Young Adult Men's Group - St. Mary Room                                        |                                                                                              |                                                                                                                                                                                               |
| <b>September 9</b><br><b>Wednesday</b><br>Saint Peter Claver, Priest            | 7 AM<br>7:30 AM<br>8:45 AM                           | Reconciliation<br>Daily Mass<br>RIP: Bill Rasmussen<br>School Mass                                   |                                                                                                                                                                                           |                                                                                | 11 AM                                                                                        | Funeral Mass for William Wood                                                                                                                                                                 |
| <b>September 10</b><br><b>Thursday</b>                                          | 7 AM<br>7:30 AM<br>10 AM                             | Reconciliation<br>Daily Mass<br>RIP: Michael Finster<br>Scripture Study - McGrath Room               | 5 PM<br>6 PM                                                                                                                                                                              | Reconciliation<br>Daily Mass<br>RIP: Mr. and Mrs. Avelino & Helen Peralta      | 3 PM                                                                                         | Family Adoration                                                                                                                                                                              |
| <b>September 11</b><br><b>Friday</b>                                            | 8:15 AM<br>to 7 PM                                   | Adoration Chapel open                                                                                |                                                                                                                                                                                           |                                                                                | 9 AM                                                                                         | School Mass                                                                                                                                                                                   |
| <b>September 12</b><br><b>Saturday</b><br>The Most Holy Name of Mary; BVM       | 8 AM<br><br>4 PM<br>5 PM                             | Daily Mass<br>INT: Abraham Family & the souls in purgatory<br>Reconciliation<br>Vigil Mass           | 9:30 AM                                                                                                                                                                                   | Craft Group                                                                    | 11 AM<br>5 PM                                                                                | Memorial Mass for Judith Hall<br>Vigil Mass (Livestream) with Blessing of the Backpacks                                                                                                       |
| <b>September 13</b><br><b>TWENTY-FOURTH SUNDAY IN ORDINARY TIME</b>             | 8 AM<br>9 AM<br>10 AM<br>11:30 AM                    | Reconciliation<br>Mass<br>Coffee & Donuts<br>Holy Name Society Meeting - Family Center               | 11 AM                                                                                                                                                                                     | Mass with CLOW (Livestream)                                                    | 8:30 AM<br>9:30 AM<br>9:45 AM<br>10:30 AM<br><br>7:30 PM                                     | Mass with Blessing of the Backpacks<br>Lectio Divina<br>Reconciliation<br>Mass with CLOW & Blessing of the Backpacks<br><br>Coffee & Donuts after both Masses<br>Faith Sharing Group via Zoom |
|                                                                                 | For livestream and recorded masses, click the links: |                                                                                                      | <a href="http://www.pf14.org/st-benedict-live-streaming">www.pf14.org/st-benedict-live-streaming</a><br><a href="https://www.facebook.com/stbenseattle">www.facebook.com/stbenseattle</a> |                                                                                | <a href="http://www.pf14.org/st-john-live-streaming">www.pf14.org/st-john-live-streaming</a> |                                                                                                                                                                                               |



Sign up to **get notified of mass cancellations** or mass time changes.  
<https://bit.ly/PF14NotifyMe>



Subscribe to **weekly bulletin and e-newsletter**.  
<https://bit.ly/PF14WeeklyBulletin>



Submit your **questions & feedback** about our Parish Family.  
<https://bit.ly/PF14Queries>



## PARISH FAMILY HIGHLIGHTS



### PARTNERS IN THE GOSPEL UPDATE

Please watch for Fr. Parrish's upcoming pastoral letter, which will provide clear and detailed updates about Partners in the Gospel.

As part of our Listening Session, we will also be sharing a survey asking about the opportunities and challenges we see as a Parish Family. We hope you will take a few moments to participate. Your voice, experiences, and ideas are important as we discern and shape the future of our parish together.

**We are nearing the completion of our "Who are we" phase and preparing to move into the next important question: "Who do we want to become?"**

Thank you for being part of this journey and for helping us prayerfully discern the future of our Parish Family.



## Our Parish Family NEEDS YOU!

We'd love your help at the **Faith Formation Office front desk**, located at the St. Benedict Parish Center. We currently have a volunteer opportunity available on Thursdays, 1:00–4:00 PM!

Volunteer tasks include:

- Answering the phone
- Welcoming and assisting walk-in visitors
- Providing basic information and directing questions as needed

School families are welcome to volunteer and earn service hours!

Interested? Email us at [info@parishfamily14.org](mailto:info@parishfamily14.org)!

## UPCOMING EVENTS

### YOUNG ADULT END-OF-SUMMER HIKE

We are hiking the  
**SNOW LAKE TRAIL**  
on September 12, Sat, 9 AM – 6 PM.



Scan the QR code for all event details and to RSVP by September 6th.

For more info, please email us at [youngadultsp14@gmail.com](mailto:youngadultsp14@gmail.com).



## OPEN INVITATION TO OPEN CONVERSATIONS.

**Alpha** is a program that is built to empower you in your faith. After sharing a meal, we will have the opportunity to participate in guided small group conversations.



We'll gather each Wednesday, 6:30 PM, for 11 weeks at St. Alphonsus Family Center:

September: 23, 30  
October: 7, 14, 21, 28  
November: 4, 11, 18, 25  
December: 2

**REGISTER NOW!**



For events happening throughout the Archdiocese of Seattle, please visit [archseattle.org/eventslist](https://archseattle.org/eventslist).

# SOCIAL JUSTICE COMMISSION



## SEASON OF CREATION

Our Parish Family is celebrating the Season of Creation along with churches around the world. The Season of Creation is a time when Christians unite to rededicate our efforts to care for our common home, the earth, and all its inhabitants.

Everyone is invited to take part in this season of prayer, reflection, and action. Our St. Francis of Assisi Ministry has planned several meaningful activities, including:

**SAT  
SEP 12**

### A CARE FOR CREATION VOLUNTEER DAY

St. James Cathedral is hosting a Care for Creation Volunteer Day at Westcrest Park. For more information, please visit <https://seattle.greencitypartnerships.org/event/44211>.

**SAT  
SEP 26**

### NEIGHBORHOOD CLEAN-UP AT ST. JOHN

Let us work together to care for our shared spaces and put our faith into action through service to our community.

**SUN  
OCT 04**

### BLESSING OF THE PETS

**SAT  
NOV 14**

### SACRED SALMON PILGRIMAGE

Please check the parish bulletin in the coming weeks for additional details of events as we get closer.

## Holy Name Society

The Holy Name Society will meet **September 13 at 11:30 AM in the St. Alphonsus Family Center**. All men of the parish family are invited to attend. Our event calendar for 2026-2027 will be discussed. This is a good opportunity to see if the Society's spiritual and corporal works are right for you.



## Next Step Gala Registration Is Now Open — Get Your Tickets Today!

**Date:** Saturday September 19th, 2026

**Time:** Doors open at 5:30pm

**Silent Auction** 5:30pm - 6:30pm

**Dinner and Program to follow!**

**Location:** Holy Rosary Pastoral Center

630 7th. Avenue North

Edmonds, WA 98020

**Register at:** <https://nssupport.org/gala2026/>

## ARE YOU MOURNING THE LOSS OF A LOVED ONE? ARE YOU LONGING FOR UNDERSTANDING, COMFORT, OR SIMPLY A PLACE TO BE HEARD?



You don't have to grieve alone. Join our Grief Support Group, a safe and compassionate space to share, listen, and find hope alongside others who understand. Together, we walk the journey of healing with faith, prayer, and mutual support.



Eight weekly 2-hour meetings (Sundays).

A minimum of 8 participants is needed. Registration is required.

**Begins October 4**—right after St. Benedict's 11:00 AM Mass. Enjoy a quick Coffee Hour at the School Cafeteria, then head over to the St. Benedict Parish Center.

For questions and to register, please email Maggie at [margaretalquist@gmail.com](mailto:margaretalquist@gmail.com).

## — Let's Help! — DONATE TODAY for the Sacred Heart Shelter.

**What We Need**  
(must be new and commercially packaged)

**Current Greatest Need:** Baby wipes, Diapers from size 1 through 6T pullups

**Personal Hygiene:** Women's deodorant, shampoo, conditioner, toothpaste, hairbrush, tampons (size super), pads (heavy and light), body wash/bar soap, nail polish/remover/cotton pads

**Household:** Kitchen towels and cloths, bath towels

**Gift Cards:** \$5 or \$10 to reward kids for good behavior and guests who take on additional cleaning/sanitizing responsibilities (McDonalds, Safeway, Walmart, Dick's, Starbucks, etc)

Please leave items in the St. Alphonsus main vestibule or Faith Formation Office at St. Benedict Parish Center by **September 13**. For more info, contact [sanctavita@stalseattle.org](mailto:sanctavita@stalseattle.org). Thank you for your support.

**Want to put your faith into action?** Our Social Justice Ministries need hearts and hands like yours. For more details, go to [www.pf14.org/social-justice-ministry](http://www.pf14.org/social-justice-ministry). Everyone is welcome!



# 60 WAYS TO CARE FOR CREATION



## Energy & Water

1. In the summer, turn off the a/c. Use a fan or open windows.
2. In the winter, turn down the heat and grab a sweater, sweatshirt or blanket.
3. Heat a single room using a space heater.
4. Install solar panels on your roof.
5. Replace gas-powered tools & appliances with electric ones.
6. Replace your energy-inefficient fridge.
7. Buy a front-load washer.
8. Replace incandescent & CFC light bulbs with LED bulbs.
9. Shorten your shower.
10. Wash your clothes less.
11. Wash your clothes in cold water.
12. Use less soap for dish & clothes washers.
13. Turn off the water when brushing teeth.
14. Turn off or unplug unused appliances, including computer monitors.



## Transportation

15. Ride the bus/train to work/school.
16. Opt to work from home if available.
17. Join a carpool or vanpool.
18. Ride a bike to work / school.
19. Walk to the grocery store.
20. Walk to church.
21. Hold onto your car longer.
22. Buy a used hybrid vehicle.
23. Buy an electric vehicle.
24. Stop idling. Turn off engine when stopped.



## Food & Meals

25. Use fabric napkins at meals.
26. Buy a steel/ceramic coffee mug & bring it to work.
27. Bring a steel or glass water bottle everywhere.
28. Bring reusable plates, cups, and dinnerware to picnics.
29. Eat out less.
30. Go meatless on Mondays.
31. Go meatless on more days.
32. Go vegan.
33. Buy organic.
34. Buy local.
35. Buy fair trade coffee, chocolate, etc.
36. Grow your own food.
37. Save and eat leftovers.
38. Bring your lunch to work or school.
39. Compost your table scraps.



## Consumption

40. Borrow from a library.
41. Swap items with neighbors.
42. Consider renting instead of buying.
43. Refuse to buy single-use items.
44. Buy less.
45. When you do buy, buy used.
46. Donate used items to charity.
47. Keep your mobile phone longer.



## Caring for Creation

48. Dispose properly of electronics, batteries, light bulbs, motor oil, & hazardous chemicals.
49. Use safe alternatives to harsh household chemicals.
50. Refuse to use pesticides in your yard.
51. Buy personal care products containing simple & safe ingredients.
52. Plant bird/bee friendly bushes & flowers.
53. Don't use pesticides.
54. Plant a tree.
55. Volunteer to clean up parks.
56. Pick up that litter.
57. Volunteer at a food bank or a shelter.
58. Use vinegar and baking soda for cleaning.
59. Adopt a pet instead of buying one.
60. Say hi to that homeless person.

Prepared by

PF14 Saint Francis of Assisi Ministry

08/2026

<https://saintfrancisseattle.org>



# FAITH FORMATION

## SMALL FAITH SHARING GROUPS

### Young Adult Group

Catholic young adults (ages 21–35) are invited to join our Parish Family 14 Young Adult Group! Grow in faith and community with fellow young adults through Bible studies, monthly social events, and volunteer opportunities.



- The men's Bible study meets every Tuesday in the St. Mary Room at St. Benedict
- The women's Bible study meets three Mondays a month.

Contact [youngadultsp14@gmail.com](mailto:youngadultsp14@gmail.com) to be connected.

## ARE YOU INTERESTED IN FORMING A YOUTH GROUP?



ANSWER THE SURVEY!

[bit.ly/PF14YGSurvey](https://bit.ly/PF14YGSurvey)

**Looking to grow in faith and friendship?** Check out the many Small Faith Sharing Groups across our Parish Family! Scan the QR code or go to [www.pf14.org/small-groups](http://www.pf14.org/small-groups).

## SACRAMENTAL PREPARATION

### SACRAMENTAL PREPARATION

## FIRST HOLY COMMUNION & RECONCILIATION

*Open to baptized children 7 years of age and/or in the second grade.*

- ✓ Choose from two class locations and schedules.
- ✓ Classes are for both children and parents/guardians.
- ✓ Classes begin **October 4**.
- ✓ Register now!



[bit.ly/FRHCRegister2026](https://bit.ly/FRHCRegister2026)

- ✓ Visit [www.pf14.org/first-sacraments](http://www.pf14.org/first-sacraments) for more info.



### CONTACT US

Faith Formation Office  
[faithformation@parishfamily14.org](mailto:faithformation@parishfamily14.org)  
206-632-0843 ext 6004

### Infant Baptism

Infant Baptisms in our Parish Family are celebrated during Saturday Vigil and Sunday Masses across our three churches, offering families the opportunity to welcome their children into the faith within the Sunday community.

Parishioners of Parish Family 14 may choose from the following upcoming dates and locations:

- **September 26–27** – St. John, during both the **5:00 PM Vigil Mass** and **10:30 AM Sunday Mass**
- **November 14–15** – St. Alphonsus, during both the **5:00 PM Vigil Mass** and **9:00 AM Sunday Mass**

## WANT TO BECOME CATHOLIC?

**OCIA (Order of Christian Initiation for Adults/Children)**

**is for anyone who is interested in the Catholic faith.**

- Curious about the Catholic faith?
- Are you from another faith tradition but feel at home in our Parish Family?
- Were you baptized Catholic but want to learn more?

If any of these describe you, then OCIA might be the perfect place for you. For more info, contact Claire Shea at 206-632-0843 ext 6003 or [cshea@parishfamily14.org](mailto:cshea@parishfamily14.org).

For more information on SACRAMENTAL PREPARATION, please visit [www.pf14.org](http://www.pf14.org) or feel free to email us at [faithformation@parishfamily14.org](mailto:faithformation@parishfamily14.org).

- Infant Baptism
- First Holy Communion and Reconciliation
- Youth Confirmation
- Sacrament of Matrimony

- Funeral
- Order of Christian Initiation for Adults and Children
- Parish Advocates for Annulment



# FAITH IN FOCUS



## Words in Remembrance

AT CATHOLIC funerals in the United States, “A member or a friend of the family may speak in remembrance of the deceased.” This permission is offered both at the Vigil for the Deceased (the wake service) or after communion at the Funeral Mass.



The permission is authorized by the conference of bishops. The Vatican has permitted “words of greeting, offered by the relatives of the deceased,” and this permission was interpreted a bit more broadly in the United States. The original intent was probably for someone from the grieving family to express their gratitude to the supportive assembly of friends. However, in practice, some people have been taking the opportunity to say much more than a few words of greeting.

There are advantages and disadvantages to the practice. The funeral is probably the only occasion when a large number of people will gather at a person’s death. Hence, it provides a unique opportunity for someone from the family or a close friend to share thoughts of remembrance in public.

However, the context for such a speech is a liturgy, and the sharing should not delay the flow of the service. Sometimes more than one person has spoken, or one speaker has gone on too long. In some unfortunate situations, the speaker has said inappropriate things in public that cause embarrassment. (Sadly, this can happen in the homily as well.)

If someone speaks, it is probably best to write out the complete text and limit the number of words to a single sheet. The entire message should fit the solemnity of the occasion. This would honor the permission that the bishops grant to the family, as well as the flow of the funeral liturgy that ministers to the grief and hope of the people of God.

*Bulletin Inserts for the Liturgical Life of the Parish: The Order of Christian Funerals* © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.



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Forming Catholics for *Life*.

**This Week on Formed**  
Week of September 6, 2026



<https://app.formed.org/app/videos/3561162>

### What Catholics Believe About Mary: Immaculate Conception, Virginity & the Rosary

Join Dr. Edward Sri as he answers some of the internet's most asked questions about Mary. Who is Mary? Why do Catholics pray to Mary? How could she be a virgin if Jesus had brothers and sisters according to the Bible? Find out answers to these and more questions in this episode of What Catholics Believe.



<https://app.formed.org/app/videos/582158>

### Mary of Nazareth

What would it have been like to have known the Mother of God? Watch this beautiful film portraying the life of Mary in order to contemplate Mary's profound faith and the mysteries of her life.



<https://app.formed.org/app/videos/1069853>

### Nativity of the Blessed Virgin Mary

In this episode, Dr. Tim Gray and Dr. John Sehorn discuss the birthday of the Blessed Virgin Mary.

Our Parish Family has a **free Formed subscription** for you! Simply scan the QR code or visit [formed.org/signup](https://formed.org/signup) to create your account and select our Parish Family to get free access to these contents and much more!



An offering from the  AUGUSTINE INSTITUTE

# PRAYER & SCRIPTURE

## LORD, HEAR OUR PRAYER...

Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Linda Amsden, Tom Barrett, Ken Brewster, Michael Eugene James Chiles & his surviving wife & family, Diane Crockett, Steven d'Amelio, Anne Fuller, Louise Gervais, Brian Gough, Rich Huntsman, Tom Jepson, Haley Jorgenson, Marcus McCannel, Jeffry Myers, Joel Ocampo, Jennifer and Jay Parrish, Patricia Patterson, Nina Pedersen, Bill Quackenbush, Kate Quinones, Kathryn Robinson, Lou Ayres Salumbides, Abby Simpson, Anita Stull, Scott Tom, Shannon Weiler, and Lillian Yamamoto. For those who have died, especially Benita Servito, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: To request a prayer, please call the Faith Formation Office at 206-632-0843 or use the QR code or this link: <https://bit.ly/PF14Prayer>.



## FUNERAL ANNOUNCEMENT

**William Wood** - Wednesday, September 9, 11:00 AM at St. John  
**Judith Hall** - Saturday, September 12, 11:00 AM Memorial Mass at St. John. Reception to follow in Egan Hall.

## READINGS FOR SUNDAY, SEPTEMBER 13 - Twenty-fourth Sunday in Ordinary Time

### First Reading

**Sirach 27:30—28:7**

*We cannot nourish anger and expect our own sins to be forgiven.*

### Psalm

**Psalm 103**

*The Lord is kind and merciful, slow to anger, and rich in compassion."*

### Second Reading

**Romans 14:7–9**

*Whether we live or die, we do so in Christ.*

### Gospel

**Matthew 18:21–35**

*Jesus says we must forgive not seven times, but seventy-seven times.*

Sirach shares the wisdom of choosing forgiveness over vengeance. After all, we desperately want the LORD to make the same choice for us. Paul urges us to live for the Lord, not for oneself. Jesus tells a parable of a debtor who pleads for mercy but refuses to grant mercy himself. The Lord is kind and merciful, we sing in the psalm, and we should imitate that kindness and mercy ourselves. Let us think of when we have failed to do so and how we can do so now.

## PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

### Week of August 30, 2026

#### St. Alphonsus Parish

##### MASS ATTENDANCE

|                |     |
|----------------|-----|
| Saturday, 5 PM | 125 |
| Sunday, 9 AM   | 221 |

##### PARISH COLLECTION

|                  |             |
|------------------|-------------|
| Mass Collection  | \$ 3,801.00 |
| Online Donations | \$ 2,860.35 |
| Mailed-in        | \$ 3,277.00 |

**Total Collection** \$ 9,938.35

Weekly Budget \$ 9,775.00

**Over Weekly Budget** \$ 163.35

**Thank you so much for all your support to St. Alphonsus Parish!**

Set up your recurring online giving now!



#### St. Benedict Parish

##### MASS ATTENDANCE

|               |     |
|---------------|-----|
| Sunday, 11 AM | 191 |
|---------------|-----|

##### PARISH COLLECTION

|                  |             |
|------------------|-------------|
| Mass Collection  | \$ 1,496.00 |
| Online Donations | \$ 2,320.43 |
| Mailed-in        | \$ 375.00   |

**Total Collection** \$ 4,191.43

Weekly Budget \$ 6,212.00

**Under Weekly Budget** \$ 2,020.57

**Thank you so much for all your support to St. Benedict Parish!**

Set up your recurring online giving now!



#### St. John Parish

##### MASS ATTENDANCE

|                  |     |
|------------------|-----|
| Saturday, 5 PM   | 71  |
| Sunday, 8:30 AM  | 152 |
| Sunday, 10:30 AM | 192 |

##### PARISH COLLECTION

|                  |             |
|------------------|-------------|
| Mass Collection  | \$ 3,631.25 |
| Online Donations | \$ 7,982.68 |
| Mailed-in        | \$ 761.00   |

**Total Collection** \$ 12,374.93

Weekly Budget \$ 17,294.00

**Under Weekly Budget** \$ 4,919.07

**Thank you so much for all your support to St. John Parish!**

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>





# SCHOOL NEWS

## WELCOME BACK, SCHOOL FAMILIES!



Welcome back to all the students, teachers, and staff!

As a new school year begins, we ask God to bless and guide them, filling their year with faith, joy, growth, and success. Have a wonderful school year!



★ WELCOME BACK ★  
**BBQ**  
SEP 12, SAT, 12 - 3 PM

Volunteer/RSVP link:

<https://signup.com/go/iAZmuPZ>

Time to celebrate! Friends and neighbors welcome! To make this a great success we need LOTS of help!

Volunteers needed:

- Set Up Crew
- Managing Food Stations
- Bouncy House Monitor
- Clean Up Crew
- Bringing a Pop Up Tent

Also, please bring a dish to share, based on last name:

- A - J — Side Dishes
- K - R — Desserts and/or Drinks
- S - Z — Salads and/or Snacks

St. Al's will take care of the hamburgers, brats & hotdogs, mushroom burgers, and water for everyone.

## ANNUAL BLESSING OF BACKPACKS FOOD DRIVE AT ST. JOHN

Parish and school families are invited to support those in our community who are most in need by donating nonperishable food items. Donations will be shared between BTK-8 and St. John's St. Vincent de Paul food pantry. Thank you for your continued generosity and support!

### Non-perishable food items:

Whole rolled or quick oats (not the flavored packets)  
Pancake mix, Syrup  
Cereal - large, small, or individual boxes  
Cooking Oils  
Flour and Sugar  
Whole beans - black, pinto, or garbanzo  
Dried pasta, Pasta sauce/tomato sauce  
Ramen, Macaroni and cheese

Canned meat  
Rice  
Chef Boyardee type things like Spaghetti O's,  
Canned chili, vegetables and tomatoes  
Gluten-Free items  
Dried lentils & beans  
Peanut butter  
Jams/jellies

### Snack Foods:

Nut-free granola bars/snack bars  
Goldfish, Cheeze-Its, Pretzels  
Apple sauce or other fruit pouches  
Pop Corn (bags), Seaweed  
Chips, Crackers/Cheese packs  
Sandwich Crackers (cheese, mainly)  
Any non-perishable, nut-free, individually packaged snacks

**Please do not include glass containers. Gift Cards are always welcome and used. Food donations can be dropped off September 11, Friday morning at the school parking lot, at all three masses that weekend and in the Parish Office leading up to that weekend. Questions? Contact Teresa Gillett at 206-782-2810 ext.355 or [tgillett@parishfamily14.org](mailto:tgillett@parishfamily14.org)**

THE GREAT WALLINGFORD  
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**SEPTEMBER  
18 & 19, 2026**

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✉ [ddesclos@st-johnschool.org](mailto:ddesclos@st-johnschool.org) Join our team and make a difference!

## DISCOVER THE GIFT OF CATHOLIC EDUCATION

Our Parish Family is blessed with vibrant Catholic schools that partner with families in nurturing faith, knowledge, and community. We invite you to consider them for your child's education and contact our schools. We look forward to welcoming your family into our school communities!

### St. Alphonsus Parish School

Nick Padrnos, Principal  
[npadrnos@stalseattle.org](mailto:npadrnos@stalseattle.org)

Melissa Murphy, Director of Admissions  
[admissions@stalseattle.org](mailto:admissions@stalseattle.org)  
206-782-4363

### St. Benedict Catholic School

Brian Anderson, Principal  
[b.anderson@stbens.net](mailto:b.anderson@stbens.net)

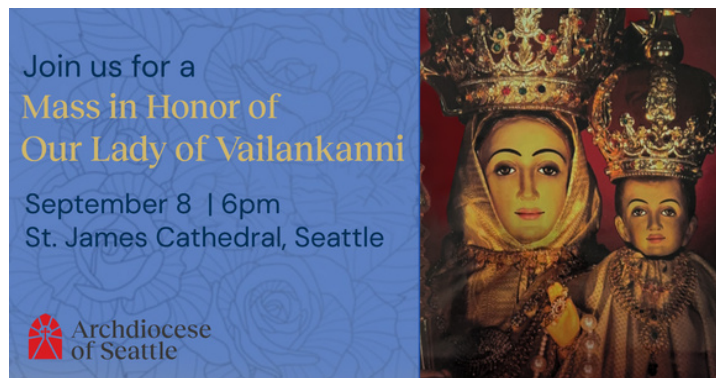
Penny Ziemer, Advancement Director  
[p.ziemer@stbens.net](mailto:p.ziemer@stbens.net)  
206-633-3375

### St. John Catholic School

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Jonna Skokan, Director of Admissions  
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206-782-2810 ext 310

# THROUGHOUT THE ARCHDIOCESE



**Tuesday, September 8 | 6:00 - 7:00 PM | St. James Cathedral**

The local Tamil community welcomes everyone to join us for a Mass, led by Bishop Frank Schuster, in honor of Our Lady of Vailankanni, or in English, Our Lady of Good Health. This is a Marian devotion that started in the 16th century after an apparition of the Blessed Mother to a Hindu shepherd boy from the village of Vailankanni in coastal Tamil Nadu, South India. Read more of the history of this Marian apparition [here](#). Please join us in celebrating our Blessed Mother and her importance to the Tamil community. Reception to follow Mass.



**Sat., September 12 | 5:30 - 6:30 PM | St. James Cathedral**

September is Suicide Prevention Awareness Month, and at this special Mass we pray for all who have been lost to suicide, for survivors of suicide, and for all who have lost a family member, friend, or colleague. We also pray that, as Church and as individuals, we can help prevent suicide by raising awareness and knowing how to help those in need.

**Prayer:**

God, lover of souls,  
you hold dear what you  
have made and spare all  
things, for they are yours.  
(Order of Christian Funerals)

If you or someone you  
know is in crisis, please  
contact the 988 Suicide and  
Crisis Lifeline

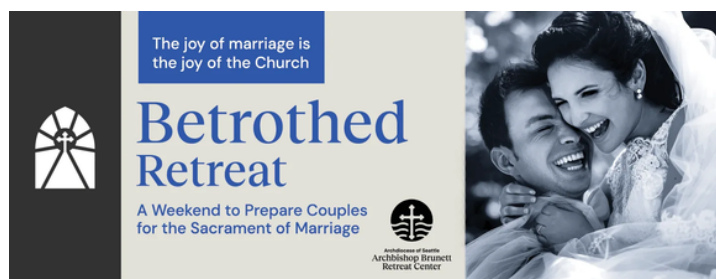
- Call or text 988
- Chat at [988lifeline.org](https://988lifeline.org)



**Thursday, September 17 | 12:00 PM - 1:00 PM | Virtual**

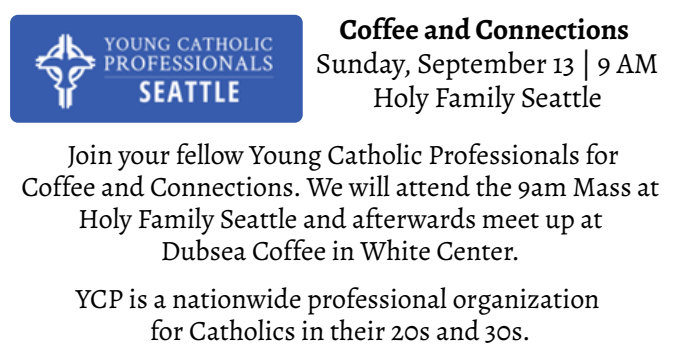
This webinar will brief participants on how to respond to mass deportation tactics being deployed by the current administration. Topics such as Catholic teaching and enforcement, how to engage with ICE in sensitive locations (i.e. parishes and schools), and public action, advocacy, and accompaniment will be discussed.

Register for this webinar at <https://bit.ly/3Li5KGc>



**October 9, 4:00pm - October 11, noon  
Archbishop Brunett Retreat Center**

The Betrothed marriage preparation retreat invites couples to prepare for a joyful, lifelong marriage. This retreat weekend offers theological context and insights into the Sacrament of Marriage and combines in-person teaching with beautifully-crafted videos from the Augustine Institute's Beloved series. For more information and to register, go to <https://bit.ly/4d8fsFx>



**Friday, October 2 | 9:00 AM - 1:00 PM  
Archdiocese of Seattle - Isaac Orr Conference Room**

Join us for a practical and encouraging conversation about family faith formation. In this hands-on session, we'll explore simple, effective strategies for meeting families where they are and supporting their unique spiritual journeys. Together, we'll create a clear, step-by-step plan for partnering with parents, helping them build confidence and incorporate faith into the natural rhythms of everyday family life. Come ready to be inspired, share ideas, and leave with practical tools you can put into action right away.

[Register today](#) and join us as we reimagine how churches can equip parents to become the primary faith leaders in their homes—one simple, meaningful step at a time. This event is free of charge and will conclude with lunch.





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September 2026

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Seattle, WA

## One Minute Meditations

### St. Hildegard of Bingen

Born in 11th-century Germany to a noble family, St. Hildegard of Bingen experienced mystical visions from childhood, which she eventually embraced as a call to serve God and the Church. A Benedictine nun and later abbess, she became an influential spiritual leader, composer, writer, and scholar of the natural world. Popes, clergy, and political leaders sought her counsel. Recognized for the enduring depth of her theological writings, she is one of four women named Doctors of the Church.

### Stay anchored in the storm

A change of seasons often brings new routines, shifting schedules, and unexpected demands. When plans change before lunch, an urgent project lands on your desk, or your to-do list grows faster than you can manage, pause. Remember that our lives, our future, our peace, and our hope rest securely in the hands of the One who calmed the storm.

"God is the friend of silence...The more we receive in silent prayer, the more we can give in our active life. We need silence to be able to touch souls. The essential thing is not what we say, but what God says to us and through us." – Mother Teresa of Calcutta

## Living the Faith, sharing the Light

Jesus tells us to be the salt of the earth and the light of the world (Matthew 5:13-15). These images show two aspects of living our faith: preserving the distinctiveness of our faith and making that faith visible in our actions. Both communicate God's love.

**Keep the flavor:** In the ancient world, salt preserved what was valuable and gave food its flavor. Jesus warns that salt can lose its distinctiveness. Our faith can, too, when distraction, compromise, or indifference weakens our relationship with Him. Prayer is not another obligation to complete. It is time invested in the relationship that gives everything else its meaning.

**Light the lamp:** Faith is meant to illuminate, offering direction, warmth, and hope. But like a lamp, faith needs fuel. Through the Mass and the sacraments, we are continually renewed in Christ and strengthened by His grace. Nourished by Him, we are called to carry His light beyond the church and into our homes, workplaces, parishes, and communities through lives of

compassion, courage, and service.

**Share your gifts:** God gives each of us different strengths. It can be tempting to keep these gifts to ourselves, yet true humility isn't hiding our gifts but using them to glorify God and serve the Church.

**Serve in mercy:** The Works of Mercy make our faith concrete. When we are attentively present to those lonely

*"Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven" (Matthew 5:16).*

("hungry") for love, support our parish's charitable outreach, or choose goodness over retaliation, we reflect God's love in personal, immediate, and practical ways.

**Remember your first love:** God calls us to live in His love, and to share it with others. Living in God's love is the secret to preserving the faith and living it well. Our starting and ending point is always God's love for us.

## Why Do Catholics Do That?

The Confiteor is a prayer of repentance we offer at the beginning of Mass to acknowledge our sins and ask for God's mercy. The word Confiteor means "I confess," reflecting the prayer's opening words: "I confess to almighty God." As we say "through my fault," we strike

## What is the Confiteor?

our breasts as a physical expression of sorrow and responsibility for our sins. This gesture reminds us that we worship God with both body and soul and helps prepare our hearts to participate more fully in the Eucharist.

# Look closely; God is at work

We often expect God to work through dramatic signs or unmistakable miracles. Yet His providence frequently unfolds quietly and gradually. Pope Leo points to Jesus' parables of the Kingdom (Matthew 13:24-43) as an answer to an enduring question: Where is God, and how is He at work?

**God's providence is constant, even when hidden:** When events do not unfold as we hoped, we can assume God is absent or inactive. Jesus' parables invite us to trust that He is always at work, especially when His purposes are not immediately visible.

**God works through what is small and ordinary:** "God favors smallness, a sign of his discreet love, by which he

leaves us free to accept or reject him." For Pope Leo, wheat growing among weeds, yeast leavening dough, and a tiny mustard seed reveal a Kingdom that often advances quietly, patiently, and steadily.

**We are called to imitate God:** "God's way with us must also become the way in which we live." Building the Kingdom rarely requires extraordinary gestures. It begins with patience in difficulty, resisting rash judgment, fulfilling our responsibilities faithfully, and choosing love when it costs us. These ordinary acts become seeds through which God's Kingdom takes root and grows.

## from Scripture

### Matthew 21:28-32, The "yes" that matters

In this Gospel passage, Jesus tells of a father who asks his two sons to work in his vineyard. The first refuses but later repents and goes; the second readily agrees but fails to act. Jesus' point is clear: doing the Father's will matters more than merely professing obedience.

The parable challenges the religious complacency of the Pharisees, whose outward observance did not always reflect a heart open to God. By contrast, tax collectors and public sinners, though once far from God, responded to His mercy with repentance and conversion. Their former "no" became a genuine "yes," demonstrated not simply in words

but in a changed way of life.

This distinction remains essential for Christian discipleship. Faith cannot be reduced to appearances, good intentions, or religious language. A sincere "yes" to God takes concrete form through obedience, charity, repentance, and fidelity to our responsibilities. The parable is therefore both a warning against empty profession and a message of profound hope: our past does not determine our future. Whenever we turn back to God, He receives us with the joy of the shepherd who recovers the lost sheep (Luke 15:4-7).

sufferings with the same steadfast love.

**September 21 – St. Matthew the Evangelist** (1st Century). Also known as Levi, he was a notorious tax collector (Mark 2:14). Working for the Romans would have made him unpopular but very rich. Yet St. Matthew left everything when Jesus called him. He wrote the Gospel according to Matthew, addressed to Jewish converts to Christianity.

**September 26 – Saints Cosmas and Damian** (c.303). These saints were Arab brothers who studied medicine in Syria and lived their Christian faith by treating people without charge. They were martyred for their faith. Even in heaven, they continued to care for the sick and poor, as healing miracles were attributed to their prayerful intercession.

## Feasts & Celebrations

**September 4 – St. Rose of Viterbo** (1251). Born to poor parents in Viterbo, Italy, Rose used her gift of preaching to catechize her village. Though very young, she also spoke out in support of the pope against the anti-papal Ghibellines. The Poor Clares refused to accept her but allowed her burial there. She died at age eighteen.

**September 15 – Our Lady of Sorrows.** In Luke 2:35, Simeon predicted Mary's sufferings would be a sword piercing her soul. In her sorrow, Mary stood at the foot of the Cross, dignified and fearless while others ran away. Today, we can look to her to accompany us in our

## Q & A How can I go to Confession after a long time away?

The Church encourages regular Confession (*Catechism of the Catholic Church*, 1458), but travel and changing routines can make good spiritual habits easy to neglect. If it has been a while, come home to Reconciliation. Like the father in the Parable of the Prodigal Son, God waits to welcome, forgive, and restore us.

**Prepare your heart:** An examination of conscience is more than listing failures. Consider where you have fallen short in loving God and your neighbor. Recognizing what sin has damaged helps begin the work of repair.

**The priest will help:** Feeling nervous is normal. The priest can guide you through the Sacrament, offer counsel, and help you receive God's mercy with confidence.

**Penance begins healing:** Penance helps repair the harm caused by our sin and directs us toward conversion and renewed faithfulness.

**Grace offers a new beginning:** Confession does more than forgive the past. Through absolution, we are reconciled with God and strengthened by grace to resist sin, grow in virtue, and begin again with greater freedom and hope.

### Our Mission

To provide practical ideas that promote faithful Catholic living.  
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