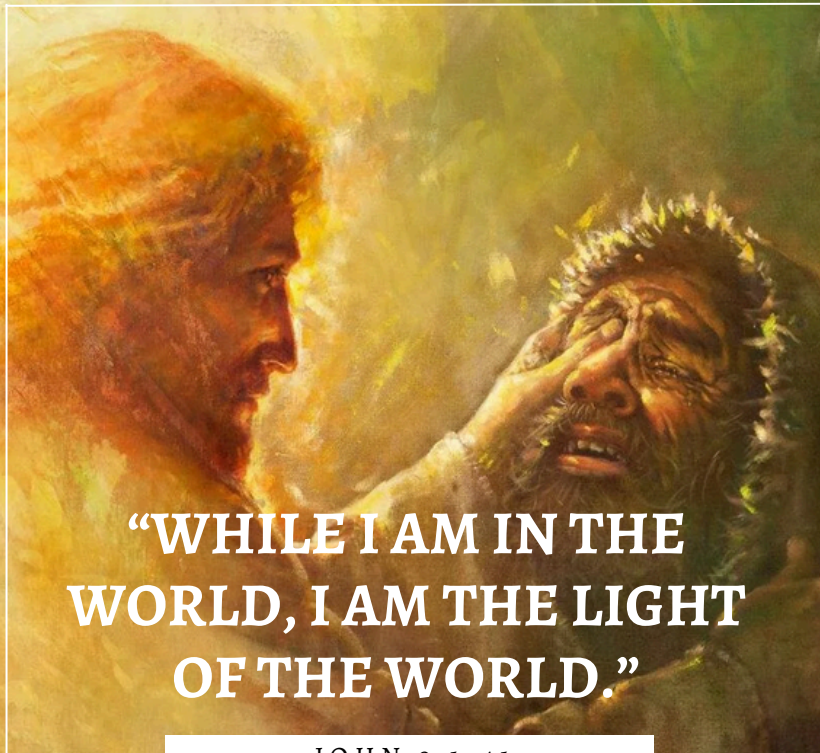


PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST



**“WHILE I AM IN THE
WORLD, I AM THE LIGHT
OF THE WORLD.”**

JOHN 9:1-41

SUNDAY MASSES

Saturday: 5:00 PM Vigil at St. Alphonsus
5:00 PM Vigil at St. John
Sunday: 8:30 AM at St. John
9:00 AM at St. Alphonsus
10:30 AM at St. John
11:00 AM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
Thurs: 6:00 PM at St. Benedict
Fri: 9:00 AM at St. John
Sat: 8:00 AM at St. Alphonsus

(except 1st Sat: 9:00 AM at St. John)

School Masses (Sept-June): All are welcome!
Refer to This Week's Calendar, page 2.

CONFESSION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus
Thursday: 5:00 - 5:45 PM at St. Benedict
Saturday: 4:00-4:45 PM at St. Alphonsus
Sunday: 8:00 - 8:45 AM at St. Alphonsus
Sunday: 9:45 - 10:15 AM at St. John
By appointment: info@parishfamily14.org
First Thursday Confession and Adoration:
7:00-8:00 PM at St. Alphonsus



ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107
Website: <https://stalseattle.org>



ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103
Website: <https://parish.stbens.net>



ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103
Website: <https://stjohnsea.org>

Parish Family Admin Office: 206-782-2810 | 206-770-6494 (Fax) | info@parishfamily14.org | 106 N 79th St, Seattle
Parish Family Faith Formation Office: 206-632-0843 ext 6005 | lcrcoro@parishfamily14.org | 1805 N 49th St, Seattle

  @parishfamily14

For pastoral emergencies, please call: 206-271-3543.

THIS WEEK'S CALENDAR

March 15, 2026 FOURTH SUNDAY OF LENT

1 Sm 16:1b, 6-7, 10-13a/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

	ST. ALPHONSUS	ST. BENEDICT	ST. JOHN
March 15 FOURTH SUNDAY OF LENT	8 AM Confession 9 AM Mass 10 AM Breakfast by Angel's Cafe 10:30 AM 1 st Communion Class - McGrath Room	10 AM 1 st Communion Class 11 AM Youth Mass with CLOW (Livestream) Special collection for St. Vincent de Paul 12 PM Social Hour 12 PM Grief Support Group - Parish Center	8:30 AM Mass 9:30 AM Lectio Divina 9:30 AM SVdP Meeting - Parish Admin 9:35 AM FHC Class - Kuyper's classrm; Parents in Egan Hall 9:45 AM Confession 10:30 AM Mass with CLOW SVdP Collection at both Masses Coffee & Donuts after both Masses 7:30 PM Faith Sharing Group via Zoom
March 16 Monday	7 AM Confession 7:30 AM Daily Mass INT: Mary Lou Dressler 7 PM Men's Group - McGrath Rm	8:30 AM SMdP Sandwich Making 7 PM Gospel Study via Zoom	
March 17 Tuesday <i>Saint Patrick, Bishop</i>	7 AM Confession 7:30 AM Daily Mass INT: Mary Pat O'Leary	7 PM Young Men's Group - St. Mary's Room	6 PM St. Patrick's Day Mass
March 18 Wednesday <i>Saint Cyril of Jerusalem, Bishop and Doctor of the Church</i>	7 AM Confession 7:30 AM Daily Mass INT: Shelle Bjolstad 8:45 AM School Mass - All are welcome!		7 PM Presentation: Journey Through Lent and Holy Week
March 19 Thursday SAINT JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY	7 AM Confession 7:30 AM Daily Mass INT: Julia Layman 10 AM Scripture Study 6 PM Grounded in Grace - Family Center 7 PM OCIA - McGrath Room	5 PM Confession 6 PM Daily Mass	3 PM Family Adoration
March 20 Friday	8:15 AM Adoration Chapel open to 5 PM	6 PM Stations of the Cross followed by Soup Supper	9 AM Daily Mass - CANCELLED 11 AM Funeral Mass for Michael Farrell
March 21 Saturday	8 AM Daily Mass RIP: Jon Condon 4 PM Confession 5 PM Vigil Mass	6 PM Lenten Book Reflection: Parish Center	11 AM Funeral Mass for Mathew Vengalil 5 PM Vigil Mass (Livestream)
March 22 FIFTH SUNDAY OF LENT	8 AM Confession 9 AM Mass 10 AM Coffee & Donuts 10:30 AM 1 st Communion Class - McGrath Room	10 AM 1 st Communion Class 11 AM Mass with CLOW (Livestream) 12 PM Coffee & Donuts 12 PM Grief Support Group - Parish Center	8:30 AM Mass 9:30 AM Lectio Divina 9:35 AM FHC Class - Kuyper's classrm; Parents in Egan Hall 9:45 AM Confession 10:30 AM Mass with CLOW Pancake Breakfast after both Masses 7:30 PM Faith Sharing Group via Zoom
	For livestream and recorded masses, click the links:	https://parish.stbens.net www.facebook.com/stbenseattle	www.stjohnsea.org/live-stream-masses

PARISH FAMILY HIGHLIGHTS

THIRD WEEK OF LENT

Stations of the Cross and Soup Supper at St. John

Thank you to everyone who attended the Stations of the Cross at St. John. We are especially grateful to those who brought soup and bread. Your generosity helped make the evening a meaningful time of prayer and community.



Camino de Seattle

Thank you to everyone who joined the Camino de Seattle! We had a great turnout and it was wonderful walking together from St. John to St. Benedict, and then to St. Alphonsus. It was especially meaningful to pray the Stations of the Cross together at each church. May the Lord continue to bless our Lenten journey.



LENT AND HOLY WEEK 2026

Journey with us through Lent and Holy Week as we grow in prayer and reflection. We look forward to seeing you at the following Lenten traditions!

STATIONS OF THE CROSS AND COMMUNITY DINNERS

Mar 20 & 27, Fri, 6 PM, St. Benedict (Potluck Soup Suppers)

JOURNEY THROUGH LENT AND HOLY WEEK: A PRESENTATION

Mar 18, Wed, 7 PM, St. John Church

LENTEN BOOK REFLECTION

Mar 21, Sat, 6 PM, St. Benedict Parish Center

Check out our Parish Family's full Lent and Holy Week calendar and join us along the way. <https://bit.ly/PF14Lent2026>



SAVE THE DATE!

**Weekends of
April 18–19 & April 25–26
along with one weekday option**

Join our next **Listening Sessions** as we continue building our Parish Family together. Let's reflect together on the question:

"WHAT OPPORTUNITIES AND CHALLENGES EXIST FOR OUR PARISH FAMILY?"

Attend any session, they are no longer parish-specific!

LENT EVENTS

STATIONS OF THE CROSS AND COMMUNITY DINNERS

FRIDAYS OF LENT | 6 PM

Experience a prayerful walk with Christ on
His journey to Calvary.

Mar 20 & 27
St. Benedict Church



Followed by SOUP SUPPER. All are welcome!

JOURNEY THROUGH LENT AND HOLY WEEK: A PRESENTATION

MAR 18 | WED | 7 PM
ST. JOHN CHURCH

Deepen understanding of Lent and
Holy Week as **Daniel Pelfrey**
guides us through the meaning,
traditions, and rhythms of these
sacred seasons.



HELP BY DONATING SOUP OR BREAD!

For our Lent Community Dinners right after the
Stations of the Cross on Fridays of Lent, 6 PM

MAR 20 & 27
ST. BENEDICT CHURCH



bit.ly/PF14LentDinner

Our Parish Family will gather for simple
community dinners of soup and bread.

We invite you to be part of this
beautiful tradition by **preparing a pot
of soup, bringing bread, or helping set
up and clean up.** It's a meaningful way
to welcome one another and grow in
fellowship.

Please use the sign-up link or scan the
QR code to choose a date to help.

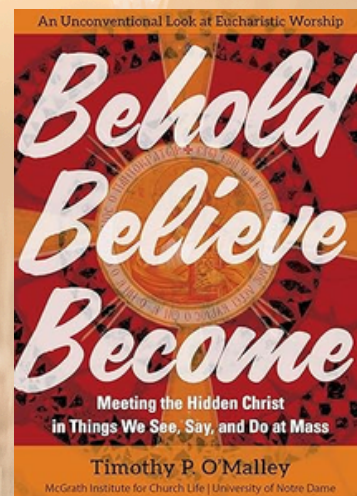


LENTEN BOOK REFLECTION

**MAR 21, 6 PM, ST. BENEDICT
PARISH CENTER**

Join us for prayerful
book reflections on
Behold, Believe, Become
by Timothy O'Malley
as our Parish Family
book groups gather to
reflect and share.

All are warmly
welcome!



To view the complete list of events of our Parish Family Lent and Holy Week, go to: <https://bit.ly/PF14Lent2026>.
For inquiries, Contact Lori Corcoro at 206-632-0843 ext 6004 or lcorcoro@parishfamily14.org.

LENT EVENTS

Two Faces in the Shadows

MAR 26 | THURS | 7 PM | ST. BENEDICT CHURCH
MAR 29 | SUN | 5 PM | ST. JOHN CHURCH



A performance by:
LEN KANNAPELL & MARK ADOLPH

Enter more deeply into the mystery of Christ's suffering, mercy, and love in a dramatic dialogue between Simon Peter and Judas Iscariot as they remember and discuss the Passion of Christ.

IT'S A **30-MIN**
PERFORMANCE.

SEE YOU ALL
THERE!

Celebrate the heart of our faith with our Parish Family, from Palm Sunday through the Sacred Triduum and the joy of Easter Sunday.

**PALM SUNDAY OF THE
PASSION OF THE LORD**
MAR 29 | Regular Sunday Mass Schedule

HOLY THURSDAY
APR 2 | 7 PM | ST. JOHN CHURCH

GOOD FRIDAY
APR 3 | 7 PM | ST. ALPHONSUS CHURCH

EASTER VIGIL
APR 4 | 8:30 PM | ST. BENEDICT CHURCH
(Don't miss the **Resurrection Party** following the Easter Vigil at the St. Benedict School Cafeteria!)

**EASTER SUNDAY OF THE
RESURRECTION OF THE LORD**
APR 5 | Regular Sunday Mass Schedule



CRS RICE BOWL

WHO IS READY TO
CHANGE LIVES THIS LENT?



Scan the QR code to make a donation.

crsricebowl.org/solidarity | crsplatodearroz.org/solidaridad

ENDING HUNGER WITH CRS RICE BOWL

This Lent, our community will participate in CRS Rice Bowl—connecting our prayers, fasting and almsgiving to encounter God through our global family. We'll meet, pray for and learn from families in Ghana, Guatemala and Timor-Leste who are rising above the challenges of hunger and malnutrition.

Pick up your rice bowl from the pews. Then, visit crsricebowl.org/join to share your Lenten prayer intentions.

Fr. Parrish warmly invites everyone to join him for this Eucharistic Revival Conference.

Coming to Bellevue, WA | May 16, 2026



ASCEND
EUCHARISTIC REVIVAL

In Him, We Rise.



This moment is a time to refresh and renew our hearts in hope and ignite a deeper love for the Real Presence of Jesus in the Eucharist. We are called to become a beacon of Christ's love for humanity in our struggling world.



**REGISTER
NOW!**

PARISH FAMILY UPDATES

Youth MASS

Every 3rd Sunday

MARCH 15, 2025
SUNDAY, 11 AM
ST. BENEDICT CHURCH

First Scrutiny Celebrated at St. Benedict

On March 8, our Parish Family celebrated the First Scrutiny, praying for the Elect as they continue their journey toward the Sacraments of Initiation at Easter. We joined in asking God to strengthen and guide them during this Lenten season.



Our young hearts come together to worship and serve!

**JOIN US FOR ST. PATRICK DAY POTLUCK
AT THE SCHOOL CAFETERIA
AFTER MASS!**



PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

Week of March 8, 2026

St. Alphonsus Parish

MASS ATTENDANCE

Saturday, 5 PM	106
Sunday, 9 AM	158

PARISH COLLECTION

Mass Collection	\$ 2,740.00
Online Donations	\$ 3,412.45
Mailed-in	\$ 3,085.00

Total Collection \$9,237.45

Weekly Budget \$ 9,833.00

Under Weekly Budget \$ 595.55

Thank you so much for all your support to St. Alphonsus Parish!

Set up your recurring online giving now!



St. Benedict Parish

MASS ATTENDANCE

Sunday, 11 AM	186
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PARISH COLLECTION

Mass Collection	\$ 770.00
Online Donations	\$ 2,821.91
Mailed-in	\$ 440.00

Total Collection \$ 4,031.91

Weekly Budget \$ 6,055.00

Under Weekly Budget \$ 2,023.09

Thank you so much for all your support to St. Benedict Parish!

Set up your recurring online giving now!



St. John Parish

MASS ATTENDANCE

Saturday, 5 PM	117
Sunday, 8:30 AM	121
Sunday, 10:30 AM	207

PARISH COLLECTION

Mass Collection	\$ 3,776.00
Online Donations	\$ 13,675.66
Mailed-in	\$ 2,251.00

Total Collection \$ 19,702.66

Weekly Budget \$ 17,229.00

Over Weekly Budget \$ 2,473.66

Thank you so much for all your support to St. John Parish!

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>



PRAYER, SCRIPTURE & LITURGY

LORD, HEAR OUR PRAYER...

Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Akeem Arana, Michael Eugene James Chiles & his surviving wife & family, Ritchell Cunanan, Rich Huntsman, Tom Jepson, Nicholas Konopik, Lucy McGovern, Jay Parrish, Patricia Patterson, Bill Quackenbush, Lou Ayres Salumbides, Abby Simpson, Todd Stinebrickner and Lillian Yamamoto. For those who have died, including Paul Pioli, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: The prayer list is updated every first week of the month. To keep your request active, please resubmit it each month. To request a prayer, please call the Faith Formation Office at 206-632-0843 or use the QR code or this link: <https://bit.ly/PF14Prayer>.



FUNERAL ANNOUNCEMENT

Our Parish Family gathers in faith and hope to celebrate the following Funeral Masses:

Alicia Chandler - Sat, March 14, 11 AM at St. Alphonsus
Reception to follow at the Family Center

Oscar Richardson - Sat, March 14, 11 AM at St. John
Reception to follow in Egan Hall

Michael Farrell - Fri, March 20, 11 AM at St. John

Mathew Vengalil - Sat, March 21, 11 AM at St. John
Reception to follow in Egan Hall



READINGS FOR SUNDAY, MARCH 22 - Fifth Sunday of Lent

First Reading

The Lord says: I will open your graves.

Ezekiel 37:12-14

Psalm

"With the Lord there is mercy and fullness of redemption."

Psalm 130

Second Reading

The life-giving Spirit dwells in us.

Romans 8:8-11

Gospel

The Lord says: Lazarus, come out!

John 11:1-45

From the first reading to the Gospel, new life is promised for those who believe. Through Ezekiel, God promises the Israelites that one day they will rise from their graves and have God's spirit put in them. Saint Paul proclaims that God will give life to our mortal bodies through the Holy Spirit dwelling in us. Jesus calls Lazarus forth from the tomb, giving new life to his friend after he had been dead for four days. May God's word affirm and strengthen our faith in the Lord's power to give new life.

LITURGICAL MINISTRY

Volunteer at Our Masses

We invite you to consider sharing your time and talents as a **lector, altar server, Extraordinary Minister of Holy Communion, usher, sacristan or CLOW leads**. Whether you are young or young at heart, there is a place for you to serve.



Please note that safe environment training and background check are required for all volunteers. To learn more, volunteer, or receive help signing up to serve at Mass, please email dpelfrey@parishfamily14.org or the respective ministry heads.

Children's Liturgy of the Word (Sunday School)

Children ages Preschool and older are invited to participate in Children's Liturgy of the Word, offered **most Sundays during the 10:30am Mass at St. John, and all Sundays at the 11 AM Mass of St. Benedict**.



If you are interested in volunteering or would like more information, please contact Daniel Pelfrey at dpelfrey@parishfamily14.org or Gian Orquia at gianrfelo@gmail.com.



ST. PATRICK'S DAY *Mass*

You are invited to join the Irish community at Seattle's annual St Patrick's Day Mass on **Tuesday, March 17, at 6 PM at St. John the Evangelist Catholic Church**, 7916 1st Ave NW, Seattle. Mass readings, prayers and hymns will be from the Mass of St. Patrick as celebrated in Ireland. The Presider will be Rev. Fr. Martin Bourke assisted by other priests of the archdiocese.



FAITH FORMATION AND SACRAMENTS

SMALL FAITH SHARING GROUPS

Faith Sharing Group

March 15, 7:30 PM | St. John Group via Zoom
We are meeting the saints this year through film, discussion, and prayer. Everyone is welcome to join, ask questions, and share insights as they grow together in faith. For zoom link and more info, contact tressa.lombardi@hotmail.com

Men's Group

March 16, 7 PM | St. Alphonsus Men's Group fellowship and faith sharing in the St. Al McGrath Room
(Contact: Brian LeBlanc at brianleblanc76@gmail.com)

Gospel/Scripture Ministry

March 16, 7 PM | St. Benedict Gospel Study via Zoom
Meeting ID: 864 2616 6842 Password: 961919
(Contact: Brenda Stratton at bjandmes@msn.com)

March 19, 10 AM | St. Alphonsus Scripture Study in the St. Alphonsus McGrath Room
(Contact: Mary Green at mgquilts46@gmail.com)

Looking to grow in faith and friendship?

Check out the many Small Faith Sharing Groups across our Parish Family! Scan the QR code or go to: bit.ly/PF14SmallGroups.



Women's Group

March 24, 6:30 PM | St. Alphonsus Women's Group in the McGrath Room; Join us for a discussion with Helen Oesterle as we end our lenten journey. Helen currently serves at Our Lady of Guadalupe Parish in Seattle. She has a Certification in the Mastery of the Catechism and is a Commissioned Lay Ecclesial Minister for the Archdiocese. No RSVP needed. Questions? Contact olivia@raesegroup.com.

Grounded in Grace

March 19, 6 PM | St. Alphonsus Family Center; If you are navigating the pain of divorce or marital separation, join Grounded in Grace, a safe and confidential space for healing and hope. Explore spirituality as a source of strength, share your experiences, and find peace and clarity on this new path. Questions? Contact olivia@raesegroup.com.

Young Adult Group

Our mission is to grow in community and faith with other Catholic young adults (21-35) within our Parish Family 14 community. We offer men's and women's bible study groups, monthly events, and volunteer opportunities. Contact youngadultsp14@gmail.com to be connected.

SACRAMENTAL PREPARATION

Infant Baptism

Baptisms in our Parish Family are scheduled during the Saturday Vigil and Sunday Masses at our three churches. Please stand by for upcoming schedule. For more information, contact Julia Rudden at jrudden@parishfamily14.org.



Order of Christian Initiation of Children (OCIC)

If your kids are from another faith tradition but feel at home in our Parish Family, or baptized Catholic but want to learn more, OCIC might be the perfect place for them to grow in faith. For more information, please contact Claire Shea at cshea@parishfamily14.org.



Order of Christian Initiation of Adults (OCIA)

Are you an adult seeking confirmation or interested in becoming Catholic? Join our OCIA! Sessions are held on **Thursday evenings at 7 PM in the St. Alphonsus Family Center**. Email Claire Shea at cshea@parishfamily14.org for more information. All are welcome!

Marriage

Marriage in the Catholic Church is a sacrament and a lifetime commitment—preparation is vital to ensuring that the bride and groom are ready to enter into this serious, life-affirming and life-long commitment. We aim to support and assist you as you start your journey toward the joys of married life. To get started, please contact Julia Rudden at jrudden@parishfamily14.org or 206-632-0843 ext 217.

Please feel free to contact us for the following:

First Holy Communion and Reconciliation, Youth Confirmation, Sacrament of Matrimony and Funerals,
Sacramental Records - Julia Rudden at jrudden@parishfamily14.org
Order of Christian Initiation for Adults and Children - Claire Shea at cshea@parishfamily14.org
Parish Advocates for Annulment - annulment@stjohnsea.org

SOCIAL JUSTICE COMMISSION

Breakfast

by Angel's Cafe

March 15 | Sunday
after the 9 AM Mass
St. Alphonsus Family Center

Enjoy a hearty Western omelette made with green and red peppers, sausages, onions, and cheddar cheese, along with fresh fruit salad, assorted sweet breads, and your choice of coffee or tea.

Don't miss this chance to eat, relax, and connect with fellow parishioners!



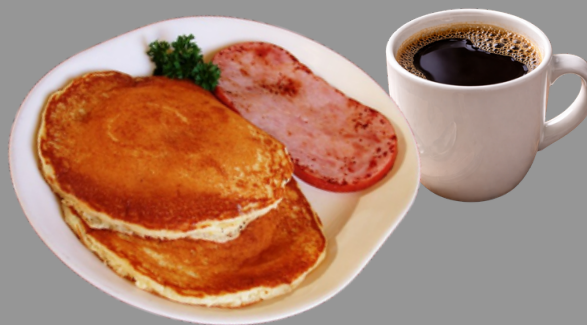
Please join the Knights of Columbus'

PANCAKE

BREAKFAST

March 22, Sunday

After each mass at St. John Admin Bldg.



Big thanks to the gang of 9 from St. Benedict, St. John, and St. Catherine who sifted, sorted, and sang our way through 1710 lbs of rice - almost one ton - on Wed, March 4. With Leo Sayer, Rod Stewart, and (yes) Tom Jones, the time flew effortlessly by. You are an integral part of feeding the hungry while having a grand time.

Another opportunity awaits for 8 total volunteers. This is taking a chance - being Holy Week and trying to start a monthly Food Lifeline (FLL) sorting and packing session - but let's at least try. It is April Fools' Day, but you don't have to be a fool to feed the hungry: **Wed, April 1, 6 - 8 PM sorting and packing event at the South Park warehouse (8 volunteers).**

To register, just follow the link:

<http://stbens.foodlifeline.volunteerhub.com/> (create an account if you don't have one; takes 2-3 min). Join the fun and earn volunteer hours for your students. Children as young as 10 years old (with parental accompaniment) can join.

Sancta Vita

O God, you loved the world so much that you gave your Only Begotten Son for our salvation. Grant that we who have received such a gift from you may withhold from those in need no gift that lies within our power to give, through Christ our Lord. Amen.

- Magnificat 03/2026

ARE YOU HOMEBOUND, IN NURSING HOME OR HOSPITAL AND WANT TO RECEIVE THE HOLY COMMUNION?

Our Ministers to the Homebound would be happy to bring the holy communion to your home. For inquiries and to volunteer as a Eucharistic Minister, please contact the following:

St. Alphonsus: Lori Corcoro - lcrcoro@parishfamily14.org

St. Benedict's Cabrini Ministry: Brenda Stratton - bjandmes.bjs@gmail.com

St. John: Marion Johnson - marijo9974@yahoo.com

Want to put your faith into action?

Our Social Justice Ministries need hearts and hands like yours. For more details, go to bit.ly/PF14SocialJustice. Everyone is welcome!



FAITH IN FOCUS



Homily Feedback

YOU CRITIQUE your homilist all the time. Talking with other parishioners, around the family table, at work, and in your mind repeatedly you've formed a lot of opinions about what your preacher says. But have you ever told a homilist what you think?



Most preachers get very little feedback from the assembly. But preachers have ways of finding out what people think. Does the parent of a crying child make any effort to calm the baby? Are people reading the bulletin instead of listening to the talk? Do jokes fall flat? Are some people poised to stand up as soon as the homily ends, like sprinters waiting for the whistle? Preachers have a general idea how attentive the listeners are. But most preachers don't get systematic feedback. And homilists rarely get to hear one another. You may try out several different preachers in the course of a year, but homilists don't. They work on Sundays.

If you've got something to say to your homilist, you'd do the whole parish a favor by speaking up. You should say positive things as well as negative ones. And never do it anonymously. Say it in person, on the phone, or write it and sign your name. You'll learn tact and you'll accept responsibility for what you say. Your preacher may want to talk with you about your ideas. Here are some points to consider when you give feedback:

- Communication: Do you get the point of the talk?
- Organization: Does the homily have a beginning, a middle, and an end?
- Scripture: Does the homily help you understand and apply the Scripture?
- Significance: Does the homily touch your life?
- Appearance: Do your preacher's appearance or habits distract you from the message?
- Sincerity: Does your preacher seem to believe the message?
- Audio: Do the sound system and acoustics help you hear?
- Improvement: Is your preacher better now than a year ago?

Only you can change your opinions from idle gossip to helpful dialogue.

Bulletin Inserts for the Liturgical Life of the Parish: Gestures, Postures, and Customs of the Liturgy © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.

Lent 2026
Hope and Renewal

February 18 – April 4



Go to archseattle.org/lent for Lenten inspiration from Archbishop Etienne, engaging stories from Northwest Catholic and more. Follow us on Facebook and Instagram @archdioceseofseattle to get local Lenten inspiration.

formed
Forming Catholics for Life.

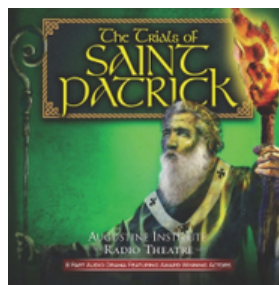
This Week on Formed
Week of March 15, 2026



<https://app.formed.org/app/videos/588480>

Joseph of Nazareth

Celebrate the feast of Christ's foster father with even more joy and respect this year by watching a movie about him! Enter into the life of this great saint through the movie Joseph of Nazareth!



<https://app.formed.org/app/videos/582676>

The Trials of Saint Patrick

The Trials of Saint Patrick, a powerful journey through hardship, loss, mercy, and forgiveness. With skilled actors and cinematic elements, this captivating story comes to life, stirring the imagination and sparking inspiration.



<https://app.formed.org/app/videos/578443>

Patrick: Brave Shepherd of the Emerald Isle

Fun-loving Patrick had it easy at his parents' seaside villa. At 16, he thought he had it made for life—that is, until the day riders kidnapped him to nearby Ireland. Now a slave and shepherd, Patrick faced a bleak and uncertain future. To survive, he'd have to conquer cold, hunger, wild beasts, and even worse enemies.

Our Parish Family has a **free Formed subscription** for you! Simply scan the QR code or visit formed.org/signup to create your account and select our Parish Family to get free access to these contents and much more!



An offering from the  AUGUSTINE INSTITUTE

SCHOOL NEWS

Haven't had your Girl Scout cookies yet? There's still time!



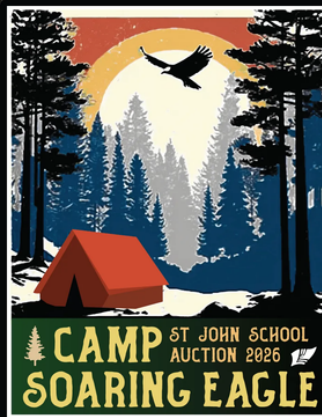
St. Benedict's own **Girl Scout Troop 44467** is raising funds for an overnight campout in the Cascades, where girls will build outdoor and adventure skills.

Order your cookies
now in Troop44467's
Digital Cookie
Store!



bit.ly/4qXCaoY

You can also get your cookies after St. Ben's 11 AM mass on March 15. Payment is easy: you can use credit or debit cards, Venmo, or PayPal.



We'll be heading off into the wilderness for **St. John School's 41st annual auction, Camp Soaring Eagle** on Friday, March 27, at Fremont Studios.

Contact your auction team Ainslie, Courtney or Chris, with questions at auction@st-johnschool.org.

For more info, visit: <https://st-johnschool.org/cash-donation-to-the-auction/>.



St. Al/St. John CYO Track & Field – Calling All Runners, Jumpers, and Throwers!

Registration is now open for CYO Track & Field for grades 3-8! Yes, we are including 3rd graders this year! It's time to lace up your running shoes and join the St. John/St. Al's Track & Field Team!

Track & Field is a fantastic way for your child to enjoy the outdoors, stay active three days a week, and have fun with friends. Our experienced coaches work closely with each grade to find the best races and field events for every athlete and prepare them to do their best.

Practice Schedule:

- Tuesdays & Fridays: 7-8:30 pm at Nathan Hale High School
 - Thursdays: 6:30-8 pm at Whitman MS
- Friday practices are optional*

Registration Fee: \$40 for early registration through 4/10/26. \$70 registration after 4/10 (Financial aid is available, contact Brian Haid at stjohnnad@st-johnschool.org). [Register Here!](#)

DISCOVER THE GIFT OF CATHOLIC EDUCATION

Our Parish Family is blessed with vibrant Catholic schools that partner with families in nurturing faith, knowledge, and community.

We invite you to consider them for your child's education and contact our schools.

We look forward to welcoming your family into our school communities!



St. Alphonsus Parish School

Nick Padrnos, Principal
npadrnos@stalseattle.org

Melissa Murphy, Director of Admissions
admissions@stalseattle.org
206-782-4363



St. Benedict Catholic School

Brian Anderson, Principal
b.anderson@stbens.net

Penny Ziemer, Advancement Director
p.ziemer@stbens.net
206-633-3375



St. John Catholic School

Abby Mansfield, Principal
amansfield@st-johnschool.org

Jonna Skokan, Director of Admissions
skokan@st-johnschool.org
206-782-2810 ext 310

THROUGHOUT THE ARCHDIOCESE



Saturday, March 14 | 7:00 - 10:00 PM | Archdiocese of Seattle

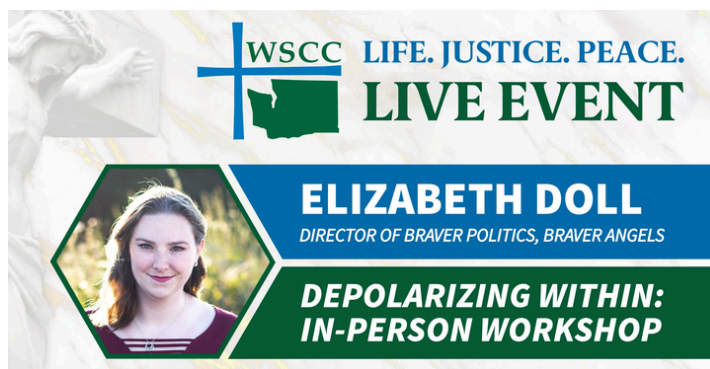
Join us for the Young Catholic Professionals Fruit of the Vine Anniversary Celebration - an elegant evening of curated wine tastings, meaningful fellowship, and reflection on the growth of our Seattle YCP community.

The night will begin at **7pm on Saturday, March 14 in the Isaac Orr Conference Room (910 Marion Street, Seattle WA)**. Come dressed in your best cocktail attire!

Free admission for YCP Belong and Belong+ members and priests/religious, \$20 admission for non-members, \$30 admission at the door.

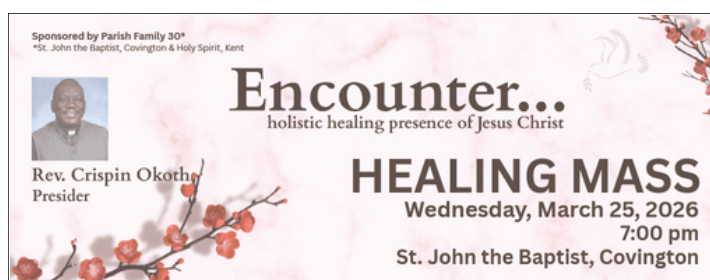
For more information and to register, go to

<https://bit.ly/3NaHFC1>



March 21 | 9 AM - noon | Archbishop Brunett Retreat Center

Our country is more divided than ever, which disrupts our families, damages our communities and stops us from working together for the common good. Learn the tools necessary to build bridges through mutual respect between people divided over politics. Free to attend. **Mass to follow at noon.**



Join us for a healing mass to encounter the holistic healing presence of Jesus Christ as we come together and embrace Holy Week and Easter with faith and hope.

In Kenya, Fr. Crispin has preached in open air Healing Mass rallies. He worked with other priests in the ministry of prayer, healing & deliverance, bringing hope & renewal to many.

Praise & worship begins @ 6:30pm.

7:00pm HEALING MASS – Followed by Eucharistic Adoration, Healing Service with Prayer Teams. All are welcome! Come and be on your journey to wholeness – spirit, mind & body!

For information, call Marilou or Myke (253) 630-0701



Thursday, March 26 | 7:00 - 8:00 PM | St. James Cathedral

Join Archbishop Etienne for the Chrism Mass and the blessing of the holy oils which will be used in the administration of the sacraments at Easter and throughout the archdiocese for the year. These holy oils include oil of catechumens, the oil of the infirm and holy chrism.

The bishops, priests and deacons of the archdiocese join in this Mass and renew their priestly promises during the liturgy. All are welcome to join us for this beautiful liturgy.

Livestream is available via Vimeo, Facebook and YouTube @ArchdioceseofSeattle.

PARISH FAMILY STAFF

Pastor

Fr. Colin Parrish
pastor@parishfamily14.org
<https://linktr.ee/frparrish>

Parochial Vicar

Fr. Paul Nkolombidzo
fr.nkolombidzo@parishfamily14.org

PARISH FAMILY ADMIN/OPERATIONS TEAM

(Location: St. John Admin Building; Main Line: 206-782-2810)

Director of Operations

Dani D'Amelio
ddamelio@parishfamily14.org
ext 314

Director of Development

Teresa Gillett
tgillett@parishfamily14.org
ext 355

Pastoral Assistant for Administration

Mary Wiseman
mwiseman@parishfamily14.org
ext 313

Bookkeeper St. Al/St. Ben

Michelle Knott
m.knott@parishfamily14.org
ext 308

Director of Communications

Racquel Servito
r.servito@parishfamily14.org

Administrative Assistant

Sheila Marty
smarty@parishfamily14.org
ext 358

Receptionist/Admin Assistant

HongPhuc Nguyen
hpnghuyen@parishfamily14.org
ext 300

PARISH FAMILY FAITH FORMATION TEAM

(Location: St. Benedict Parish Center; Main Line: 206-632-0843 ext 6005)

Executive Assistant

Lori Corcoro
lcorcoro@parishfamily14.org
ext 6004

Evangelization Coordinator

Claire Shea
cshea@parishfamily14.org
ext 6003

Liturgy Coordinator

Daniel Pelfrey
dpelfrey@parishfamily14.org
ext 6006

Music Director - St. Al/St. Ben

Andrew Koch
akoch@parishfamily14.org
ext 6007

Sacramental Coordinator

Julia Rudden
jrudden@parishfamily14.org
ext 6008

Music Director - St. John

Kate Reinhard - St. John
kreinhard@parishfamily14.org

ON-SITE STAFF

St. Benedict Site Director

Anita Hardwick
ahardwick@parishfamily14.org
206-632-0843 ext. 6009

St. Alphonsus Facilities Supervisor

John Skaar
facilities@stalseattle.org

St. John Facilities Supervisor

Beatriz Palomo
bpalomo@stjohnsea.org

PARISH FAMILY PASTORAL LEADERSHIP COUNCIL

partners.info@parishfamily14.org

Mary Pat O'Leary, St Alphonsus
marypattyostb@gmail.com

Michael Corcoro, St Alphonsus
mcorcoro@gmail.com

Olivia Raese, St Alphonsus
olivia@raesegroup.com

Brian Beach, St. Benedict -
brianebeach@gmail.com

Nausica Zorzi, St. Benedict -
nausicazorziseattle@gmail.com

Philip Orquia, St. Benedict -
porquia@gmail.com

Joe Sullivan, St. John -
joe.sullivan1020@gmail.com

Olga Sala Torra, St. John -
salatorra@yahoo.com

Teresa Lombardi, St. John -
tressa.lombardi@hotmail.com

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