

# **QUARTERLY NEWSLETTER**

May 29, 2025 | Issue 7



















Pictured Above - Highlights from the 2025 Rush Spring Champions Cup

**Iowa Rush Program Spotlight:** 7U-8U Referee Program



#### **7U-8U Referee Program**

Iowa Rush is now offering 10-12 year olds an opportunity to be a referee for 7U-8U games at Prairie Ridge in Ankeny! Click here to sign up.

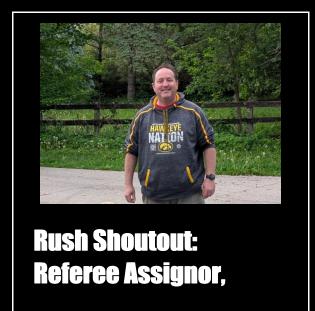
#### **Become a Referee:**

We would love for YOU to become a referee! We need more referees across the area for league games and additional referees for some of our upcoming events.

Becoming a referee is even EASIER now with local courses being hosted regularly in the Des Moines area.

Being a referee is among the best part-time jobs anyone can have, as you essentially set your hours and can easily make more than \$20 per hour. Please consider signing up today.

Learn More About Becoming A Referee





**Sponsor Spotlight:** 

We're proud to highlight TruGreen as a valued

# **Charlie Ramsay**

A huge thank you to Charlie
Ramsay for all he does behind the
scenes as our referee assignor!
Your commitment to organizing
and supporting our referees plays
a vital role in making each game
day run smoothly.

sponsor of Iowa Rush! Their support helps us provide a top-tier experience for our players and families. Just like they care for lawns across our community, TruGreen shows the same commitment to helping youth sports grow and thrive. Thank you, TruGreen, for being part of the Rush family!

# **lowa Rush Alumni - Hall Of Fame Nominations Now Open!**

#### **Script R. Hall of Fame**

lowa Rush Script R. Hall of Fame members are individuals from both our Select and Recreational programs who have played within and graduated from the lowa Rush soccer program through the years. This growing group of over 500 alumni, both female and male, includes more than 140 players who have gone on to compete at the collegiate level.

These Iowa Rush alumni have paved the way for future generations to grow through the game, helping shape Iowa Rush into the destination club of choice in the state of Iowa.

Now it's your turn to recognize their impact — nominate a deserving former player today! Honorees will be announced during the Rush Extravaganza in August.

Reach out to Alumni Coordinator, Anna Forsyth (annaforsyth@iowarush.com) with questions.

Nominate a Player!

View Full Iowa Rush Hall of Fame Alumni List

# **Midwest ID Camp**

We're excited to announce a new Midwest ID Camp for Rush players to get noticed by college coaches!

Dates: July 25-27, 2025

Ages: 2012-2007 Birth Year players

Cost: \$125

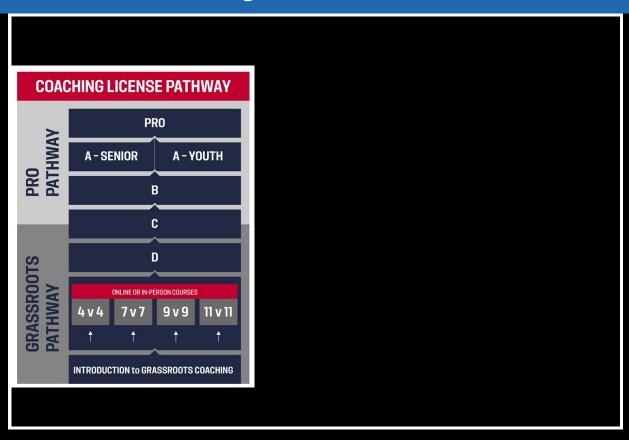
Location: Blaine, MN





Click Here to Learn More & Register Today

# **Coaching Education Shoutout!**



# Thank you, Sally!

We'd like to extend our heartfelt thanks to Sally Eggland, Bookkeeper, for her many years of dedicated service to Iowa Rush. As the longest-tenured employee in our club's history, Sally

played a vital role behind the scenes, keeping our finances organized and our operations running smoothly. We are incredibly grateful for her commitment, care, and professionalism—and we wish her all the best in retirement!

# **2025 Rush Spring Champions Cup Recap**

Congratulations to all Iowa Rush teams that finished as tournament champions or finalists! We're proud to host an event that brings teams together and creates lasting memories for players, coaches, and families.



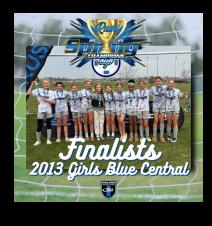


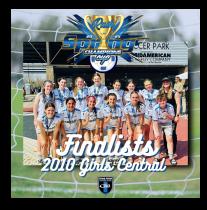














# **Did You Know?**

Did you know that as a member of the Rush Soccer organization, you have access to our FREE online learning platform? This exclusive resource is packed with training, drills, and expert coaching insights, all



RUSH SOCCER PROVIDES FREE E-LEARNING TO ALL MEMBER PLAYERS! available from the comfort of your home! Give your player the tools they need to grow and excel on the field.

Sign Up For Free!

# Mark Your Calendar... What's Happening This Summer at Iowa Rush:

#### **lowa Rush Tryouts**

Tryouts are right around the corner, and registration is still open! Don't miss your chance to be part of the 2025–2026 lowa Rush season. Click the links below for more information and to view the full tryout schedule.







#### **Iowa Rush Central**

For more information and tryout schedule, click **HERE**.

11U-12U Register Here

13U-19U Register Here

#### **lowa Rush North**

For more information and tryout schedule, click **HERE**.

11U-19U Register Here

#### **Iowa Rush South**

For more information and tryout schedule, click HERE.

11U-19U Register Here



**HERE** 



#### **3rd Annual Soccer Extravaganza**



Join us for the family-friendly 3rd annual Soccer Extravaganza! The event will feature a 3v3 tournament, soccer contests & games, a dunk tank with your favorite coaches, and food trucks. We're excited to wrap up the day with a fun adult scrimmage open to coaches, parents, and alumni—come be part of the action and reconnect with the Rush community!

August 8th, 6:00-9:00 PM, Prairie Ridge Soccer Complex

More details coming soon!

Get Involved: Want to be an event sponsor or volunteer?

Email administrator@iowarush.com

# Iowa Rush Club Soccer Night: Celebrating Our Players in High School Action



Iowa Rush Central players supported local high school teams during the Ankeny Derby Night (Ankeny vs Ankeny Centennial facing off in a double header at Ankeny Stadium)

lowa Rush South players supported local high school teams during the Pella vs. Pella Christian games for Iowa Rush Club Soccer Night. Check out some of the highlights and memorable moments from an evening full of community, school pride, and Rush spirit!





**Celebrating Our Seniors: Thank You, Class of 2025!** 

# Thank you, Seniors!

Thank you to all of our graduating seniors for the time, energy, and heart you've poured into lowa Rush over the years. From your first practice to your final game, you've helped shape the culture of our club and set an example for the players coming up behind you. We're proud of everything you've accomplished both on and off the field, and we can't wait to see what's next for each of you. Be sure to follow along on social media as we celebrate our seniors in the coming weeks!

# Turn Cans into Community Support: Donate to Iowa Rush this September

We're excited to share that Iowa Rush has been selected as the featured nonprofit for the month of September at ABC Cans! If you're someone who saves up your cans and bottles, this is a great opportunity to support our club in a simple, impactful way.

ABC Cans makes the process easy—just drop off your bags, and they'll count them for you. You can choose to receive your refund via Venmo, pick up cash later, or donate your proceeds directly. Any unclaimed returns automatically go to the month's featured nonprofit, so your generosity won't go to waste.

Start saving now and plan to drop off your cans in September to help support lowa Rush!

Click HERE to learn more.



# Iowa Rush Policy Reminders/Updates

As we continue to grow and offer top-

tier programming, we rely on the support of our incredible Iowa Rush families. Starting next year, we'll be introducing a volunteer fee to encourage and recognize the important role our community plays in making everything we do possible.

Each family will have the opportunity to volunteer their time throughout the year—whether it's helping with events, supporting Kicks4Kids, serving as a team manager, or assisting with field maintenance. If you prefer not to volunteer, that's okay too! The volunteer fee will be applied based on your player's age group.

A full list of opportunities and a simple form to track your hours will be available soon. This is a great way to get involved, meet other families, and help keep lowa Rush running strong!

**Volunteer Form** 



# Fall Programs 2025

Registration for our 2025 Fall Programs is now open!

Central Fall Programs

North Fall Programs

South Fall Programs

# **Sponsor Iowa Rush!**

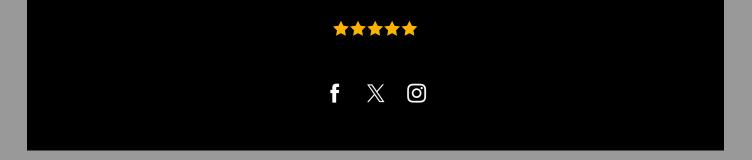
Please fill out the form below if you are interested in becoming a sponsor for the 2025-2026 season to support our initiatives and events.

**Sponsorship Inquiry** 

# **Leave a 5-star Google Review:**

Share your positive lowa Rush experience on Google to let others know what makes our club special!

Leave A Review Now



Iowa Rush | 209 E 1st #160 | Ankeny, IA 50021 US

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