WELCOME TO OUR SUNFLOWER CLASSROOM



JOINING OUR SUNFLOWER ROOM

We can't wait for you to start your next adventure at New Beginnings and take your next transitional step in joining the Sunflower room.
Your teachers can't wait to welcome you.
In this booklet find out all there is to know about our Sunflower room.

WHAT TO BRING WITH YOU



A small bag with the following:

Two changes of clothes
A Coat, hat, gloves, sun hat (weather dependent)
Water beaker (can be stored at the nursery)

Please write or label your child's name in every item brought to nursery.

WHAT WE WILL PROVIDE

Blankets and sheets, which are laundered on site

Breakfast, snacks, lunch and dinner (cows milk and water provided throughout the day)

Daily care diary via the Famly App

Learning Journey recorded online via the Famly App

famly



OUR SUNFLOWER ROUTINE

8:00am- 8:45am-Breakfast time

8:45am-9:00am-Together Time

9:00am-10:45am- Learning through play time/ Snack time at 10am.

10:45am-11:30am- Garden time

11:30am-12:15pm- Lunch time

12:15pm-12:30pm-Together Time

12:30pm-1:15pm- Learning through play time

1.15pm-2:15pm-Garden time

2:00pm-3:00pm- Afternoon snack /Learning through play time

3:30pm-4:00pm- Tea time

4:00pm-4:30pm- Together time

4:30pm-6:00pm-Learning through play/ Home time

A little note

If your child is still in nappies then nappy changes and toileting routines are carried out between these times.
Should you wish to start toilet training when your child moves up into this room please ensure you discuss this with your nursery manager.

A DAY AS A SUNFLOWER

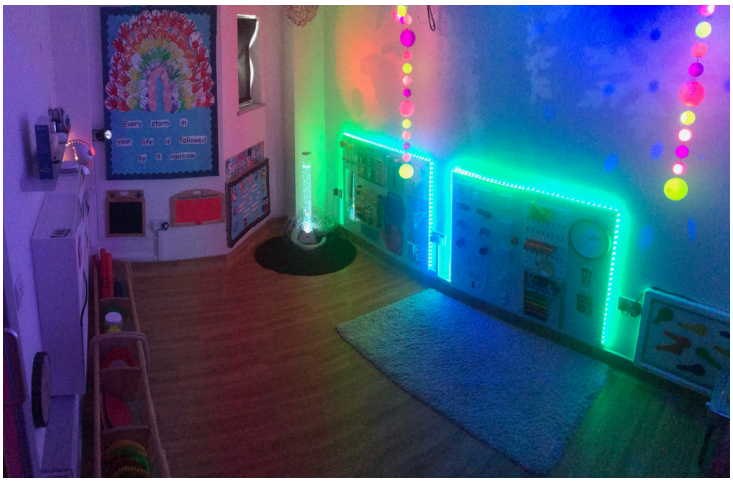
Garden time



We engage in a variety of exciting activities throughout our day. Whether we're indoors, exploring the garden, or enjoying our sensory room, there's always something enjoyable happening.

Exploring the sensory room





Creative play





COMMUNICATION

How will we tell you about your child's day?

We will be sharing daily updates via a nursery management software application called Famly.
Famly enables us to provide you with a care diary that outlines essential details about your child's day, including: sleep times, nappy changes, meals and portion sizes
Additionally, there is a learning journal where we can share photos of your child and highlight the activities they engaged in throughout the day.
You are welcome to add comments or any information you would like us to know. Please don't hesitate to chat with us during drop-off and pick-up times as well.



What will my child learn?

We follow the Early Years Foundation Stage curriculum. We will encourage early speech and language skills through songs, rhymes and games. Babies will be encouraged to be independent by supporting them to feed themselves, explore
and participate in lots of sensory experiences.



WHERE DO WE EAT?

All children gather around a table during meal times, creating a wonderful social experience for everyone involved. We have observed that group meals also motivate picky eaters to explore new foods and increase their overall intake. Watching their friends enjoy different dishes, which they might not encounter at home, encourages them to give these foods a chance.

A little note to remember

We try as much as possible to encourage lots of independence when eating at this age. Staff will encourage children to use their own knife, fork and spoon and to drink from a cup.



NAPPY CHANGING AND TOILET TRAINING ROUTINES

The Sunflower room has its own bathroom equipped with 2 low level toilets and low level sinks.
This room is commonly where toilet training is introduced and we encourage parents to discuss this with the nursery manager should they wish to start. We fully support and work in partnership with our families when toilet training. We use stickers, reward charts & toilet training records.

A little note to remember

When your child starts toilet training please remember to pack lots and lots of underwear and spare clothes the first few days/weeks may be a little messy..



MY CHILD HAS AN ALLERGY OR DIETARY REQUIREMENT?

During your initial settling-in session, the nursery manager will discuss any allergies or dietary requirements your child may have. We will ensure that a menu care plan is established before your child's start date with us.

Please inform the nursery manager as soon as possible if there are any changes to your child's dietary or allergy requirements, so that they can implement the necessary adjustments.

Additionally, we offer a weaning menu for younger babies. Your manager or room leader will collaborate closely with you as you begin to introduce new foods into your child's diet.

A little note to remember

Due to allergies and medical needs of all our children we do not allow parents to supply food for their children. If parents are worried about their child's food intake this can be discussed with your nursery manager.
All our menus can be viewed on our nursery website.



MEDICINE

Please note all medication must be prescribed by the doctor with the Child's name, date of birth and be in date. Any medication given by the nursery senior staff must have parental consent by completing a medication form. Regular medication such as asthma inhalers and epipens need to be left at the nursery in our medicine box, so please request a duplicate from your Doctor to retain at home. We do not administer paracetamol unless for ongoing pain management as directed by a Doctor. We will continue a course of antibiotics after the first 48 hours have been administered at home, and if your child is well enough to be in nursery.

INFECTION CONTROL

For more information on our infection control and exclusion periods please refer to our websites parent page and review the Childhood Illnesses & Wellbeing section.