

SGW day 2 am – Martins Haven to Broad Haven – 11.5 miles, 1100ft elevation
Walk rating * Moderate route**

Heading down the slope from the car park towards the beach and jetty. Take the steps signposted to the right up to the top of the headland and follow the path. Steps are quite steep.



Shortly after the sandy bay, the path cuts back uphill to skirt a small river and then back on itself before returning to the top of the cliffs. Carry on following the coastal path

Coming down in Saint Brides Bay passed through the gate towards the church and stay on the path to reach the car park.



The Car Park is the first checkpoint for day 2 – please sign in with the team
There are public toilets in the car park and a water point

Follow the path on the left-hand side near the entrance to cliff cottages down to the bay across the rocks and onto the footpath to the left of the cottages.



Further along the path you will see a stone with a whole bored through it looking out towards Stack rocks in the distance you will see the Peninsula sweeping round towards St Davids our finished point on Sunday.



Shortly after this follow the path down into the valley across the stream on the small footbridge and climb up the other side back to the top of the path



At the end of the wooded section, follow the footpath sign left along the road. Please be careful of oncoming traffic.



After about 200 yards and before the junction and give way sign there was another sign post and gate on the left taking you back onto the coastal path.

Continue to follow the footpath, which is parallel to the road passing through the gate into the National Trust area of sheep Fields.



Follow the footpath sign down to the left at the fork and on and around the headland into Little Haven

There will be a checkpoint here by the slipway – please sign in

We advise walking along the beach around the headland to Broadhaven to avoid a section on a busy national speed limit road – stopping for lunch in Broadhaven rather than Little Haven



SGW Day 2 pm – Broadhaven to Solva – 11.25 miles, 2000ft elevation

Walk rating * Moderate route becoming challenging later on**

Leaving Broadhaven, walking to the end of the beach along the seafront and follow the coast signs. At the end of the beach, follow the signpost left onto the coastal path.



At Black Tower point follow the path to the right along the coastline



At Druidston Chine follow the signs to angle right after the gate across the field at the end of the field take the gate marked with the coast path and acorn sign along the path above the hotel.



At the end of the path, rejoin the road for a short distance keeping to the side and watching out

for vehicles.

After the sharp bend to the left crossing the small stream, follow the coast path sign down the path towards the beach



At the bottom of the path cross the small stream and follow the signs right for the coast path along the small valley.



After short walk follow the sign left up steps to join the main coast part on the headland



Follow the path along the edge of the Nolton Haven Bay and down next to the church. Follow the road around to the left and downhill on the road to reach the beach and walk across to the far side following the signs for the coast path.



Nolton Haven is our next checkpoint, please sign in with the team. Cut Off is 4.30pm



When you reach the headland follow the signpost right to the higher path to avoid the cliff edge. When you reach the large rock feature, please follow the path to the right again to avoid the cliff edge as signposted.



Follow the path until you get to the end of Newgale beach where there is an option to drop down onto the beach. We will take the steps up and walk along the road depending on the tide.



Please exercise caution walking along the road we advise walking through the car park sections to reduce time spent on the road and then using the footpath through the front in Newgale.

The Car Park with toilets is a checkpoint and cut off point (5pm) – please sign in

The next section to Solva is a much more challenging route with significant rises and falls on the path and no further checkpoints before Solva. We will have transport for walkers to go directly to Solva.

Walk rating ** Challenging and strenuous**

Passing Newgale beach, follow the road around over the river and as the road bends round and up hill, you should see the coast path gate in the left-hand corner of the bend . Follow this path back onto the standard coast path up the steep hill.



Head up and over the hill, then down to come down and over the stream then follow the path up a long set of steep steps.

Follow the path along with the number of steep drops and climbs. At the bottom of the bay

follow the signpost with the Acorn sign right away from the beach and then left to climb up to the headland again following the coast path acorn signs.



On the edge of the field, follow the signpost through the gate to follow the cliff side path and continue to follow the acorn signs.

Follow the signs to skirt the edge of the farm fields on the grass bank and through the next set of gates before heading down into the bay.



Cross the beach on the pebbles and go over the wooden footbridge and through the gate with the National Trust sign for the Gribben.



Head up the path and steps to the top of the Gribben and walk along the saddleback ridge until you reach a fork where you turn left and head down the slope coming out of the woods by the harbour where you cross the bridge to the Harbour Inn, the end of today's walk.