

PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST

**“THE KINGDOM OF HEAVEN
IS LIKE TREASURE HIDDEN
IN A FIELD.”**

MATTHEW 13:24-43

SUNDAY MASSES

Saturday: 5:00 PM Vigil at St. Alphonsus
5:00 PM Vigil at St. John

Sunday: 8:30 AM at St. John
9:00 AM at St. Alphonsus
10:30 AM at St. John
11:00 AM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
Thurs: 6:00 PM at St. Benedict

Fri: 9:00 AM at St. John

Sat: 8:00 AM at St. Alphonsus

(except 1st Sat: 9:00 AM at St. John)

School Masses (Sept-June): All are welcome!

Refer to This Week's Calendar, page 2.

RECONCILIATION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus

Thursday: 5:00 - 5:45 PM at St. Benedict

Saturday: 4:00-4:45 PM at St. Alphonsus

Sunday: 8:00 - 8:45 AM at St. Alphonsus

Sunday: 9:45 - 10:15 AM at St. John

By appointment: info@parishfamily14.org

First Friday Reconciliation and Adoration:

7:00-8:00 PM at St. Alphonsus



ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107

Website: <https://stalseattle.org>



ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103

Website: <https://parish.stbens.net>



ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103

Website: <https://stjohnsea.org>

Parish Family Admin Office: 206-782-2810 | 206-770-6494 (Fax) | info@parishfamily14.org | 106 N 79th St, Seattle
Parish Family Faith Formation Office: 206-632-0843 ext 6005 | lcorcero@parishfamily14.org | 1805 N 49th St, Seattle



www.pf14.org



@parishfamily14

For pastoral emergencies, please call: 206-271-3543.

THIS WEEK'S CALENDAR

July 26, 2026

SEVENTEENTH SUNDAY IN ORDINARY TIME

1 Kgs 3:5, 7-12/Rom 8:28-30/Mt 13:44-52 or 13:44-46

	ST. ALPHONSUS		ST. BENEDICT		ST. JOHN	
July 26 SEVENTEENTH SUNDAY IN ORDINARY TIME	8 AM 9 AM	Reconciliation Mass	11 AM 12 PM	Mass with CLOW (Livestream) No Coffee & Donuts today	8:30 AM 9:45 AM 10:30 AM 5:30 PM 7:30 PM	Mass Reconciliation Mass with CLOW Coffee & Donuts after both Masses Book Club - Parish Admin Bldg Faith Sharing Group via Zoom
July 27 Monday	7 AM 7:30 AM 7 PM	Reconciliation Daily Mass RIP: Neil Memales Men's Group - McGrath Rm	7 PM 7 PM	Gospel Study via Zoom Young Adult Women's Group - St. Mary Room		
July 28 Tuesday	7 AM 7:30 AM 6:30 PM	Reconciliation Daily Mass RIP: Judy Bouse Women's Group - McGrath Room	7 PM	Young Adult Men's Group - St. Mary Room		
July 29 Wednesday Saints Martha, Mary, and Lazarus	7 AM 7:30 AM	Reconciliation Daily Mass RIP: Nora Rodriguez				
July 30 Thursday <i>Saint Peter Chrysologus, Bishop and Doctor of the Church</i>	7 AM 7:30 AM 10 AM	Reconciliation Daily Mass RIP: Steve Bryan Scripture Study	5 PM 6 PM	Reconciliation Daily Mass INT: Special intentions and thanksgiving of the Marcelo Family		
July 31 Friday Saint Ignatius of Loyola, Priest	8:15 AM to 8 PM	Adoration Chapel open	11 AM	Funeral Mass for Garland Davis	9 AM	Daily Mass RIP: Ginger Huson
August 1 Saturday Saint Alphonsus Liguori, Bishop and Doctor of the Church	4 PM 5 PM	Reconciliation Vigil Mass			9 AM 5 PM	1 st Saturday Mass INT: Roshan Russnak Vigil Mass - RELOCATED to St. Alphonsus
August 2 EIGHTEENTH SUNDAY IN ORDINARY TIME	8 AM 9 AM	Reconciliation Mass	11 AM	Mass with CLOW (Livestream) Special collection for St. Martin de Porres	8:30 AM 9:30 AM 9:30 AM 9:45 AM 10:30 AM 2 PM 7:30 PM	Mass (Livestream) Lectio Divina SVdP Meeting - Portable 43 Reconciliation Mass SVdP Collection after both Masses St. Francis of Assisi - Parish Admin Building Faith Sharing Group via Zoom
	For livestream and recorded masses, click the links:		www.pf14.org/st-benedict-live-streaming www.facebook.com/stbenseattle		www.pf14.org/st-john-live-streaming	



Sign up to **get notified of mass cancellations** or mass time changes.
<https://bit.ly/PF14NotifyMe>



Subscribe to **weekly bulletin and e-newsletter**.
<https://bit.ly/PF14WeeklyBulletin>



Submit your **questions & feedback** about our Parish Family.
<https://bit.ly/PF14Queries>

PARISH FAMILY HIGHLIGHTS

BEWARE OF SCAMS!

We have recently received reports that some parishioners have been targeted or victimized by scammers.



Please be cautious of fraudulent texts or emails claiming to be from Fr. Parrish or any Parish Family staff.

Fr. Parrish and our staff will never ask you to purchase gift cards, send money, or provide personal information by text or email. These messages are scams.

If you receive a suspicious message, please do not respond or click any links. Call the Parish Office at 206-782-2810.

WELCOME TO OUR NEW ST. BENEDICT RECTORY RESIDENTS!

We warmly welcome the Seattle University Catholic Schools Teacher Corps (CSTC) teachers who will be living at the St. Benedict Rectory.

We are delighted to have you as part of our parish community and wish you a wonderful year ahead!



WANT THE LATEST NEWS FROM OUR PARISH FAMILY? LOOKING FOR A SMALL GROUP OR VOLUNTEER OPPORTUNITY?

Visit our new Parish Family website!

www.pf14.org

Whether you're a longtime parishioner, new to our community, or just exploring the Catholic faith, we hope this website helps you stay informed, get involved, and feel at home. We invite you to visit often and grow with us as one Parish Family.

Please note: The individual parish websites for St. Alphonsus, St. Benedict, and St. John will be retired in September. Going forward, www.pf14.org will serve as the primary website for our Parish Family.



TWO YEARS OF BLESSINGS, ONE PARISH FAMILY

Discover how Partners in the Gospel is shaping our Parish Family! Visit www.pf14.org/partners-in-the-gospel.

What's coming up?

This September, we will host Listening Sessions focused on identifying the opportunities before us and the challenges we are called to address together as a Parish Family. Additional details and the schedule will be shared soon. We encourage everyone to participate and lend their voice to these important conversations. We hope to see you there!



Questions? Email our PLC: partners.info@parishfamily14.org

OPEN INVITATION TO OPEN CONVERSATIONS.

have faith?", "How do I make the most of the rest of my life?", and "Does God Heal Today?". If you haven't had a conversation like this before, or you do not know where to turn, Alpha is for you. Alpha is NOT a bible study, a deep dive into church teaching, or a presentation on one certain way to do things. It IS a space to share your experience, and learn from others in your community, right now.

Who is it for?

ADULTS + YOUNG ADULTS + TEENS + KIDS OF ALL AGES

Do you have a desire to live more like Jesus but don't know where to start? Are you searching for a community? Don't have anyone to talk to about life's bigger questions? Catholic curious?

Whether you're a long time parishioner, or wondering where the Church can possibly fit into your busy life, everyone has a place at the Alpha table here in our parish family.

In addition to the main program, there is a **teen group** and **childcare for kids 1-12!**

When is it?

Wednesday nights starting on September 23rd!
Mark your calendars today for this 11-week program!
Sept 23, 30; Oct 7, 14, 21, 28;
November 4, 11, 18, 25; December 2

For more info, visit www.pf14.org/alpha-course or contact Claire Shea at cshea@parishfamily14.org.

What is ALPHA?

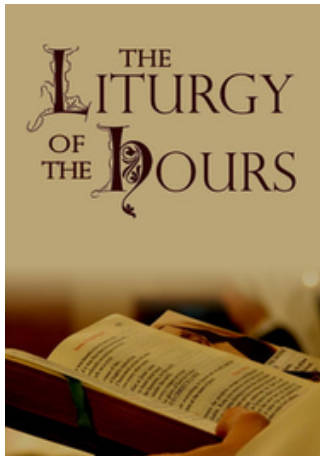
Alpha is a program that is built to empower you in your faith. After sharing a meal, we will have the opportunity to participate in guided small group conversations on topics like, "How can I



REGISTER NOW!



UPCOMING EVENT



INTRODUCTION TO THE LITURGY OF THE HOURS

Monday, August 10, 7 PM in the Wilson Room of the St. Alphonsus Family Center

After 50 years, a new edition of the Liturgy of the Hours will be published in time for Lent 2027.

Have you heard about the Liturgy of the Hours, but thought it was just for clergy and religious? Have you wanted to start praying it, but just didn't know where to start? Come learn more about what the Catechism of the Catholic Church calls "the prayer of the whole People of God" (1175) and how it can sanctify each part of your day.

Members of the Men's Group will be giving a short presentation on the Liturgy of the Hours, also known as the "divine office."

All are welcome!

SOCIAL JUSTICE COMMISSION

Sancta Vita

Sancta Vita is requesting your help in providing two gift baskets for baby's first year to the Next Step Gala Auction.

Please consider bringing infant necessities or a toy or book appropriate for an infant to one year old. Gift cards to Fred Meyer, Target or Amazon are also useful.

Items may be placed in the basket in St. Alphonsus vestibule or dropped by the Faith Formation Office at St. Benedict Parish Center. All items are needed by August 2.

Please pray for Pope Leo XIV's intention for July: Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God. Pray that every human being from the first instant of existence to the final breath of their journey on earth might be welcomed, protected, and respected.

Hunger Project

St. Benedict collects food donations that are sent to the Family Works Food Bank every month. Donations may be placed using the "blue bags" provided at the box in the vestibule or brought over to the Parish Office. For more info, contact Len Kannapel at kannapel@yahoo.com.



**Next Step Gala Registration Is Now Open
— Get Your Tickets Today!**

Date: Saturday September 19th, 2026
Time: Doors open at 5:30pm
Silent Auction 5:30pm - 6:30pm
Dinner and Program to follow!
Location: Holy Rosary Pastoral Center
630 7th. Avenue North
Edmonds, WA 98020

Register at: <https://nssupport.org/gala2026/>



Join the next packing
and sorting event!

**August 5, 2026
Wed, 6- 8 PM**



Note that all volunteers must register in advance (FLL recommends 5 days prior). If you don't have an FLL account (required), it usually takes 2-3 minutes to create the account.

Sign up now by scanning the QR code or contact Len Kannapel at kannapel@yahoo.com.

GRIEF SUPPORT GROUP

AUGUST 9

12 PM | SUNDAY

**ST. BENEDICT PARISH
CENTER - ST. MARY ROOM**
No registration is required.

Note: An 8-week series will
start October 4.

For questions, contact Maggie at
margaretalquist1@gmail.com

Want to put your faith into action?

Our Social Justice Ministries need hearts and hands like yours. For more details, go to www.pf14.org/social-justice-ministry. Everyone is welcome!

FAITH FORMATION

SMALL FAITH SHARING GROUPS

Book Club

July 26, 5:30 PM | St. John Book Club at St. John Parish Admin Bldg; If you have not started the book, there is still time to catch up and join us. We are on part 2 of *The Brothers Karamazov*, Books 4-6. We are reading 4 different translations: Michael Katz (intense and readable), Pevear & Volokhonsky (fidelity to the original Russian, but can be challenging), Constance Garnett (the most famous, old-fashioned, and free online), and Ignat Avsey (accessible and poetic, but draws mixed reviews from scholars). Please email diana.gruszczynski@outlook.com if you would like to join us.

August 6, 7:00 PM | St. Benedict Book Group at St. Mary Room (upper level of Parish Center); In July, we have been reading *Today Will Be Different* by Maria Semple (local author). In August, we will be reading *James* by Percival Everett. To join, please contact Brenda at bjandmes@msn.com.

Women's Group
Faith Sharing Potluck
July 28, 6:30 PM | St. Alphonsus McGrath

Join us for a social, faith-sharing potluck (no formal agenda). Bring a dish to pass and connect with other women in the parish family. Last name A-M bring savory or items, Last name N-Z bring sweet items.
No RSVP needed. Questions? Contact olivia@raesegroup.com.

ARE YOU INTERESTED IN FORMING A
YOUTH GROUP?

 **ANSWER THE SURVEY!**
bit.ly/PF14YGSurvey

Looking to grow in faith and friendship? Check out the many Small Faith Sharing Groups across our Parish Family! Scan the QR code or go to www.pf14.org/small-groups.

Saint Alphonsus Liguori

Feast Day: August 1

Canonized: May 26, 1839

Beatified: September 15, 1816



Alphonsus was what we call a “gifted” student today. He was a lawyer by the time he was 16 years old! He came from a wealthy family in Naples, Italy, and had every advantage in life from the moment he was born in 1696. But his parents were spiritually devoted people, and Alphonsus was taught that the greatest blessing he had been given was his faith. He prayed often and attended Mass even on days when he was appearing in court.

Alphonsus found that he was not happy with his life. He sought to understand God’s will for him and finally realized he was being called to the life of a priest. He studied theology and was ordained when he was 29.

Alphonsus became famous for his preaching. He spoke so that everyone in church—even people who had never gone to school—could understand his message. He gave retreats for the poor and he encouraged people to pray more often. He founded an order of priests called the Redemptorists. These men were devoted to serving the average working family and peasants.

Even though he was such a busy priest, Alphonsus took time to write books and hymns. He also worked to correct a false teaching of his day known as Jansenism that said that people were too sinful to be worthy of receiving Jesus’ Body and Blood in the Eucharist. Alphonsus taught that receiving Communion helped us to overcome our sins and to become more holy.

He suffered from physical afflictions that left him in great pain in his later life, and he died at the age of 91. Alphonsus was canonized a saint in 1839 and in 1871 was named a Doctor of the Church—a person who made an important contribution to the Church by helping us to understand what it means to be Catholic.

Resource: <http://www.saintsresource.com/alphonsus-liguori>

For **SACRAMENTAL PREPARATION**, please visit www.pf14.org or feel free to contact us!
Baptism, First Holy Communion and Reconciliation, Youth Confirmation, Sacrament of Matrimony and Funerals
- Julia Rudden at jrudden@parishfamily14.org
Order of Christian Initiation for Adults and Children - Claire Shea at cshea@parishfamily14.org
Parish Advocates for Annulment - annulment@stjohnsea.org

PRAYER & SCRIPTURE

LORD, HEAR OUR PRAYER...

Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Ken Brewster, Michael Eugene James Chiles & his surviving wife & family, Steven d'Amelio, Anne Fuller, Louise Gervais, Brian Gough, Rich Huntsman, Tom Jepson, Marcus McCannel, Jeffry Myers, Joel Ocampo, Jennifer and Jay Parrish, Patricia Patterson, Nina Pedersen, Bill Quackenbush, Kate Quinones, Kathryn Robinson, Lou Ayres Salumbides, Abby Simpson, Anita Stull, Scott Tom, and Lillian Yamamoto. For those who have died, especially Garland Davis and Nora Rodriguez, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: The prayer list is updated every first week of the month. To keep your request active, please resubmit it each month. To request a prayer, please call the Faith Formation Office at 206-632-0843 or use the QR code or this link: <https://bit.ly/PF14Prayer>.



FUNERAL ANNOUNCEMENT

Garland Davis - Fri, July 31, 11:00 AM at St. Benedict. Reception to follow in the Wilson Room at St. Alphonsus.

READINGS FOR SUNDAY, AUGUST 2 - Eighteenth Sunday in Ordinary Time

First Reading

Come to the Lord.

Isaiah 55:1-3

"The hand of the Lord feeds us," we sing in the responsorial psalm, which serves as an appropriate bridge between the first reading and the Gospel.

Psalm

"The hand of the Lord feeds us; he answers all our needs."

Psalm 145

Through Isaiah, God invites everyone to come eat

Second Reading

Nothing can separate us from God's love.

Romans 8:35, 37-39

and drink their fill. In the Gospel, Jesus feeds thousands with but five loaves and two fish. In between, Saint Paul boasts that nothing can separate us from the love of our extravagantly generous God.

Gospel

The people ate and were satisfied.

Matthew 14:13-21

Before we come to share in Christ's body at the eucharistic table, let us feast on God's word.

PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

Week of July 19, 2026

St. Alphonsus Parish

MASS ATTENDANCE

Saturday, 5 PM	88
Sunday, 9 AM	200

PARISH COLLECTION

Mass Collection	\$ 3,130.00
Online Donations	\$ 4,538.75
Mailed-in	\$ 2,128.95
Total Collection	\$ 9,797.70
Weekly Budget	\$ 9,775.00
Over Weekly Budget	\$ 22.70

Thank you so much for all your support to St. Alphonsus Parish!

Set up your recurring online giving now!



St. Benedict Parish

MASS ATTENDANCE

Sunday, 11 AM	129
---------------	-----

PARISH COLLECTION

Mass Collection	\$ 984.00
Online Donations	\$ 5,008.51
Mailed-in	\$ 10,070.00
Total Collection	\$ 16,062.51
Weekly Budget	\$ 6,212.00
Over Weekly Budget	\$ 9,850.51

Thank you so much for all your support to St. Benedict Parish!

Set up your recurring online giving now!



St. John Parish

MASS ATTENDANCE

Saturday, 5 PM	84
Sunday, 8:30 AM	146
Sunday, 10:30 AM	130

PARISH COLLECTION

Mass Collection	\$ 1,999.00
Online Donations	\$ 9,114.46
Mailed-in	\$ 2,321.00
Total Collection	\$ 13,434.46
Weekly Budget	\$ 17,294.00
Under Weekly Budget	\$ 3,859.54

Thank you so much for all your support to St. John Parish!

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>



PARISH FAMILY STAFF

Pastor

Fr. Colin Parrish
pastor@parishfamily14.org
<https://linktr.ee/frparrish>

Parochial Vicar

Fr. Paul Nkolombidzo
fr.nkolombidzo@parishfamily14.org

PARISH FAMILY ADMIN/OPERATIONS TEAM

(Location: St. John Admin Building; Main Line: 206-782-2810)

Director of Operations

Dani D'Amelio
ddamelio@parishfamily14.org
ext 314

Director of Development

Teresa Gillett
tgillett@parishfamily14.org
ext 355

Pastoral Assistant for Administration

Mary Wiseman
mwiseman@parishfamily14.org
ext 313

Bookkeeper St. Al/St. Ben

Michelle Knott
m.knott@parishfamily14.org
ext 308

Director of Communications

Racquel Servito
r.servito@parishfamily14.org

Administrative Assistant

Sheila Marty
smarty@parishfamily14.org
ext 358

Receptionist/Admin Assistant

HongPhuc Nguyen
hpnghuyen@parishfamily14.org
ext 300

PARISH FAMILY FAITH FORMATION TEAM

(Location: St. Benedict Parish Center; Main Line: 206-632-0843 ext 6005)

Executive Assistant

Lori Corcoro
lcorcoro@parishfamily14.org
ext 6004

Evangelization Coordinator

Claire Shea
cshea@parishfamily14.org
ext 6003

Liturgy Coordinator

Daniel Pelfrey
dpelfrey@parishfamily14.org
ext 6006

Music Director - St. Al/St. Ben

Andrew Koch
akoch@parishfamily14.org
ext 6007

Sacramental Coordinator

Julia Rudden
jrudden@parishfamily14.org
ext 6008

Music Director - St. John

Kate Reinhard - St. John
kreinhard@parishfamily14.org

ON-SITE MAINTENANCE STAFF

St. Benedict Site Manager

Anita Hardwick
ahardwick@parishfamily14.org
206-632-0843 ext. 6009

St. Alphonsus Facilities Supervisor

John Skaar
facilities@stalseattle.org

St. John Facilities Supervisor

Beatriz Palomo
bpalomo@stjohnsea.org

PARISH FAMILY PASTORAL LEADERSHIP COUNCIL

partners.info@parishfamily14.org

Mary Pat O'Leary, St Alphonsus
marypattyostb@gmail.com

Michael Corcoro, St Alphonsus
mcorcoro@gmail.com

Olivia Raese, St Alphonsus
olivia@raesegroup.com

Brian Beach, St. Benedict -
brianebeach@gmail.com

Nausica Zorzi, St. Benedict -
nausicazorziseattle@gmail.com

Philip Orquia, St. Benedict -
porquia@gmail.com

Joe Sullivan, St. John -
joe.sullivan1020@gmail.com

Olga Sala Torra, St. John -
salatorra@yahoo.com

Teresa Lombardi, St. John -
tressa.lombardi@hotmail.com

Never miss our bulletin!

Get this bulletin delivered straight to your inbox every week.

Scan to subscribe on parishesonline.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider | SafeStreets | 833-287-3502

We're Hiring Ad Sales Executives

- Paid Training
- Full-time with Benefits

Visit www.lpicommunities.com/careers

NORTHWEST HEARING • TINNITUS

USE YOUR HEARING BENEFITS BEFORE THEY EXPIRE

Hearing Tests • Hearing Aids
Tinnitus Treatments
Hyperacusis • Balance Testing
Ear molds & Earplugs
Workers Comp Program

SEATTLE (206) 752-5601
BREMERTON (360) 373-1250
OLYMPIA (360) 754-0305
GIG HARBOR (253) 514-8224

northwestaudiology.com

Little space. Big impact.

Advertise here
Call 800-950-9952

Does your organization need a newsletter?

We'll cover the printing costs!

Learn more at lpicommunities.com



Advertise in Our Church Bulletin!

Contact Julie Blissett
jblissett@4LPi.com
(800) 950-9952 x2156



Let Go.
Let God.

JENSEN
ESTATE LAW
Wills • Trusts • Probates • Trust Ad-
ministrations • LLCs • Tax Planning •
Advanced Estate Planning
(206) 547-1412 • JensenEstateLaw.com

Ballard Blossom, Inc.
A Northwest Tradition Since 1927
206-782-4213

Columbia Funeral Home
Serving Catholic Families
(206) 722-1100
columbiainfuneralhome.com

Kaufers
Religious Supplies
CHURCH SUPPLIES & FURNISHINGS
CANDLES • BOOKS • BIBLES
RELIGIOUS GIFTS & DECOR
STATUARY • JEWELRY • ROSARIES
SACRAMENTAL & SEASONAL ITEMS
5201 4th Avenue South
Seattle, WA 98108
(206) 622-3100
kaufers.shop

FREMONT Dock Co.
A Real Estate Company Since 1947
LAKE WASHINGTON
3500 1st Ave NW
Seattle, WA 98107
206-632-0124
Fax 206-632-1081
office@fremontdockco.com
FremontDockCo.com

Michael Osterfeld
VICE PRESIDENT
CELL 206-793-1957

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider | **SafeStreets**
833-287-3502

"People Helping People"
Integrity • Teamwork
Excellence
(206) 789-4944
www.boboates.com

BOB OATES
PLUMBING, SEWER & ROOFER

EST. 2011
RS ROOFSMART
★ Nailed it! ★
Catholic Owned Business
206-487-4877

FREMONT STUDIOS
Located Fremont Art District on Ship Canal
Media Production
Robust Camera Facilities
Special Events • Audience Rated Soundstages
206-838-9080 | FremontStudios.com

KEMLY ELECTRIC
Service & Repair
206-782-1670
kemlyelectric.com
Call for Senior & Parishioner Discount!

BEN STIGLER
206-512-0525
benstigler@windermere.com

ROGER MORRIS
206-595-7700
rogermorris@windermere.com

Windermere
REAL ESTATE

THREE MOUNTAIN SERVICES
Bookkeeping that gives you back your time.
Andrea DosSantos • 206-437-0200
threemountainseattle@outlook.com
Accepting new clients in May

GA SEATTLE GYMNASTICS ACADEMY
CLASSES, DROP-IN PLAY & MORE!
FOR KIDS OF ALL AGES!
LOCATIONS IN BALLARD, LAKE CITY, COLUMBIA CITY, BURien AND MILL CREEK
SEATTLEGYMNASTICS.COM

North Seattle Carpet Cleaning, LLC
425-671-1200

Advertise Here!
Engage with consumers in your neighborhood.

Let Go.
Let God.

High Quality Residential Carpet and Upholstery Cleaning
www.northseattlecarpetcleaning.com
matt@northseattlecarpetcleaning.com

FISCHER PLUMBING
*100,000 Satisfied Customers
206-783-4129
425-455-1310
"The Plumber People Recommend"
40 Years of Integrity and Skill
www.fischerplumbing.com

Odyssey PLUMBING
206-317-4728
Residential & Commercial

Visiting Angels
LIVING ASSISTANCE SERVICES
We offer home care services to help your loved one remain comfortable at home.
425.282.5505 | Serving King County
Each Visiting Angels agency is independently owned and operated
*2024 Visiting Angels is a registered trademark of Living Assistance Service, Inc.

Support Our Advertisers!

FISCHER Heating and Air
Service & New Efficient Systems
206-783-1190
425-974-1003
Guaranteed Work!
"Ask your neighbor!"
40 Years of Integrity & Skill
www.fischerheating.com