WELCOME TO OUR SWEETPEA CLASSROOM

New Beginnings Day Nurseries



JOINING OUR SWEETPEA CLASS

We are excited to welcome you to our Sweetpea Classroom. We have included lots of useful information about our daily routine to make the transition from home to nursery as smooth as possible.

WHAT TO BRING WITH YOU



A small bag with the following:

Nappies & Wipes (a packet of wipes and a medium packet of nappies is advised)
Nappy Cream, if used
Two changes of clothes
A Coat, hat, gloves, sun hat (weather dependent)
Milk bottles (Can be stored at the nursery)
Water beaker (Can be stored at the nursery)
Formula milk powder in its original packaging (to be left at the nursery)
Expressed breast milk (further information can be provided if you wish to provide breast milk)
Dummy/ blanket/ soother
Teething gel/ powder

Please write or label your child's name in every item brought to nursery.

WHAT WE WILL PROVIDE

Blankets and sheets, which are laundered on site

Breakfast, snacks, lunch and dinner (cows milk and water provided throughout the day)

Daily care diary via the Famly App

Learning Journey recorded online via via the Famly app

famly



OUR NURSERY ROUTINE

In our Sweetpea room, it is all about the child and following their routine. As they start to get older and the more time they spend with us, they will start to slowly adapt to the nursery routine, which may also eventually become your everyday at-home routine.

Before starting New Beginnings, you will have had a couple of settling-in sessions with your nursery manager and child's room leader. Here you will go through your child's all about me form and nursery care plan. Ensuring we get to know everything there is to know about them.

A little note

Remember what it feels like to have a first day at a new job, new school or to walk into a new environment. All children just like adults will naturally feel anxious and unsure, the important thing we say to all our families is to give them time. Everyone takes time to feel comfortable in a new environment and this will be no different for your little one.

A DAY AS A SWEETPEA

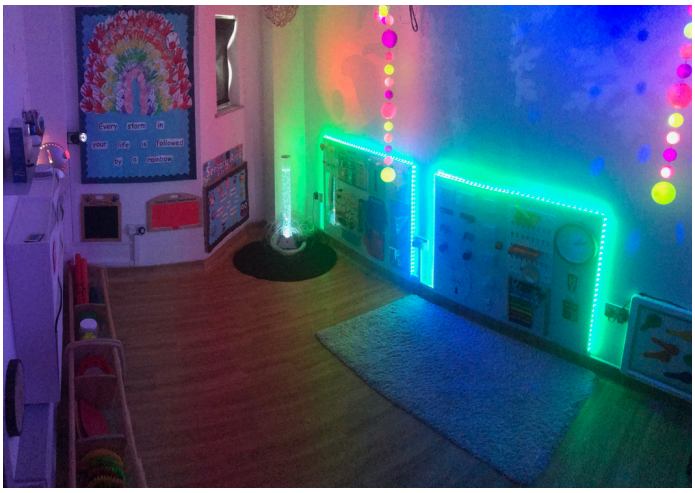
Garden Time



We engage in a variety of thrilling activities each day. Whether we are in the classroom, exploring the garden outdoors, or enjoying our sensory room, there's always something exciting happening.

Exploring our Sensory Classroom





Creative Play





COMMUNICATION

How will we tell you about your child's day?

We will communicate daily using a nursery management software app called Famly.
Famly enables us to provide you with a care diary that outlines important details about your child's day, such as: sleep times, nappy changes, meals and portion sizes
Additionally, there is a learning journal where we can share photographs of your child and the activities they engaged in throughout the day.

You will also find space to leave comments or any information you wish for us to know. Please don't hesitate to chat with us during drop-off and pick-up times as well.



What will my child learn?

We follow the Early Years Foundation Stage curriculum. We will encourage early speech and language skills through songs, rhymes and games. Babies will be encouraged to be independent by supporting them to feed themselves, explore
and participate in lots of sensory experiences.



WHERE DO WE SLEEP?

Our Sweetpea room has a designated quiet area with cots and bed mats for the children to have naps throughout the day. Bedding is provided for all children which includes a sheet and a blanket. These are laundered at the end of your child's week. If your child uses a sleep bag, dummy, or comforter, please ensure you bring this to nursery.

In addition, white noise machines and background music are played during sleep time to help settle your children to sleep.

A little note to remember

We try to replicate as much as possible a quiet sleep time environment for your child. However it may take a while for your child to adjust to their new sleep environment. Therefore their usual nap times might not be the same, for example not as long or at different times of the day



A little note to remember

when your child first starts with us it may take them a little while to become comfortable in their new surroundings.
You may even find that they don't really eat their usual amount of food or they may even eat much more and try different foods which they don't usually eat at home.

WHERE DO WE EAT?

We have highchairs, bumbos and low level chairs where children can all sit round a table and enjoy their meals together.
Meal times are a great social experience for children and encourages them to perhaps try foods they may not eat at home, as well as supporting them in beginning to independently feed themselves finger foods or starting to develop their gross motor skills and gain more control of their cutlery. We also encourage our staff to eat with the children, we find this is a great way to get children trying new foods and eating more.

BOTTLE PREPARATION

Our staff will make a bottle according to the measurements in your child's records by using a Tommee Tippee prep machine. A fresh bottle of formula for your baby at the perfect temperature will be made in less than two minutes. The amount of milk drank will be logged in your daily care diary on Famly





MY CHILD HAS AN ALLERGY OR DIETARY REQUIREMENT?

During your first settling-in session, the nursery manager will discuss with you any allergies or dietary requirements your child may have.
We will ensure a menu care plan is in place before your child is due to start with us.
Please ensure that if your child's dietary or allergy needs change that you inform the nursery manager as soon as possible for them to make the necessary changes.
We also provide a weaning menu for younger babies, and your manager/ room leader will work closely with you as you start to introduce new foods to your child's diet.

A little note to remember

Due to allergies and medical needs of all our children we do not allow parents to supply food for their children.
If parents are worried about their food intake this can be discussed with your nursery manager.
All our menus can be viewed on our nursery website www.newbeginningsdaynursery.co.uk



MEDICINE

Please note all medication must be prescribed by the doctor with the Child's name, date of birth and be in date. Any medication given by the nursery senior staff must have parental consent by completing a medication form. Regular medication such as asthma inhalers and epipens need to be left at the nursery in our medicine box, so please request a duplicate from your Doctor to retain at home. We do not administer paracetamol unless for ongoing pain management as directed by a Doctor. We will continue a course of antibiotics after the first 48 hours have been administered at home, and if your child is well enough to be in nursery.

INFECTION CONTROL

For more information on our infection control and exclusion periods please refer to our websites parent page for review the Childhood Illnesses & Wellbeing section.