WELCOME TO OUR SUNSHINE CLASSROOM



JOINING OUR SUNSHINE ROOM

We can't wait for you to start your next adventure at New Beginnings and take your next transitional step in joining the Sunshine room.
Your teacher can't wait to welcome you.
In this booklet find out all there is to know about our Sunshine room.

WHAT TO BRING WITH YOU



A small bag with the following:

Two changes of clothes
Coat, hat, gloves, sun hat (weather dependent)
Water beaker (can be stored at nursery)

Please write or label your child's name in every item brought to nursery.

WHAT WE WILL PROVIDE

Blankets and sheets, which are laundered on site

Breakfast, snacks, lunch and dinner (cow's milk and water provided throughout the day)

Daily care diary via the Famly App

Learning Journey recorded online via the Famly App

famly



OUR SUNSHINE ROUTINE

8:00am-8:45am-Breakfast time

8:45am-9:00am-Together Time

9:00am-10:30am- Learning through play time/ Snack time at 10am

10:30am-11:30am- Garden time

11:30am-12:15pm-Lunchtime

12:15pm-12:30pm-Together Time

12:30pm-1:45pm- Learning through play time

1:45pm-2:30pm-Garden time/snack

2:30pm-3:30pm- Learning through play time

3:30pm-4:00pm-Tea time

4:00pm-6:00pm- Learning through play time/ Home time

A little note

If your child is still in nappies then nappy changes and toileting routines are carried out between these times. Should you wish to start toilet training when your child moves up into this room please ensure you discuss this with your nursery manager.

A DAY AS A SUNSHINE

We engage in a variety of exciting activities throughout our day, whether we're indoors or venturing outside to explore the garden.

Garden time





Growing Area



Creative play





COMMUNICATION

How will we tell you about your child's day?

Daily Communication will be shared via a nursery management software app called Famly.

Famly allows us to provide you with a care diary detailing information about your child's day, including sleep times, nappy changes, what they have eaten and how much. There is also a learning journal that allows us to share photographs of your child and the activities they have participated in that day.

There is space for you to add comments or information that you would like us to know.
Always feel free to talk to us daily on drop off and collection, too.



What will my child learn?

We follow the Early Years Foundation Stage curriculum. We will encourage early speech and language skills through songs, rhymes and games. Babies will be encouraged to be independent by supporting them to feed themselves, explore
and participate in lots of sensory experiences.



WHERE DO WE EAT?

All children sit together around a table at meal times. This is a great social experience for all the children, we find group meal times also encourage those fussy eaters to try different foods and eat more. Seeing their friends eat different foods they may not eat at home supports them in giving these foods a try.

A little note to remember

We try as much as possible to encourage lots of independance when eating at this age. Staff will encourage children to use their own knife, fork and spoon and to drink from a cup.

A little note to remember

Should you wish to start toilet training when your child moves up into this room please ensure you discuss this with your nursery manager.
When your child starts toilet training please remember to pack lots and lots of underwear and clothes the first few days/ weeks may be a little messy.



TOILET TRAINING & TOILETING ROUTINES

The Sunshine room has its own bathroom which is also shared by the Rainbow room. It is equipped with 2 low level toilets and low level sinks. This room is commonly where toilet training is introduced and we encourage parents to discuss this with the nursery manager should they wish to start. We fully support and work in partnership with our families when toilet training we use stickers, reward charts & toilet training records.
Children are able to independently use the toilet area throughout the day and their teacher will be there to support if needed.



MY CHILD HAS AN ALLERGY OR DIETARY REQUIREMENT?

During your initial settling-in session, the nursery manager will go over any allergies or dietary requirements your child may have. We will establish a tailored menu care plan before your child begins with us.
Remember, if there are any changes to your child's dietary or allergy needs, notify the nursery manager as soon as possible, so they can implement the necessary adjustments.
Additionally, we offer a weaning menu for younger infants, and your manager or room leader will collaborate closely with you as you start introducing new foods into your child's diet.

A little note to remember

Due to allergies and medical needs of all our children we do not allow parents to supply food for their children. If parents are worried about their child's food intake this can be discussed with your nursery manager.
All our menus can be viewed on our nursery website



MEDICINE

Please note all medication must be prescribed by the doctor with the Child's name, date of birth and be in date. Any medication given by the nursery senior staff must have parental consent by completing a medication form. Regular medication such as asthma inhalers and epipens need to be left at the nursery in our medicine box, so please request a duplicate from your Doctor to retain at home. We do not administer paracetamol unless for ongoing pain management as directed by a Doctor. We will continue a course of antibiotics after the first 48 hours have been administered at home, and if your child is well enough to be in nursery.

INFECTION CONTROL

For more information on our infection control and exclusion periods please refer to our websites parent page and review the Childhood Illnesses & Wellbeing section.