



SEPTEMBER 2025

Macedonia Senior Center

9691 Valley View Rd.

Macedonia, OH 44056

Cheri - 330-468-8300 Ext. 432

Leah - 330-468-8300 ext. 430

monday

tuesday

wednesday

thursday

friday

1 LABOR DAY <i>CLOSED</i>	2 <u>Meal Delivery:</u> Chicken Romano	3 FIRE STATION: 11am - Public Utilities Commission of Ohio 11:45am - \$4 Lunch Breaded Chicken Sandwich 	4 10am - Tai Chi (NO ELEVATOR) <u>Meal Delivery:</u> City Chicken	5 10:45am - Line Dancing (NO ELEVATOR) LONGWOOD PARK 11:45am - \$4 Lunch Waffle Brunch
8 12pm - Mahjong (NO ELEVATOR)	9 <u>Meal Delivery:</u> Salisbury Steak	10 FIRE STATION: 11am - Massage Therapists 11:45am - \$4 Lunch Sweet Burbon BBQ Chicken 	11 10am - Tai Chi (NO ELEVATOR) <u>Meal Delivery:</u> BLT	12 10:45am - Line Dancing @ the Avenue <i>NO LUNCH</i>
15 12pm - Mahjong 1pm - Book Club	16 <u>Meal Delivery:</u> Sloppy Joe	17 10am - 2pm: SENIORS & CAREGIVERS EXPO <i>NO LUNCH</i>	18 10am - Tai Chi <u>Meal Delivery:</u> Personal Pan Pizza	19 10:45am - Line Dancing 11:45am - \$4 Lunch: Roast Beef
22 12pm - Mahjong	23 <u>Meal Delivery:</u> Ham & Swiss	24 10am - Exercise 11am - Summit County Prosecutor's Office 11:45am - \$4 Lunch: Cabbage & Noodles 6pm - Medicare 101 	25 10am - Tai Chi <u>Meal Delivery:</u> Chicken A L'orange	26 10:45am - Line Dancing @ the Avenue 11am - Card Club 11:45am - \$4 Lunch: Chicken Kiev
29 12pm - Mahjong	30 <u>Meal Delivery:</u> Sweet & Sour Meatballs	 The elevator repair project will continue through the first half of September. Please note changes to our programs. We apologize for the inconvenience!		

IN THE KNOW SEPTEMBER 2025

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BOOK OF THE MONTH:

The Silent Patient by Alex Michaelides

Discussion

Monday, September 15 @ 1pm



Enjoy a fun filled day at the Seniors & Caregivers Expo on **Wednesday, September 17** from 10am - 2pm. Leave with a SWAG Bag full of Senior Resources, win a raffle prize and more. Numerous specialists and vendors will be available to answer all of your Senior & Caregiving related questions.



Justin Kazmierczak is back with Medicare 101 on **Wednesday, September 24** at 6pm. Learn the basics of Medicare and get your questions answered! RSVP to Justin at **216-338-9922**.



Reliable Nurse Foot Care will be at the Macedonia Senior Center for Foot Care Appointments on **Tuesday, October 7**. Call **216-956-0293** to schedule your appointment.

Dr. Poduska will be here for Foot Care Appointments on **Friday, October 24**. Call **216-662-0027** to schedule your podiatrist appointment!

**DUE TO ELEVATOR REPAIRS,
THE FOLLOWING
SEPTEMBER LUNCHEONS
WILL BE MOVED OR
CANCELLED:**

**UNDER
CONSTRUCTION**



- **Wed. 9/3:** Lunch @ **Fire Station**
- **Fri. 9/5:** Lunch @ **Longwood Park**
- **Wed. 9/10:** Lunch @ **Fire Station**
- **Fri. 9/12:** **CANCELLED**

DOORS OPEN AT 10AM

PLEASE **DO NOT** ARRIVE FOR LUNCH
BEFORE 10AM ON THESE DATES!

SEPTEMBER BUS TRIP REMINDER:

- Thursday, September 4 - Farm @ Walnut Creek - 9:15am
- Thursday, September 11 - The Notebook - 6:30pm
- Friday, September 12 - Kuchta Farms - 9:15am
- Thursday, September 18 - KSU Museum - 10:30am
- Thursday, September 25 - Guardians Game - 11:30am
- Friday, September 26 - Rivers Casino - 9am

PRIOR REGISTRATION REQUIRED! BUS LEAVES PROMPTLY FROM MACEDONIA CITY CENTER AT THE TIME LISTED. FOR MORE INFORMATION ABOUT BUS TRIPS, CALL LEAH AT 330-468-8300 EXT. 430