

November 2, 2025

The Commemoration of All the Faithful Departed (All Souls' Day)

PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST

**"YOUNG MAN,
I SAY TO YOU, GET UP!"**

LUKE 7:11-17

SUNDAY MASSES

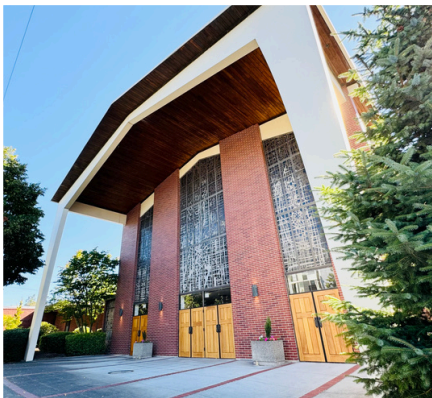
Saturday: 5:00 PM Vigil at St. Alphonsus
5:00 PM Vigil at St. John
Sunday: 8:30 AM at St. John
9:00 AM at St. Alphonsus
10:30 AM at St. John
11:00 AM at St. Benedict

DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus
Friday: 9:00 AM at St. John
Saturday: 8:00 AM at St. Alphonsus
(except 1st Sat: 9:00 AM at St. John)

CONFESSION

Mon - Thurs: 7:00 - 7:20 AM at St. Alphonsus
Saturday: 4:00-4:45 PM at St. Alphonsus
Sunday: 8:00 - 8:45 AM at St. Alphonsus
Sunday: 9:45 - 10:15 AM at St. John
By appointment: info@parishfamily14.org
First Thursday Confession and Adoration:
7:00-8:00 PM at St. Alphonsus



ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107
Website: <https://stalseattle.org>



ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103
Website: <https://parish.stbens.net>



ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103
Website: <https://stjohnsea.org>

Admin Office/Front Desk: 206-782-2810 | 206-770-6494 (Fax) | info@parishfamily14.org | 106 N 79th St, Seattle
Faith Formation Office: 206-632-0843 | lcrcoro@parishfamily14.org | 1805 N 49th St, Seattle

  @parishfamily14

For pastoral emergencies, please call: 206-271-3543.

THIS WEEK'S CALENDAR

November 2, 2025

THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS' DAY)

Wis 3:1-9/Rom 8:14-23/Lk 7:11-17

	ST. ALPHONSUS	ST. BENEDICT	ST. JOHN
November 2 ALL SOULS' DAY	8 AM Confession 9 AM Mass 10 AM Coffee & Donuts 10:15 AM First Reconciliation Class	10 AM First Reconciliation Class 11 AM Mass with CLOW (Livestream) 12 PM Coffee & Donuts	8:30 AM Mass 9:35 AM Confirmation Class PF14 9:45 AM Confession 10:30 AM Mass with CLOW SVdP collection Coffee & Donuts after both Masses
November 3 Monday <i>Saint Martin de Porres, Religious</i>	7 AM Confession 7:30 AM Daily Mass RIP: Santa Bertucci 7 PM Men's Group - McGrath Rm	8:30 AM SMdP Sandwich Making 7 PM Gospel Study via Zoom	
November 4 Tuesday <i>Saint Charles Borromeo, Bishop</i>	7 AM Confession 7:30 AM Daily Mass	7 PM Women's Ministry via Zoom	
November 5 Wednesday	7 AM Confession 7:30 AM Daily mass	6 PM OCIC Inquiry Session - Parish Center	
November 6 Thursday	7 AM Confession 7:30 AM Daily Mass 10 AM Scripture Study 7 PM Adoration/Confession 7 PM YCP - Fireside Chat with Joe Sprague - Wilson Rm 7 PM OCIA - Family Center	7 PM Book Group	3-4 PM Family Adoration
November 7 Friday	7 PM Listening Session - Gym 8:15 AM Adoration Chapel open to 8 PM		9 AM Daily Mass RIP - Jan Beck
November 8 Saturday	8 AM Daily Mass 4 PM Confession 5 PM Vigil Mass	9:30 AM Craft Group	11 AM Funeral Mass for Pat Nolan 5 PM Vigil Mass (Livestream)
November 9 THE DEDICATION OF THE LATERAN BASILICA	8 AM Confession 9 AM Mass 10 AM Coffee & Donuts 10:15 AM First Reconciliation Class 10:30 AM OCIC Inquiry Session - McGrath Room	10 AM First Reconciliation Class 11 AM Mass with CLOW (Livestream) 12 PM Coffee & Donuts	8:30 AM Mass 9:35 AM Confirmation Class PF14 9:45 AM Confession 10:30 AM Mass with CLOW Coffee & Donuts after both Masses 12:15 PM Tolton Presentation - Egan Hall 7 PM Book Club - Parish Admin Bldg
	For livestream and recorded masses, click the links:	https://parish.stbens.net www.facebook.com/stbenseattle	www.stjohnsea.org/live-stream-masses



Sign up to **get notified of mass cancellations** or mass time changes.
<https://bit.ly/PF14NotifyMe>



Subscribe to **weekly bulletin and e-newsletter**.
<https://bit.ly/PF14WeeklyBulletin>



Submit your **questions & feedback** about our Parish Family.
<https://bit.ly/PF14Queries>

PARISH FAMILY HIGHLIGHTS

THANK YOU FOR PARTICIPATING IN THE LISTENING SESSIONS!



A heartfelt thank you to everyone who joined our recent listening sessions! Your thoughts, stories, and insights are helping shape the future of our Parish Family.

We're grateful for the wonderful participation — 30 from St. Alphonsus, 31 from St. Benedict, and 72 from St. John!

Special thanks to the Pastoral Leadership Council and Pastoral Councils for taking the lead and guiding these sessions with care and dedication. Your leadership and commitment made these gatherings meaningful and spirit-filled.

**DID YOU
MISS THE
LISTENING
SESSIONS?**



**WE STILL WANT TO HEAR FROM YOU!
COMPLETE THE SURVEY!**

Scan the QR code, visit the
online link, or pick up a
printed form in the
vestibule and drop it in the
box provided.



bit.ly/PF14WhoRWeSurvey

If you weren't able to join our recent listening sessions, we still want to hear from you! You can share your thoughts, hopes, and ideas for our Parish Family by filling out our Parish Family Survey, open until **November 16**.

We're all in this together — listening to one another and to the movement of the Holy Spirit among us. Discernment invites us to listen deeply, stay open, and trust that God is continually at work in each of us and in our community.

Together, we can discover and live out God's will
for our Parish Family.

PARISH FAMILY STAFF

Pastor

Fr. Colin Parrish
pastor@parishfamily14.org

Parochial Vicar

Fr. Paul Nkolombidzo

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St. John Admin Building
Main Line: 206-782-2810

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Sacramental Coordinator

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St. Alphonsus Facilities Supervisor

Erik Ronning
facilities@stalseattle.org

St. John Facilities Supervisor

Beatriz Palomo
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ST. JOHN
THE EVANGELIST PARISH

PARISH STEWARDSHIP OF TREASURE.

JOIN US FOR THE STATE OF THE PARISH!

Fr. Parrish and our Pastoral and Finance Council Chairs will share updates on the parish's ministries, finances, and future plans during the State of the Parish at each Mass on **November 1 and 2, 2025**.

This is a great opportunity to learn more about how our parish is doing and where we're headed together.

We invite everyone to join us at Mass and be part of this important conversation about the life of our parish community.

Please prayerfully consider God's gifts to you and make your pledge today.

Making a pledge helps our parish plan ahead with confidence. Your commitment allows us to budget responsibly, sustain our ministries, support our staff, and continue the mission that brings our faith community to life.

There are two ways to make your pledge:

- Pick up a pledge card in the church and return it in the collection basket or by mail.
- Scan the QR code or go to the link and fill out the online pledge form.



bit.ly/2026PledgeStJohn

Good things happen when you share. When we see everything before us as a gift, we joyfully accept the responsibility to grow and return our gifts to God.

Gratitude starts when we recognize that we have received a gift.



The 2026 Parish Stewardship Drive & State of the Parish

Mark your calendars! We are kicking off our 2026 Stewardship of Treasure Drive at all Masses THE WEEKEND OF NOVEMBER 1 & 2, including the State of the Parish Presentation.

The State of the Parish will include our current financial picture, a message from members of the parish on why they support St. John, and an invitation from Fr. Parrish to support the 2026 Stewardship Drive. This will be followed by a photo montage highlighting the great things you have helped St. John accomplish in the last year. We ask you to prayerfully consider your stewardship commitment for 2026.

School Families:

In order to be eligible, and to remain eligible for Parish Fair Share tuition, each family must meet the following criteria:

- **Be registered in the Parish - you may do this at the Parish Office or online at www.stjohnsea.org**
- **Be active in the life of the parish including:**
 - **ATTEND THE STATE OF THE PARISH PRESENTATION THE WEEKEND OF NOVEMBER 1 & 2**
 - **Be supportive of or involved in one of the many ministries of the Parish.**
- **Fill out a new Stewardship pledge card - we need to have a new card on file each year.**
- **Make a consistent effort to meet that pledge.**

School families can pick up their Parish Stewardship envelopes at any of the Masses. The envelope includes our Stewardship letter from Fr. Parrish with your pledge card and the Parish Fair Share Stewardship Agreement. If you take part in the program, the agreement must be signed and returned to the Parish Office.



UPCOMING EVENTS



Join us for a fireside chat with Joe Sprague, CEO of Hawaiian Airlines. This is a free event open to the public where executives share their career and faith journeys with young professionals, challenging them to "Work in Witness for Christ."

Attendees enjoy complimentary drinks and appetizers and have a chance to socialize before and after the evening's presentation. Open to young professionals in their 20s and 30s.

Find out more and register:

https://ycp.glueup.com/event/executive-speaker-series-154947/?pk_campaign=widget-event-list

FUNERAL ANNOUNCEMENT

The Funeral Mass for longtime St. John parishioner, **Pat Nolan**, will be on Saturday, November 8, at 11 AM at St. John Parish. Reception to follow in Egan Hall.



YOUNG ADULT LISTENING SESSION



Friday, 7 November, 7pm
St. Alphonsus Gym
Followed by Drinks

For questions and more info,
please contact Fr. Parrish at
pastor@parishfamily14.org.

Are you 21 - 40 years old?

Join us and share your faith experience to help shape the future of our parish!

The session lasts about one hour, followed by a fun night out at the Old Pequiar.

Your thoughts will guide our prayers and pastoral planning. Your voice truly matters!

Sign up now!



bit.ly/PF14YoungAdult

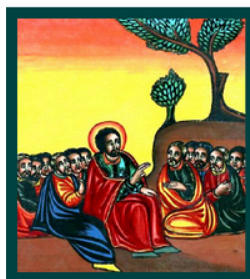
-- SAVE THE DATE --



November 19 at 7 PM
Spiritual Practices and the Liturgical Year
presented by Daniel Pelfrey

More details to follow.

-- SAVE THE DATE --



an introduction to the
Gospel of Matthew
with Ron Ryan, D. Min.

Wednesday, December 3
7:00 - 8:30 pm • St. John Parish Admin Bldg.

NORTHWEST BOYCHOIR PRESENTS

47TH SEASON A FESTIVAL OF LESSONS & CAROLS

DECEMBER 6-22

A NORTHWEST HOLIDAY TRADITION WITH THE
NORTHWEST BOYCHOIR & VOCALPOINT! SEATTLE

Friday | December 19 | 7:30 PM
St. Alphonsus Church

Buy tickets here!

northwestchoirs.easy-ware-ticketing.com/events



PARISH FAMILY UPDATES

LORD, HEAR OUR PRAYER...

Please remember the following people who are ill, homebound, or need your prayers this week: Marnie Ahern, Lillian Anderson, Len Andrews, Fridon Bahrimandarlini, Alexander Bodsky, Anneliese Bodsky, Linda Broderick, Joe Chitty, Donna Day, Jeff D'Amelio, Natasha Ryan D'Amelio, Bertha Eriksson, Ritchell Cunanan, Todd Galvão, Espedito P. Galvão, Margaret Goodrich, Carol Grimes, Lianne Grimes, Myrna Israkul, Joanne Jepson, Emily Jones, Joan Knebel, Nicholas Konopik, Daniel Love, Josephine Lynch, Seamus Lynch, Norma Macke, Ginny Massett, Darren Miller, Joanne Morgan, Jerry Mulka, Patricia Mulka, Jennifer Nagel, Ray Naidu, Dan Nichols, Patricia Patterson, Jack Piza, Bob Pohlman, Lucy Rogers, Hilda Saleh, Lisa Schmidt, Jack Serwold, Abby Simpson, Lil' Stanley, Jeannette Tannario, Scott Tom, Jane Treeheal, Dennis Weiler, Jerilyn Wetzell, Shea Wilson, Lillian Yamamoto, and Megan Yoshimura.

For those who have died, including Dave Livingstone, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: To request a prayer, please call the Parish Office or use the QR code or this link:

<https://bit.ly/PF14Prayer>



READINGS FOR SUNDAY, NOVEMBER 9 - Feast of the Dedication of the Lateran Basilica

First Reading

Ezekiel 47:1-2, 8-9, 12

Water flows through the temple.

Psalm

Psalm 46

"The Lord is my shepherd; there is nothing I shall want."

Second Reading

1 Corinthians 3:9c-11, 16-17

We are God's building.

Gospel

John 2:13-22

Jesus will raise the temple in three days.

In his vision of a restored temple in Jerusalem, the holy city—the city of God—Ezekiel sees the life-giving waters that flow from it, bringing life to land and sea. We sing of these waters in the psalm, linking them to God's dwelling. In the Gospel, Jesus refers to his Body as a temple and in the second reading Paul asserts that we are the temple of God, for the Holy Spirit dwells in each of us. Aware of our holiness and each other's holiness, we listen together to God's word.

PARTICIPATION AND STEWARDSHIP OF TREASURE

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings. Sharing our mass times with them can help strengthen our Parish Family!

Week of October 26, 2025

St. Alphonsus Parish

MASS ATTENDANCE

Saturday, 5 PM	94
Sunday, 9 AM	240

PARISH COLLECTION

Mass Collection	\$ 3,661.00
Online Donations	\$ 4,348.72
Mailed-in	\$ 100.00

Total Collection \$ 8,109.72

Weekly Budget \$ 9,833.00

Under Weekly Budget \$ 1,723.28

Thank you so much for all your support to St. Alphonsus Parish!

Set up your recurring online giving now!



St. Benedict Parish

MASS ATTENDANCE

Sunday, 11 AM	163
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PARISH COLLECTION

Mass Collection	\$650.00
Online Donations	\$ 3,556.07
Mailed-in	\$ 416.00

Total Collection \$ 4,622.07

Weekly Budget \$ 6,055.00

Under Weekly Budget \$ 1,432.93

Thank you so much for all your support to St. Benedict Parish!

Set up your recurring online giving now!



St. John Parish

MASS ATTENDANCE

Saturday, 5 PM	109
Sunday, 8:30 AM	177
Sunday, 10:30 AM	153

PARISH COLLECTION

Mass Collection	\$ 2,764.05
Online Donations	\$ 8,750.26
Mailed-in	\$ 1,811.00

Total Collection \$ 13,325.31

Weekly Budget \$ 17,229.00

Under Weekly Budget \$ 3,903.84

Thank you so much for all your support to St. John Parish!

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>



FAITH FORMATION AND SACRAMENTS

SMALL FAITH SHARING GROUPS

Gospel/Scripture Ministry

November 3, 7 PM | St. Benedict Gospel Study via Zoom
Meeting ID: 864 2616 6842 Password: 961919 (Contact:
Brenda Stratton at bjandmes@msn.com)

November 6, 10 AM | St. Alphonsus Scripture Study in
the St. Alphonsus McGrath Room

Men's Group

November 3, 7 PM | St. Alphonsus Men's Group
fellowship and faith sharing in the St. Al McGrath Room
For more info, please contact Brian LeBlanc at
brianleblanc76@gmail.com.

Grounded in Grace

November 20, 6 PM | St. Alphonsus Family Center/Gym
Join our support group, Grounded in Grace, a safe and
confidential space for healing and hope. Childcare and a
light meal will be provided. All are welcome. Please RSVP:
olivia@raesegroup.com

Women's Ministry

November 4, 7 PM | St. Benedict Women's Ministry
via Zoom Meeting ID: 83832067839 Password: 042299
For more info, please contact Debra Reilly at
debras.reilly@gmail.com.

Book Group

November 6, 7 PM | St. Benedict Book Group at St. Mary
Room (upper level of Parish Center); Reading schedule:
October - *Cane River* by Letitia Tademy, November - *Moon
Flower* by David Grann, December - *A Redbird Christmas* by
Fannie Flagg. For more info, please contact Brenda
Stratton at bjandmes@msn.com.

November 9, 7 PM | St. John Book Club at St. John Parish
Admin Building; Next book is *Paul Among the People: The
Apostle Reinterpreted and Reimagined in His Own Time* by
Sarah Rudden. For more info, please contact
smarty@parishfamily14.org.



Looking to grow in faith and friendship? Check out the many Small Faith Sharing Groups across our Parish Family! Scan the QR code or visit: bit.ly/PF14SmallGroups. These groups are wonderful opportunities to pray together, reflect on Scripture, share life experiences, and build meaningful connections within our community. Everyone is welcome, whether you're new or have been with us for years. Come find a group that feels right for you!



SACRAMENTAL PREPARATION

IS YOUR CHILD INTERESTED IN BECOMING CATHOLIC?

OCIC (ORDER OF CHRISTIAN INITIATION FOR CHILDREN) IS FOR KIDS OR TEENS WHO ARE INTERESTED IN THE CATHOLIC FAITH.

- Do your kids have questions about the Catholic faith?
- Are they from another faith tradition but feel at home in our Parish Family?
- Do you have kids over 7 years old who haven't been baptized?
- Were they baptized Catholic but want to learn more?

If any of these describe your situation, the OCIC might be the perfect opportunity for your family to grow in faith. Come to an inquiry session and learn more about our OCIC program.

Come to
an inquiry
session!

**St. Benedict - November 5
6:00 PM in the Parish Center**

**St. Alphonsus - November 9
10:30 AM in the McGrath Room**

Questions? Contact Claire Shea
at 206-632-0843 ext 214 or cshea@parishfamily14.org

Youth Confirmation

All baptized Catholic youth of our Parish Family in grades 7 and above are invited to join.

- **Classes start on November 2** and will meet at St. John's Egan Hall (unless otherwise communicated).
- Register here: <https://bit.ly/PF14ConfirmationReg>
- For full details, go to <https://www.stjohnsea.org/confirmation> or contact jrudden@parishfamily14.org.

Infant Baptism

Baptisms in our Parish Family are scheduled during the Saturday Vigil and Sunday Masses at our three churches. Upcoming baptism dates: **December 13 and 14, 2025; February 28 and March 1, 2026; June 13 and 14, 2026**
For more information, contact Julia Rudden at jrudden@parishfamily14.org.

Order of Christian Initiation of Adults (OCIA)

Are you an adult seeking confirmation or interested in becoming Catholic? Join our OCIA! Sessions are held on **Thursday evenings at 7 PM in the St. Alphonsus Family Center**. This is open to anyone who would like to learn more about the Catholic faith. Email Claire Shea at claireshea@stalseattle.org for more information. All are welcome!

SOCIAL JUSTICE COMMISSION

North Seattle SACRED SALMON PILGRIMAGE

November 8, 2025, Saturday

9:00 AM - 11:30 AM

Starting Location: Christ the King Church
405 N 117th Street, Seattle



All are
WELCOME!

We will walk for approximately two miles into Carkeek Park, entering at the Eddie McAbee Entrance and proceeding down to the lower level of the park along Piper's Creek. The pilgrimage will include stops for prayer and reflection, offering an opportunity to honor the sacred salmon and promote community action for Earth Our Common Home and local ecosystems. For those who can't make the full 2-mile journey, there will be shorter options.

Fr. Nkolombidzo, will be joining the pilgrimage and will provide the opening blessing.

Upon arrival at Piper's Creek, we will have an opportunity to witness the amazing spawning salmon.



RSVP
now!

tinyurl.com/salmon-pilgrim

For questions, contact nescc.socialjustice@gmail.com.

For more info: bit.ly/SacredSalmonPilgrimage

Sancta Vita

Pope's Intention for the month of November: *For the prevention of suicide.*

Let us pray that those who are struggling with suicidal thoughts might find the support, care and love they need in their community, and be open to the beauty of life.

Immigrant Refugee Ministry

"Refugees are like Jesus Christ, forced to flee. It is essential that we recognize — even in the midst of so many who are forced to flee, despite the many difficulties they face — that the Church is called to be a place of refuge and assistance, a place where God's mercy is revealed, lived, and experienced. A place where what is truly God's justice — not human justice — is made manifest." ~ Pope Leo XIV, then-Bishop Robert Prevost, 2020

If you are a migrant or asylum seeker, learn about the help available to you, understand your rights, and discover how to prepare your family for ICE visits, along with other important resources by visiting:

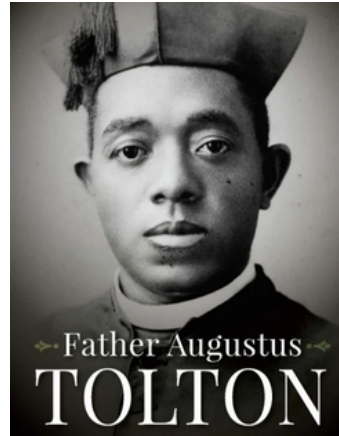
Know Your Rights - bit.ly/4nogQGk

Immigration Resources and Ministries - bit.ly/4nnZWI4

A FILM PRESENTATION

The First Black American Catholic Priest

Sunday, November 9, 12:15 PM | St. John – Egan Hall



Join us for a special 15-minute film presentation, "Tolton," the inspiring story of Fr. Augustus Tolton, the first Black American Catholic priest and one of six Black Americans currently on the road to sainthood.

The short film will be followed by an open discussion and light refreshments.

This event is part of our observance of Black Catholic History Month, celebrating the faith, resilience, and contributions of Black Catholics throughout history.

All are welcome! For questions and more information, contact joycefarrello8@gmail.com or bjandmes@msn.com.

St. Vincent de Paul Society

SVDP society assists the poor and needy within our parish boundaries through grocery, transpo and rent vouchers. Support by donating and volunteering with them. For more info, contact the following:

St. Benedict: Sherry Zane - svdp@stbens.net

St. Alphonsus: Doug Martin - doug@martinenv.com

St. John - Joyce Farrell - joycefarrello8@gmail.com

If you need assistance, please call Helpline Call Center at (206) 767-6449, M-F, 8 AM - 3 PM.

St. Martin de Porres Sandwich Making

SMDP sandwich makers prepare a total of 800 sandwich lunches every month for men who live at the SMDP shelter in downtown Seattle.

Join the next sandwich making on **November 3, 2025, Monday, 8:30AM** in the St. Benedict Parish Center. Contact Vicky Briones at vicster912@gmail.com for more information.

Holy Name Society

St. Alphonsus' Holy Name Society is a men's group dedicated to honoring the name of Jesus Christ and promoting reverence for it. The Society participates in parish activities, like family breakfasts, events, and service projects. To join and for more information, please contact Karl Hoffman at 206-784-7152 or karl3hoffmann@gmail.com.

THROUGHOUT THE ARCHDIOCESE



Celebrate Día de Muertos at St. James Cathedral with the music of Orquesta Northwest, followed by hot cocoa and pan de Muerto (traditional Mexican sweet bread) in the Cathedral Courtyard.

Honor those who have passed away by placing a photo of your deceased loved one on the St. James Cathedral Chapel Altar de Muertos from Nov. 3 – Nov. 8.

This concert is free of charge and open to all with a reservation. To donate, reserve a ticket or view the livestream on the day of the concert, go to <https://givebutter.com/2025DiadeMuertosConcert>



November 15 | 8am - 3:30pm, Mass 4pm
St. Paul Catholic Church

All are welcome to join us for a day of reflection, prayer, learning and community as we explore how the Eucharist fosters inclusion and healing and unites us as brothers and sisters in Christ. Gather with us to hear inspiring speakers proclaim how we are all drawn together as the Body of Christ, through the Eucharist, and end the day with a Mass celebrated by Fr. Scott Connolly. Details and registration at <https://archseattle.org/events/bcac-conference>

Are you looking to rediscover the spark that was there on your wedding day? Do you want to rediscover the best friend you had when you were first married?



The Worldwide Marriage Encounter will do that and more! The next WWME experience is on **November 14 - 16 at the Hampton Inn, Everett, WA.**

For more info, visit our website at www.wwme.org, or contact Karl & Marcia Hoffmann 206-772-2344.

Holy Name Society Monthly Mass for First Responders

Join us for a special monthly Mass, hosted by the Seattle Firefighters Holy Name Society, for police, firefighters, and chaplains.

The next Mass will be **Monday, November 3 at 7:30am** at Blessed Sacrament. Attendees are encouraged to attend in uniform and sit together.



United we Stand: An Interreligious Prayer Vigil in Troubled Times

Wed., November 5, 2025, 7–8 p.m.
Saint Mark's Episcopal Cathedral,
1245 10th Ave. E., Seattle
or via livestream at saintmarks.org/livestream

In this time of trial and struggle, as we confront challenges to our civil society and our body politic, we are at a crossroads of conscience. And though the voices of vitriol and extremism often resound loudly, it is the judicious wisdom of resilient and courageous peacemakers who will lead us through this crisis. Prayerful reflection stands as a hopeful response to the static of cynicism.

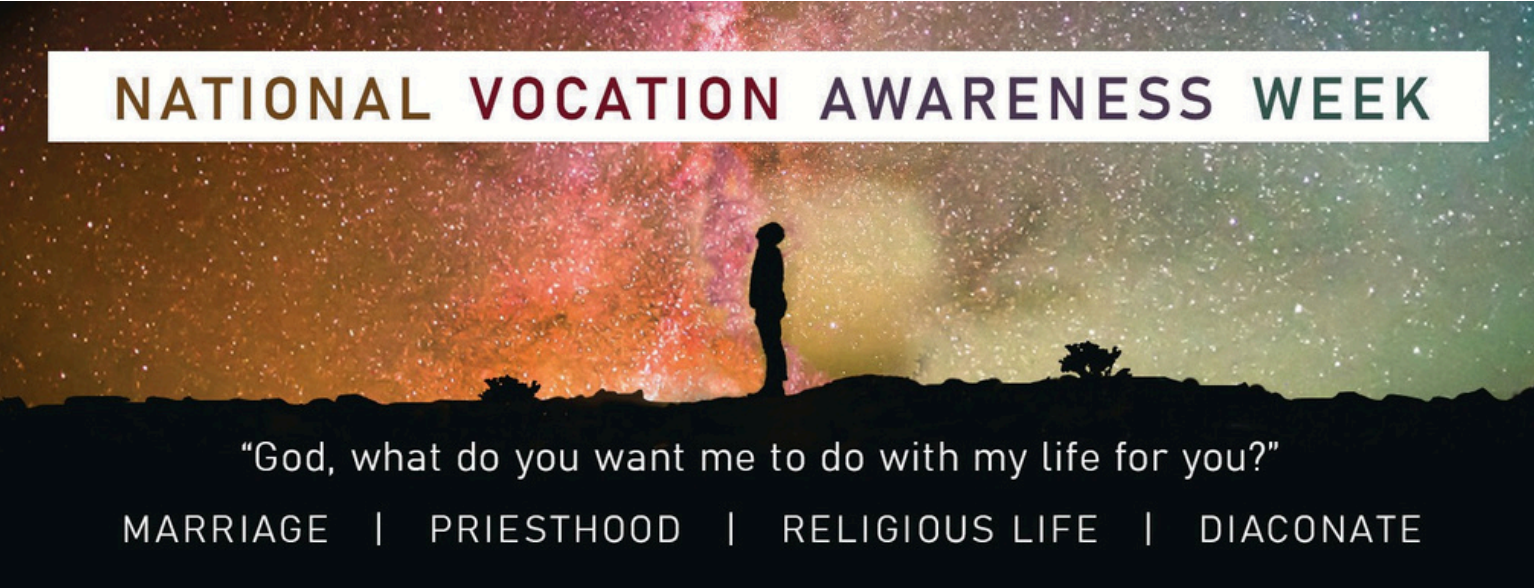
Join local religious leaders and fellow citizens who will gather in Seattle's Saint Mark's Cathedral at this critical juncture of our nation's history. In times of crisis, we come together. All are invited to join in this brief nonpartisan interfaith service of hope, either in-person or via livestream. We ask you to embrace this moment of contemplation and connection, as we affirm the principles that transcend our differences, and the common cause that will bind the wounds of this great nation.



Those who have experienced a loss by suicide are invited to attend a 7-week grief support group.

Facilitated by St. James Cathedral Staff Anisa Ralls, these sessions will encourage you to reflect on how our Catholic faith can facilitate spiritual healing, provide comfort amidst ongoing grief, and inspire both hope and service. We will watch the series *When a Loved One Dies by Suicide* together, featuring stories of Catholics whose loved ones have died by suicide and explaining Church teaching on suicide while offering prayers of comfort and support.

Preregistration required and space is limited. For more information and to register, please contact Anissa Ralls at aralls@stjames-cathedral.org or 206-382-4269.



NATIONAL VOCATION AWARENESS WEEK

“God, what do you want me to do with my life for you?”

MARRIAGE | PRIESTHOOD | RELIGIOUS LIFE | DIACONATE

November 2-8, 2025
(and continues year-round!)

This annual week-long celebration of the Catholic Church in the U.S. is dedicated to promoting vocations to the priesthood, diaconate, and consecrated life through prayer and education, and to renew our prayers and support for those who are considering one of these particular vocations.

A vocation is a call from God to a life of committed love reflecting the love that God has for each of us. If you have not yet found your vocation, take time every day to ask God what he wants you to do with your life, and listen for his response in the stillness of your heart for peace and clarity.

If you are already living your vocation, be a good example of that vocation, share the challenges and the blessings of your vocation with others, and continue to pray for those still discerning God’s will.

DIOCESAN PRAYER FOR VOCATIONS

God our Father,
You call each of us
to use our gifts in the Body of Christ.

Inspire your people
with *desire* to know you,
the *grace* to understand your will,
and, with the strength of the Holy Spirit,
the *courage* to respond
with love and freedom.

Send workers into your great harvest
so that the Gospel is preached,
the poor are served with love,
the suffering are comforted,
and your people are strengthened
by the sacraments.
We ask this through Christ our Lord.
Amen.

Find out about upcoming vocation events, ways to discover God’s will, and more at:

SEATTLEVOCATIONS.COM



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FAITH IN FOCUS



ALL SOULS

Crisp Autumn chill penetrates our sweater-wrapped bodies to remind us of our weakness before the power of nature. As leaves fall from trees, plants die, and animals retreat, we feel the impending threat of death, which waits to take us home.

During this season of the northern hemisphere's year, the Church celebrates the Commemoration of All Souls. As our bodies and minds resign themselves to the inevitable cessation of life, our Church calendar brings forth a somber feast to fit our temperament these increasingly darkened days.

All Souls comes as a sequel to that of All Saints. Having commemorated all the blessed who enjoy the face of God in their death, we turn our thoughts to the other souls who await the fullness of God's glory. The sequence of these two days implies a belief that those who have lived lives of holiness enjoy God's presence and can intercede for us before the throne of God. All Souls implies that others, having lived more sinful lives, still await that glory. These are the dead we remember every November 2—members of our families, friends, the lonely and forgotten, and public figures who have touched our lives. On this day, we pray that God will have mercy on them and grant them the vision of blessedness for which they longed.

The liturgy for this day still offers three Masses. When the Church created this feast in the Middle Ages, it became so popular that priests were given the unusual permission to celebrate three Masses that day. The permission remains, as do the separate texts for the Masses, even though not every parish takes advantage of the permission. The readings are drawn from the collection of texts we use for funerals.

When the Church gathers for prayer on November 2, we still remember the faithful departed, even when it falls on a Sunday. Those who assisted us in life receive assistance from us in their death. This commemoration celebrates our union with the church in every place and beyond all time.

Bulletin Inserts for the Liturgical Life of the Parish: The Liturgical Year © 2020 Archdiocese of Chicago: Liturgy Training Publications. All rights reserved. Written by Paul Turner.



SAINT OF THE MONTH

Martin de Porres

Feast Day: November 3

Beatified: October 29, 1837

Some people do good no matter what happens to them. Martin de Porres did. His mother was an African or Indian from Panama, a former slave. His father was a Spanish soldier and nobleman. So people made fun of Martin because he came from two different races.

What did Martin do? He blessed his enemies; he did good to those who laughed at him. Was this easy? No. But Martin simply loved to do good.

Martin was born in Lima, Peru, in 1579. His father left his family when Martin was eight. This left Martin and his baby sister and their mother very poor. But Martin still gave away whatever he could to other hungry and poor people.

When he was 12, Martin went to work for a barber. He learned to cut hair and to heal wounds. Later, Martin wanted to join the Dominicans in their work. He was allowed to work with them as a servant who swept floors and answered the door (at the time, the law in Peru did not allow persons of other races or mixed race to enter religious life). Finally his years of good works and miraculous cures led the Dominicans to allow him to become a lay brother, but even some of his fellow Dominicans still scorned him.

He eventually founded orphanages for homeless children and cared for lonely African slaves who had been forced to come to Lima. He gave shirts to those who had no clothes; bread to those who had no food; shelter to those who had no homes. One of his closest friends was St. Rose of Lima.

In 1639, Martin died. Everyone in Lima mourned him, even bishops and members of the royal court in Lima. In 1962, the Church declared that Martin de Porres was a saint. Many statues of St. Martin de Porres show him holding a broom, with a dog, cat, and mouse at his feet; he loved animals and was said to have solved a rat problem by simply asking the rats to leave. The house where he was born has been well preserved in Lima.

He is the patron saint of persons of mixed race and of those who suffer from discrimination.



<http://www.saintsresource.com/martin-de-porres>

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One Minute Meditations

St. Albert the Great

Possibly one of the Church's greatest intellectuals, St. Albert was the eldest son of a powerful German military official. Despite opposition from his family, he joined the Dominican Order. Being well educated, St. Albert desired to make all the learning of the East available to the Latin-speaking West. He earned his doctorate at the University of Paris in 1245 and taught at Paris and Cologne. He is best known as the master of St. Thomas Aquinas.

Praying for the dead

Catholics see Purgatory as an expression of God's mercy — a place where souls who die in His grace, but need further purification, are prepared for Heaven. This month, we pray for our departed loved ones, asking God to bring them quickly into His presence.

One tradition is to request a Mass on the anniversary of a loved one's death. If that soul is already in Heaven, the graces benefit others still in need. In God's mercy, nothing is ever wasted.

"Forgiveness comes...through the soul's desire to be united to me [i.e., to God], the infinite Good, according to the measure of love attained by the recipient's desire and prayer. A person receives as much of my goodness as he gives to me." St. Catherine of Siena, *The Dialogue*

Christ as King of our hearts

When we proclaim, "Christ is King," we're not making a poetic or symbolic statement. We're declaring a truth that shapes every part of our lives. To live under Christ's rule is to give Him authority over what we believe, how we worship, how we act, and how we spend our time.

What we believe: At the center of our faith is a relationship. Knowing Jesus personally — through the Gospels, through prayer, through the lives of the saints — transforms abstract belief into living faith. When someone asks, "Why are you Catholic?" our answer should come from experience, not just theology.

How we worship: Imagine a king hosting a free, lavish banquet every week for all his subjects. Every Sunday, we're invited to a banquet — not of food, but of grace. To say, "Christ is King" is to obey His words: "*Do this in remembrance of me*" (Luke 22:19). The

Mass is not just a weekly routine; it's a divine encounter.

How we act: Our actions, especially the small ones, speak volumes. Reverence, patience, honesty, integrity,

"You say that I am a king. For this I was born, and for this I have come into the world, to bear witness to the truth."
John 18:37

and generosity are everyday ways of making Christ visible through us. These aren't just virtues — they're signs of loyalty to our true King.

How we spend our time: Daily prayer proclaims that Christ reigns not only over Sunday, but over our entire lives. Whether prayer feels powerful or dry, it anchors us in Him. No time given to Christ is ever wasted.

To say "Christ is King" is to surrender everything to Him. It's a declaration that He reigns not just in Heaven, but here, now, in us.

Why Do Catholics Do That?

An indulgence is "the remission before God of the temporal punishment due to sins whose guilt has already been forgiven" (*Catechism of the Catholic Church*). This "temporal punishment" refers to the purification the soul undergoes before entering Heaven.

The power of indulgences flows from Christ's sacrifice and is applied through

Why does the Church offer indulgences?

the merits of the saints and prayers of the Church. Indulgences are not shortcuts to Heaven or "free passes"; they require repentance and conversion of heart.

To obtain an indulgence, conditions must be met: sacramental Confession, reception of Holy Communion, prayer for the Holy Father's intentions, and performance of the indulgenced act.

“Where your treasure is, there will your heart be also” (Matthew 6:21)

There’s a common lesson in driver’s education: “Your vehicle goes where your eyes go.” Spiritually, the same is true — our lives follow what we focus on. What we treasure most lays claim to our hearts. The challenge is to set our hearts on what truly lasts.

“You cannot serve two masters” (Matthew 6:24). What treasure do you set your heart on? A desire for holiness requires us to examine how we live day to day. Are we cultivating trust in God, or grasping for control? Realignment often begins with small, intentional acts: spending time in prayer instead of mindless scrolling; reading the Gospel before the news; choosing simplicity over indulgence and

giving generously to those in need. These are daily decisions that reflect where our heart truly lies.

Trust instead of worrying. Jesus does not condemn wealth, hard work, or responsible planning. Instead, He calls us to live as sons and daughters of God. That means trusting His love, accepting His timing, and offering our lives in service to His Kingdom. Ask yourself: Do I invite God into my decisions, or do I act alone? Am I content to wait on His timing, or do I insist on my own?

When we prioritize the things of God, we invest in a treasure that does not fade — one that shapes who we are now, and endures into eternity.

from Scripture

Matthew 24:37-44, Preparing hearts for Christ’s coming

In this Gospel reading, Jesus reminds us that we do not know the day or the hour when He will come for us. “*At an hour you do not expect, the Son of Man will come.*” His message is clear: live each day prepared to meet Him.

Next month, we celebrate His first coming at Christmas. But Christ will come again — at our death, and at the end of time. Advent invites us to ask: “What must I do to be ready?”

Begin by striving to remain in a state of grace. If you are aware of having committed mortal sin, seek God’s mercy without delay through the Sacrament of Reconciliation. Even if you are not conscious of serious sin,

aim to go to Confession regularly — every four to six weeks, if possible. Examine your conscience honestly, and choose one or two areas of sin to actively work on.

Attend Sunday Mass faithfully, make more time for prayer, and look for opportunities to serve others with love and humility. These practices not only prepare us to welcome Christ when we finally meet Him face-to-face, but they also draw us closer to Him now.

When Christmas arrives, may you greet the Lord not with fear, but with joy — knowing your heart is open, your hands are ready, and your soul is at peace.

Feasts & Celebrations

November 2 – All Souls Day. On this day we pray for the dead, especially our loved ones and the souls in Purgatory. Our prayers and sacrifices can help them get to Heaven faster.

November 4 – St. Charles Borromeo (1584). Born into a wealthy family in 1538 in Lombardy, Italy, St. Charles was chosen for the priesthood to follow in the footsteps of his uncle, Giovanni Angelo de Medici, the future Pope Pius IV. After earning doctorates in civil and canon law by the age of 21, Charles was named cardinal and bishop of Milan. He worked to reform his diocese of

corruption and cared for the poor and sick when a plague struck Milan.

November 23 – Solemnity of Our Lord Jesus Christ the King. God promised his people a king who would be triumphant over their enemies. Jesus is our King, who triumphed over the enemies of sin and death. In Baptism and Confirmation, we are brought under His kingship.

November 30 – 1st Sunday of Advent. During this four-week season, we anticipate the Messiah’s birth, remembering the time when He was awaited. During Advent we also look forward to Christ’s reign and His coming on the Last Day. We light candles in an Advent wreath each night of the season to signal the coming of the true light of Christ.

Q & A Do Catholics practice tithing?

Tithing is the practice of giving ten percent of your income to the Church. In fact, the word itself comes from an Old English word meaning, “one-tenth.” It was based on Jewish tradition in the Old Testament and its first recorded practice was Abraham’s offering of a tenth of all he had as a “thank offering” to God for his victory in battle (Genesis 14:18-20). It’s still practiced by the Mormon Church.

The Catholic Church does not require tithing; there is no “fixed sum” that God requires of us. Catholics are, however, required to support the material needs of the Church (*Catechism of the Catholic Church*, #2043). How much — or little — is between you and God and in light of the needs of your state in life.

Money isn’t the only way to support your parish, diocese, or the Church. Giving of your time to volunteer in your parish, donating some of what you don’t need to the poor, and even devoting prayers specifically for the needs of your parish priests are all praiseworthy ways to give back.

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