

### **Macedonia Senior Center**

9691 Valley View Rd. Macedonia, OH 44056 Cheri - 330-468-8300 Ext. 432

Leah - 330-468-8300 ext. 430

monday

# CARE APPOINTMENTS

Tuesday, October 7

Reliable Nurse **Foot Care** 216-956-0293

Friday, October 24 Dr. Poduska 216-662-0027

tuesdav

wednesday 10am - Exercise 11am - Rita Darrow

11:45am - FREE LUNCH **SPONSORED BY** FRIENDS OF RITA DARROW

Pizza & Wings

**7** 



10am - Tai Chi

**Meal Delivery:** 

thursday

Italian Sausage Sandwich

10:45am -Line Dancing

11:45am - FREE LUNCH **SPONSORED BY MATT FERRARO** 

friday

Pork Chops

BINGO

12pm - Mahjong

#### **Meal Delivery:**

Breaded Chicken Sandwich 11am - Real Estate

11:45am - \$4 Lunch Breakfast for Lunch!



Patriot Dav

10am - Tai Chi

**Meal Delivery:** 

Chicken Penne Alfredo 10:45am -Line Dancing @ the Avenue

11:45am - \$4 Lunch Chicken Paprikash

12pm-Senior Mind Challenge Trivia

BINGO

BINGO



Columbus Day

**Meal Delivery:** 

Chicken Caesar

10am - Exercise

11am - Medicare Update

11:45am - \$4 Lunch French Onion Chicken

BINGO

22

10am - Tai Chi

**Meal Delivery:** Meatloaf

10:45am -Line Dancing

11:45am - \$4 Lunch:

Cavatelli & Meatballs

**12pm - Mahjong** 

1pm - Book Club

**Meal Delivery:** 

Creamy Beef & Shells

10am - Exercise

11am - Nina Evans 11:45am - \$4 Lunch: Chili Bar

10am - 12pm -Medicare Plan reviews BINGO

**10am -** Tai Chi

10am - Tai Chi

**Meal Delivery:** 

BLT

**Meal Delivery:** 

Swedish Meatballs

10:45am -Line Dancing @ the Avenue 24 11am - Card Club

11:45am - \$4 Lunch: **BBQ** Chicken

10am-12pm -Medicare Plan Reviews B1 N 0 0



27

13

20

**Meal Delivery:** 

Chicken Cordon Bleu

28 10am - Exercise

11:45am **\$4 Lunch** Lemon Basil Chicken

HALLOWEEN

1pm - B 1 N G 0 SPONSORED BY: KING DAVID NURSING & REHAB 10:45am -Line Dancing



11:45am - \$4 Lunch Shepard's Pie



12pm - Mahjong

6pm -Medicare 101



# KNOW OCTOBERS



#### **BOOK OF THE MONTH:**

The Briar Club by Kate Quinn Discussion Monday, October 20 @ 1pm





Reliable Nurse Foot Care will be at the Macedonia Senior Center for Foot Care Appointments on Tuesday, October 7. Call 216-956-0293 to schedule your appointment.

Dr. Poduska will be here for Foot Care Appointments on Friday, October 24. Call 216-662-0027 to schedule your podiatrist appointment!



Justin Kazmierczak is back with Medicare 101 on Wednesday, October 29 at 6pm. Learn the basics of Medicare and get your questions answered! RSVP to Justin at 216-338-9922.

Additionally, Justin will host 30 minute time slots for individuals to go over their current plans and changes for the upcoming year. Slots available October 22 & 24 and November 12 & 14. Call Justin or Cheri to schedule your appointment.



The Macedonia Senior Center Halloween Costume Parties will be held Wednesday, October 29 and Friday, October 31. Dress up for a chance to win a prize! Will you be voted this year's best costume?



**SAVE THE DATE!** The Macedonia Senior Center Clam Bake will be held **Friday, November 14** at 1pm. More information to follow.

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#### **CANDY or SNACK COLLECTION**

We will be donating to Emergency Assistance Center for families to pass out during trick or treat! Bring to Senior Center!!

# **MORE BINGO!**



TUESDAY, OCTOBER 14

MAVIS WINKLES

WEDNESDAY, OCTOBER 15
THE AVENUE

THURSDAY, OCTOBER 30
MACEDONIA SENIOR CENTER
1pm

## **OCTOBER BUS TRIP REMINDER:**

- Thursday, October 2 Chardon Polka Band 10:30am
- Thursday, October 9 Back 40 BBQ- 11:15am
- Friday, October 17 Roscoe Village 8:30am
- Thursday, October 23 Ladies Night Out 4:30pm
- Friday, October 24 Candlelight Concert 3:15pm
- Thursday, October 30 Murder Mystery 9am

PRIOR REGISTRATION REQUIRED! BUS LEAVES PROMPTLY FROM MACEDONIA CITY CENTER AT THE TIME LISTED. FOR MORE INFORMATION ABOUT BUS TRIPS, CALL LEAH AT 330-468-8300 EXT. 430