

SEPTEMBER 2026 ACTIVITIES

-  = Activity @ City Hall
 = Activity @ Mac Rec
 = Activity @ Longwood Park



MACEDONIA SENIOR CENTER

Mac Rec: 1494 E. Aurora Rd.
 City Hall: 9691 Valley View Rd.
 Longwood Park: 1566 E. Aurora Rd.
 Macedonia, OH 44056
 330-468-8340
lgriffith@macedonia.oh.us

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THANK YOU TO OUR SPONSORS! Dedicated Medical Center Grande Village Busch-Romito Home Instead Jennings Momentous Health	 FOOT CARE APPOINTMENTS CALL 216-956-0293 10:10am - Senior Tai Chi <i>Sagamore Hills Park</i>	MAC REC CLOSED NO LINE DANCING 10am - Exercise 11am - Forever Friends Foundation 11:45am - \$5 Lunch BINGO AFTER LUNCH!	MAC REC CLOSED NO ZUMBA GOLD TAI CHI RELOCATED 10:10am - Senior Tai Chi <i>Sagamore Hills Park</i>	11:45am - \$5 Lunch BINGO AFTER LUNCH!
LABOR DAY CLOSED	10:10am - Senior Tai Chi <i>Sagamore Hills Park</i>	10am - Exercise 10:45am - Line Dancing 11am - Summit Metro Parks 11:45am - \$5 Lunch BINGO AFTER LUNCH!	10:10am - Senior Tai Chi <i>Fitness Room</i> 11:15am - Mind Challenge 2:45pm - Zumba Gold <i>Fitness Room</i>	11am - Card Club 11:45am - \$5 Lunch BINGO AFTER LUNCH!
10am - Walking Club <i>Longwood Park Pavilion 3 (Gazebo)</i> 12pm - Mahjong 1pm - LCR Tournament	10:10am - Senior Tai Chi <i>Sagamore Hills Park</i>	10am - Exercise 10:45am - Line Dancing 11am - Dedicated Medical Center 11:45am - Lunch SPONSOR: DEDICATED MEDICAL CENTER BINGO AFTER LUNCH!	10:10am - Senior Tai Chi <i>Fitness Room</i> 1pm - BINGO SPONSOR: GRANDE VILLAGE 2:45pm - Zumba Gold <i>Fitness Room</i>	11:45am - \$5 Lunch BINGO AFTER LUNCH!
10am - Walking Club <i>Longwood Park Pavilion 3 (Gazebo)</i> 12pm - Mahjong 1pm - Book Club	 10:10am - Senior Tai Chi <i>Sagamore Hills Park</i> 2pm - MUSIC BINGO SPONSOR: HOME INSTEAD	10am - Exercise 10:45am - Line Dancing 11am - Busch-Romito 11:45am - Lunch SPONSOR: BUSCH-ROMITO BINGO AFTER LUNCH!	10:10am - Senior Tai Chi <i>Fitness Room</i> 11:15am - Mind Challenge 2:45pm - Zumba Gold <i>Fitness Room</i>	10:30am - Ways to Pay for Care Services Presented by: Jennings 11am - Card Club 11:45am - Lunch SPONSOR: JENNINGS BINGO AFTER LUNCH!
10am - Walking Club <i>Longwood Park Pavilion 3 (Gazebo)</i> 12pm - Mahjong 12:30pm - MOVIE MONDAY: GREASE	10:10am - Senior Tai Chi <i>Sagamore Hills Park</i>	10am - Exercise 10:45am - Line Dancing 11am - Macedonia Fire 11:45am - \$5 Lunch ICE CREAM SOCIAL SPONSOR: MOMENTOUS HEALTH BINGO AFTER LUNCH! 6pm - Medicare 101	LCR TOURNAMENT MONDAY, SEPTEMBER 14 1PM \$5 PER PERSON REGISTRATION REQUIRED! SIGN UP BY SEPTEMBER 9 SPOTS ARE LIMITED	CHANCE TO WIN UP TO \$75 GRAND PRIZE GIFT CARD

SEPTEMBER 2026 MEALS



☐ = Home Delivered Meal
☐ = Luncheon @ City Hall



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FRIDAY

1 Sweet & Sour Chicken	2 BLT	3 Spaghetti & Meatballs	4 Burger Bar
8 Chicken, Cranberry, Feta Salad	9 French Toast Casserole	10 Swiss Steak	11 Chicken Penne A La Vodka
15 Ham & Cheese Croissant	16 French Onion Chicken	17 Pierogis	18 Cabbage Rolls
22 Taco Salad	23 Meatball Subs	24 Chicken Piccata	25 Pork Chops
29 Italian Wrap	30 Braised Beef & Gravy	MEAL DELIVERY: \$40/MONTH LUNCHEON: \$5/MEAL MEALS MADE POSSIBLE BY: DIRECTION HOME AREA AGENCY ON AGING THE CITY OF MACEDONIA GENEROUS SPONSORS & YOU! THANK YOU FOR YOUR SUPPORT!	

IN
THE
KNOW

SEPTEMBER 2026



RELIABLE NURSE FOOT CARE will return **Tuesday, September 1**. Call the nurse at 216-956-0293 to schedule your appointment.



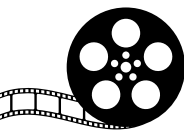
Get ready for our first ever **LCR TOURNAMENT!** Roll the dice and join the fun on **Monday, September 14 at 1pm**. LCR is fast-paced, easy to learn and full of surprises! Test your luck against your friends for a chance to win great prizes! Registration Required - Spots are limited! Call 330-468-8340.



BOOK OF THE MONTH:

Water for Elephants by Sara Gruen

NEXT DISCUSSION: Monday, September 21



MOVIE MONDAY:

GREASE

Go back to high school with Pink Lady Sandy, leader of the T-Birds, Danny, and a rockin' and rollin' all-star cast.

Monday, September 28 at 12:30pm



MEDICARE 101 information sessions will return **Wednesday, September 30**. Call or text Justin Kazmierczak at 216-338-9922 or 216-901-9300 to reserve your spot.



Our **ANNUAL CLAM BAKE** will take place on **Friday, October 9 at 11am** at the Macedonia Fire Department. \$35/Person - call 330-468-8340 to register! See reverse side for details!



VIRTUAL DEMENTIA TOUR presented by Home Instead- a scientifically backed, immersive sensory program that lets people with healthy brains experience the physical and mental challenges of living with dementia. Coming **Tuesday, October 20**. Appointment required, spots limited - call Leah to register. See reverse for more details.



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SEPTEMBER BUS TRIP REMINDER:

- **Thursday, September 3** - Guardians Game - 11:30am
- **Friday, September 4** - Akron Zoo - 9:30am
- **Thursday, September 10** - Kirtland/Patterson - 9:15am
- **Friday, September 11** - Restaurant Europa - 4pm
- **Friday, September 18** - Death Becomes Her - 4pm
- **Thursday, September 24** - Thrifty Thursday - 9:30am

PRIOR REGISTRATION REQUIRED! BUS LEAVES PROMPTLY AT THE TIME LISTED. FOR MORE INFORMATION ABOUT BUS TRIPS, CALL LEAH AT 330-468-8340.

TURN ME
OVER!



MACEDONIA SENIOR CENTER

CLAM

Bake



**FRIDAY,
OCTOBER 9**

**MACEDONIA
FIRE DEPT.**

9691 VALLEY VIEW RD.

11AM

PLEASE DO NOT
ARRIVE BEFORE
10:30AM!



MENU

- ONE DOZEN MIDDLENECK CLAMS
- HALF CHICKEN (OVER ONE POUND !)
- FRESH OHIO CORN ON THE COB
- SWEET POTATO
- CREAMY COLE SLAW
- DINNER ROLLS AND BUTTER
- HOT DRAWN BUTTER
- CLAM CHOWDER AND BROTH
- DESSERT

\$35

**PER
PERSON**

**+ \$12
EXTRA
CLAMS**



CALL TO REGISTER: 330-468-8340

MUST REGISTER BY OCTOBER 2



MUSIC



SPONSORED BY: HOME INSTEAD
TUESDAY , SEPTEMBER 22
2PM



VIRTUAL DEMENTIA TOUR®

YOUR WINDOW INTO THEIR WORLD

PRESENTED BY: HOME INSTEAD

The Virtual Dementia Tour is your chance to take a walk in the shoes of those living with Dementia. After experiencing this sensory training, participants have a greater understanding of the realities of what living with dementia is like and can improve communication and care.

TUESDAY, OCTOBER 20

9am - 3pm

**Call Leah to reserve
your 30 minute appointment.
330-468-8340**