

# WELCOME TO OUR RAINBOW CLASSROOM



## JOINING OUR RAINBOW ROOM

We can't wait for you to start your next adventure at New Beginnings and join our Rainbow room.

Your teachers can't wait to welcome you.

Find out all there is to know about our Rainbow room in this booklet from our nursery routine, a day as a Rainbow & our Rainbow gallery.



## OUR RAINBOW ROUTINE

8:00am-8:45am- Breakfast time

8:45am-9:00am- Together Time

9:00am- 9:45am- Learning through play time

9:45am-10:30am- Garden Time/ Snack time at 10am

10:30am-11:30am- Learning through play time

11:30am-12:15pm- Lunch time

12:15pm-12:30pm-Together Time

12:30pm-2:00pm- Sleep/ rest time

2:00pm-3:15pm- Learning through play time/snack

3:15pm-3:30pm- Together time

3:30pm-4:00pm- Tea time

4:00pm-4:45pm- Garden time

4:45pm-6:00pm- Learning through play time/ Home time

### A little note

All nappy changes and toileting routines are carried out between these times. Should you wish to start toilet training when your child moves up into this room please ensure you discuss this with your nursery manager.

# WHAT TO BRING WITH YOU

A small bag with the following:



Nappies & Wipes (a packet of wipes and a medium packet of nappies is advised)  
Nappy Cream, if used  
Two changes of clothes  
Coat, hat, gloves, sun hat (weather dependent)  
Water beaker (Can be stored at the nursery)  
Dummy/ blanket/ soother  
Teething gel/ powder

**Please write or label your child's name in every item brought to nursery.**

## WHAT WE WILL PROVIDE

Blankets and sheets, which are laundered on-site

Breakfast, snacks, lunch and dinner (cow's milk and water provided throughout the day)

Learning Journey recorded online via the Family App





# A DAY AS A RAINBOW

We engage in a variety of exciting activities throughout the day, whether we're indoors or venturing outside to explore the garden.

## Garden time

### Growing Area



## Creative play



# COMMUNICATION

## How will we tell you about your child's day?

Daily Communication will be shared via a nursery management software app called Famly up until the term after your child turns 2 years.

Famly allows us to provide you with a care diary detailing information about your child's day, including sleep times, nappy changes, what they have eaten and how much. There is also a learning journal that allows us to share photographs of your child and the activities they have participated in that day.

There is space for you to add comments or information that you would like us to know.

Always feel free to talk to us daily on drop off and collection, too.



## What will my child learn?

We follow the Early Years Foundation Stage curriculum. We will encourage early speech and language skills through songs, rhymes and games. Babies will be encouraged to be independent by supporting them to feed themselves, explore and participate in lots of sensory experiences.





## WHERE DO WE SLEEP?

After lunch time staff set out an area within the room where children can have their afternoon nap. Each child will have their own individual bed mat to lay on with their bed bag containing a bed sheet and blanket. Any comforters your child may use to sooth themselves to sleep will also be given to them.

### A little note to remember

At this age we understand parents like to reduce or completely cut out naps. We will work in partnership with our families to work together on this. Please remember we will only wake children by softly calling their name or making subtle noise around them.



## WHERE DO WE EAT?

All children sit together around a table at meal times. This is a great social experience for all the children, we find group meal times also encourage those fussy eaters to try different foods and eat more. Seeing their friends eat different foods they may not eat at home supports them in giving these foods a go.

### **A little note to remember**

We try as much as possible to encourage lots of independence when eating at this age. Staff will encourage children to use their own knife, fork and spoon and to drink from a cup.



## A little note to remember

When your child starts toilet training please remember to pack lots and lots of underwear and spare clothes the first few days/ weeks.



## NAPPY CHANGING AND TOILET TRAINING ROUTINES

The Rainbow room shares its bathroom with the Sunshine room. It is equipped with 2 low level toilets, change unit, potty and low level sinks.

Children will have their nappies changed throughout the day on the nappy changing unit secured to the wall.

This room is commonly where toilet training is introduced and we encourage parents to discuss this with the nursery manager should they wish to start. We fully support and work in partnership with our families when toilet training, we use stickers, reward charts & toilet training records.





## MY CHILD HAS AN ALLERGY OR DIETARY REQUIREMENT?

During your first settling in session with, your nursery manager will discuss with you any allergy or dietary requirements your child may have. We will ensure a menu care plan is in place before your child is due to start with us.

Please ensure if your child's dietary or allergy requirements need to change, that you inform the nursery manager as soon as possible for them to make the necessary changes.

### **A little note to remember**

Due to allergies and medical needs of all our children we do not allow parents to supply food for their children. If parents are worried about their child's food intake this can be discussed with your nursery manager.

All our menus can be viewed on our nursery website



## MEDICINE

Please note all medication must be prescribed by the doctor with the Child's name, date of birth and be in date. Any medication given by the nursery senior staff must have parental consent by completing a medication form. Regular medication such as asthma inhalers and epipens need to be left at the nursery in our medicine box, so please request a duplicate from your Doctor to retain at home. We do not administer paracetamol unless for ongoing pain management as directed by a Doctor. We will continue a course of antibiotics after the first 48 hours have been administered at home, and if your child is well enough to be in nursery.

## INFECTION CONTROL

For more information on our infection control and exclusion periods please refer to our websites parent page and review the Childhood Illnesses & Wellbeing section.