



# IOWA RUSH

## QUARTERLY NEWSLETTER

August 19, 2024 | Issue 4

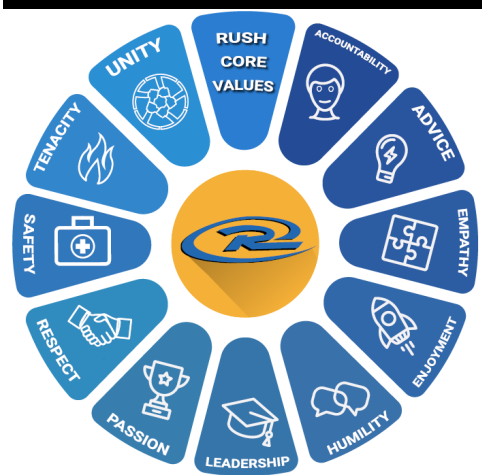


*We had a great time representing Iowa Rush at the Ankeny Chamber SummerFest parade!*

## Player Spotlight : Tanner Jansen

We are excited to highlight Tanner Jansen as our Iowa Rush Player Spotlight for his impressive achievements beyond the soccer field. Tanner, a member of our 2006/07 Iowa Rush boys team, recently launched his own business, ExteriorWorx, LLC. This insured business offers a variety of outdoor services, including landscaping, mowing, land clearing, snow removal,

and tree trimming. Before officially starting his business, Tanner was always eager to help people who needed lawn care but couldn't manage it themselves. His passion for landscaping began at a young age, inspired by assisting his dad with outdoor work. Additionally, Tanner and a friend restored a 1952 Ford 8N tractor, a project that took six months to complete amid school and practices. He now uses the tractor for parades and mowing, and looks forward to utilizing it on his family's farm land in the future. Tanner's dedication and entrepreneurial spirit are truly inspiring!



To learn more about our core values, click below.

**Iowa Rush Core**



## Iowa Rush Program Spotlight: Kicks 4 Kids

### What is Kicks 4 Kids?

Theme: Fall in love with the ball

- Provides a safe and enjoyable environment for children to develop a relationship with the ball.
- Involves weekly sessions in the fall and spring seasons; the Kicks 4 Kids coordinator places kids into small groups upon registration.
- Members of the Iowa Rush coaching staff oversee player volunteers from the Select program as they lead kids through a series of fun games.
- Prioritizes lots of contact with the ball, lots of goals, and lots of fun!

### What you can expect at Kicks 4 Kids?

All young soccer participants will be greeted by Iowa Rush coaches and player volunteers. Participants will break up into small groups to play fun games that focus on dribbling, shooting and basic soccer rules. Parents are encouraged to bring lawn chairs and enjoy watching participants experience the joy of soccer! Also parents, if your child is nervous and struggling, we encourage you to come out onto the field to help make them feel more comfortable.



Iowa Rush Central Kicks 4 Kids

Program Director:

Antonio Melendez

[Contact](#)

Iowa Rush North Kicks 4 Kids

Program Director:

James Price

[Contact](#)

Iowa Rush South Little Kickers

Program Director:

Lay Htoo

[Contact](#)

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## Rush Shoutout: Kristina Nurre

A huge shoutout to Kristina Nurre, our amazing Community Outreach Coordinator at Iowa Rush Soccer Club! Kristina's dedication to organizing events that require meticulous planning and her countless hours of giving back to the community are essential to our mission. At Iowa Rush, we are committed to providing an unrivaled soccer experience and teaching life lessons through core values, sportsmanship, and community outreach.

Kristina exemplifies these principles through her hard work and dedication, embodying the spirit of our mission and serving as a role model for our entire organization. We are incredibly grateful for her commitment to making a difference!



## Get To Know Iowa Rush: Coach Anna Forsyth



# GET TO KNOW IOWA RUSH



## COACH ANNA FORSYTH

### FAVORITE PLAYER:

JULIE ERTZ

### FAVORITE TEAM:

LIVERPOOL

### FAVORITE FOOD:

PASTA

### FAVORITE QUOTE:

"DO THE ORDINARY THINGS  
EXTRAORDINARILY WELL"

### WHY DO YOU LOVE COACHING AT IOWA RUSH?:

I LOVE COACHING AT IOWA RUSH BECAUSE IT TRULY FEELS LIKE A FAMILY.  
EVERYONE IS WILLING TO GO ABOVE AND BEYOND FOR EACH OTHER AND THAT  
CREATES RELATIONSHIPS THAT LAST MANY YEARS AFTER SOCCER IS OVER.

### FUN FACT:

ANNA HAS COMPLETED TWO 24 HOUR CROSSFIT WORKOUTS



## Iowa Rush In The News

### Iowa Rush on WHO 13!

In case you missed it! WHO 13 highlighted some of our Iowa Rush Select players from the 2014 Girls' Team, who had an unforgettable experience at a KC Current game.



## Iowa Rush & VSA Rush at Nationals!

Shoutout to four of our Rush teams who competed in the 2024 US Club Soccer National Cup in Denver, CO this summer:

- Iowa Rush 2011 Girls
- VSA Rush 2009 Boys
- VSA Rush 2007 Boys

- VSA Rush 2005/06 Boys



HUGE congratulations to the VSA Rush 2007 & 2005/06 Boys on being US Club National Cup Champions!!

## 2nd Annual Iowa Rush Soccer EXTRAVAGANZA



The 2nd Annual Iowa Rush Soccer Extravaganza was a huge success! The exciting day featured a 3v3 tournament, a dunk tank, fun games, and an epic parents vs. coaches soccer game. Thanks to our amazing sponsors and delicious food trucks, the event brought the Iowa Rush community together and successfully raised funds for the Iowa Rush Financial Aid Fund!

## Congratulations to the Extravaganza Winners!

**Fundraiser Winners:**





**1st Place Overall Individual  
Fundraiser: Owen Welch  
Prize: Custom Bobblehead**



**Top 11U-19U Select Team:  
2014 Boys Blue  
Prize: Team Pizza Party**

### **3v3 Tournament Winners:**

- **9U-10U Gold Cup:** Team Wolf - *Will Myers, Theo Berkley, Harrison Erhart, Warren Borich*
- **11U-12U Olympics:** Wolfpack - *Peyton Vorrie, Elle England, Karis Bibby, Haylee Krohn, Shannon McVey*
- **11U-12U World Cup:** Samurai Muskrats - *Jarren Ochoa, Cameron Johnson, Mack Liland, Noah Schaffer*
- **13U-15U Copa America:** Rush Fellas - *Aiden Heide, Parker Kennedy, Wesley Carlson*
- **13U-15U Euros:** Wonder Women - *Cecilia Muehr, Paige Solinger, Brielle Guerra*



## **Iowa Rush Soccer Club Impact Award**



## Ivo Lopez

At the 2nd Annual Iowa Rush Soccer Extravaganza, we proudly honored Ivo Lopez with the Iowa Rush Soccer Club Impact Award. Ivo, who has been a dedicated referee for 15 years, starting in January 2010, has made a remarkable impact on our community. His passion for keeping the beautiful game of soccer alive and witnessing the joy of players energizes him and makes him feel a part of the soccer family.

Ivo's favorite memories include refereeing alongside his sons, Nathaniel and Christopher, and the enthusiastic support from parents and siblings when he's short of referees. He cherishes the smiles of young players and the gratitude from older players who remember him years later. A particularly memorable moment was when he performed an unexpected judo flip to avoid falling on a U11 player—an experience that left everyone wide-eyed but safe!

Growing up in Bolivia, Ivo initially thought he'd never want to be a referee due to the criticism referees often faced. However, motivated by his son Nathaniel and with a background as a player and youth coach, he decided to join the refereeing team. Over the years, Ivo has focused on making the game fun and safe, striving to be a peacekeeper and enhance the overall experience for players.

Congratulations, Ivo, and thank you for your unwavering dedication and positive influence on the game!

## Sponsor Iowa Rush!

Please fill out the form below if you are interested in becoming a sponsor for the 2024-2025 season to support our initiatives and events.

[Sponsorship Inquiry](#)





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