



FUTSAL CLUB ITINERARY

Thank you for registering your child for Shottermill FUTSAL CLUB. Your son/daughter will enjoy high energy sessions aimed at developing technical skills where I expect them to touch a football over **1000** times!

WHAT WE COACH:

- High repetition practices ingraining key soccer skills
- Progressive practices challenging the player under graded pressure
- Dynamic games encouraging fast, agile movements
- Sporting Champions: value winning but not at the sacrifice of friendship or fairness

SCHEDULE:

- Year 3-4 : Wednesday 15.15 to 16.15
- Year 5-6: Wednesday 16.15 to 17.15

LOCATION:

- Shottermill Junior School, astro turf pitch.

TRAINING KIT

- Shin pads (children will **NOT** be allowed to play without shin pads)
- Astro trainers or standard trainer **(NO STUDS or moulded studs)**
- T-shirt, shorts, sports socks
- Jumper, light weight coat in case of rain
- Any medical devices or treatments **MUST** be on site and given to coaching team

DROP OFF/COLLECTION

- Year 3-4 Drop off: make way to astro turf after school
- Year 3-4 Collection: from main car park closest to main car park entrance
- Year 5-6 Drop off: internal side gate to right of school
- Year 5-6 Collection: Main car park closest to main car park entrance

If you have any questions please contact me via paulcookcoaching@gmail.com

I look forward to welcoming your child to Shottermill FUTSAL CLUB.

Paul.