

# PARISH FAMILY 14

ST. ALPHONSUS | ST. BENEDICT | ST. JOHN THE EVANGELIST



## SUNDAY MASSES

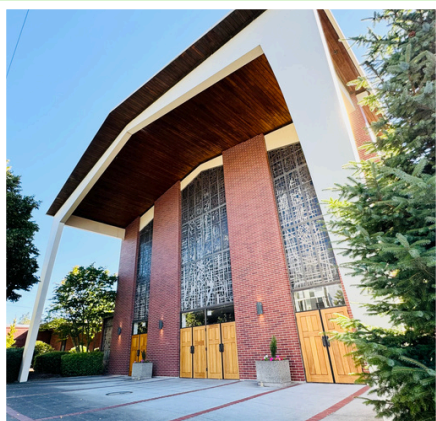
Saturday: 5:00 PM Vigil at St. Alphonsus  
5:00 PM Vigil at St. John  
Sunday: 8:30 AM at St. John  
9:00 AM at St. Alphonsus  
10:30 AM at St. John  
11:00 AM at St. Benedict

## DAILY MASSES

Mon - Thurs: 7:30 AM at St. Alphonsus  
(except 1st Wed and 1st Thurs,  
refer to School Masses)  
Fri: 9:00 AM at St. John  
Sat: 8:00 AM at St. Alphonsus  
(except 1st Sat: 9:00 AM at St. John)  
**School Masses (Sept-June): All are welcome!**  
1st Wed: 8:45 AM at St. Alphonsus  
1st Thurs: 9:00 AM at St. Benedict  
1st Fri: 9:00 AM at St. John

## CONFESSION

Saturday: 4:00-4:45 PM at St. Alphonsus  
4:30 PM at St. John  
First Thursday Confession and Adoration:  
7:00-8:00 PM at St. Alphonsus



### ST. ALPHONSUS PARISH

5816 15th Ave NW, Seattle, WA 98107  
Phone: 206-784-6464  
Email: [parishinfo@stalseattle.org](mailto:parishinfo@stalseattle.org)  
Website: <https://stalseattle.org>



### ST. BENEDICT PARISH

1805 N 49th St, Seattle, WA 98103  
Phone: 206-632-0843  
Email: [parish@stbens.net](mailto:parish@stbens.net)  
Website: <https://parish.stbens.net>



### ST. JOHN THE EVANGELIST PARISH

106 N 79th St, Seattle, WA 98103  
Phone: 206-782-2810  
Email: [parishoffice@stjohnsea.org](mailto:parishoffice@stjohnsea.org)  
Website: <https://stjohnsea.org>

For pastoral emergencies, please call: 206-271-3543.

# THIS WEEK'S CALENDAR

August 31, 2025

## TWENTY-SECOND SUNDAY IN ORDINARY TIME

Sir 3:17-18, 20, 28-29/Heb 12:18-19, 22-24a/Lk 14:1, 7-14

	ST. ALPHONSUS		ST. BENEDICT		ST. JOHN	
<b>August 31</b> <b>TWENTY-SECOND SUNDAY IN ORDINARY TIME</b> <i>St. Joseph of Arimathea</i>	9 AM 10 AM	Mass No Coffee & Donuts today	10 AM 11 AM	Coffee & Donuts Mass with CLOW (Livestream)	8:30 AM 9:30 AM 10:30 AM	Mass Lectio Divina Mass  No Coffee & Donuts today
<b>September 1</b> <b>Monday</b>	7:30 AM  7 PM	Daily Mass INT: Angie Calvetti & Jon Condon Men's Group - McGrath Room <b>Labor Day - Parish Office Closed</b>	7 PM	Gospel Study via Zoom <b>Labor Day - Parish Office Closed</b>		<b>Labor Day - Parish Office Closed</b>
<b>September 2</b> <b>Tuesday</b>	7:30 AM	Daily Mass RIP: Juan Santos				
<b>September 3</b> <b>Wednesday</b> <i>Saint Gregory the Great, Pope and Doctor of the Church</i>	8:45 AM	School Mass - <i>All are welcome!</i>				
<b>September 4</b> <b>Thursday</b>	10 AM 7 PM	Scripture Study Adoration/Confession				
<b>September 5</b> <b>Friday</b> <i>Saint Teresa of Calcutta, Virgin</i>	8:15 AM to 8 PM	Adoration Chapel open			9 AM	Daily Mass RIP: Clotilde Umbau
<b>September 6</b> <b>Saturday</b>	4 PM- 4:45 PM 5 PM	Confession  Vigil Mass			9 AM  4:30 PM 5 PM	1 <sup>st</sup> Saturday Mass RIP: Michael Dodd Confession Vigil Mass with Baptisms (Livestream) SVdP collection
<b>September 7</b> <b>TWENTY-THIRD SUNDAY IN ORDINARY TIME</b>	9 AM 10 AM	Mass with Baptisms Coffee & Donuts after Mass	10 AM 11 AM	Coffee & Donuts Mass with Baptisms and CLOW (Livestream)	8:30 AM 9:30 AM 10:30 AM	Mass Lectio Divina Mass with Baptisms and CLOW  SVdP collection at both Masses  Coffee & Donuts after both Masses
	For livestream and recorded masses, click the links:		<a href="https://parish.stbens.net">https://parish.stbens.net</a> <a href="https://www.facebook.com/stben-seattle">https://www.facebook.com/stben-seattle</a>		<a href="http://www.stjohnsea.org/live-stream-masses">www.stjohnsea.org/live-stream-masses</a>	



Sign up to **get notified of mass cancellations** or mass time changes.  
<https://bit.ly/PF14NotifyMe>



Subscribe to **weekly bulletin and e-newsletter**.  
<https://bit.ly/PF14WeeklyBulletin>



Submit your **questions & feedback** about our Parish Family.  
<https://bit.ly/PF14Queries>



FOLLOW US



@parishfamily14

# PARISH FAMILY UPDATES

## WE NEED VOLUNTEERS !

**Do you have a few hours to spare during the week?** We'd love your help at the St. Benedict Parish Office front desk! Even one day a week, or just a few hours here and there, will be a huge blessing.

Volunteers help by answering phone calls, sorting mail, and welcoming those who stop by. Don't worry, we'll give you all the guidance you need and a handy list of who to call for different inquiries.

We'll work around your schedule and the time you're able to give. Your presence, time, and kindness will be such a gift to our Parish Family! Please contact the St. Benedict Parish Office at 206-632-0843.

## BACK TO SCHOOL BLESSINGS



As a new school year begins, we keep our students, teachers, and families in prayer. May this year be filled with growth in knowledge, friendship, and faith. Blessings to all our young people as they return to the classroom!



## SUBSCRIBE TO THE PARISH FAMILY E-NEWSLETTER NOW!

Instead of receiving separate newsletters from each parish, you'll now get a single, unified email keeping you up to date on all Parish Family news, events, notifications are also available!



<https://bit.ly/PF14SignUpNews>

## MORE OPPORTUNITIES FOR CONFESSION STARTING SEPTEMBER 14

We are happy to announce expanded confession times to better serve our Parish Family!



**Beginning Saturday, September 14, confession schedules will be as follows:**

- **At St. Alphonsus Church** – New daily confessions at 7:00 AM, Monday to Thursday, before weekday Mass, plus the Saturday 4:00 PM time remains.
- **At St. John the Evangelist Church**– No longer on Saturdays. Moved to Sundays, 9:40–10:20 AM.
- **By appointment is also available.** Simply email us at [info@parishfamily14.org](mailto:info@parishfamily14.org) or call 206-782-2810.

With these changes, you can now choose the day and location that works best for you to receive the grace of the Sacrament of Reconciliation.

## GET TO KNOW FR. FEBY

We are blessed to have Fr. Feby Pulikan as a visiting priest in our Parish Family. A priest of the Diocese of Irinjalakuda in Kerala, India, Fr. Feby arrived on August 14 and celebrated our Parish Family's Assumption Mass at St. John on August 15.

Born on February 1, 1984, and ordained on December 30, 2009, Fr. Feby is the son of loving parents and has two siblings. He earned his Licentiate/Master's in Canon Law in Rome and is currently pursuing his Doctorate in Canon Law at St. Paul University in Ottawa, Canada.

Fr. Feby has visited St. John in the past, where he was warmly received by our community. He loves Seattle and we love welcoming him back! Let us continue to keep him in our prayers and make him feel at home during his stay with us.



## YOUTH MASS AT ST. BENEDICT

Another wonderful Youth Mass was celebrated at St. Benedict on August 24 with 202 people in attendance!

Congratulations to our youth and heartfelt thanks to everyone who supported them in this beautiful liturgy. The celebration continued afterward with a fun nachos-and-margaritas social that brought our Parish Family together in joy and fellowship.



## UPCOMING EVENTS

SOCIAL JUSTICE COMMISSION'S SPEAKER SERIES

# THE CLIMATE CRISIS



## AND THE FOUR LEVELS OF ACTION

<b>SEPTEMBER 14, SUNDAY</b> <b>12:30-1:30PM</b> St. Alphonsus Family Center	Speakers: <b>PAUL LITWIN (ST. JOHN)</b> <b>LEN KANNAPELL (ST. BENEDICT)</b>
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Join us for a one-hour interactive discussion on the climate crisis! Learn what's at stake and explore how we can take action together. Light refreshments will be provided.

St. Benedict Catholic School Presents

# THE GREAT WALLINGFORD BRATWURST FESTIVAL

**FRIDAY, SEPTEMBER 12**

4 CRASH | 5 School of Rock | 5:55 WELCOME & KICKOFF  
 6 Phinney Ridge Steel Band | 7 The Honeyjacks  
 8 Market Street Traditional Jazz Band | 9 Tiny Borrachos

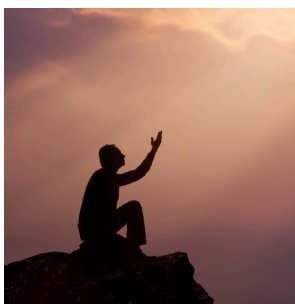
**SATURDAY, SEPTEMBER 13**

11 Seattle Civic Band | 12 Bonnie Birch Bavarians  
 1 Eclectic Cloggers with Moonshine and Turpentine  
 2 The Whatevery Brothers | 3 Sky Landing | 4 Off the Hook  
 5:15 Portage Bay Big Band | 7 Swedish Finnish | 8 RAFFLE  
 8:15 The Maywood Mailmen (A Tribute to John Prine)  
 9 The Mrs. Bill Larsens

**4811 Wallingford Ave N**

@wallingfordbratwurstfestival | @St.Benedict.Seattle

## LORD, HEAR OUR PRAYER...



Please remember the following people who are ill, homebound, or need your prayers this week: Ritchell Furigay-Cunanan, Marnie Ahern, Lillian Anderson, Alexander Bodsky, Anneliese Bodsky, Linda Broderick, Donna Day, Jeff D'Amelio, Natasha Ryan D'Amelio, Bertha Eriksson, Todd Galvão, Espedito P. Galvão, Margaret Goodrich, Carol Grimes, Lianne Grimes, Myrna Israkul, Emily Jones, Joan Knebel, Daniel Love, Josephine Lynch, Seamus Lynch, Norma Macke, RIP Anne Manfredi, Ginny Massett, Darren Miller, Joanne Morgan, Jerry Mulka, Patricia Mulka, Jennifer Nagel, Ray Naidu, Dan Nichols, Gary Olsen, Bob Pohlman, Lucy Rogers, Lisa Schmidt, Jack Serwold, Abby Simpson, Jeannette Tannario, Jane Treeheal, Dennis Weiler, Jerilyn Wetzell, Shea Wilson, Lillian Yamamoto, Carmen Marie Bravo, Megan Yoshimura, Hilda Saleh, Scott Tom, Joe Chitty, Lil' Stanley, and Jack Piza.

For those who have died, including Greg Kokorowski, that they may rest in the healing embrace of our Lord, Jesus Christ, we pray to the Lord. For Armed Forces personnel throughout the world, that they come home safely to their families, we pray to the Lord.

Note: To request a prayer, please call the Parish Office or use the QR code or this link:  
<https://bit.ly/PF14Prayer>



The prayer list is updated monthly. To keep your request active, please resubmit it each month.

## READINGS FOR SUNDAY, SEPTEMBER 7 - Twenty-Third Sunday in Ordinary Time

### First Reading

Wisdom 9:13-18b

*Our choices in life are timid compared to God's choices for us.*

### Psalm

Psalm 90

*"In every age, O Lord, you have been our refuge."*

### Second Reading

Philemon 9-10, 12-17

*Paul baptizes a slave and then expects the slave's master to accept the slave as a brother.*

### Gospel

Luke 14:25-33

*Do you want to be a disciple? Renounce everything else, with no reservations, no regrets.*

Jesus, our teacher, offers lessons today on being a disciple. These lessons can be difficult—we must carry our own crosses, we must renounce all our possessions, we even must hate our own family—but we gather as a family of faith in this place to hear them and reflect on them. The words of Wisdom may help, as they point out that as much as we try, we cannot possibly conceive the mind of God. Therefore, with faith and humility, let us listen to God's word.

# FAITH FORMATION AND SACRAMENTS

## SMALL FAITH SHARING GROUPS

### Scripture/Gospel Study

September 1, 7 PM | St. Benedict Gospel Study via Zoom  
Meeting ID: 864 2616 6842 Password: 961919

September 4, 10 AM | St. Alphonsus Scripture Study at  
St. Alphonsus McGrath Room

### Men's Group

September 1, 7 PM | St. Alphonsus Men's Group fellowship  
and faith sharing at St. Al McGrath Room

### Children's Liturgy of the Word (CLOW)

August 31, 11 AM | St. Benedict Church

September 7, 10:30 AM | St. John Church

### Book Group

September 4, 7 PM | St. Benedict Group at St. Mary Room  
(upper level of Parish Center)

September 7, 4 PM | St. John Group at Sheila Marty's house  
(Email for address: smarty@stjohnsea.org)

We are reading *Joan of Arc* by Mark Twain. In Twain's own words, "I like *Joan of Arc* best of all my books; and it is the best; I know it perfectly well. And besides, it furnished me seven times the pleasure afforded me by any of the others; twelve years of preparation, and two years of writing. The others needed no preparation and got none."

## SACRAMENTAL PREPARATION

### Infant Baptism

Next weekend, September 6 and 7, we will welcome children into our Parish Family through the sacrament of Baptism across our three parishes.

We invite everyone to join us in witnessing and supporting these families on this joyous occasion as their children begin their journey of faith.



Please feel free to contact us for the following:

**Baptism; First Holy Communion and Reconciliation; Youth Confirmation** - Julia Rudden at [jrudden@parishfamily14.org](mailto:jrudden@parishfamily14.org)

**Order of Christian Initiation for Adults and for Children** -

Claire Shea at [claireshea@stalseattle.org](mailto:claireshea@stalseattle.org)

**Sacrament of Matrimony** - Julia Rudden at  
[jrudden@stjohnsea.org](mailto:jrudden@stjohnsea.org)

**Parish Advocates for Annulment** - [annulment@stjohnsea.org](mailto:annulment@stjohnsea.org)

**Funeral** - Julia Rudden at [jrudden@stjohnsea.org](mailto:jrudden@stjohnsea.org)

## REGISTRATION IS NOW OPEN!

Open to baptized children 7 years of  
age and in the second grade.

**St. Alphonsus:** Classes begin  
September 7, 2025! Email  
Claire Shea at  
[claireshea@stalseattle.org](mailto:claireshea@stalseattle.org)  
for more information.

**St. Benedict:** Class schedule is  
to be determined. To register  
and for more updates, email  
[jrudden@parishfamily14.org](mailto:jrudden@parishfamily14.org).

**St. John:** Classes begin October 5, 2025! For  
more info, email [jrudden@stjohnsea.org](mailto:jrudden@stjohnsea.org) or  
visit <https://www.stjohnsea.org/first-reconciliation-and-first-communion>.

## FIRST HOLY COMMUNION & RECONCILIATION

CONTACT  
US

St. Alphonsus:  
[claireshea@stalseattle.org](mailto:claireshea@stalseattle.org)

St. John & St. Benedict:  
[jrudden@parishfamily14.org](mailto:jrudden@parishfamily14.org)

REGISTER NOW!

## Youth Confirmation PREPARATION CLASSES

- All baptized Catholic youth of our Parish Family in grades 7 and above are invited to join.
- **Classes start on November 2** and will meet at St. John's Egan Hall (unless otherwise communicated).
- Books can be picked up in the vestibule of any of our three churches starting in October.
- Register here: <https://bit.ly/PF14ConfirmationReg>
- For full details, go to <https://www.stjohnsea.org/confirmation> or contact Julia Rudden at [jrudden@stjohnsea.org](mailto:jrudden@stjohnsea.org) with any questions.

# SOCIAL JUSTICE COMMISSION

Social Justice Commission's  
*Hygiene Supplies*  
**DONATION DRIVE**  
September 1 - 30, 2025



Here is a list of most needed supplies (full size please):

- Shampoo/Conditioner (TRESemmé, Garnier Fructis, Dove, Pantene)
- Body Wash (Suave and Dove)
- Soap bars
- Toothpaste/toothbrush (Colgate, Crest and Aquafresh)
- New socks & underwear
- Toilet paper
- Laundry detergent
- Dish soap

Donation boxes are placed in the vestibule of **St. Benedict and St. John**.

Sancta Vita's

## DONATION DRIVE

Please leave items in the main vestibule of **St. Alphonsus** by **September 14, 2025**.



Must be new and commercially packaged:

- Personal Hygiene: women's deodorant, shampoo, conditioner, toothpaste, hairbrush, tampons (size super), pads (heavy/light), body wash/bar soap, nail polish/remover, cotton pads
- Clothing: socks, underclothes, hats, gloves
- Household: Kitchen towels and cloths, bath towels, twin or double bedding

Amazon wish list (full size): <https://amzn.to/3JPgxWZ>

Gift Cards: \$20 or less (Safeway, Starbucks, McDonalds, Dick's, Amazon, etc.) to reward kids for good behavior and guests who take on additional cleaning responsibilities.



Join the next **packing and sorting event on Wednesday, September 10, 6:00 - 8:00 PM** at the South Park Warehouse. Children as young as 10 years old (with parental accompaniment) can join.

Note that all volunteers must register in advance (FLL recommends 5 days prior). If you don't have an FLL account (required), it usually takes 2-3 minutes to create the account.

Sign up now by scanning the QR code or contact Len at [kannapell@yahoo.com](mailto:kannapell@yahoo.com).



Parish Family 14

## SEASON OF CREATION

September 1 to  
October 4, 2025

The 2025 Season of Creation encompasses the World Day of Prayer for Creation and the Feast of Saint Francis of Assisi, dedicated to celebrating God as Creator and renewing our commitment to caring for the Earth through prayer and action. Our Saint Francis of Assisi Ministry has put together the following events to help celebrate the Season of Creation:

- **Sat, September 6, St. James Cathedral at 5:30 PM:** Archbishop Etienne kicks-off our celebration of the Annual Season of Creation with a Mass for Creation.
- **Sun, September 7, St. John after Sunday masses:** Saint Francis ministry is sponsoring Coffee & Donuts. In addition to regular donuts, a plant-based option will be available as well as information on our ministry and the Season of Creation.
- **Sun, September 14, St. Alphonsus, 12:30 PM:** The Social Justice Commission is hosting "The Climate Crisis and the Four Levels of Action" with speakers Paul Litwin and Len Kannapell.
- **Sat, September 20, St. Benedict:** Neighborhood Cleanup. Time and details to come.
- **Sat, October 4, St. John:** Blessing of Pets. Time and details to come.
- **Sat, November 8, Christ the King, 9:00 AM.** North Seattle Salmon Pilgrimage. We will join with other North Seattle parishes and schools to walk from Christ the King church to Carkeek Park to view the spawning salmon. More details to come.

## CONCERNED ABOUT HOMELESSNESS IN SEATTLE?

Thank you to Alison Eisinger, Executive Director of the Seattle/King County Coalition on Homelessness, for an engaging presentation at St. John. About 25-30 parishioners attended and participated. A special "thank you" to Joyce Farrell for organizing this meaningful event!



# FAITH IN FOCUS



## Acolyte

AN ACOLYTE is a minister whom a bishop institutes for service at the Mass. All acolytes are male. Almost all of them are preparing for ordination to the diaconate or to the priesthood. A bishop has the option of instituting other men into the ministry of acolyte, but very few bishops exercise it because any male or female extraordinary minister of Holy Communion can perform most of an acolyte's duties.

The word *acolyte* may be used more colloquially to refer to altar servers in general, but the English translation of the *General Instruction of the Roman Missal* reserves the word for those appointed to this specific ministry by a bishop.

Acolytes are extraordinary ministers of Holy Communion. Their counterparts, males and females, are commissioned—not instituted—to this ministry for service in parishes. They may assist the priest and deacon in distributing the Body or Blood of Christ when the number of communicants is large. Unlike other extraordinary ministers, instituted acolytes may purify the vessels after Communion. That is, they may use a purificator to sweep the crumbs from the ciboria into the chalices, add water to the chalices, drink the water, and wipe the vessels clean with the purificator. Other ministers and sacristans may then wash the vessels with soap and water after Mass.

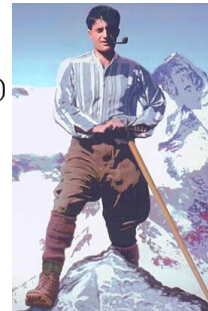
Most parishes do not have instituted acolytes. They use commissioned extraordinary ministers of Holy Communion to fulfill their needs. However, some parishes are blessed with candidates for the permanent diaconate and seminarians in formation for the priesthood. At one point on their vocational journey, a bishop will institute them into the ministry of acolyte. At that time, they will further enrich their community by their Eucharistic service.



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Written by Paul Turner.

## SAINT OF THE MONTH

**Bl. Pier Giorgio Frassati** (Apr 6, 1901 - Jul 4, 1925)  
**Feast Day: July 4**



Pier was born in Turin, Italy, in 1901. His mother was an artist and his father founded and ran the Italian newspaper *La Stampa*.

As he was growing up, Pier developed two habits that became part of his everyday life. He went to Mass daily to receive the Eucharist, and he also prayed the Rosary. He never hesitated to share his faith with others.

Pier had a great concern for the poor, even as a child. One day a needy mother with a young son came to the Frassati home to beg for food. Pier noticed that the child was barefoot. He took off his own shoes and gave them to the boy, and then he and his mother fed the poor family. Pier used the money he got as a graduation gift to rent a room for a woman who had been evicted from her apartment because she had no money. He gave away his allowance to the poor, and sometime he chose to walk home from school because he gave the money for his bus or train fare to someone in need.

He joined the St. Vincent de Paul Society as a young man and spent hours on activities that helped the poor and sick. As a mining engineer, he cared deeply about the rights of the miners. He wanted them to have just working conditions and fair wages.

When he was 24, Pier became very ill with polio. Some people said he got this disease from caring for people in the slums of Turin, but Pier saw Jesus in the people he served. In his last days, he whispered the names of people who still needed assistance to his family and friends who gathered at his bedside. He died on July 4, 1925.

Peter was declared "Blessed" in 1990 by Pope John Paul II, who called him a "man of the Beatitudes" and a "joyful apostle of Christ." Many people were surprised that the Vatican created an official portrait of him for his beatification that showed him outdoors, leaning on an ice axe, with one foot on a rock, in honor of his youthful vitality and his love of the mountains.

<http://www.saintsresource.com/pier-giorgio-frassati>

**Pier Giorgio Frassati's canonization is set for Sept. 7, 2025,**  
alongside Blessed Carlo Acutis, by Pope Leo XIV during the Vatican's Jubilee Year of Hope.

## PARISH FAMILY LEADERSHIP TEAM

### Pastor

Fr. Colin Parrish  
pastor@parishfamily14.org

### Parochial Vicar

Fr. Paul Nkolombidzo  
fr.nkolombidzo@parishfamily14.org

### Director of Operations

Dani D'Amelio  
ddamelio@parishfamily14.org  
206-782-2810 ext 314

### Director of Communications

Racquel Servito  
r.servito@parishfamily14.org  
206-632-0843 ext 210

### Pastoral Associate for Administration

Mary Wiseman  
mwiseman@stjohnsea.org  
206-782-2810 ext 314

### Principal, St. Alphonsus School

Nick Padrnos  
npadrnos@stalseattle.org | 206-782-4363

### Principal, St. Benedict School

Brian Anderson  
b.anderson@stbens.net | 206-633-3375

### Principal, St. John the Evangelist School

Abby Mansfield  
amansfield@st-johnschool.org  
206-782-2810 ext 310

# PARISH FAMILY HIGHLIGHTS

## MASS INTENTIONS AT OUR PARISH FAMILY WEEKDAY MASSES

Please note that mass intentions will only be accepted at our weekday Masses. You are welcome to offer intentions at the following masses:

- 7:30 AM Masses at St. Alphonsus (Monday–Thursday)
- 8:00 AM Saturday Mass at St. Alphonsus (except 1st Saturdays)
- 9:00 AM Friday Mass at St. John
- 9:00 AM 1st Saturday Mass at St. John.

For **September to June**, mass intentions are also accepted at the School masses:

- 1st Wed: 8:45 AM at St. Alphonsus
- 1st Thurs: 9:00 AM at St. Benedict
- 1st Fri: 9:00 AM at St. John

If you would like to schedule a Mass intention, please contact the Faith Formation Office at 206-632-0843 or [lcorcoro@parishfamily14.org](mailto:lcorcoro@parishfamily14.org). We'd be glad to assist you.

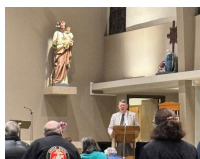
## HAVE YOU EVER FELT CALLED TO SERVE AT MASS?



Our Parish Family is looking for volunteers to join our Liturgical Ministry teams for St. Alphonsus, St. Benedict and St. John!



Whether you'd like to be a lector, altar server, Eucharistic minister, or usher, there's a place for you.



No experience needed, just a willing heart. Sign up today and be part of something meaningful!

For more info, please contact Daniel Pelfrey at [dpelfrey@parishfamily14.org](mailto:dpelfrey@parishfamily14.org)

## PARISH FAMILY SCHOOLS

Our Parish Family is blessed with vibrant Catholic schools that partner with families in nurturing faith, knowledge, and community. We invite you to consider them for your child's education and contact them through the following:

- St. Alphonsus Parish School: [admissions@stalseattle.org](mailto:admissions@stalseattle.org); 206-782-4363
- St. Benedict School: [p.ziemer@stbens.net](mailto:p.ziemer@stbens.net); 206-633-3375
- St. John School: [jskokan@st-johnschool.org](mailto:jskokan@st-johnschool.org); 206-783-0337 ext. 323

We look forward to welcoming your family into our school communities!

## OPEN TO ALL! ST. ALPHONSUS' WELCOME BACK BBQ - SEPTEMBER 6

St. Al's Welcome Back BBQ is coming up on Saturday, September 6, 12:00 - 3:00 PM in the parking lot, and **everyone's invited!**

We'll have a pig roast, burgers, hotdogs, mushroom burgers, and more—plus a bouncy house for the kids and lots of fun for all ages.

Friends and neighbors are welcome!

To make this a great success we need LOTS of help!

Volunteer roles include:

- Set Up Crew
- Managing Food Stations
- Bouncy House Monitor
- Clean Up Crew
- Bringing a Pop Up Tent

Also, please bring a dish to share, based on last name:

- A - J — Desserts and/or Drinks
- K - R — Salads
- S - Z — Side Dishes

Sign Up Here!



<https://bit.ly/StAl-BBQ2025>

St. Al will take care of the pig, hamburgers, brats & hot dogs, mushroom burgers, and water for everyone.

## ST. BENEDICT'S BRATWURST FESTIVAL BOOK & PUZZLE EMPORIUM – DONATIONS NEEDED!



Help us stock the shelves for our Book and Puzzle Emporium at the upcoming Bratwurst Festival (September 12 and 13)!

We're now accepting gently used books, puzzles, and board games, with a special emphasis on children's books, puzzles, and games.

Donations can be dropped off at any of the following locations until September 9:

- At St. Benedict School
- At the vestibule of St. Benedict Church
- Outside the lower door of St. Benedict Parish Office

Now's the perfect time to clear out the summer clutter and kick off the school year fresh—while supporting a great cause!

Thank you for your generosity! ❤️



# THROUGHOUT THE ARCHDIOCESE

## Join Archbishop Etienne for the Mass for Creation





**September 6 | 5:30 PM | St. James Cathedral**

Celebrate the Mass for Creation with Archbishop Etienne. This brand-new mass is to help kick-off our celebration of the Annual Season of Creation, a month-long prayerful observance that calls the planets 2.2 billion Christians to pray and care for God's Creation.

## Mass for Suicide Healing and Remembrance

**September 13 | 5:30pm  
St. James Cathedral**

Join us in person or livestream  
@ArchdioceseofSeattle  

Archdiocese of Seattle Mental Health Ministry  
and St. James Mental Health & Wellness Ministry

September is Suicide Prevention Awareness Month, and at this special Mass we pray for all who have been lost to suicide, for survivors of suicide, and for all who have lost a family member, friend, or colleague. We also pray that, as Church and as individuals, we can help prevent suicide by raising awareness and knowing how to help those in need.

### **Prayer:**

God, lover of souls,  
you hold dear what you  
have made and spare all  
things, for they are yours.  
(Order of Christian Funerals)

If you or someone you  
know is in crisis, please  
contact the 988 Suicide and  
Crisis Lifeline

- Call or text 988
- Chat at [988lifeline.org](https://988lifeline.org)



Father James Picton, former Pastor at St. John, passed away on August 26 after a long battle with Parkinsons. The Vigil service and Funeral Mass will both be at St. Madeline Sophie Parish in Bellevue. Dates and times will be announced in the coming days.

## JVEnCorps

A PROGRAM OF JVC NORTHWEST

Looking for Ways to Serve Your Community? Are you interested in discovering a vibrant faith group that serves your local community in meaningful ways?

Jesuit Volunteer (JV) EnCorps will support you in your commitment! As a program of JVC Northwest, we are a group, ages 40+, that meets monthly to explore our commitment to the Ignatian values of social and ecological justice, community, and spirituality. We assist group members to explore volunteer options in our wider community and share about them in our monthly gatherings. If interested, email Sarah Thompson at [jvencorps@jvcnorthwest.org](mailto:jvencorps@jvcnorthwest.org) or apply at [www.jvencorps.org](http://www.jvencorps.org)

The program begins with our opening retreats in September. Applications are accepted throughout the program year. Apply by August 31 to be a part of the opening retreats.

RETROUVAILLE  
SEATTLE



**Are you unhappy in  
your marriage?**

It doesn't have to be that way! Retrouvaille (pronounced retro-vi) is a marriage program that helps couples restore their marriage and rebuild a loving relationship. Whether you need a refresh or a rescue, we can help.

Our next program starts **September 19-21, 2025**. To learn more go to [www.marriagehelpnw.com](http://www.marriagehelpnw.com) or call 206-706-2608

## OTHER EVENTS

GEORGETOWN UNIVERSITY

INITIATIVE ON  
CATHOLIC SOCIAL THOUGHT AND PUBLIC LIFE

**Deportations and Assaults on Human Dignity -  
A Special Initiative Roundtable on Catholic Principles,  
Human Costs, and Pastoral Challenges**

**September 11 | 3:00 PM PST | Virtual**

The United States has seen families torn apart and communities in fear over mass deportations. Catholic leaders are on the frontlines urging dignity, solidarity for immigrants. This dialogue features Catholic bishops, academic and policy experts, and community leaders on Catholic social teaching. RSVP to attend: <https://bit.ly/4OEXgL>

**Help families affected by conflict across the Holy Land**



Your help is urgently needed for families affected by conflict across the Holy Land. Donations to Catholic Relief Services (CRS) and Catholic Near East Welfare Association (CNEWA) will provide humanitarian relief and pastoral support for our affected families in the Holy Land, including Gaza and surround areas in the Middle East.

CRS donation - <https://crs.org/donate/holy-land-conflict>  
CNEWA donation - <http://bit.ly/45HQ8lp>



# Saint John the Evangelist Parish

**Week of August 24, 2025**

## MASS ATTENDANCE

Saturday, 5 PM	93
Sunday, 8:30 AM	128
Sunday, 10:30 AM	140

Invite your friends and family to attend Mass and experience the peace, community, and spiritual growth it brings!

## PARISH COLLECTION

Mass Collection	\$ 3,650.00
Online Donations	\$ 8,019.36
Mailed-in	\$ 1,581.00
<b>Total Collection</b>	<b>\$ 13,250.36</b>
Weekly Budget	\$ 15,546.00
<b>Under Weekly Budget</b>	<b>\$ 2,295.64</b>

**Thank you so much for all your support to St. John Parish!**

Set up your recurring online giving now!

<https://bit.ly/PushpaySJ>



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## 2025 BLESSING OF THE BACKPACKS

**Friday, September 12, 8:15am**

**School Parking Lot**

**& Sunday, September 14**

**10:30am Mass**



The annual Blessing of the Backpacks will take place on **Friday, September 12 at 8:15am on the school parking lot** and on **Sunday, September 14 at the 10:30am Mass**, where Fr. Parrish will bless the backpacks filled with donated food. This is a great opportunity for our parish and school families to participate directly in the support of those in our community most in need.

We will split the food donations between BTK-8 and our St. Vincent de Paul food pantry here at St. John. Your support of the St. Vincent de Paul food pantry is always appreciated!

*Don't have a student at St. John, but still want to support BTK-8 & St. Vincent de Paul?  
Donations can be dropped off in the Parish Office September 10 - 12 or  
at Masses the weekend of September 13 & 14.*

Questions? Contact Teresa Gillett at 206-782-2810 ext.355 or [tgillett@stjohnsea.org](mailto:tgillett@stjohnsea.org)

Please do not include glass containers. Gift Cards are always welcome and used.

### Non-perishable food items:

Whole rolled or quick oats (not the flavored packets)  
Pancake mix, Syrup  
Cereal - large, small, or individual boxes  
Cooking Oils  
Flour and Sugar  
Whole beans - black, pinto, or garbanzo  
Dried pasta  
Pasta sauce/tomato sauce  
Nut butters  
Ramen  
Macaroni and cheese  
Tuna/Chicken (canned)

### Snack Foods:

Nut-free granola bars/snack bars  
Goldfish  
Cheeze-Its  
Pretzels  
Apple sauce or other fruit pouches  
Pop Corn (bags)

Rice  
Canned Soup  
Chef Boyardee type things like Spaghetti O's,  
Meatballs, Ravioli  
Canned chili  
Canned vegetables  
Canned tomatoes  
Canned beans - white, refried or kidney  
Gluten-Free items  
Dried lentils & beans  
Peanut butter  
Jams/jellies

Chips  
Sandwich Crackers (cheese, mainly)  
Crackers/Cheese packs  
Seaweed  
Any non-perishable, nut-free, individually packaged snacks

## SCHOOL NEWS

There's still time to apply for Kindergarten at St. John School for the 2025-26 school year!

Is your child ready for a joyful, faith-filled start to their educational journey? St. John School offers a nurturing environment, strong academics, and a vibrant community that helps students grow in mind, body, and spirit. ❤️



Small class sizes



Experienced, caring teachers



A welcoming school community



Apply today!

<https://st-johnschool.org/admissions>



Discovering **hope** and **joy** in the Catholic faith.

September 2025

**Parish Family 14**  
Seattle, WA

## One Minute Meditations

### St. Lawrence Justinian

Born into a noble Venetian family, St. Lawrence Justinian desired sanctity from an early age. He entered the Order of the Augustinian Canons Regular of St. George, where he became known for his zeal, penitential lifestyle, and deep charity—especially toward the poor. He eventually became the general of the order. Recognized for his holiness, he was appointed Bishop, and later Patriarch, of Venice by the pope. He served faithfully until his death at the age of seventy-five.

### Jesus turns sorrow into joy

Each September, the Church celebrates the Exaltation of the Holy Cross—not because we glorify suffering, but because the Cross reveals a Love that is total, faithful, and fearless. Christ embraced suffering, rejection, and death—and triumphed over them. His Cross is the ultimate sign that love is stronger than pain. When we bring our trials and sorrows to Jesus, He transforms them—through a kind of divine alchemy—into strength, healing, joy, and even glory. In Him, suffering is never the end of the story.

*"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden is light" (Matthew 11:28-30).*

## Holiness in everyday life

Pier Giorgio Frassati — to be canonized on September 7 — was known for blending intense spirituality with fun—he loved mountain climbing, practical jokes, and friendship. He taught that holiness can be simple, joyful, and practical, woven into daily life. In a 1923 address to young people, he summed up the Christian life: "Our religion is based on charity, which is nothing other than the most perfect Love." He proposed three ways to live that love: by example, through compassion, and by joyful invitation.

**By example:** Blessed Pier believed that our lives should reflect our faith without needing words. "We Catholics must strive to have our whole life guided by Christian moral law," he said. That includes building our schedules around the Eucharist, practicing reverence, treating others with dignity, and living generously. These everyday choices silently proclaim who we are—and whose we are.

**With compassion:** Blessed Pier encouraged personal, thoughtful acts of

love: visiting the lonely, offering a kind word, or putting others first. He reminded us that holiness begins with small, intentional acts of compassion.

**By joyful invitation:** Blessed Pier's faith was magnetic, marked by laughter,

*"Jesus is with me. I have nothing to fear."*

Blessed Pier Giorgio Frassati

adventure, and prayer. He urged others to draw people to Christ with warmth and sincerity: "Persuade [those who are far from the Church] to follow the ways of God." A quiet chapel visit or simple prayer can be a powerful invitation to grace.

He urged Catholics to stay rooted in the Eucharist: "Approach the Eucharistic Table as often as possible... from which you will draw strength." His life reminds us that sainthood is not about perfection, but about choosing love—daily, faithfully, and joyfully.

## Why Do Catholics Do That?

In the Nicene Creed, professed at every Sunday Mass and solemnity, we affirm belief in "all things visible and invisible"—a direct reference to spiritual beings, including angels. Throughout Scripture, angels appear as messengers, protectors, and servants of God's will. Jesus' words in Matthew 18:10,

## Why do Catholics believe in angels?

referencing angels who "*behold the face of [His] Father*"—form the basis for the Church's belief in guardian angels. These faithful spirits, who remained loyal to God, continue to watch over and guide us. Belief in angels is not optional but a vital part of Catholic teaching and tradition.

# Hearing God's voice in the everyday

Discernment isn't limited to religious vocations—it's a way of seeking God's will in all areas of life. Whether you're considering a marriage, a job change, or a move to a new city, discernment helps you respond to God's loving plan with clarity and peace. Here are three tips to avoid common pitfalls:

**Learn to recognize His voice:** It's difficult to discern God's will if we don't know His character. A healthy relationship with God—nurtured through prayer and Scripture, especially the Gospels—helps us become familiar with His voice. The more time we spend with Him, the easier it becomes to distinguish His promptings from fear, pressure, or personal bias.

**Take a practical step:** Discernment requires action. You can't always think your way to clarity. Take the interview, visit the new city, introduce your intended to your family. These steps don't commit you for life—they give you real-world experience that sharpens your perspective and brings peace to your decision-making.

**Narrow your focus:** Too many options can paralyze progress. At some point, discernment involves commitment and trust. Begin by eliminating options that clearly don't fit. The path may shift as you go, but each step—taken prayerfully—leads you closer to the right destination. God's guidance is often gradual but unmistakable.

## from Scripture

### Luke 16:19-31, Doing the good we ought to do

In this Gospel passage, Jesus tells a parable aimed at those who are indifferent to the suffering around them. A rich man enjoys daily luxury while Lazarus, a poor and sick man, lies just outside his gate, starving and ignored. Though the rich man likely passed by Lazarus often—and even knew his name—he offered no help.

After death, their roles are reversed. Lazarus is carried to the side of Abraham, a place of comfort and honor. The rich man finds himself in torment and pleads for relief. He asks Abraham to send Lazarus with water,

and later to warn his brothers. Both requests are denied.

Jesus' parable does not condemn wealth but the failure to love. The rich man's sin was not what he did, but what he refused to do. He saw suffering and remained unmoved.

This passage challenges us to examine our own hearts. Do we see those in need and look away?

True Christian living means turning prayer into mercy, and faith into action. When we love as Christ commands, the reward is eternal joy.

## Q & A Why do Catholics display crucifixes instead of crosses?

Jesus is risen in glory, having conquered sin and death. Yet we, though united to Him in Baptism, remain on our earthly journey, still vulnerable to temptation and suffering. The Crucifix stands as a powerful reminder of the cost of sin and the price of our redemption.

More than a symbol of pain, the Crucifix reveals the depth of God's mercy and love: *"God so loved the world that He gave His only Son"* (John 3:16). It reminds us that Jesus is *"a compassionate high priest"* (Hebrews 4:15) who knows human suffering firsthand—rejection, sorrow, and even death (cf. Psalm 22:14; 69:20).

In every Catholic church, the Crucifix also points to the reality of the Eucharist. The sacrifice of the Mass is not separate from Calvary—it is the same sacrifice, made present to us (*Catechism*, 1545). Christ offers Himself to the Father, and we receive the fruits of that offering: grace, healing, and strength.

The Crucifix is not just a symbol—it is the visual proclamation of love that saves, heals, and invites us into deeper communion with Christ.

## Feasts & Celebrations

**September 12 – The Holy Name of Mary.** Mary has many titles. Begun in Spain in 1513, this feast celebrates her as the Blessed Virgin and is the counterpart to the Feast of the Holy Name of Jesus. Pope Innocent XI extended this feast to the entire Church after the King of Poland, with Mary's protection, defeated an advancing Muslim army in Vienna in 1683.

**September 14 – The Exaltation of the Holy Cross (c. 326).** St. Helena (mother of Emperor Constantine) discovered what is believed to be the True Cross while on pilgrimage in Jerusalem. On that site, Constantine built the Basilica of the Holy Sepulcher.

**September 16 – Saints Cornelius and Cyprian (c. 253).** A renowned theologian and orator, he was ordained a priest and served as the bishop of Carthage. He helped Pope St. Cornelius defend the Church against the Novatian heretics. Pope Cornelius was exiled and died from harsh treatment in 253. Cyprian was arrested for refusing to worship idols. He was exiled and subsequently beheaded.

**September 19 – St. Januarius (c. 305).** Not much is known about this saint, except that he was the Bishop of Benevento, Italy, and that he was martyred with six companions under the Diocletian persecutions. For reasons unknown, a vial of his blood has miraculously liquified annually, several times a year, since at least 1389.

### Our Mission

To provide practical ideas that promote faithful Catholic living

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