



New Beginnings Nursery
(Loughton branch)
Alderton Hall lane,
Loughton, Essex
1G10 3HE
0208 508 5665
www.newbeginningsdaynursery.co.uk







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Our Vision

At New Beginnings we believe that allowing children access to good quality pre-school education enhances their future life chances. It is a belief that is backed up by research and as such we genuinely want our nurseries to be the best and we want your child's nursery experience to be a positive. meaningful and above all fun. In addition, we recognise that each child is an individual with their own specific needs. Our staff tailor each child's care and learning plan to their individual requirements and create an environment that celebrates all that makes them a special individual.

Why choose us

Your child is the most important person in the world to you. They deserve to be encouraged, nurtured, supported and loved every step of the way. At New Beginnings we constantly ask ourselves "would we want this for our own children or family members?" It's a great question that guides our practitioners, managers and senior team and ensures your child is at the centre of all that we do.

Our Approach

Nursery staff carry out regular observations of every child in our care, ensuring your child's learning and development incorporates their interests and needs. These observations cover all areas of learning according to the framework, as well as records of special moments, like kindness towards others or eating something for the first time, and spontaneous moments, which captures your child's response to certain activities or events as they happen.

Our staff team

We carefully recruit all of our staff to ensure they have the right qualifications and qualities to join our team. Rigorous vetting procedures, follow up on references and a full police check ensures that all staff are completely fit for this important role. In addition, we offer all of our team on-going training, a great range of benefits, in-house and industry recognition and the opportunity to progress within the company. Our philosophy is happy staff make a happy nursery.

New Beginnings Loughton

We can support 60 children each day. We have attained the NDNA Quality Counts accreditation Award.

In addition we hold the Millies Mark accreditation where all our staff are first aid trained. We were delighted to be awarded the Gold award for health from the London Mayors office in 2020 for recognition of our exemplary approach to Health and wellbeing.

We have been awarded an Outstanding grade by Ofsted in our last formal inspections.



Working together

The Nursery Manager Laura
Westmoreland has been with the
company for 16 years and leads a
staff team of highly trained
educators who work closely together
to provide a quality early years
experience for the children in their
care. Laura will be on maternity leave
from June 2023 and the nursery will
be capable hands of a senior
manager Paula Gill.

We hope that you and your child will enjoy your time with us and come to understand what nursery is all about. This brochure gives you a brief insight into the nursery, with basic information, which we think will be useful for you.

Areas to explore

Our Nursery is made up of 4 main playrooms, a kitchen where delicious meals are made, offices, sensory rooms and changing and toilet facilities. Each of our playrooms are split into designated areas to play and learn.

We are fortunate to have an amazing outdoor area that is again split into different areas to play and learn. Take a look on our website which provides a virtual tour of the inside and outside.

Safeguarding & security

The security & welfare of your child is paramount to us. Our nurseries are designed so that no one enters unless authorised by a senior member of staff. We have a strict No mobile phone policy within the areas that children reside. When you leave your child at nursery you can do so with the confidence that they are safe, secure and cherished.



Benefits of sending your child to nursery

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Starting somewhere new

It can be hard to predict how your child will react to attending nursery for the first time, some children stroll straight in taking it all in their stride, while others can find being separated from mum or dad a little harder to adjust too. No matter how your child reacts at first they are sure to soon settle into their new routine and will love all the new equipment to play with, meeting new friends, learning new songs to sing and activities to help their learning and development. While starting nursery may seem a little daunting for your child, (and maybe for you too!) don't worry staff are on hand to support you and your child every step of the way.

The role of the key person

Every child and their family has their own dedicated key person who will build warm and caring relationships with your child. They will help to ensure that your child feels secure and supported whilst spending time away from home and provide you with regular updates to ensure that you share in your child's early years experience at nursery.

Ofsted recognised this when the inspector quoted "Partnership working is exceptional. Parents speak highly of the nursery and the experiences that their children have "



Under 2 years Seahorse & Jellyfish rooms

We provide a safe world where each baby receives individual attention from caring staff who follow the same comfortable routine your baby has at home.

We nurture babies through a variety of activities and learning opportunities.

These include; starting to feed themselves, learning to crawl and walk as well as joining in with 'messy play', 'treasure basket play' and 'heuristic play'.



Toddlers-Turtle room

We support your child's rapidly developing skills and physical abilities. We encourage children to learn new words, to use their bodies in new ways and to improve coordination.

We work with parents to teach personal, social and emotional skills through play with other children and adults.

Pre-schoolers - Dolphin room

Children enjoy a wide variety of activities which creates the desire to think for themselves, solve problems, work with others and gain an increasing understanding of the world and how it works. With an emphasis on language, pre-writing skills and maths.

Our School Readiness Programme further extends learning from nursery to home in fun and enjoyable ways and ultimately prepare your child for school and beyond.





Our menus

We know how important it is to provide growing children with healthy meals using a selection of fresh ingredients.

Our nursery menus are carefully planned and follow the Children's Food Trust guidelines.

We provide opportunities for children to experience different foods and develop healthy eating patterns.

For sample menus for the season please visit the nursery website.

Children actively involved

Children are involved in family style meals; the children learn to set tables, serve themselves, learn table etiquette and share social conversations.

Most important of all, meal times for all ages are seen as an enjoyable, relaxed time and encourage children to come together and learn how to be part of a group and this teaches them valuable social skills.

Allergies and dietary needs

We plan carefully for allergy and dietary requirements. Every child has their own unique care plan which incorporate adaptions and substitutions to our main menus.

The company is proud that all of the nurseries within the group hold 5 star ratings from the Local environmental health departments.



Health & Safety

Some of the measures that we have put in place

- Interconnected fire and smoke alarm systems with a burglar alarm operated through a central control centre. commercial kitchen
- Safety and double glazing
- Safety flooring
- Finger guards around doors
- Stair gates
- CCTV throughout
- Fire doors throughout
- State of the art fogging technology equipment for cleaning and sanitisation
- Clearly marked escape routes
- Emergency lighting
- Video entryphone
- Children sinks in every room
- Heat regulated taps and radiators
- Radiator covers
- Password system for collection of children
- Secure entry to building and garden



Covid 19

In line with Government guidance, nurseries would have introduced a range of different measures to protect their children and staff from COVID-19.

This includes additional cleaning, the use of 'bubbles' with the same children and staff, a limitation on the number of people on site and regularly updating and monitoring of our Covid-19 risk assessment.

More information can be found on the dedicated Covid 19 page on the nursery website.

Equality & Diversity

Equality of opportunity requires that everyone has an equal chance to develop themselves to

their full potential and be safe and free from harm. We believe in:

- Equality of access for all
- Social Inclusion for all
- Life choices are widened, not restricted
- Talents are fostered, not suppressed
- No one experiences disadvantage or discrimination
- Stereotypes are challenged by staff
- All forms of bullying and harassment are condemned and challenged
- Individual and community needs are responded to in a sympathetic and imaginative manner.
- Individuals and groups are allocated appropriate levels of support to ensure potential is fulfilled.



For more information, visit our website! www.newbeginningsdaynursery.co.uk