

Good Habits Challenge – Teen Consent & Release Form

For participants aged 13–17

Full Name:	_____		
Age:	_____	Date of Birth:	___ / ___ / _____
Parent/Guardian Name:	_____		
Contact Number:	_____		
Email:	_____		
Suburb & State:	_____		

Participation Type (tick one)

☐ Ambassador Applicant – I'd like to be considered as an official Ambassador (may be featured in social media, events, promotions, and media).

☐ Early Access / Content Participant – I'm not applying to be an Ambassador now, but I give permission for my content (photos, videos, stories) to be used in promotions and socials.

Consent & Release

I give Better You Everyday Pty Ltd permission to use my submitted photos, videos, stories, and Challenge-related content in:

- Advertising & Promotions (online/offline)
- Media Coverage (TV, radio, print, online)
- Social Media & Website
- Events & Presentations

This permission is voluntary, may be withdrawn by written notice, and is given without payment. Use may include my first name, age, and suburb (never full address).

Acknowledgment

- Participation in the Challenge is voluntary.
- Content will be used respectfully to promote healthy habits.

Parent/Guardian Consent (required for ages 13–17)

I, _____ (parent/guardian), consent to my child's participation and to the use of their content as described above.

Signature (Parent/Guardian): _____ Date: ___ / ___ / _____

Signature (Participant): _____ Date: ___ / ___ / _____

How to Submit (choose one):

1) Post: Complete and mail this form to
PO Box 112, Surfers Paradise QLD 4217

2) Email: Take a clear photo or scan of the completed form and email to
troy@betteryoueveryday.com

Company Details

Better You Everyday Pty Ltd
Level 13, 50 Cavill Avenue, Surfers Paradise QLD 4217
Email: troy@betteryoueveryday.com