



IOWA RUSH

QUARTERLY NEWSLETTER

August 29, 2025 | Issue 8



Thank you to all who attended tryouts and welcome to all our new and returning Iowa Rush Select Players as we kick off the fall season!
We're looking forward to a great year!

Iowa Rush Program Spotlight: Kicks 4 Kids (for players 3-6 years old)



Theme: Fall In Love With The Ball

- Provides a safe and enjoyable environment for children to develop a relationship with the ball
- Involves weekly sessions in the fall and spring seasons; the Kicks4Kids coordinator places kids into small groups upon registration
- Members of the Iowa Rush coaching staff oversee player volunteers from the Select program as they lead kids through a series of fun games
- Prioritizes lots of contact with the ball, lots of goals, and lots of fun!

What to Expect:

- All soccer participants will be greeted by Iowa Rush coaches and player volunteers
- Participants will break up into small groups to play fun games that focus on basic soccer skills and coordination exercises
- Parents are encouraged to bring lawn chairs and enjoy watching participants experience the joy of soccer!
- If your child is nervous and struggling, we encourage you to come out onto the field to help make them feel more comfortable

Click the links below to learn more & register today!

Iowa Rush Central
Kicks 4 Kids

Iowa Rush North
Kicks 4 Kids

Iowa Rush South
Little Kickers



Rush Shoutout: Club Administrators

Big shoutout to our incredible club administrators: Jessica Seeley at Iowa Rush Central, Becky Van Houweling at Iowa Rush South, and Ben Dighton at VSA Rush! Their dedication and hard work behind the scenes—coordinating tryouts, managing registrations, and ensuring smooth operations—made the launch of our fall season run smoothly and effortlessly. Thank you for your unwavering commitment to our players, families, and the entire Iowa Rush



Sponsor Spotlight:

We're proud to spotlight All Star Concrete as a key sponsor of Iowa Rush! Their commitment to quality and reliability—whether they're working on commercial or residential projects across our community—mirrors how we build our youth programs: with integrity, care, and dedication. Thanks to All Star Concrete, our club continues to grow on a strong and dependable foundation.

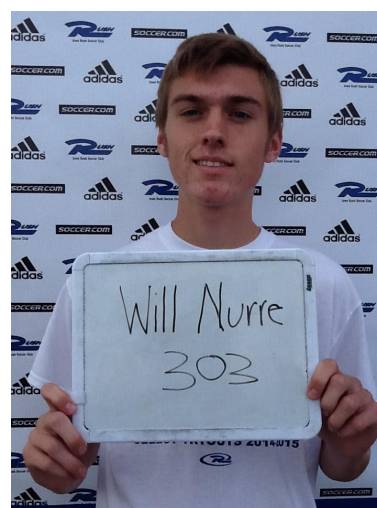
Iowa Rush Alumni - Did You Know?

Did you know? Many of our current coaches/staff were once players in the Iowa Rush club—coming full circle from the field to the sidelines. To celebrate their journey, we're sharing a throwback photo of our alumni coaches during their playing days—so you can see where it all began for them.

Are you an Iowa Rush alum? Stay connected!

Join our Iowa Rush Alumni Facebook Group to stay in the loop, reconnect with teammates, and be part of special events and updates.

Reach out to Alumni Coordinator, Anna Forsyth (annaforsyth@iowarush.com) with questions.



Iowa Rush Alumni Facebook Group - Join Now!

Iowa Rush Central - Welcome to the Team!

We're excited to welcome some new faces to the Iowa Rush Central family! Please join us in giving a warm Rush welcome to the newest members of our staff:



Sarah Lynn
Development Director



Joe Davis
Boys - Director of Coaching
2014 Boys Head Coach
2009 Boys Head Coach
2007/08 Boys Head Coach



German Alvarenga
Staff Coach
2007/08 Girls Head Coach

Thank You, Kristina!

A Special Thank You to Kristina Nurre:

Our heartfelt gratitude goes to Kristina Nurre, whose enthusiasm and dedication in her role as Community Outreach Coordinator have brought so much warmth and engagement to Iowa Rush. Her creative energy and commitment enriched our outreach efforts—and our club as a whole. Thank you, Kristina, for all you've done; your presence will be deeply missed and always appreciated.



Shining Off the Field: Corwin Comstock





Our 2012 Boys standout, Corwin Comstock, kicked off his entrepreneurial journey this spring with a creative venture involving 3D-printed “hype chains” and keychains—born from his BizTown project back in fifth grade. His hard work paid off when he presented this business to the North Polk Board of Education and secured a licensing agreement—what a milestone! Corwin’s story was also featured on WHO-13’s Education Spotlight, celebrating his drive and community-minded vision.

Recently, Corwin brought it full circle by designing exclusive Iowa Rush gear—including keychains, branded light boxes, nightlights, a bag tag, and his signature “Hype-chain”—and offered them at the Extravaganza. The best part? All proceeds went back to the Iowa Rush Financial Aid Fund, combining creativity with generosity. What an inspiring way to support his club!

Summer 2025 Wrap-Up

Summer Residential Soccer Camp





3rd Annual Soccer Extravaganza



Special shoutout to Kwik Star for supporting this summer's Iowa Rush Extravaganza! Your sponsorship helped make the event an unforgettable experience for our players and families. Thank you for fueling the fun and supporting our club's community spirit!



**Congratulations to Dan Curran —
Club Impact Award Winner**

Congratulations to Dan Curran, our well-deserved recipient of this year's Club Impact Award!



Dan has given countless hours to Iowa Rush as both a recreational coach and a referee. His passion for the game, leadership, and dedication to fair play have left a powerful mark on players, families, and fellow volunteers. Dan's steady presence and commitment lift our spirits on and off the field. Thank you, Dan—your impact strengthens our club every season!



Ankeny Chamber Summerfest Parade



Turn Cans Into Community Support: Donate to Iowa Rush next month

We're excited to share that Iowa Rush has been selected as the featured nonprofit for the month of September at ABC Cans! If you're someone who saves up your cans and bottles, this is a great opportunity to support our club in a simple, impactful way.

ABC Cans makes the process easy—just drop off your bags, and they'll count them for you. You can choose to receive your refund via Venmo, pick up cash later, or donate your proceeds directly. Any unclaimed returns automatically go to the month's featured nonprofit, so your generosity won't go to waste.

Start saving now and plan to drop off your cans in September to help support Iowa Rush!

Click [HERE](#) to learn more.

ABC Cans

ICYMI: Check This Out!

An unforgettable moment on the field! These Iowa Rush girls had an amazing opportunity walking out with Angel City FC at a KC Current game in June.



Iowa Rush Policy Reminders/Updates

As we continue to grow and offer top-tier programming, we rely on the support of our incredible Iowa Rush families. Starting next year, we'll be introducing a volunteer fee to encourage and recognize the important role our community plays in making everything we do possible.

Each family will have the opportunity to volunteer their time throughout the year—whether

it's helping with events, supporting Kicks4Kids, serving as a team manager, or assisting with field maintenance. If you prefer not to volunteer, that's okay too! The volunteer fee will be applied based on your player's age group.

A full list of opportunities and a simple form to track your hours will be available soon. This is a great way to get involved, meet other families, and help keep Iowa Rush running strong!

[Volunteer Form](#)

Leave a 5-star Google Review:

Share your positive Iowa Rush experience on Google to let others know what makes our club special!

Leave A Review
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