

PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST

JESUS FEEDS THE FIVE THOUSAND

MATTHEW 14:13-21

SUNDAY MASSES

Saturday: 5:00 PM Vigil at St. Alphonsus
5:00 PM Vigil at St. John
Sunday: 8:30 AM at St. John
9:00 AM at St. Alphonsus
10:30 AM at St. John
11:00 AM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
Thurs: 6:00 PM at St. Benedict
Fri: 9:00 AM at St. John
Sat: 8:00 AM at St. Alphonsus
(except 1st Sat: 9:00 AM at St. John)
School Masses (Sept-June): All are welcome!
Refer to This Week's Calendar, page 2.

RECONCILIATION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus
Thursday: 5:00 - 5:45 PM at St. Benedict
Saturday: 4:00-4:45 PM at St. Alphonsus
Sunday: 8:00 - 8:45 AM at St. Alphonsus
Sunday: 9:45 - 10:15 AM at St. John
By appointment: info@parishfamily14.org
First Friday Reconciliation and Adoration:
7:00-8:00 PM at St. Alphonsus



ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107
Website: <https://stalseattle.org>



ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103
Website: <https://parish.stbens.net>



ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103
Website: <https://stjohnsea.org>

Admin Office: 206-782-2810 | 206-770-6494 (Fax) | info@parishfamily14.org | 106 N 79th St, Seattle
Faith Formation Office: 206-632-0843 | faithformation@parishfamily14.org | 1805 N 49th St, Seattle



www.pf14.org



@parishfamily14

For pastoral emergencies, please call: 206-271-3543.

THIS WEEK'S CALENDAR

August 2, 2026

EIGHTEENTH SUNDAY IN ORDINARY TIME

Is 55:1-3/Rom 8:35, 37-39/Mt 14:13-21

	ST. ALPHONSUS		ST. BENEDICT		ST. JOHN	
August 2 EIGHTEENTH SUNDAY IN ORDINARY TIME	8 AM 9 AM	Reconciliation Mass	11 AM	Mass with CLOW (Livestream) Special collection for St. Martin de Porres	8:30 AM 9:30 AM 9:30 AM 9:45 AM 10:30 AM	Mass (Livestream) Lectio Divina SVdP Meeting - Portable 43 Reconciliation Mass SVdP Collection at both Masses 2 PM 7:30 PM
August 3 Monday	7 AM 7:30 AM 7 PM	Reconciliation Daily Mass RIP: Nora Rodriguez Men's Group - McGrath Rm	8:30 AM 7 PM	SMDP Sandwich Making Gospel Study via Zoom	12 PM	Funeral Mass for Sandra Gillis
August 4 Tuesday Saint John Vianney, Priest	7 AM 7:30 AM	Reconciliation Daily Mass INT: Anne Rose	7 PM	Young Adult Men's Group - St. Mary Room		
August 5 Wednesday <i>The Dedication of the Basilica of Saint Mary Major</i>	7 AM 7:30 AM	Reconciliation Daily Mass INT: Kate Quinones				
August 6 Thursday The Transfiguration of the Lord	7 AM 7:30 AM 10 AM	Reconciliation Daily Mass RIP: Dr. Robert Scripko Scripture Study	5 PM 6 PM 7 PM	Reconciliation Daily Mass INT: Tom Barrett Book Group - St. Mary Room		
August 7 Friday <i>Saint Sixtus II, Pope, and Companions, Martyrs; Saint Cajetan, Priest</i>	8:15 AM to 8 PM 7 PM	Adoration Chapel open Adoration/Reconciliation			9 AM	Daily Mass INT: Sandra Culo
August 8 Saturday Saint Dominic, Priest	8 AM 4 PM 5 PM	Daily Mass INT: Abraham Family & the souls in purgatory Reconciliation Vigil Mass	9:30 AM	Craft Group	5 PM	Vigil Mass (Livestream)
August 9 NINETEENTH SUNDAY IN ORDINARY TIME	8 AM 9 AM	Reconciliation Mass	11 AM 12 PM	Mass with CLOW (Livestream) Grief Support Group - St. Mary Room	8:30 AM 9:45 AM 10:30 AM 7:30 PM	Mass Reconciliation Mass with CLOW Faith Sharing Group via Zoom
	For livestream and recorded masses, click the links:		www.pf14.org/st-benedict-live-streaming www.facebook.com/stbenseattle		www.pf14.org/st-john-live-streaming	



Sign up to **get notified of mass cancellations** or mass time changes.
<https://bit.ly/PF14NotifyMe>



Subscribe to **weekly bulletin and e-newsletter**.
<https://bit.ly/PF14WeeklyBulletin>



Submit your **questions & feedback** about our Parish Family.
<https://bit.ly/PF14Queries>

PARISH FAMILY HIGHLIGHTS

WE DID IT! ALL THREE PARISHES OF PARISH FAMILY 14 HAVE MET THEIR 2026 ACA GOAL!

THANK YOU to all of our 372 (so far) PF14 families who have given this year-without your support we could not do this.



Annual Catholic Appeal

Now, everything that comes in going forward will go toward funding each Project:

- St. Alphonsus: Continue updating the Sound System in the Church
- St. Benedict: Refurbishing the Youth Room & the church kneelers
- St. John: Update the Church Indoor Lighting

It's not too late! If you have not yet given, please give here knowing your funds will make a difference in each Parish.



VISIT OUR NEW PARISH FAMILY WEBSITE!

www.pf14.org

Please note: The individual parish websites for St. Alphonsus, St. Benedict, and St. John will be retired in September. Going forward, www.pf14.org will serve as the primary website for our Parish Family.



Discover how Partners in the Gospel is shaping our Parish Family! Visit www.pf14.org/partners-in-the-gospel.

What's coming up? This September, we will host Listening Sessions focused on identifying the opportunities before us and the challenges we are called to address together as a Parish Family. Additional details and the schedule will be shared soon! Questions? Email our PLC: partners.info@parishfamily14.org

OPEN INVITATION TO OPEN CONVERSATIONS.



We'll gather each Wednesday evening for 11 weeks:

- September: 23, 30
- October: 7, 14, 21, 28
- November: 4, 11, 18, 25
- December: 2

REGISTER NOW!



What is ALPHA?

Alpha is a program that is built to empower you in your faith. After sharing a meal, we will have the opportunity to participate in guided small group conversations.

Who is it for?

ADULTS + YOUNG ADULTS + TEENS + KIDS OF ALL AGES

In addition to the main program, there is a teen group and childcare for kids 1-12!

UPCOMING EVENTS

INTRODUCTION TO THE LITURGY OF THE HOURS

August 10, 2026 | Monday | 7 PM
Wilson Room - St. Alphonsus Family Center

Come learn more about what the Catechism of the Catholic Church calls "the prayer of the whole People of God" (1175) and how it can sanctify each part of your day.

Members of the Men's Group will be giving a short presentation on the Liturgy of the Hours, also known as the "divine office."

All are welcome!

Celebrate the SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY

with an **Ice Cream Social** on August 15 at St. John Courtyard, following the 5:00 PM Vigil Mass.



All are welcome!

Please note that the 5:00 PM Vigil Mass at St. Alphonsus will be relocated to St. John on this day.

Help bring Christ's presence to our *homebound parishioners!*



Please join us for a **Training Session for Homebound Ministry!**

August 29, 2026 | Sat | 10:30 AM
McGrath Room - St. Alphonsus

Current ministers and those wishing to become ministers to the homebound are welcome!

Questions? Contact Lori in the Faith Formation Office at 206-634-0843 or faithformation@parishfamily14.org

For events happening throughout the Archdiocese of Seattle, please visit archseattle.org/eventslist.

SOCIAL JUSTICE COMMISSION

Sancta Vita

"No one is exempted from striving to ensure respect for the dignity of every person, especially the most frail and vulnerable, from the unborn to the elderly, from the sick to the unemployed, citizens and immigrants alike."

- Pope Leo XIV

St. Francis of Assisi Ministry

The Parish Family 14 Saint Francis of Assisi Ministry is rooted in Catholic faith and inspired by the spirit of St. Francis. They bring together individuals who care deeply about the sanctity of the Earth and all life God has created.

They meet monthly and their **next meeting is Sunday, August 2 at 2:00 PM in the St. John Parish Admin Bldg.** All are welcome.

More details about our group can be found at saintfrancisseattle.org.

Knights of Columbus

The Knights of Columbus is a global organization of Catholic men committed to the principles of charity, unity, fraternity, and patriotism. The local council supports the community through fundraising for local organizations, assisting with parish events, hosting pancake breakfasts, and holding regular meetings to plan and grow its outreach. For more info, contact the following:

St. Alphonsus: Louie Van Hollebeke - louiervh@gmail.com

St. John: Aaron Amort - aaronamort@gmail.com

Holy Name Society

St. Alphonsus' Holy Name Society is a men's group dedicated to honoring the name of Jesus Christ and promoting reverence for it. The Society participates in parish activities, like family breakfasts, events, and service projects. To join and for more information, please contact Karl Hoffman at 206-784-7152 or karl3hoffmann@gmail.com.



**Next Step Gala Registration Is Now Open
— Get Your Tickets Today!**

Date: Saturday September 19th, 2026
Time: Doors open at 5:30pm
Silent Auction 5:30pm - 6:30pm
Dinner and Program to follow!
Location: Holy Rosary Pastoral Center
630 7th. Avenue North
Edmonds, WA 98020

Register at: <https://nssupport.org/gala2026/>

GRIEF SUPPORT GROUP

AUGUST 9
12 PM | SUNDAY
ST. BENEDICT PARISH
CENTER - ST. MARY ROOM
No registration is required.

Note: An 8-week series will start October 4.

For questions, contact Maggie at margaretalquist1@gmail.com

St. Vincent de Paul Society

SVDP society assists the poor and needy within our parish boundaries through grocery, transportation and rent vouchers. Support by donating and volunteering with them. For more info, contact the following:

St. Alphonsus: Doug Martin - doug@martinenv.com

St. Benedict: Sherry Zane - svdp@stbens.net

St. John: Joyce Farrell - joycefarrello8@gmail.com

If you need assistance, please call Helpline Call Center at (206) 767-6449, M-F, 8 AM - 3 PM.



Join the next packing and sorting event!

August 5, 2026
Wed, 6- 8 PM

Note that all volunteers must register in advance (FLL recommends 5 days prior). If you don't have an FLL account (required), it usually takes 2-3 minutes to create the account.

Sign up now by scanning the QR code or contact Len Kannapell at kannapell@yahoo.com.



Crafting For A Cause

Crafting for a Cause Ministry brings together creative hands and generous hearts. Members knit, make rosaries, and create a variety of handcrafted items that are sold to raise funds. Proceeds support our parish, school and provide assistance to neighbors in need. Whether you're an experienced crafter or eager to learn, all are welcome to join. For more info, contact Flora Stratton at woeisme_2@hotmail.com.



Want to put your faith into action?

Our Social Justice Ministries need hearts and hands like yours. For more details, go to www.pf14.org/social-justice-ministry. Everyone is welcome!

FAITH FORMATION

SMALL FAITH SHARING GROUPS

Book Club

August 6, 7:00 PM | St. Benedict Book Group at St. Mary Room (upper level of Parish Center); In July, we have been reading *Today Will Be Different* by Maria Semple (local author). In August, we will be reading *James* by Percival Everett. To join, please contact Brenda at bjandmes@msn.com.

Young Adult Group

Catholic young adults (ages 21–35) are invited to join our Parish Family 14 Young Adult Group! Grow in faith and community with fellow young adults through Bible studies, monthly social events, and volunteer opportunities.



- The men's Bible study meets every Tuesday in the St. Mary Room at St. Benedict
- The women's Bible study currently meets every Monday.

Contact youngadultsp14@gmail.com to be connected.

ARE YOU INTERESTED IN FORMING A
YOUTH GROUP?



ANSWER THE SURVEY!
bit.ly/PF14YGSurvey

Children's Liturgy of the Word (Sunday School)

Children ages Preschool and older are invited to participate in Children's Liturgy of the Word, offered **most Sundays during the 10:30 AM Mass at St. John, and all Sundays at the 11:00 AM Mass of St. Benedict.**

If you are interested in volunteering or would like more information, please contact Daniel Pelfrey at dpelfrey@parishfamily14.org.



Looking to grow in faith and friendship? Check out the many Small Faith Sharing Groups across our Parish Family! Scan the QR code or go to www.pf14.org/small-groups.



Transfiguration



BEFORE HIS death, Jesus invited Peter, James, and John up a mountain. They witnessed his Transfiguration. As Moses and Elijah appeared to them, Jesus's face and clothing took on the bright illumination of glory.

The Gospel account is proclaimed at Mass twice each year. It is always the Gospel for the Second Sunday of Lent. There it offers a glimpse of glory to those approaching the enlightenment of Baptism, and those seeking cleansing from their sin. Coincidentally, the moon is full on a day near that Sunday each year.

On August 6, the Church hears the Gospel a second time. No one knows the date of Jesus' Transfiguration, but a chapel on the traditional site, Mount Tabor, may have been dedicated on this date in the fourth century. Many churches East and West observed that feast. In 1456, Christians won a victory over the Turks at Belgrade. News reached Rome on August 6, so Pope Callistus III extended the celebration of the Transfiguration of the Lord to the universal church.

The Preface at this Mass was composed after the Second Vatican Council. It focuses not just on what happened to Jesus, but what it means for the Church. The Body of Christ will one day share the glory of its Head. The same theme appears in the Preface for the Ascension. The one for August 6 says that the three apostles saw the Transfiguration so that "the scandal of the Cross might be removed" from their hearts. It reassured those tempted to doubt.

This day ranks as a Feast of the Lord. The lectionary contains three Scripture readings, which a bishops' conference may reduce to two on weekdays. When August 6 falls on a Sunday, all three readings and prayers replace those normally assigned this day in Ordinary Time.

Bulletin Inserts for the Liturgical Life of the Parish: The Liturgical Year © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.

For SACRAMENTAL PREPARATION,

please visit www.pf14.org or feel free to email us at faithformation@parishfamily14.org

- Infant Baptism
- First Holy Communion and Reconciliation
- Youth Confirmation
- Sacrament of Matrimony
- Funeral
- Order of Christian Initiation for Adults and Children
- Parish Advocates for Annulment

PRAYER & SCRIPTURE

LORD, HEAR OUR PRAYER...

Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Linda Amsden, Tom Barrett, Ken Brewster, Michael Eugene James Chiles & his surviving wife & family, Diane Crockett, Steven d'Amelio, Anne Fuller, Louise Gervais, Brian Gough, Rich Huntsman, Tom Jepson, Marcus McCannel, Jeffry Myers, Joel Ocampo, Jennifer and Jay Parrish, Patricia Patterson, Nina Pedersen, Bill Quackenbush, Kate Quinones, Kathryn Robinson, Lou Ayres Salumbides, Abby Simpson, Anita Stull, Scott Tom, Shannon Weiler, and Lillian Yamamoto. For those who have died, especially Nora Rodriguez and Sandra Gillis, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: The prayer list is updated every first week of the month.
To keep your request active, please resubmit it each month.
To request a prayer, please call the Faith Formation Office at 206-632-0843 or use the QR code or this link:
<https://bit.ly/PF14Prayer>.



FUNERAL ANNOUNCEMENT

Sandra Gillis - Monday, August 3, 12:00 PM
at St. John. Reception to follow in the Parish
Admin Building.

READINGS FOR SUNDAY, AUGUST 9 - Nineteenth Sunday in Ordinary Time

First Reading

1 Kings 19:9a, 11-13a

Elijah recognized God in the tiny whispering sound.

Psalm

Psalm 85

"Lord, let us see your kindness, and grant us your salvation."

Second Reading

Romans 9:1-5

Paul speaks the truth in Christ.

Gospel

Matthew 14:22-33

Jesus walks on the sea.

The divine presence may be heralded by loud and violent natural phenomena, but God is often found in quiet and gentle gestures. Amid fire and earthquakes, Elijah finds the LORD in a tiny whisper. During a raging storm, Peter hears Jesus tenderly inviting him to come to him. May today's readings remind us that we may have to strain to hear God's voice and we may even doubt the words we hear, but we should remain aware that at any time the Lord may be calling us.

PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

Week of July 26, 2026

St. Alphonsus Parish

MASS ATTENDANCE

Saturday, 5 PM	115
Sunday, 9 AM	206

PARISH COLLECTION

Mass Collection	\$ 6,767.00
Online Donations	\$ 3,913.85
Mailed-in	\$ 171.00

Total Collection \$ 10,851.85

Weekly Budget \$ 9,775.00

Over Weekly Budget \$ 1,076.85

Thank you so much for all your
support to St. Alphonsus Parish!

Set up your
recurring online
giving now!



St. Benedict Parish

MASS ATTENDANCE

Sunday, 11 AM	183
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PARISH COLLECTION

Mass Collection	\$ 778.00
Online Donations	\$ 4,111.52
Mailed-in	\$ 105.00

Total Collection \$ 4,994.52

Weekly Budget \$ 6,212.00

Under Weekly Budget \$ 1,217.48

Thank you so much for all your
support to St. Benedict Parish!

Set up your
recurring online
giving now!



St. John Parish

MASS ATTENDANCE

Saturday, 5 PM	85
Sunday, 8:30 AM	142
Sunday, 10:30 AM	132

PARISH COLLECTION

Mass Collection	\$ 3,972.00
Online Donations	\$ 6,961.35
Mailed-in	\$ 2,558.00

Total Collection \$ 13,491.35

Weekly Budget \$ 17,294.00

Under Weekly Budget \$ 3,802.65

Thank you so much for all
your support to St. John Parish!

Set up your recurring
online giving now!

<https://bit.ly/PushpaySJ>



PARISH FAMILY STAFF

Pastor

Fr. Colin Parrish
pastor@parishfamily14.org
<https://linktr.ee/frparrish>

Parochial Vicar

Fr. Paul Nkolombidzo
fr.nkolombidzo@parishfamily14.org

PARISH FAMILY ADMIN/OPERATIONS TEAM

(Location: St. John Admin Building; Main Line: 206-782-2810)

Director of Operations

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PARISH FAMILY FAITH FORMATION TEAM

(Location: St. Benedict Parish Center; Main Line: 206-632-0843 ext 6005)

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Music Director - St. John

Kate Reinhard - St. John
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St. Alphonsus Facilities Supervisor

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St. John Facilities Supervisor

Beatriz Palomo
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