



IOWA RUSH

QUARTERLY NEWSLETTER

May 16, 2024 | Issue 3



Pictured Above - Highlights from the 2024 Spring Season

Ella Ubben's Player Pathway

Discover Ella Ubben's Player Pathway, from Iowa Rush North to VSA Rush, culminating in a scholarship at the University of Northern

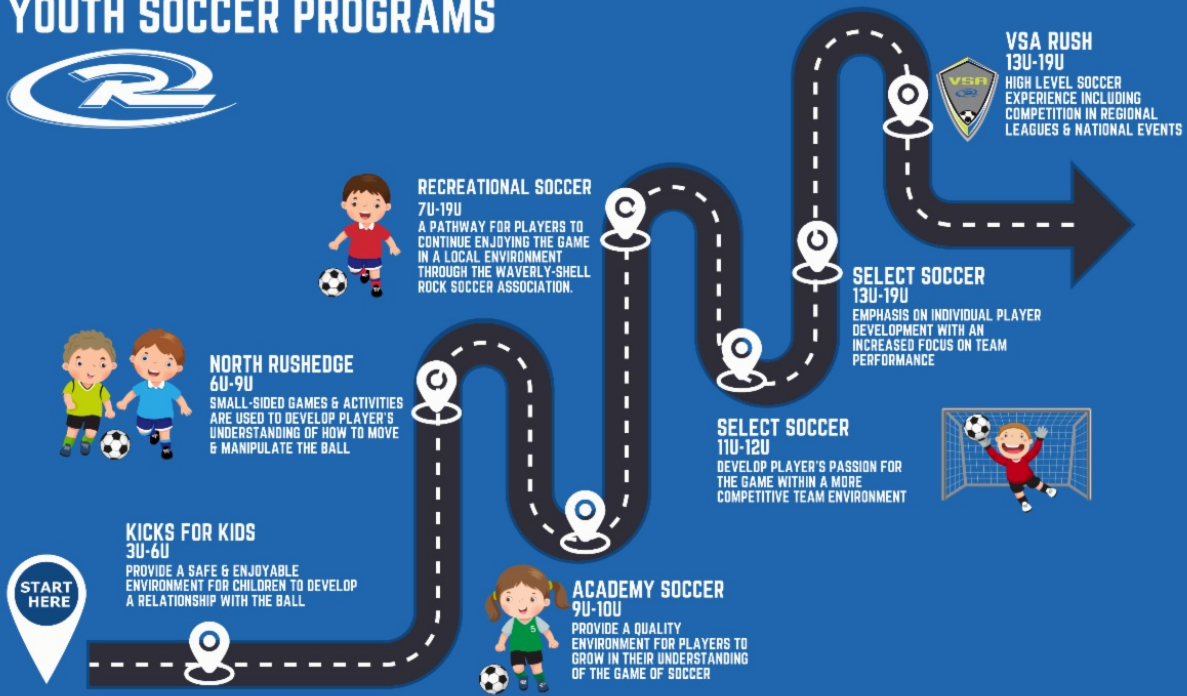


Iowa.

Click below to read her inspiring journey.

Read More

IOWA RUSH NORTH YOUTH SOCCER PROGRAMS



If you haven't seen Emery Nordhagen playing at Prairie Ridge, chances are you've at least heard her! Emery is a leader on her team and exemplifies the Rush Core Value of passion through her positive outlook, enthusiasm for the game, and pride in being part of our Rush community. She's constantly supporting her teammates and isn't afraid to deliver a pre-game speech when needed.



To learn more about our core values and Emery's selection for this honor, click below.

Iowa Rush Core Values



Congratulations to Elijah Agbaje and Jaxon Jefferson for being honored as Iowa Rush Core Value Players of the Month for March and April!

Iowa Rush 2023-24 Community Outreach By the Numbers

Community Events:

- Prairie Trail Sports Complex Family Fun Fest
- Summerfest Parade
- Crocker Elementary Fun Run
- Heritage Elementary Fun Run
- Halloween in Uptown
- Westwood Elementary Trunk or Treat
- Prairie Trail Elementary Trunk or Treat
- Rock Creek Elementary Trunk or Treat
- Heritage Elementary Fun Night
- Northeast Elementary Fun Night
- Southeast Elementary Fun Night
- Northwest Elementary Fun Night
- Prairie Trail Elementary Fun Night
- St. Luke's Catholic School Gala



Totals:

- Events Attended: 14
- Hours: 38
- Volunteers (Coaches, Admin, Parent Volunteers, Players) : 75
- Pieces of Candy: 30,932
- Iowa Rush Toothbrushes: 432



Rush Shoutout: Prairie Ridge Sports Complex Staff

Dear Prairie Ridge Sports Complex Staff,

We are immensely grateful for the countless hours you put into ensuring that our soccer fields are in the best possible condition. It's because of your hard work and commitment that our players have the best possible grounds to train and compete on. Thank you!



Introducing Iowa Rush South New Board Directors:



Joel Weiler

Board Director at Large



Stavros

Papakonstantinidis

Board Director at Large



Lay Htoo

Director of
Little Kickers

The Iowa Rush South Board of Directors is comprised of volunteers dedicated to youth soccer. The Board consists of ten members who oversee the property, affairs, and activities. Click below to learn more.

**Iowa Rush South Board of
Directors**

Iowa Rush In The News

Check us out on page 9 of the latest Ankeny Living Magazine!
Read the full issue [HERE](#).

MAKING the pitch

Iowa Rush Soccer Club providing opportunities for youngsters.

Meg Brandt of Ankeny has been a lifelong soccer fan.

The 26-year-old grew up playing the sport in school and also for the Iowa Rush Soccer Club, a non-profit 501(c)(3) corporation established in 2009 to provide children an opportunity to learn and to play soccer in central Iowa from ages as young as U4 to U19.

Following graduation from high school, Brandt played the sport collegiately, eventually moving back to Ankeny where she could pursue her passion at even greater lengths.

"I wanted to give back to the community where I developed so much as not only a soccer player, but also a person," she says.

One year later, those dreams are slowly materializing. Now in her second year with the organization, Brandt is one of 10 full-time staff employees, with five of them being full-time coaches. The organization also has seven part-time staff coaches, while the Academy program has more than 30 parent volunteer coaches, Brandt says.

Iowa Rush Central provides opportunities to soccer players to learn and expand on their talents in Ankeny and the surrounding communities and features players from across the metro, Brandt says. Two other teams exist as well.

"We also have Iowa Rush North (Waverly) and Iowa Rush South (Pella) in order to provide more opportunities for the entire state of Iowa," she says.

The organization recently hosted the Iowa Rush Spring Champions Cup tournament, where more than 450 games were played over the course of three days at sport complexes in Ankeny (Prairie Ridge Soccer Complex), Altoona (Spring Creek Soccer Complex) and Des Moines (James Cownie Soccer Park).

"We had teams from each age group participate in the tournament and ended up with three Iowa Rush teams finishing as tournament champions," Brandt says. "We welcomed over 12,600 participants and spectators from multiple states, contributing around a \$4 million economic boost in the area. We accommodated 35 referees from the East Coast due to the high demand of referee coverage."

The tournament also hosted a social for all of the coaches at Uptown Garage in Ankeny. The Champions Cup will return next season once again, from April 11-13, Brandt says.

Until then, it's business — or busyness — as usual.

"We just opened tryout registration for the upcoming fall season," Brandt says. "And, over the summer, we have several programs and camps to offer to our players." ■



One of the winning Iowa teams from this season's Iowa Rush Spring Champions Cup tournament.

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Iowa Rush on KCCI!

In case you missed it! KCCI featured Iowa Rush on the economic impact of the Rush Spring Champions Cup in central Iowa.

Read the full article [HERE](#)



2024 Rush Spring Champions Cup

Congratulations to all Iowa Rush teams that finished the tournament as champions or finalists!



International Rush Trip 2024

On March 8th-17th, the Iowa Rush 2007/06/05 boys families went on the trip of a lifetime to Spain and France for the Iowa Rush International Trip. Check out a few of many highlights from the trip below!

Iowa Rush 2007/08/09 girls families, if you are interested in attending the next international trip next year in Spain and France on March 14-23, 2025, please contact Luke McClyman (lukemcclyman@iowarush.com) for more details.



Iowa Rush Soccer EXTRAVAGANZA - Friday, August 9th



The Iowa Rush Soccer Extravaganza will officially return for year two on August 9th! In preparation for a fun filled day, the Iowa Rush team is

already hard at work planning and preparing countless details that make the day so special. We are calling for any and all parents who would like to volunteer in this year's planning committee! Fill out the form below to get more info on how you can volunteer. If you are interested in becoming a sponsor for the Extravaganza, send us an email: administrator@iowarush.com

The 2024 Soccer Extravaganza will be better than ever! Keep an eye on our social media pages for exciting updates!

Volunteer Form

Iowa Rush & VSA Rush Tryouts Registration is open NOW!

**IOWA RUSH CENTRAL
2024-25 TRYOUTS**

2013 - 2014 TRYOUTS

June 3 - June 10, 2024

All tryout sessions will be held at Prairie Ridge.

Costs: \$20/player
includes training top

2013-2014 Bid Day: June 12th



**IOWA RUSH CENTRAL
2024-25 TRYOUTS**

2012 - 2006/07 TRYOUTS

June 3 - June 17, 2024

Tryouts will be ran in conjunction with VSA Rush & will include sessions at Prairie Ridge & Timberline

Cost: \$55/player on/before May 19th
\$65/player on/after May 20th

2012 Bid Day: June 12th
2011-2006 Bid Day: June 19th



**Iowa Rush Central Tryouts
Registration**

IOWA RUSH NORTH 2024-25 TRYOUTS

2011 - 2006/07 TRYOUTS

June 10 & June 13, 2024

All tryout sessions will be held at Waverly Soccer Complex

Cost: \$20/player (includes training top)

2011-2006 Bid Day: June 19th

2012 - 2014 TRYOUTS

June 3 & June 6, 2024

All tryout sessions will be held at Waverly Soccer Complex

Costs: \$20/player (includes training top)

2012-2014 Bid Day: June 12th



IOWA RUSH SOUTH 2024-25 TRYOUTS

2010 - 2006 TRYOUTS

June 10, 2024

All high school aged players should attend this tryout.
Tryouts will be held at Pella Sports Park

Cost: \$25/player

2010-2006 Bid Day: June 19th

2014 - 2010 TRYOUTS

June 3 & June 6, 2024

Tryouts will take place at Pella Sports Park

Costs: \$25/player

2012-2014 Bid Day: June 13th @ 8:00 AM

2011-2010 Bid Day: June 19th @ 8:00 AM



**Iowa Rush North Tryouts
Registration**

**Iowa Rush South Tryouts
Registration**



VSA RUSH 2024-2025 TRYOUTS

Who: 2012-2006 ECNL Boys
2012-2006 Girls Academy

Where: Prairie Ridge Soccer Complex
& VSA Timberline Soccer Complex

When: June 3-17, 2024
Each group will have 3-4 tryout sessions

Costs: \$55/player on or before May 19th
\$65/player on or after May 20th

Bid Day: 2012 - June 12th at 8:00AM
2011-2006 - June 19th at 8:00AM

**VSA Rush Tryouts
Registration**

CAN YOU FEEL THE RUSH?!



Iowa Rush Summer Camps



**SUMMER RESIDENTIAL
SOCCER CAMP**

Hosted at Wartburg College

 Girls Camp June 28 - 30th	 Boys Camp July 5 - 7th
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REGISTER TODAY!

Residential soccer camp open to any skill and interest level. 2011-2014 players get to spend some time away from home in a fun environment where they will meet new friends and experience soccer with a variety of

players and coaches from multiple soccer clubs across the state.

Look forward to:

- Turf and grass fields, the new “W” athletic facility, and the best cafeteria
- Exposure to coaches from a variety of clubs across the state of Iowa
- Parents are able to serve as chaperone to create a positive experience for all players
- Campers will be housed two to a room in air-conditioned dorms and all meals will take place on-site in the Wartburg cafeteria
- A memorable experience all players, coaches and volunteers!

Sign up!

Check out all Iowa Rush camps offered this summer **HERE !**

As we gear up for another exciting fall season, we're on a mission to spread the word about the positive experiences our club offers. With your help, we can extend our reach to even more families and athletes in our community who seek a soccer club that embodies our values. If you've been positively impacted by your time with Iowa Rush Soccer Club, we invite you to take a moment to help us in one of the following ways:

1.) **Leave a 5-star Google Review:** Share your positive Iowa Rush experience on Google to let others know what makes our club special:
<https://g.page/r/CUIANiuL9CtKEB0/review>

2.) **Spread the Word:** Tell your friends, neighbors, and colleagues about your experience with Iowa Rush.

3.) **Share on Social Media:** Take to your favorite social media platforms and share photos, stories, or testimonials about your time with Iowa Rush. Don't forget to tag us so we can join in the conversation!

Thank you for your support!



Sponsor Iowa Rush!

Please fill out the form below if you are interested in becoming a sponsor for the 2024-2025 season to support our initiatives and events.

[Sponsorship Inquiry](#)



Iowa Rush | 209 E 1st #160 | Ankeny, IA 50021 US

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