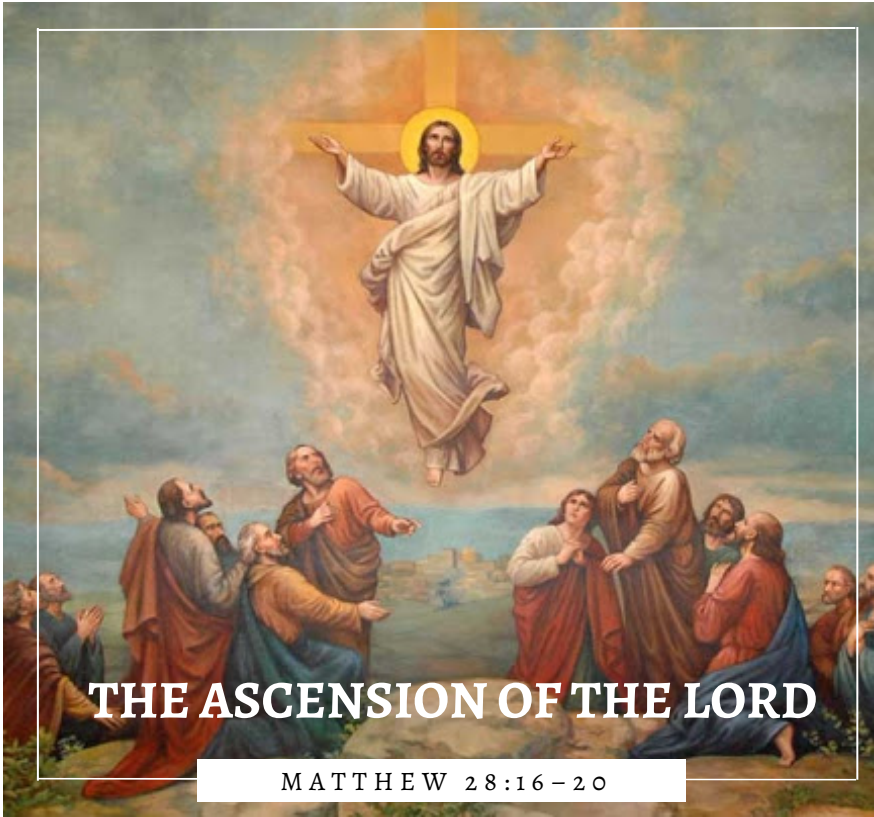


PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST



SUNDAY MASSES

Saturday: 5:00 PM Vigil at St. Alphonsus
 5:00 PM Vigil at St. John
 Sunday: 8:30 AM at St. John
 9:00 AM at St. Alphonsus
 10:30 AM at St. John
 11:00 AM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
 Thurs: 6:00 PM at St. Benedict
 Fri: 9:00 AM at St. John
 Sat: 8:00 AM at St. Alphonsus
 (except 1st Sat: 9:00 AM at St. John)
School Masses (Sept-June): All are welcome!
Refer to This Week's Calendar, page 2.

CONFESSION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus
 Thursday: 5:00 - 5:45 PM at St. Benedict
 Saturday: 4:00-4:45 PM at St. Alphonsus
 Sunday: 8:00 - 8:45 AM at St. Alphonsus
 Sunday: 9:45 - 10:15 AM at St. John
 By appointment: info@parishfamily14.org
 First Friday Confession and Adoration:
 7:00-8:00 PM at St. Alphonsus



ST. ALPHONSUS PARISH
 5816 15th Ave NW, Seattle, WA 98107
 Website: <https://stalseattle.org>





ST. BENEDICT PARISH
 1805 N 49th St, Seattle, WA 98103
 Website: <https://parish.stbens.net>



ST. JOHN THE EVANGELIST PARISH
 106 N 79th St, Seattle, WA 98103
 Website: <https://stjohnsea.org>

Parish Family Admin Office: 206-782-2810 | 206-770-6494 (Fax) | info@parishfamily14.org | 106 N 79th St, Seattle
 Parish Family Faith Formation Office: 206-632-0843 ext 6005 | lcorcoro@parishfamily14.org | 1805 N 49th St, Seattle

  @parishfamily14

For pastoral emergencies, please call: 206-271-3543.

THIS WEEK'S CALENDAR

May 17, 2026

THE ASCENSION OF THE LORD

Acts 1:1-11/Eph 1:17-23/Mt 28:16-20

	ST. ALPHONSUS		ST. BENEDICT		ST. JOHN	
May 17 THE ASCENSION OF THE LORD	8 AM 9 AM 10 AM	Confession Mass with First Holy Communion Coffee & Donuts	11 AM 12 PM	Youth Mass with CLOW (Livestream) Social Hour Special collection for St. Vincent de Paul	8:30 AM 9:30 AM 9:45 AM 10:30 AM	Mass SVdP Mtg - Parish Admin Bldg Confession Mass with CLOW SVdP Collection at both Masses Pancake Breakfast after both Masses
May 18 Monday <i>Saint John I, Pope and Martyr</i>	7 AM 7:30 AM 7 PM	Confession Daily Mass INT: Ann Madsen Men's Group - McGrath Rm	8:30 AM 7 PM	SMdP Sandwich Making Gospel Study via Zoom		7:30 PM Faith Sharing Group via Zoom
May 19 Tuesday	7 AM 7:30 AM	Confession Daily Mass RIP: Andy Klatt	7 PM	Extraordinary Ministers of Holy Communion training		
May 20 Wednesday <i>Saint Bernardine of Siena, Priest</i>	7 AM 7:30 AM 8:45 AM	Confession Daily Mass INT: The Klatt Family School Mass				
May 21 Thursday <i>Saint Christopher Magallanes, Priest, and Companions, Martyrs</i>	7 AM 7:30 AM 10 AM 6 PM	Confession Daily Mass INT: Rich Huntsman Scripture Study Grounded in Grace - Family Center	9 AM 5 PM 6 PM	School Mass Confession Daily Mass RIP: Lilia Salangad	3 PM	Family Adoration
May 22 Friday <i>Saint Rita of Cascia, Religious</i>	8:15 AM to 8 PM	Adoration Chapel open			9 AM	School Mass RIP: Heriberto Torres
May 23 Saturday	8 AM 4 PM 5 PM	Daily Mass RIP: Nicole Passanante & for the Haultain Family Confession CANCELLED Vigil Mass transferred to St. John	9:30 AM	Craft Group	3:45 PM 5 PM 6 PM	Confession Pentecost Vigil Mass with Baptisms (Livestream) Data Night - Egan Hall
May 24 PENTECOST SUNDAY	8 AM 9 AM 10 AM	Confession Mass No Coffee & Donuts	11 AM 12 PM	Mass with CLOW (Livestream) No Coffee & Donuts	8:30 AM 9:30 AM 9:45 AM 10:30 AM	Mass Lectio Divina Confession Mass with CLOW No Coffee & Donuts after Masses
		For livestream and recorded masses, click the links:	https://parish.stbens.net www.facebook.com/stbenseattle		www.stjohnsea.org/live-stream-masses	



Sign up to **get notified of mass cancellations** or mass time changes.
<https://bit.ly/PF14NotifyMe>



Subscribe to **weekly bulletin and e-newsletter**.
<https://bit.ly/PF14WeeklyBulletin>



Submit your **questions & feedback** about our Parish Family.
<https://bit.ly/PF14Queries>

PARISH FAMILY HIGHLIGHTS

DISCOVERING OUR PARISH FAMILY TOGETHER: DATA SNAPSHOT



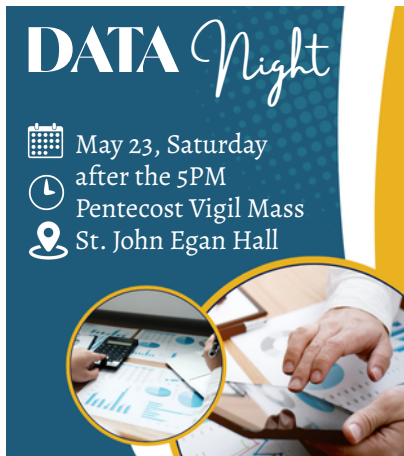
As part of our Partners in the Gospel journey, we are sharing a Parish Family “Data Snapshot” with all of you. Visit here to view: bit.ly/PF14DataSnapshot.

It includes key information about our pastoral area, demographics, and parish resources to help guide our upcoming listening sessions as we prayerfully discern the opportunities and challenges ahead.

We also invite you to join us for a “Data Night” on **May 23, Saturday, after the 5PM Pentecost Vigil Mass, at St. John Egan Hall.**

Together, we will review our Parish Family Data Snapshot to better understand where we are as a Parish Family, celebrate our strengths, recognize opportunities for growth, and ask questions in an open and welcoming setting.

We hope you can join us as we continue this journey together in prayer, discernment, and hope.

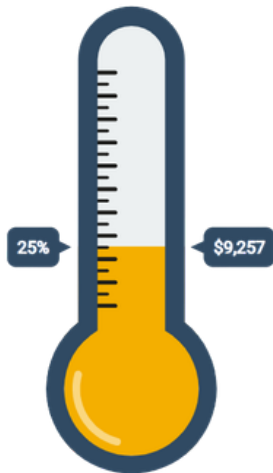


GIVE TO ACA NOW!

Every gift, no matter the size, brings us closer to our goal and strengthens the impact we can make together.

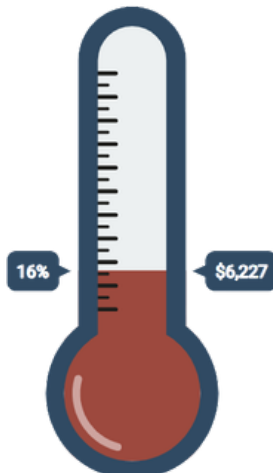
Our progress as of May 8, 2026:

St. Alphonsus
Goal: \$36,396



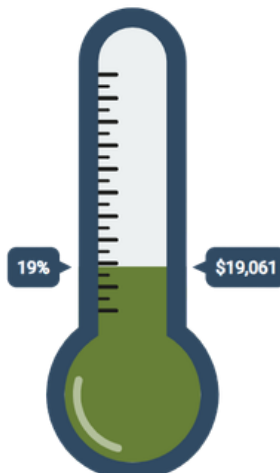
Rebate project:
Continued improvement of our sound system

St. Benedict
Goal: \$38,016



Rebate project:
Refurbishment of our monstrance

St. John
Goal: \$101,536



Rebate project:
Repair and upgrade of interior church lighting

Make your ACA gift today!

Archseattle.org/GiveACA
800-809-4921



CONSECRATION OF THE U.S. TO THE SACRED HEART OF JESUS

As part of the celebration of the 250th anniversary of the signing of the Declaration of Independence, the U.S. bishops—including Archbishop Paul D. Etienne—will consecrate the United States of America to the Sacred Heart of Jesus. The consecration will be held on Thursday, June 11 which is the day before the Solemnity of the Most Sacred Heart of Jesus on June 12.

Watch the livestream on Thursday, June 11, at 1 pm Pacific Time on the USCCB's YouTube channel, youtube.com/usccb.

“By celebrating this important national anniversary with this devotion, we have the opportunity to encourage all Catholics to honor our Lord and to “infuse the spirit of the Gospel into various communities and departments of life.” –Archbishop Alexander K. Sample, Chairman of the Committee for Religious Liberty, USCCB

ST. BENEDICT'S CHURCH STEWARDS MINISTRY

Parishioners of all ages are invited to join the Church Stewards Ministry, especially parents of students looking to complete volunteer hours.

The ministry roles include:

- Cleaning and tidying the church, narthex, and gathering spaces
- Dusting pews, windowsills, and devotional areas
- Vacuuming or sweeping common areas
- Assisting with seasonal deep cleaning and special parish needs

Sign up now! bit.ly/StBenChurchStewards

UPCOMING EVENTS

Youth MASS

Every 3rd Sunday

MAY 17, SUNDAY, 11 AM
ST. BENEDICT CHURCH

JOIN US FOR "MOM'S FAVORITE TREATS" POTLUCK AT THE SCHOOL CAFETERIA AFTER MASS!



bit.ly/PE14
YouthLitMinistry

Calling all youth in our Parish Family! Volunteer as altar servers, ushers, readers, or Eucharistic ministers. It is a great way to serve the Lord and get involved in our parish community. Scan the QR code to sign up!

EXTRAORDINARY MINISTERS OF HOLY COMMUNION TRAINING

All aspiring and currently serving Extraordinary Ministers of Holy Communion are invited to join!

May 19, Tuesday, 7 PM
St. Benedict Church

For more info, email dpelfrey@parishfamily14.org.

Pentecost VIGIL MASS



May 23, Saturday, 5 PM
St. John Church

(Note: St. Al's Vigil Mass is combined with St. John on this day.)

LITURGICAL MINISTRY

Volunteer at Our Masses

We invite you to consider sharing your time and talents as a **lector, altar server, Extraordinary Minister of Holy Communion, usher, sacristan or CLOW leads**. Whether you are young or young at heart, there is a place for you to serve.

Training and support are provided, and all are welcome!

Please note that safe environment training and background check are required for all volunteers.

To learn more, volunteer, or receive help signing up to serve at Mass, please contact Daniel Pelfrey at dpelfrey@parishfamily14.org or the respective ministry heads.

Your "Yes" can help our parish worship with greater joy and reverence.



Children's Liturgy of the Word (CLOW)

Children ages Preschool and older are invited to participate in Children's Liturgy of the Word, offered **most Sundays during the 10:30am Mass at St. John, and all Sundays at the 11 AM Mass of St. Benedict**.

If you are interested in volunteering or would like more information, please contact Daniel Pelfrey at dpelfrey@parishfamily14.org or Gian Orquia at gianrfelo@gmail.com.



Request for Mass Intentions

Share your prayers and intentions by offering a Mass for thanksgiving, a special intention, or the repose of a loved one's soul. Mass intentions are offered on our weekday masses: Monday to Thursday, 7:30 AM at St. Alphonsus and Friday, 9 AM at St. John.

To arrange a Mass intention:

- Call: 206-632-0843 ext 6004
- Email: lcorcoro@parishfamily14.org
- Visit: Faith Formation Office at the St. Benedict Parish Center or Admin Office at St. John Parish Admin Building. Mass cards are also available at both offices.



PRAYER & SCRIPTURE

LORD, HEAR OUR PRAYER...

Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Linda Amsden, Akeem Arana, Michael Eugene James Chiles & his surviving wife & family, Ritchell Cunanan, Louise Gervais, Brian Gough, Rich Huntsman, Tom Jepson, Nicholas Konopik, Lucy McGovern, Jeffry Myers, Joel Ocampo, Jennifer Parrish, Patricia Patterson, Bill Quackenbush, Kate Quinones, Lou Ayres Salumbides, Abby Simpson, Shannon Weiler, and Lillian Yamamoto. For those who have died, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: The prayer list is updated every first week of the month.

To keep your request active, please resubmit it each month. To request a prayer, please call the Faith Formation Office at 206-632-0843 or use the QR code or this link: <https://bit.ly/PF14Prayer>.



READINGS FOR SUNDAY, MAY 24 - Pentecost Sunday

First Reading

As on Sinai, the Lord descends in fire and wind.

Acts 2:1-11

Today we hear two versions of how the Holy Spirit came upon the apostles. From Acts, we hear the Pentecost event, when the Holy Spirit descended in a maelstrom of wind and fire and enabled the apostles to speak in languages from around the world. In John's Gospel, Jesus gently breathes upon the disciples, imparting peace and the Holy Spirit upon them. Paul writes of the spiritual gifts the Holy Spirit brings. The responsorial psalm and sequence invite us to call out for the Holy Spirit, who indeed renews the earth and all of us on the face of it.

Psalm

"Lord, send out your Spirit, and renew the face of the earth."

Psalm 104

Second Reading

The Spirit calls the baptized to ministry for the common good.

1 Corinthians 12:3b-7, 12-13

Gospel

On the first day of the week the risen Christ imparts the Holy Spirit.

John 20:19-23

PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

Week of May 10, 2026

St. Alphonsus Parish

MASS ATTENDANCE

Saturday, 5 PM 97
Sunday, 9 AM 268

PARISH COLLECTION

Mass Collection \$ 10,764.00
Online Donations \$ 2,972.27
Mailed-in \$ 0.00

Total Collection \$13,736.27

Weekly Budget \$ 9,833.00

Over Weekly Budget \$ 3,903.27

Thank you so much for all your support to St. Alphonsus Parish!

Set up your recurring online giving now!



St. Benedict Parish

MASS ATTENDANCE

Sunday, 11 AM 182

PARISH COLLECTION

Mass Collection \$ 4,399.00
Online Donations \$ 2,480.87
Mailed-in \$ 2,400.00

Total Collection \$ 9,279.87

Weekly Budget \$ 6,055.00

Over Weekly Budget \$ 3,224.87

Thank you so much for all your support to St. Benedict Parish!

Set up your recurring online giving now!



St. John Parish

MASS ATTENDANCE

Saturday, 5 PM 267
Sunday, 8:30 AM 149
Sunday, 10:30 AM 301

PARISH COLLECTION

Mass Collection \$ 4,497.57
Online Donations \$ 11,651.71
Mailed-in \$ 3,096.00

Total Collection \$ 19,245.28

Weekly Budget \$ 17,229.00

Over Weekly Budget \$ 2,016.28

Thank you so much for all your support to St. John Parish!

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>



FAITH FORMATION AND SACRAMENTS

SMALL FAITH SHARING GROUPS

Faith Sharing Group

May 17, 7:30 PM | St. John Group via Zoom
We are meeting the saints this year through film, discussion, and prayer. Everyone is welcome to join, ask questions, and share insights as they grow together in faith. For zoom link and more info, contact tressa.lombardi@hotmail.com

Gospel/Scripture Ministry

May 18, 7 PM | St. Benedict Gospel Study via Zoom
Meeting ID: 834 8544 8854 Password: 846849
(Contact: Brenda Stratton at bjandmes@msn.com)

May 21, 10 AM | St. Alphonsus Scripture Study in the St. Alphonsus McGrath Room
(Contact: Mary Green at mgquilts46@gmail.com)

Men's Group

May 18, 7 PM | St. Alphonsus Men's Group fellowship and faith sharing in the St. Al McGrath Room
(Contact: Brian LeBlanc at brianleblanc76@gmail.com)

Grounded in Grace

May 21, 6:00PM | St. Alphonsus Family Center; If you are navigating the pain of divorce or marital separation, join us in confidence and compassion. Grounded in Grace is a safe and confidential space for healing and hope. Questions? Contact olivia@raesegroup.com.

SACRAMENTAL PREPARATIONS

Infant Baptism

Infant Baptisms in our Parish Family are celebrated during Saturday Vigil and Sunday Masses across our three churches, offering families the opportunity to welcome their children into the faith within the Sunday community.

Parishioners of Parish Family 14 may choose from the following upcoming dates and locations:

- Pentecost Vigil – May 23, 5:00 PM Mass at St. John the Evangelist
- June 27–28, 5:00 PM Vigil and 9:00 AM Sunday Masses at St. Alphonsus
- August 16, 11:00 AM Sunday Mass at St. Benedict
- September 26–27, 5:00 PM Vigil and 10:30 AM Sunday Masses at St. John the Evangelist
- November 14–15, 5:00 PM Vigil and 9:00 AM Sunday Masses at St. Alphonsus

Women's Group

May 26, 6:30PM | St. Alphonsus Women's McGrath Room; Join us for a discussion and reflection on FINDING JOY with guest speaker and author Shemaiah Gonzalez. Through her own stories, Shemaiah will help us discover how joy is the fruit of knowing God. No RSVP needed. Questions? Contact olivia@raesegroup.com.

Book Club

The St. John Book Club is reading what is considered by some to be the greatest novel ever written, *The Brothers Karamazov*. In the trials of three brothers—Dmitri, Ivan, and Alyosha—Dostoevsky traces threads of the deepest questions, from belief and doubt, to joy and suffering, to hope and despair. His narrative, both intensely scriptural and inextricably Russian, combines ardent emotion, vigorous dialogue, and penetrating psychological insight to search the mysterious depths of the heart. It is also described by Goodreads as a murder mystery. We will be reading it in 4 parts over the summer, and our first meeting will be in mid-June. Please email diana.gruszczynski@outlook.com if you would like to join us.

Looking to grow in faith and friendship?

Check out the many Small Faith Sharing Groups across our Parish Family! Scan the QR code or go to: bit.ly/PF14SmallGroups.



Order of Christian Initiation of Children (OCIC)

If your kids are from another faith tradition but feel at home in our Parish Family, or baptized Catholic but want to learn more, OCIC might be the perfect place for them to grow in faith. For more information, please contact Claire Shea at cshea@parishfamily14.org.

Order of Christian Initiation of Adults (OCIA)

Are you an adult seeking confirmation or interested in becoming Catholic? Join our OCIA! Email Claire Shea at cshea@parishfamily14.org for more information. All are welcome!



Please feel free to contact us for the following:

Baptism, First Holy Communion and Reconciliation, Youth Confirmation, Sacrament of Matrimony and Funerals - Julia Rudden at jrudden@parishfamily14.org

Order of Christian Initiation for Adults and Children - Claire Shea at cshea@parishfamily14.org

Parish Advocates for Annulment - annulment@stjohnsea.org

SOCIAL JUSTICE COMMISSION

Please join the Knights of Columbus'
PANCAKE BREAKFAST



May 17, Sunday
After each mass
(8:30 AM and 10:30 AM)
at St. John Parish Admin Bldg.

St. Martin de Porres Sandwich Making
SMDP sandwich makers prepare a total of 800 sandwich lunches every month for men who live at the SMDP shelter in downtown Seattle. Join the next sandwich making!

May 18, Monday, 8:30AM
St. Benedict Parish Center



Contact Vicky Briones at vicster912@gmail.com for more information.

Sancta Vita

"The unborn child represents, in the fullest sense, every man and woman who does not count, who has no voice. Taking their side means standing in solidarity with all the discarded of the world....it takes a "gaze of the heart" to recognize unborn children as "one of us."

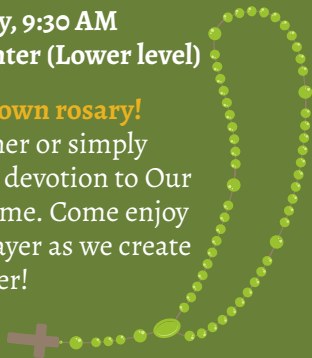
- Pope Francis

CRAFTING FOR A CAUSE

May 23, Saturday, 9:30 AM
St. Benedict Parish Center (Lower level)

Learn how to make your own rosary!

Whether you are a beginner or simply interested in deepening your devotion to Our Blessed Mother, all are welcome. Come enjoy fellowship, creativity, and prayer as we create rosaries together!



ARE YOU HOMEBOUND, IN NURSING HOME OR HOSPITAL AND WANT TO RECEIVE THE HOLY COMMUNION?

Our Ministers to the Homebound would be happy to bring the holy communion to your home. For inquiries and to volunteer as a Eucharistic Minister, please contact the following:
St. Alphonsus: Lori Corcoro - lcorcoro@parishfamily14.org
St. Benedict's Cabrini Ministry: Brenda Stratton - bjandmes.bjs@gmail.com
St. John: Marion Johnson - marij09974@yahoo.com

VOLUNTEERS NEEDED



BITTER LAKE DINNER

- ✓ Join us on the **third and fourth Wednesdays of every month** serving dinner at the Bitter Lake Community Center.
- ✓ Arrive to help **set up by 4:45pm**, serve meals, coffee, and help clean up. We are usually done by 5:30pm.
- ✓ Dinner is served regardless of the weather!
- ✓ This is a wonderful ministry serving our neighbors.
- ✓ This ministry is suitable for teenagers but not younger children.
- ✓ Contact Lori (lcorcoro@parishfamily14.org) with questions!

St. Vincent de Paul Society

SVDP society assists the poor and needy within our parish boundaries through grocery, transportation and rent vouchers. Support by donating and volunteering with them. For more info, contact the following:

St. Alphonsus: Doug Martin - doug@martinenv.com
St. Benedict: Sherry Zane - svdp@stbens.net
St. John: Joyce Farrell - joycefarello8@gmail.com

If you need assistance, please call Helpline Call Center at (206) 767-6449, M-F, 8 AM - 3 PM.

Grief Support Group

If you are grieving the loss of a loved one, you don't have to go through it alone. Our Parish Family Grief Support Group is here to offer comfort, support, and a listening ear. For more information, please reach out to Margaret Alquist at margaretalquist1@gmail.com.



Want to put your faith into action?

Our Social Justice Ministries need hearts and hands like yours. For more details, go to bit.ly/PF14SocialJustice. Everyone is welcome!

FAITH IN FOCUS



Ascension on Sunday

THE ASCENSION of the Lord, which traditionally falls on a Thursday, may be celebrated on a Sunday in certain parts of the world.

The Ascension originated as a Thursday celebration because of the story of the event from the opening of the Acts of the Apostles. There, Luke says that Jesus rose from the dead, appeared to believers for forty days and then ascended to the heavens. Even though the accounts of the Ascension in the Gospels suggest it took place after a shorter period of time, the liturgy of the Church has honored the chronology from Acts by celebrating the Ascension on Thursday of the sixth week of Easter.

The Solemnity of the Ascension is one of ten days that may be a holyday of obligation. Not all countries have the same holydays. In those countries where the Ascension is not a holyday, the solemnity is transferred to the following Sunday. The United States is so large and its needs so varied that Rome has granted it permission to decide by region on the date of this one solemnity. It is possible within the United States for Ascension to be on a Thursday in one state and on a Sunday in another. Travelers are expected to honor the custom of the place where they are that week.

Those celebrating Ascension on Sunday will miss the Mass texts of the Seventh Sunday of Easter, filled with anticipation for the Spirit of Pentecost. The Second Reading and the Gospel of the Seventh Sunday of Easter may replace those usually heard on the Sixth. Those attending weekday Masses may notice that the Responsorial Psalm on Friday and Saturday of the Sixth Week of Easter is a seasonal psalm for the Ascension, even if their community will not celebrate the solemnity until Sunday.

Bulletin Inserts for the Liturgical Life of the Parish: The Liturgical Year © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.



formed[™]
Forming Catholics for *Life*.

This Week on Formed

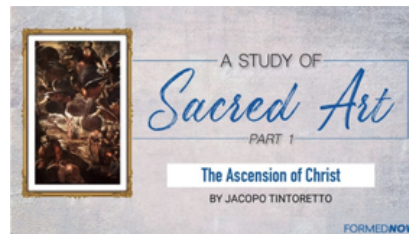
Week of May 17, 2026



<https://app.formed.org/app/videos/582317>

Saint Rita

St. Rita of Cascia is immortalized in this wonderful, deeply moving film. This story is about the brave woman who married her knight, helped him overcome his dark past and convert to faith, happily bore him two children, and later endures immense pain as she loses everything in her life. Her story and love for Christ will inspire you to great holiness!



<https://app.formed.org/app/videos/1530580>

The Ascension | Sacred Art

Join Dr. Ben Akers and Taylor Kemp to expand your knowledge of sacred art. In this episode on Formed, they discuss The Ascension of Christ by Jacopo Tintoretto.



<https://app.formed.org/app/videos/582318>

Saint Rita of Cascia: The True Story

A compelling docu-drama that tells the whole story of the amazing life of St. Rita of Cascia, the very popular saint who lived in Italy in the 14th century. Famous as the patroness of hopeless situations, St. Rita dealt with many very difficult and tragic events in her life. Through it all she developed a profound faith in God that was the source of her great strength, and why she is such a popular saint for all those dealing with difficult events in their own lives.



As Catholics, we celebrate the Easter Season from Easter Sunday through Pentecost. This year, the Easter Season is marked by three solemnities and two feasts. We also observe the month of Mary in May. Learn more about these great feasts and ways to celebrate all Easter season at archseattle.org/easter.

Our Parish Family has a **free Formed subscription** for you! Simply scan the QR code or visit formed.org/signup to create your account and select our Parish Family to get free access to these contents and much more!



SCHOOL NEWS

FIRST HOLY COMMUNION CELEBRATION AT ST. BENEDICT AND ST. JOHN PARISHES

Congratulations to the children of St. Benedict and St. John Parishes who received their First Holy Communion! May Jesus in the Eucharist continue to guide and bless them as they grow in faith, love, and service. Thank you to our families, catechists, and parish community for making this beautiful celebration so special.



DISCOVER THE GIFT OF CATHOLIC EDUCATION

Our Parish Family is blessed with vibrant Catholic schools that partner with families in nurturing faith, knowledge, and community.

We invite you to consider them for your child's education and contact our schools.

We look forward to welcoming your family into our school communities!



St. Alphonsus Parish School
Nick Padrnos, Principal
npadrnos@stalseattle.org

Melissa Murphy, Director of Admissions
admissions@stalseattle.org
206-782-4363



St. Benedict Catholic School
Brian Anderson, Principal
b.anderson@stbens.net

Penny Ziemer, Advancement Director
p.ziemer@stbens.net
206-633-3375



St. John Catholic School
Abby Mansfield, Principal
amansfield@st-johnschool.org

Jonna Skokan, Director of Admissions
skokan@st-johnschool.org
206-782-2810 ext 310

THROUGHOUT THE ARCHDIOCESE

Memorial Day Remembrance Masses

현충일 추모 미사 | Thánh lễ Ngày Tưởng niệm

Join us for Memorial Day Mass at all four of our Associated Catholic Cemeteries to pray for the souls of our fallen veterans and for all the faithful departed. Masses offered at multiple locations in English, Korean and Vietnamese.

Saturday, May 23, 2026

10am

Mass in English

Our Lady of Antipolo Mass
Holyrood Cemetery, Shoreline
Fr. Leonardo Pestano presiding

1pm

Mass in Vietnamese

Holyrood Cemetery, Shoreline
Fr. Thanh Dao presiding

10am

Mass in Korean

Gethsemane Cemetery, Federal Way
Fr. Myong Kun Park & Fr. Sung Jun Park presiding



Calvary | Holyrood | Gethsemane | St. Patrick

If you have questions about Catholic cemetery pre-planning, we're here to help: 206.366.8834
mycatholiccemetery.org

Monday, May 25, 2026

10:30am

Mass in English

Holyrood Cemetery, Shoreline
Fr. Khanh Nguyen presiding

1pm

Mass in Korean

Holyrood Cemetery, Shoreline
Fr. Da Wool Kim & Fr. Yun Gi Park presiding

10:30am

Mass in English

Gethsemane Cemetery, Federal Way
Fr. Bryan Dolejsi presiding

1pm

Mass in Vietnamese

Gethsemane Cemetery, Federal Way
Fr. Khanh Nguyen presiding

10:30am

Mass in English

Calvary Cemetery, Seattle
Fr. Justin Ryan presiding

10:30am

Mass in English

St. Patrick Cemetery, Kent
Fr. Martin Bourke presiding



**VOLUNTEERS
NEEDED!**

The Queen Anne Food Bank, a Catholic Community Services ministry, is in need of immediate volunteer help! We could use your help with the following:

- Wednesdays from 8AM-to Noon (distributing soup and sack lunches to folks at the door)
- Wednesdays **or** Thursdays from 9AM-11AM (driving the food bank van to two Queen Anne grocery stores to pick up food)
- Thursdays from 9AM-3PM helping with the grocery distribution program (any assistance during this time would be appreciated - it does not have to be the full 6 hours)

If you are interested in volunteering please email Katie O'Neill at koneill@ccsw.org or call at 206-379-4365. Thank you for considering this great opportunity to help our neighbors!



Join us for
You Are Not Alone:
Catholic Immigration Solidarity Gatherings

May 30
UW Newman Center
9:30am-Noon



For more information and to register, go to <https://archseattle.org/events/you-are-not-alone>



Amazing 4-day overnight camp for high school men grades 9-12 with priests and seminarians from the Archdiocese of Seattle will provide participants the opportunity to:

- Learn more about the priesthood
- Deepen their faith
- Better discern God's call in their lives

Space is limited to 60 participants. (Nominal fee of \$50 can be waived in cases of need.) Register at <https://bit.ly/48srFmm>

For more information about vocations, discernment, the priesthood, and seminarians currently studying for the Archdiocese of Seattle visit seattle vocations.com

Procesión Eucarística por la dignidad de migrantes
Eucharistic Procession for Migrant Dignity

Memorial Day | Monday, May 25th
10am - 1pm | Tacoma, WA
St. Leo Church to the NW Detention Center
**United in the Eucharist,
United for Migrant Dignity**

Register here! →
bit.ly/421rBq5

A collaboration of

Mental Health Impacts of Climate Change
Young Adult Workshop and Retreat

St. Mary on The Lake | Peace and Spirituality Center
Saturday, May 30, 2026

Retreat Leaders

Chero Chuma, CSJP
US Vocation Director
Sisters of St. Joseph of Peace

Blair A. R. Nelsen
Executive Director
Waterspirit

For more information and to register, go to tinyurl.com/ENVSMOL RSVP by May 22

The Ascension

Christ Exalted, Yet Still Among Us

The Solemnity of the Ascension of the Lord marks the completion of Christ's earthly mission and the beginning of the Church's mission in the world. Forty days after his Resurrection, Jesus gathered his disciples on the Mount of Olives, blessed them, and was taken up into heaven. Yet the Ascension is not about Christ leaving us—it is about his presence being transformed and extended through the Holy Spirit.

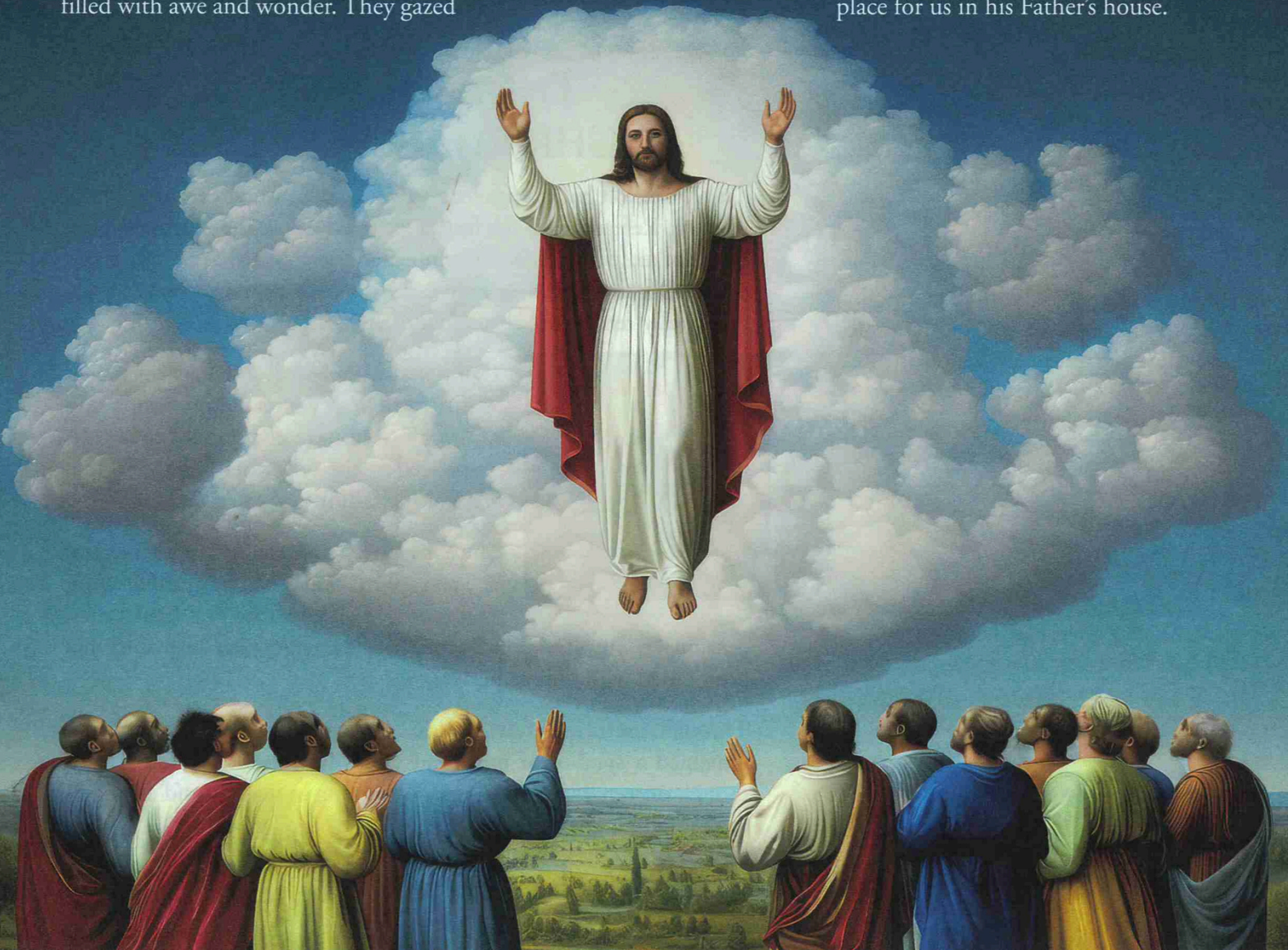
As Jesus is lifted up, he does not depart from human history but enters more deeply into it. He now reigns at the right hand of the Father, interceding for us and drawing all creation toward its fulfillment in him. The Ascension reveals that humanity, in Christ, is destined for glory. Where Jesus has gone, we hope to follow.

For the disciples, that moment must have been filled with awe and wonder. They gazed

upward until the angel reminded them: *"Why are you standing there looking at the sky?"* (Acts 1:11). The Ascension calls believers not to nostalgia or absence, but to mission. Christ's work now continues through his body, the Church. Empowered by the Holy Spirit, we are sent to proclaim the Gospel to every nation.

This feast invites us to lift our hearts to heaven while keeping our feet firmly planted on earth. We are reminded that our true home is with God, and that our lives—our prayer, service, and love—participate in Christ's ongoing mission.

The Ascension is a mystery of both departure and promise. It teaches us to live with eyes raised in hope, confident that the Risen Christ who ascended into glory is still with us—guiding, blessing, and preparing a place for us in his Father's house.



THE MEANING OF THE ASCENSION

The Ascension of the Lord celebrates Jesus' return to the Father and the exaltation of his humanity. Forty days after Easter, as described in the Acts of the Apostles (Acts 1:1–11), Jesus gathered his disciples, commissioned them to be his witnesses, and was “lifted up, and a cloud took him from their sight.”

The Ascension is not the end of Christ's story but the continuation of his presence in a new way. Having completed his work on earth, Jesus now reigns in glory and intercedes for us as our High Priest. He remains united with his Church through the gift of the Holy Spirit, who was promised to the disciples and poured out at Pentecost.

This solemnity also reveals something profound about humanity's destiny. In Christ, our human nature is taken up into divine life. The Ascension assures us that heaven is our true home and that Christ's victory has opened the way for us to share in his glory.

Liturgically, the Ascension marks the transition from the joy of Easter to the expectant prayer of Pentecost. Between these feasts, the Church prays, “Come, Holy Spirit,” asking that the power of Christ's Resurrection may fill the world and renew all hearts.



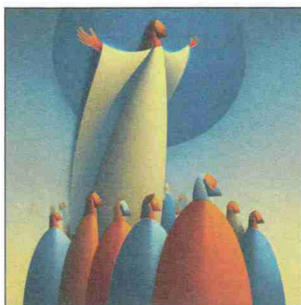
“Christ's Ascension is our elevation.

The glory of the head becomes the hope of the body. Let us exult, beloved, and rejoice that today not only are we confirmed as possessors of paradise, but we have also ascended in Christ into the heights of heaven.”

– St. Leo the Great

SCRIPTURAL ACCOUNTS OF THE ASCENSION

The mystery of the Ascension is recorded in several places in Scripture. The most detailed account is found in Acts 1:6–11, where Jesus, after forty days of appearing to his disciples, promises them the Holy Spirit and is taken up into heaven before their eyes. Two angels then assure them that he will return in the same way.

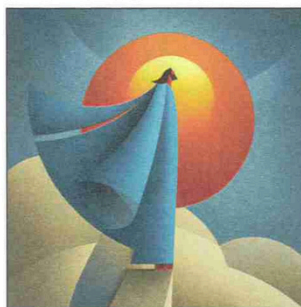


The Gospel of Luke (24:50–53) also describes Jesus blessing his disciples near Bethany as he is carried up into heaven, and they return to Jerusalem rejoicing. In Mark 16:19–20, the Ascension is summarized in one verse: “So then the Lord Jesus, after he spoke to them, was taken up into heaven and took his seat at the right hand of God.”

Together, these passages show the Ascension as both an ending and a beginning—Christ's mission fulfilled, and the disciples' mission begun. The Scriptures invite us to trust that Christ's physical departure makes possible his abiding presence through the Spirit.

THE ASCENSION IN CHRISTIAN TRADITION

The Ascension has been celebrated since the earliest centuries of the Church. References to the feast appear as early as the fourth century, often linked with Pentecost before being established as a distinct celebration forty days after Easter. By the fifth century, the feast was universally recognized throughout Christendom.



Traditionally, the Ascension was celebrated on the fortieth day after Easter Sunday—a Thursday—but in many dioceses today it is transferred to the following Sunday so that more of the faithful may participate.

Church Fathers such as St. Augustine and St. Leo the Great preached powerfully about its meaning. St. Leo wrote that Christ's Ascension

“is our elevation,” reminding believers that humanity has been raised with him to heaven.

Through centuries of art, music, and worship, the Ascension has remained a symbol of hope and glory. It reminds us that Christ, though unseen, is always present—reigning in majesty and calling us to share in his risen life.

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