WELCOME TO OUR BLUEBELL CLASSROOM

New Beginnings Day Nurseries



JOINING OUR BLUEBELL ROOM

We can't wait for you to start your next adventure at New Beginnings and take your next transitional step in joining the Bluebell room.
Your teachers can't wait to welcome you.
In this booklet, you will find everything you need to know about our Bluebell room.



OUR BLUEBELL ROUTINE

8:00am-8:45am-Breakfast time

8:45am-9:00am-Together Time

9:00am-10:00am-Garden time

10:00am-11:30am- Snack time at 10am/ Learning through play time

11:30am-12:15pm-Lunch time

12:15pm-12:30pm-Together Time

12:00pm-2:30pm-Sleep/ rest time

2:00 pm-3:00pm- Afternoon snack /Learning through play time

3:00pm-3:30pm-Garden time

3:30pm-4:00pm-Tea time

4:30pm-6:00pm- Learning through play time/ Home time

A little note

All nappy changes and toileting routines are carried out between these times. Should you wish to toilet train when your child moves up into this room please ensure you discuss this with your nursery manager.

WHAT TO BRING WITH YOU



A small bag with the following:

Nappies & Wipes (a packet of wipes and a medium packet of nappies is advised)
Nappy Cream, if used
Two changes of clothes
A Coat, hat, gloves, sun hat (weather dependent)
Water beaker (can be stored at the nursery)
Dummy/ blanket/ soother
Teething gel/ powder

Please write or label your child's name in every item brought to nursery.

WHAT WE WILL PROVIDE

Blankets and sheets, which are laundered on site

Breakfast, snacks, lunch and dinner (cow's milk and water provided throughout the day)

Learning Journey recorded online via the Famly app

famly

A DAY AS A BLUEBELL

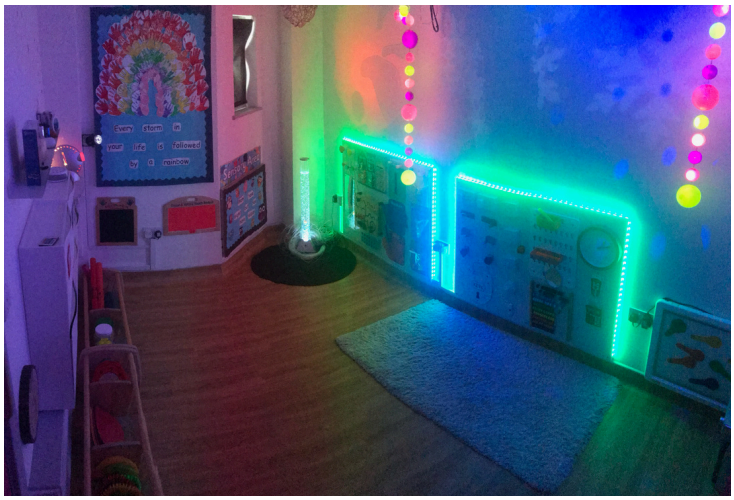
Garden time



We engage in a variety of exciting activities throughout our day. Whether we are inside the room, exploring the garden outdoors, or enjoying our sensory room.

Exploring the sensory room





Creative play





COMMUNICATION

How will we tell you about your child's day?

Daily Communication will be shared via a nursery management software app called Famly up until the term after your child turns 2 years.

Famly allows us to provide you with a care diary detailing information about your child's day, including sleep times, nappy changes, what they have eaten and how much. There is also a learning journal that allows us to share photographs of your child and the activities they have participated in that day.

There is space for you to add comments or information that you would like us to know.
Always feel free to talk to us daily on drop off and collection, too.



What will my child learn?

We follow the Early Years Foundation Stage curriculum. We will encourage early speech and language skills through songs, rhymes and games. Babies will be encouraged to be independent by supporting them to feed themselves, explore
and participate in lots of sensory experiences.



WHERE DO WE SLEEP?

After lunchtime, staff set out an area in the classroom where children can have their afternoon nap. Each child will have their own individual bed mat to lie on, with their bed bag containing a bed sheet and blanket. Any comforters your child may use to soothe themselves to sleep will also be given to them.

A little note to remember

At this age we understand parents may like to reduce their child's nap time. We will work in partnership with our families to work together on this.
Please remember we will only wake children by softly calling their name or making subtle noise around them.



WHERE DO WE EAT?

During meal times, all children gather around a table together. This creates a wonderful social experience for everyone involved. We have observed that group meals also motivate picky eaters to sample a variety of foods and consume more overall. Watching their friends try different dishes that they might not have at home encourages them to give these foods a chance.

A little note to remember

We try as much as possible to encourage lots of independence when eating at this age. Staff will encourage children to use their own knife, fork and spoon and to drink from a cup.



NAPPY CHANGING AND TOILET TRAINING ROUTINES

The Bluebell room features its own bathroom, which includes two low-level toilets, a change unit, a potty, and low-level sinks.

This space is typically where toilet training begins, and we invite parents to discuss their plans with the nursery manager if they wish to initiate this process.

We are committed to supporting and collaborating with our families during toilet training, utilizing stickers, reward charts, and toilet training records to encourage progress.

A little note to remember

When your child starts toilet training please remember to pack lots and lots of underwear and spare clothing in the first few days/ weeks



MY CHILD HAS AN ALLERGY OR DIETARY REQUIREMENT?

During your first settling-in session, your nursery manager will discuss with you any allergies or dietary requirements your child may have. We will ensure a menu care plan is in place before your child is due to start with us. Please ensure that if your child's dietary or allergy requirements need to change, you inform the nursery manager as soon as possible for them to make the necessary changes.

A little note to remember

Due to allergies and medical needs of all our children we do not allow parents to supply food for their children.
If parents are worried about their food intake this can be discussed with your nursery manager.
All our menus can be viewed on our nursery website



MEDICINE

Please note all medication must be prescribed by the doctor with the Child's name, date of birth and be in date. Any medication given by the nursery senior staff must have parental consent by completing a medication form. Regular medication such as asthma inhalers and epipens need to be left at the nursery in our medicine box, so please request a duplicate from your Doctor to retain at home. We do not administer paracetamol unless for ongoing pain management as directed by a Doctor. We will continue a course of antibiotics after the first 48 hours have been administered at home, and if your child is well enough to be in nursery.

INFECTION CONTROL

For more information on our infection control and exclusion periods please refer to our websites parent page and review the Childhood Illnesses & Wellbeing section.