

PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST

**“STAND FIRM
AND YOU
WILL WIN.”**

LUKE 21:5-19

Art by Nicolas Poussin

SUNDAY MASSES

Saturday: 5:00 PM Vigil at St. Alphonsus
5:00 PM Vigil at St. John
Sunday: 8:30 AM at St. John
9:00 AM at St. Alphonsus
10:30 AM at St. John
11:00 AM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
Friday: 9:00 AM at St. John
Saturday: 8:00 AM at St. Alphonsus
(except 1st Sat: 9:00 AM at St. John)

CONFESSION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus
Saturday: 4:00-4:45 PM at St. Alphonsus
Sunday: 8:00 - 8:45 AM at St. Alphonsus
Sunday: 9:45 - 10:15 AM at St. John
By appointment: info@parishfamily14.org
First Thursday Confession and Adoration:
7:00-8:00 PM at St. Alphonsus



ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107
Website: <https://stalseattle.org>



ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103
Website: <https://parish.stbens.net>



ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103
Website: <https://stjohnsea.org>

Admin Office/Front Desk: 206-782-2810 | 206-770-6494 (Fax) | info@parishfamily14.org | 106 N 79th St, Seattle
Faith Formation Office: 206-632-0843 | lcrcoro@parishfamily14.org | 1805 N 49th St, Seattle

  @parishfamily14

For pastoral emergencies, please call: 206-271-3543.

THIS WEEK'S CALENDAR

November 16, 2025

THIRTY-THIRD SUNDAY IN ORDINARY TIME

Mal 3:19-20a/2 Thes 3:7-12/Lk 21:5-19

	ST. ALPHONSUS		ST. BENEDICT		ST. JOHN	
November 16 THIRTY-THIRD SUNDAY IN ORDINARY TIME	8 AM	Confession	11 AM	Youth Mass with CLOW (Livestream)	8:30 AM	Mass
	9 AM	Mass	12 PM	Social Hour	9:30 AM	Lectio Divina
	10 AM	Coffee & Donuts			9:35 AM	Confirmation Class PF14
					9:45 AM	Confession
					10:30 AM	Mass with CLOW
						SVdP collection at both Masses
						KoC Pancake Breakfast after both Masses
					7:30 PM	Faith Sharing Group via Zoom
November 17 Monday <i>Saint Elizabeth of Hungary, Religious</i>	7 AM	Confession	8:30 AM	SMdP Sandwich Making		
	7:30 AM	Daily Mass	7 PM	Gospel Study via Zoom		
	7 PM	RIP: Eloisa Williams Men's Group - McGrath Rm				
November 18 Tuesday <i>Saint Rose Philippine Duchesne, Virgin</i>	7 AM	Confession				
	7:30 AM	Daily Mass INT: Shelle Bjolstad				
November 19 Wednesday	7 AM	Confession			7 PM	Spiritual Practices and the Liturgical Year Presentation
	7:30 AM	Daily mass RIP: Abegaile Descalso				
November 20 Thursday	7 AM	Confession			3-4 PM	Family Adoration
	7:30 AM	Daily Mass RIP: Henri Hardenberg				
	10 AM	Scripture Study				
	6 PM	Grounded in Grace - Family Center				
	7 PM	OCIA - Family Center				
November 21 Friday	8:15 AM to 8 PM	Adoration Chapel open			9 AM	Daily Mass RIP: Michael Todd and Matthew Todd
					11:30 AM	Funeral Mass for Patricia Simon
November 22 Saturday <i>The Presentation of the Blessed Virgin Mary</i>	8 AM	Daily Mass RIP: Arthur Jadraque	9:30 AM	Craft Group	11 AM	Funeral Mass for Bob Burke
	4 PM	Confession			5 PM	Vigil Mass (Livestream)
	5 PM	Vigil Mass				
November 23 SOLEMNITY OF OUR LORD JESUS CHRIST, KING OF THE UNIVERSE	8 AM	Confession	11 AM	Mass with CLOW (Livestream) - Volunteer Appreciation	8:30 AM	Mass
	9 AM	Mass - Volunteer Appreciation			9:30 AM	Lectio Divina
	10 AM	Coffee & Donuts	12 PM	Coffee & Donuts	9:35 AM	Confirmation Class PF14
					9:45 AM	Confession
					10:30 AM	Mass with CLOW - Volunteer Appreciation
						Coffee & Donuts after both Masses
					7:30 PM	Faith Sharing Group via Zoom
	For livestream and recorded masses, click the links:		https://parish.stbens.net www.facebook.com/stbenseattle		www.stjohnsea.org/live-stream-masses	

PARISH FAMILY HIGHLIGHTS



“What Are Our Gifts?” LISTENING SESSIONS

We have recently completed several listening sessions to identify the unique gifts and talents of each of our parishes. Initial sessions were held after each Mass during the weekend of October 25–26, with additional sessions for St. Benedict on October 30 at the school cafeteria, for young adults on November 7 at St. Alphonsus Gym, and for St. Alphonsus on November 13 and 14 at the School Commons.

In parallel, our [online](#) and paper surveys remain open for anyone who was unable to attend the listening sessions.

Once all sessions are completed and survey responses have been collected, Fr. Parrish and the Parish Leadership Council will meet to review and discuss the listening session process, results, and feedback. A summary of each parish's gifts and talents will also be shared through our bulletins and newsletters.

Looking ahead, we will discern how our Parish Family can use these gifts to creatively serve the unique needs of our community, which may include new outreach efforts, youth ministry programs, evangelization initiatives, and more.

OUR FIRST NAME TAG WEEKEND!

We sincerely thank everyone for participating in Name Tag Weekend! We hope you had the chance to greet fellow parishioners and meet new friends. We can't wait to do it again next month.



MAKE YOUR STEWARDSHIP PLEDGE TODAY!

St. Alphonsus
bit.ly/2026PledgeStAl



St. Benedict
bit.ly/2026PledgeStBen

St. John
bit.ly/2026PledgeStJohn



Making a pledge helps our parish plan ahead with confidence. Your commitment allows us to budget responsibly, sustain our ministries, support our staff, and continue the mission that brings our faith community to life.

Ways to make your pledge:

- In church: Pick up a pledge card in the church and return it in the collection basket.
- By mail: Fill out the pledge card we mailed you and return it in the collection basket or by mail.
- Online: Scan the QR code or visit the link to complete the pledge form digitally.

SYNODAL LISTENING SESSION SURVEY

Together, we can discover and live out God's will for our Parish Family. Please complete the “What Are Our Gifts” survey.

Scan the QR code, visit the online link, or pick up a printed form in the vestibule and drop it in the box provided.



bit.ly/PF14WhoRWeSurvey

PARISH FAMILY STAFF

Pastor

Fr. Colin Parrish
pastor@parishfamily14.org

Parochial Vicar

Fr. Paul Nkolombidzo

Admin/Operations Team

St. John Admin Building

Main Line: 206-782-2810

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St. Benedict Parish Center

Main Line: 206-632-0843

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St. Alphonsus Facilities Supervisor

Erik Ronning
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St. John Facilities Supervisor

Beatriz Palomo
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UPCOMING EVENTS

Youth MASS

Every 3rd Sunday

NOVEMBER 16, 2025
SUNDAY, 11 AM
ST. BENEDICT CHURCH

*Our young hearts come together to
worship and serve!*



Our amazing young people will lead the way in our celebration at St. Benedict Church! From music to hospitality, the youth will be at the heart of the liturgy.

After Mass, the celebration continues with **Chili and Corn Bread Sunday** at the school cafeteria. See you there!



[bit.ly/StBen
LitMinistry](http://bit.ly/StBenLitMinistry)

Spiritual Practices and the Liturgical Year

Presented by Daniel Pelfrey

WEDNESDAY, NOVEMBER 19, 7PM
ST. JOHN CHURCH

- Explore how spiritual practices connect with the rhythms of the liturgical year.
- Deepen your understanding of how prayer, reflection, and community life flow through the seasons of the Church.
- Find new ways to make your faith part of every season.



*Everyone's
welcome!*

WE COME TO
GOD TOGETHER



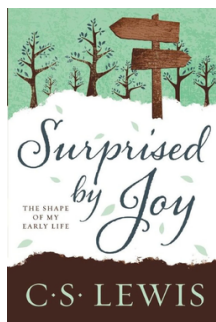
VOLUNTEER APPRECIATION

At all masses of
St. Alphonsus, St. Benedict
and St. John on the
**weekend of November 22
and 23**

As we celebrate the **Solemnity of Christ the King**, we take time to acknowledge and thank all those who volunteer their time and talents at our Parish Family.

Father will bless all volunteers at each Mass.

*Heavenly Father,
We thank You for the gift of
generous hearts. Bless all who
serve in our church with joy,
strength, and patience. May their
work bring glory to You and love
to our community. Amen.*



ADVENT COMMUNITY Dinners

Tuesdays of Advent, 6:00 PM
November 25
December 2, 9, and 16
Hosted at St. John's Egan Hall

Join us for a four-week Advent Community Dinner series as we reflect together on **Surprised by Joy** by **C.S. Lewis**. Come for dinner, stay for prayer, and leave with a renewed connection with your parish community! Childcare available.

**RSVP by calling the Faith
Formation Office at
206-632-0843 or online**



bit.ly/PFAdventDinner

Volunteers needed!

We warmly welcome volunteers and dish contributions, but your presence and participation matter most! See you there! Questions or to sign up, email cshea@parishfamily14.org.



PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST

ADVENT 2025

This Christmas season, we warmly invite you to join in our Parish Family's special holiday activities! These gatherings are a wonderful way to share joy, celebrate together, and grow in faith. Come connect with friends and neighbors as we embrace the spirit of giving, fellowship, and community.

You're all invited!



CHRISTMAS MASSES

December 24, 4:00 PM

- St. Alphonsus Church
- St. Benedict Church
- St. John the Evangelist Church

December 24, 11:00 PM

- St. Benedict Church

December 25, 9:00 AM

- St. Alphonsus Church
- St. John the Evangelist Church

OUR CHURCHES

St. Alphonsus Church

5816 15th Ave NW, Seattle, WA 98107

St. Benedict Church

1805 N 49th St, Seattle, WA 98103

St. John the Evangelist Church

106 N 79th St, Seattle, WA 98103

ADVENT COMMUNITY DINNERS

TUESDAYS, NOVEMBER 25, DECEMBER 2, 9, AND 16
6:00 PM AT ST. JOHN EGAN HALL

Join us for four weeks of good food and meaningful conversation as we gather for Advent dinners and reflect on the inspiring book *Surprised by Joy* by C.S. Lewis! If you'd like, bring and share your favorite recipe to make our table even more joyful!

CHRISTMAS GIVING TREES

STARTS NOVEMBER 29-30
AT ALL PARISHES

Share your blessings this Christmas! Pick a tag from the Giving Tree at any of our three churches, bring your gift to the church or parish office, and help bring joy to children, families and individuals in need in our community. For our list of beneficiaries, visit bit.ly/GivingTree25

ADVENT WREATH MAKING

SUNDAY, NOVEMBER 30
IMMEDIATELY FOLLOWING ST. JOHN'S
10:30 AM MASS AT EGAN HALL

Create a beautiful Advent wreath to celebrate the season! All supplies are provided, with a suggested donation of \$15. Enjoy a fun, festive atmosphere and take home your handmade wreath!

ADVENT PENCE SERVICE

THURSDAY, DECEMBER 4
7:00 - 9:00 PM AT ST. ALPHONSUS CHURCH

Get ready for Advent by joining us for Adoration, Confession, and Prayer. There will be live music to help set a peaceful, reflective mood.



PAROL (LANTERN)-MAKING

SUNDAY, DECEMBER 7
IMMEDIATELY FOLLOWING ST. BENEDICT'S
11:00 AM MASS AT THE SCHOOL CAFETERIA

Get creative and make your own Christmas parol! All supplies are provided. Take your lantern home and let it shine this Christmas!

A FESTIVAL OF LESSONS AND CAROLS

FRIDAY, DECEMBER 19

7:30 PM AT ST. ALPHONSUS CHURCH

Experience the beauty of the season with the Northwest Boychoir in their concert and enjoy inspiring music, sacred readings, and a joyful celebration of the holidays!

SIMBANG GABI

SATURDAY, DECEMBER 20
5:00 PM VIGIL MASS AT ST. BENEDICT CHURCH

Join our Parish Family for Simbang Gabi, a traditional Filipino Advent Mass, as we come together to prepare our hearts for Christmas. The celebration will include a parol procession and the singing of Filipino Christmas carols.

PARISH FAMILY UPDATES

LORD, HEAR OUR PRAYER...

Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Lillian Anderson, Len Andrews, Fridon Bahrimandarlini, Alexander Bodsky, Anneliese Bodsky, Linda Broderick, Joe Chitty, Donna Day, Jeff D'Amelio, Natasha Ryan D'Amelio, Bertha Eriksson, Ritchell Cunanan, Todd Galvão, Espedito P. Galvão, Margaret Goodrich, Carol Grimes, Lianne Grimes, Myrna Israkul, Joanne Jepson, Emily Jones, Joan Knebel, Nicholas Konopik, Daniel Love, Josephine Lynch, Seamus Lynch, Norma Macke, Ginny Massett, Darren Miller, Joanne Morgan, Jerry Mulka, Patricia Mulka, Jennifer Nagel, Ray Naidu, Dan Nichols, Patricia Patterson, Jack Piza, Bob Pohlman, Lucy Rogers, Janet Rossignol, Hilda Saleh, Lisa Schmidt, Jack Serwold, Abby Simpson, Lil' Stanley, Jeannette Tannario, Scott Tom, Jane Treeheal, Dennis Weiler, Jerilyn Wetzell, Shea Wilson, Lillian Yamamoto, and Megan Yoshimura.

For those who have died, including Patricia Simon, David Schoen, and Bob Burke, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: To request a prayer, please call the Parish Office or use the QR code or this link:

<https://bit.ly/PF14Prayer>



READINGS FOR SUNDAY, NOVEMBER 23 -

Solemnity of Our Lord Jesus Christ, King of the Universe

First Reading

2 Samuel 5:1-3

The shepherd David is anointed king.

Psalm

Psalm 122

"Let us go rejoicing to the house of the Lord."

Second Reading

Colossians 1:12-20

God has made us worthy to share the lot of the saints in light.

Gospel

Luke 23:35-43

"Jesus, remember me when you come into your kingdom."

Our first reading today takes us back to when the elders of the twelve tribes of Israel anointed David king. In the second reading we hear an early church prayer, extolling Jesus in words like the ones we recite today in the creed. The Gospel offers two very different ways in which the men condemned with Jesus viewed the inscription on his cross. In harmony with the good thief, may we sing out in today's responsorial psalm, "Let us go rejoicing to the house of the Lord."

PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

Week of November 9, 2025

St. Alphonsus Parish

MASS ATTENDANCE

Saturday, 5 PM	87
Sunday, 9 AM	208

PARISH COLLECTION

Mass Collection	\$ 3,081.00
Online Donations	\$ 2,710.89
Mailed-in	\$ 1430.00

Total Collection \$7,221.89

Weekly Budget \$ 9,833.00

Under Weekly Budget \$ 2,611.11

Thank you so much for all your support to St. Alphonsus Parish!

Set up your recurring online giving now!



St. Benedict Parish

MASS ATTENDANCE

Sunday, 11 AM	171
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PARISH COLLECTION

Mass Collection	\$509.00
Online Donations	\$ 2,747.82
Mailed-in	\$ 2,240.00

Total Collection \$ 5,496.82

Weekly Budget \$ 6,055.00

Under Weekly Budget \$ 558.18

Thank you so much for all your support to St. Benedict Parish!

Set up your recurring online giving now!



St. John Parish

MASS ATTENDANCE

Saturday, 5 PM	101
Sunday, 8:30 AM	143
Sunday, 10:30 AM	184

PARISH COLLECTION

Mass Collection	\$ 6,480.00
Online Donations	\$ 8,317.90
Mailed-in	\$ 4,121.00

Total Collection \$ 18,918.90

Weekly Budget \$ 17,228.00

Over Weekly Budget \$ 1,690.90

Thank you so much for all your support to St. John Parish!

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>



PARISH FAMILY UPDATES

FUNERAL ANNOUNCEMENT

The Funeral Mass for **Patricia Simon** will be on Friday, November 21, at 11:30 AM at St. John Parish. Reception to follow in the Parish Admin Building.



Meals for Our Priests

Our Parish Family is organizing a meal train to nourish and thank our priests in residence for their generous service. They have no dietary restrictions and welcome any meal — a simple supper, a favorite recipe, or local takeout. If you'd like to help, please sign up for a date that works for you: <https://mealtrain.com/4gewk7>. Meals can be dropped off at the St. Alphonsus Parish office or rectory. Thank you for caring for those who so faithfully care for us!

LOOKING FOR A CAR FOR FR. NKOLOMBIDZO

Good news - Fr. Nkolombidzo has a driver's license! He is hoping to get a reliable car for driving around Seattle, attending funerals, retreats, and parish visits. If you have a spare vehicle that's not too fancy but runs well, and would be willing to sell at a reasonable price, contact mwiseman@parishfamily14.org. Your kindness and support would be greatly appreciated!



ST AL'S CONVENT INVITES YOUNG ADULTS TO... FRIENDS GIVING

*Adoration +
Potluck Dinner*

NOVEMBER
24

6:00PM ON MONDAY

Come pray and eat in thanksgiving for another year, and bring a dish to share!

TEXT/CALL 916-871-6975 - RSVP AND DISH SIGN-UPS

Women's Group

November 25, 6:30 PM

St. Alphonsus McGrath Room
Join us for discussion and prayer on cultivating peace during the busy holiday season. No RSVP needed. Questions? Contact olivia_fannin@yahoo.com.



HAVE YOU EVER FELT CALLED TO SERVE AT MASS?

Whether you'd like to be a lector, altar server, Eucharistic minister, videographer or usher at any of our parishes, there's a place for you. No experience needed, just a willing heart. Sign up today and be part of something meaningful!

For more info, please contact Daniel Pelfrey at dpelfrey@parishfamily14.org

St. Alphonsus



bit.ly/StAlLitMinistry

St. Benedict



bit.ly/StBenLitMinistry

St. John



bit.ly/StJohnLitMinistry

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Scan the QR code, or go to formed.org/signup
Enter 98107 for zip code or Parish Family 14 Seattle
Enter your name and email address.

FROM THE AUGUSTINE INSTITUTE

FAITH FORMATION AND SACRAMENTS

SMALL FAITH SHARING GROUPS

Faith Sharing Group

November 16, 7:30 PM | St. John Faith Sharing Group via Zoom. Everyone is welcome to join, ask questions, and share insights as they grow together in faith. For zoom link and more info, contact tressa.lombardi@hotmail.com.

Gospel/Scripture Ministry

November 17, 7 PM | St. Benedict Gospel Study via Zoom Meeting ID: 864 2616 6842 Password: 961919 (Contact: Brenda Stratton at bjandmes@msn.com)

November 20, 10 AM | St. Alphonsus Scripture Study in the St. Alphonsus McGrath Room (Contact: Mary Green at amgquilt46@gmail.com)

Children's Liturgy of the Word (Sunday School)

Children ages Preschool and older are invited to participate in Children's Liturgy of the Word, offered **most Sundays during the 10:30AM Mass at St. John, and all Sundays at the 11 AM Mass of St. Benedict.**

If you are interested in volunteering or would like more information, please contact Daniel Pelfrey at dpelfrey@parishfamily14.org or Gian Orquia at gianrfelo@gmail.com.



LOOKING TO GROW IN FAITH AND FRIENDSHIP?

Check out the many Small Faith Sharing Groups across our Parish Family! Scan the QR code or visit: bit.ly/PF14SmallGroups. These groups are wonderful opportunities to pray together, reflect on Scripture, share life experiences, and build meaningful connections within our community. Everyone is welcome, whether you're new or have been with us for years. Come find a group that feels right for you!



SACRAMENTAL PREPARATION

Infant Baptism

Baptisms in our Parish Family are scheduled during the Saturday Vigil and Sunday Masses at our three churches. Upcoming baptism dates: **December 13 and 14, 2025; February 28 and March 1, 2026; June 13 and 14, 2026** For more information, contact Julia Rudden at jrudden@parishfamily14.org.

Order of Christian Initiation of Adults (OCIA)

Are you an adult seeking confirmation or interested in becoming Catholic? Join our OCIA! Sessions are held on **Thursday evenings at 7 PM in the St. Alphonsus Family Center**. This is open to anyone who would like to learn more about the Catholic faith. Email Claire Shea at claireshea@parishfamily14.org for more information. All are welcome!

Order of Christian Initiation of Children (OCIC)

If your kids are you from another faith tradition but feel at home in our Parish Family, or baptized Catholic but want to learn more, OCIC might be the perfect place for them to grow in faith. For more information, please contact Claire Shea at claireshea@parishfamily14.org.

Youth Confirmation

All baptized Catholic youth of our Parish Family in grades 7 and above are invited to join.

- Classes meet at St. John's Egan Hall (unless otherwise communicated).
- Register here: bit.ly/PF14ConfirmationReg
- For full details, go to www.stjohnsea.org/confirmation or contact jrudden@parishfamily14.org.



Funerals

The death of a loved one brings sorrow and grief, yet our faith in Christ's Resurrection offers comfort and grace amid sadness. The Church's funeral rites bring hope and consolation as we commend our loved one to God's loving mercy.

To begin making funeral arrangements, please contact Julia Rudden at jrudden@parishfamily14.org or 206-632-0843 ext 217.

Please feel free to contact us for the following:

First Holy Communion and Reconciliation, Youth Confirmation, Sacrament of Matrimony and Funeral -

Julia Rudden at jrudden@parishfamily14.org

Order of Christian Initiation for Adults and Children - Claire Shea at claireshea@parishfamily14.org

Parish Advocates for Annulment - annulment@stjohnsea.org

SOCIAL JUSTICE COMMISSION

SUNDAY
November 16



Please Join the Knights of Columbus for a

PANCAKE

Breakfast

AFTER EACH MASS

St. John the Evangelist Parish, Admin Building

St. Martin de Porres Sandwich Making

SMDP sandwich makers prepare a total of 800 sandwich lunches every month for men who live at the SMDP shelter in downtown Seattle.

Join the next sandwich making on **November 17, 2025, Monday, 8:30AM** in the St. Benedict Parish Center. Contact Vicky Briones at vicster912@gmail.com for more information.



Holy Name Society's DONATION DRIVE

Thanksgiving Food Drive for Ballard Food Bank



Please bring your offering of canned goods and shelf-stable packaged foods to any weekend Mass this **November at St. Alphonsus Church**. Kindly avoid items that require refrigeration or freezing.

Sock Drive for St. Martin de Porres Men's Shelter

You can drop off your socks donations at the **St. Alphonsus Family Center during the Pancake Breakfast on December 7**.

The shelter is also in need of the following new items: toothbrushes, travel-sized toiletries (shampoo, lotion, shaving cream), disposable razors and deodorant.



Thank you for sharing the spirit of compassion and generosity this season!

THANKSGIVING *Dinner*

Let's extend our hearts to those in need!

Donations will be accepted until December 1, 2025.

Your generous donations will help provide nourishing meals and festive treats, ensuring everyone can celebrate this season of gratitude.

Parish Family Social Justice Commission will be distributing meals to **Patrick Place residents and St. Vincent de Paul families**.

OUR GOAL = \$2,500.00 (Cost of the Meals)



Scan the QR code,
or go to
bit.ly/PF14TGiving2025



Questions? Want to help deliver the meals?
Please contact Len Kannapell at 206-909-2735 or kannapell@yahoo.com.

Sancta Vita

Pope Leo XIV's prayer intention for the month of November is for those who are struggling with suicidal thoughts. In November's prayer, Pope Leo XIV emphasizes that we are all 'vulnerable.'

It encompasses every person, including religious and consecrated persons. Our human hearts, just like the Heart of Jesus, are not immune to being wounded and suffering. No one is exempt from the darkness of desperation. This is why the Christian community must become a welcoming place, a place of healing, where those who suffer feel at home. Link to Pope's prayer: <https://popesprayerusa.net/2025/11/01/monthly-prayer-for-prevention-of-suicide/>

- Aleiteia daily newsletter 2025-11-05

St. Vincent De Paul - SNAP Rapid Response

On October 30, the City of Seattle declared an emergency after the SNAP food support freeze, affecting families across King County.

Thanks to emergency funds, the SVdP Georgetown Food Bank has expanded its hours and food supplies to ensure no family goes hungry.

If you or someone you know relies on SNAP or is struggling to make ends meet, please **visit Georgetown Food Bank at 5972 4th Avenue South, Seattle, WA 98108**. See here for their operating hours: svdpseattle.org/get-help/food-bank/

To support families, donate at svdpseattle.org/donatetous.

THROUGHOUT THE ARCHDIOCESE



CYO VOLLEYBALL REFEREES WANTED

Training Dates

- Sat., January 10, 11:30am – 1:30pm
(Holy Family Kirkland Gym)
- Tues., January 13, 6:30pm – 8:30pm
(Our Lady of the Lake Gym)
- Sat., January 24, 10:00am – 12:00pm
(St. Anthony Gym)
- Sat., February 7, 10:00am – 12:00pm
(St. John Gym)



bit.ly/43mfuVJ

Information

- 1st year and 2nd year referees will need to attend one of the offered trainings above.
- Must be at least 14 years old to apply.
- Pay for new referees will start at \$24 per hour.
- CYO will provide referees with a polo shirt for matches.
- The CYO volleyball season runs February 21 through May 3.
- Matches will take place on Saturday & Sunday.
- Some playoff matches will take place during the weekdays.
- If you are interested in being a CYO volleyball referee this season, please scan the QR code or go to the link and fill out the required information.

Questions, please email Will Woodworth
(William.woodworth@seattlearch.org)

#TechcumenicalMass

Mass for Tech Professionals

All technical professionals in the Puget Sound, current and former, are invited to the

Mass of Thanksgiving

Fellowship gathering will follow with food and drinks.

Tuesday, November 18 | 6 PM

Saint Jude Catholic Church

10526 166th Ave NE, Redmond, WA 98052



Archbishop Paul D. Etienne will preside and will impart a special blessing

"Together with its extraordinary potential to benefit the human family, the rapid development of AI also raises deeper questions concerning the proper use of such technology in generating a more authentically just and human global society."

Pope Leo XIV

For more information contact camsww@microsoft.com

Join us for a

Suicide Loss Support Group

Every Tuesday Nov. 4–Dec. 16

6:30–8pm

St. James | Pastoral Outreach Center
907 Columbia St., Seattle



Those who have experienced a loss by suicide are invited to attend a 7-week grief support group.

Facilitated by St. James Cathedral Staff Anissa Ralls, these sessions will encourage you to reflect on how our Catholic faith can facilitate spiritual healing, provide comfort amidst ongoing grief, and inspire both hope and service. We will watch the series *When a Loved One Dies by Suicide* together, featuring stories of Catholics whose loved ones have died by suicide and explaining Church teaching on suicide while offering prayers of comfort and support.

Preregistration required and space is limited. For more information and to register, please contact Anissa Ralls at aralls@stjames-cathedral.org or 206-382-4269.

October 11–22, 2026

PILGRIMAGE TO ITALY with Bishop Schuster



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The Crozier Society

**Join Bishop Frank Schuster on a pilgrimage to Italy
October 11–22, 2026**

Travel to the sacred cities of Rome, Assisi and Florence with Bishop Frank R. Schuster, Crozier Society members and fellow Catholics from the Archdiocese of Seattle. Limited spots available. Learn more and register at <https://bit.ly/400OoWc>



Thessalonians

AS THE Church year draws to its close, it is likely that Catholics attending Sunday Mass will hear a second reading from one of St. Paul's two letters to the Thessalonians. Excerpts from the First Letter are proclaimed through a stretch of four Sundays near the end of the lectionary's Year A, and passages from the Second Letter are heard on three Sundays near the end of Year C.

Many scholars believe that these were Paul's first efforts at writing epistles. They also believe that the Gospels were first written down some decades after Paul died. Therefore, the First Letter to the Thessalonians is probably the oldest written book of the New Testament, dating to about AD 50.

The city of Thessaloniki still stands as a large important port in Greece, the populous center of Macedonia. Paul had visited there on his missionary journeys, where he and Silas won over many Jewish and Gentile converts, both men and women. He also made some enemies, and this perhaps convinced him to stay in touch with the flock he formed.

The letters reveal a belief that Jesus' return was imminent. They also comfort readers with a message about the salvation of believers who have already died. These themes make the letters particularly appropriate for the end of the Church year, when the faithful turn their attention to the Second Coming of Christ. Passages from the First Letter to the Thessalonians also appear on a Sunday of Advent in Years B and C, and as one option for a reading at funerals.

Although Paul was wrong about how quickly Christ would return, these letters remind us to behave our best at all times—as though the end is near.

Bulletin Inserts for the Liturgical Life of the Parish: The Lectionary for Mass © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.



SAINT OF THE MONTH

Martin de Porres

Feast Day: November 3

Beatified: October 29, 1837

Some people do good no matter what happens to them. Martin de Porres did. His mother was an African or Indian from Panama, a former slave. His father was a Spanish soldier and nobleman. So people made fun of Martin because he came from two different races.



What did Martin do? He blessed his enemies; he did good to those who laughed at him. Was this easy? No. But Martin simply loved to do good.

Martin was born in Lima, Peru, in 1579. His father left his family when Martin was eight. This left Martin and his baby sister and their mother very poor. But Martin still gave away whatever he could to other hungry and poor people.

When he was 12, Martin went to work for a barber. He learned to cut hair and to heal wounds. Later, Martin wanted to join the Dominicans in their work. He was allowed to work with them as a servant who swept floors and answered the door (at the time, the law in Peru did not allow persons of other races or mixed race to enter religious life). Finally his years of good works and miraculous cures led the Dominicans to allow him to become a lay brother, but even some of his fellow Dominicans still scorned him.

He eventually founded orphanages for homeless children and cared for lonely African slaves who had been forced to come to Lima. He gave shirts to those who had no clothes; bread to those who had no food; shelter to those who had no homes. One of his closest friends was St. Rose of Lima.

In 1639, Martin died. Everyone in Lima mourned him, even bishops and members of the royal court in Lima. In 1962, the Church declared that Martin de Porres was a saint. Many statues of St. Martin de Porres show him holding a broom, with a dog, cat, and mouse at his feet; he loved animals and was said to have solved a rat problem by simply asking the rats to leave. The house where he was born has been well preserved in Lima.

He is the patron saint of persons of mixed race and of those who suffer from discrimination.

<http://www.saintsresource.com/martin-de-porres>

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DIRECTLY TO GOD

with our prayers?

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