



NORTH SHORE OPEN

-Sponsored by Speedo-

June 26-June 28th, 2026

Host(s)

Patriot Aquatic Club

**RISE Aquatic Club
NASA Wildcat Aquatics**

Location

**Stevenson High School
1 Stevenson Drive
Lincolnshire, IL 60069**

Entry Period

OPENS: Tuesday May 5th at 10:00am CST

CLOSES: May 15th, at 11:59pm CST

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Important Meet Items

- This meet follows all USA Swimming and current Illinois Swimming scratch and championship procedures.
- All swimmers must be current members of USA Swimming and Illinois Swimming.
- All OPEN Individual Events will be swum as prelims and finals with the exception of the 800 Free
- OPEN Finals will be in A/B/C/D format, Double Bonus (8) age restricted to 14 & U, Bonus Final (8), Consolation Final (8) and the Championship Final (8).
- ALL swimmers participating in the **800** must provide their own counter and timer.
- Swimmers' and Coaches' Responsibility – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information packet.

MEET DIRECTOR

KEVIN ZAKRZEWSKI
KZAKRZEWSKI@D125.ORG
(414)914-5609

SAFETY COORDINATOR

MEGAN O'SULLIVAN
MOSULLIVAN@D125.ORG

MEET REFEREE

RACHEL LIN
lan_rachel_lin@yahoo.com
(269) 598-6412

ADMIN REFEREE

ANGELA DEDOLPH
pacnorthshoreopen@gmail.com

Sanction: By USA Swimming & Illinois Swimming, Sanction #: ILL0626-26

Host: Patriot Aquatic Club, RISE Aquatic Club, NASA Wildcat Aquatics

Location: Stevenson High School, 1 Stevenson Drive, Lincolnshire, IL 60069

Facility: Patriot Aquatic Center: Two, separate eight (8) lane 25-yard competition pools, each with its own Colorado Gen7 timing system and an 8-lane scoreboard. Water depth at the start end of the south pool is 4 feet and 14 feet in the north pool. There is seating for approximately 800 spectators. **The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.**

<u>SESSION</u>	<u>WARM UPS</u>	<u>CHECK-IN</u>	<u>MEET STARTS</u>
FRI, SAT, SUN AM (Prelims)	7:00-8:25 am	N/A	8:30am
SUNDAY 800 FREE	Right After Prelims	10:00am	30 Min After Prelims
FRI, SAT, SUN PM (Finals)	No earlier than 4:15pm - 5:20 pm	N/A	5:30 pm

* ALL TIMES ABOVE ARE APPROXIMATE TIMES. HOST HAS THE RIGHT TO CHANGE THE TIMES MEET FORMAT

RULES

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This meet is sanctioned by USA Swimming and Illinois Swimming, Inc. All USA Swimming and Illinois Swimming rules apply including safety rules, which will be strictly enforced. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

CHAMPIONSHIP FORMAT

This meet follows all USA Swimming and current Illinois Swimming championship procedures. Unless directed differently from the meet director.

ELIGIBILITY

Swimmer's age as of the start of the meet will determine his or her age for the entire meet. USA Swimming registered athletes and FINA registered athletes are eligible. All swimmers must be registered prior to competing. Entries listed as "Registration applied for" will not be accepted.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRIES

OPEN Swimmers may enter a maximum of three (3) individual events on Friday, Saturday & Sunday with a total limit of seven (7) individual events for the weekend. Host club reserves the right to stop accepting entries after the total count reaches 600 athletes, but not a hard cap. Host Club also reserves the right to limit the number of entries for all events 200 and above.

TIME STANDARDS

This will be a Time Standard event.

- OPEN Events will be [13-14 A Time Standard](#)

*****Host teams reserves the right to enter individuals in events with times slower than the A Time Standard but not slower than B-Standard*****

EMAIL ENTRIES

The following guidelines must be followed for e-mail entries:

- 1) Official entry forms, all entry fees, and swimmer surcharges are due within 72 hours of receipt of entry.
- 2) E-mail entries must be in the form of a Commlink or SDIF file. You must "zip" the file so that it arrives in the entry chair intact.
- 3) Your club's entire entry must be sent in one email. Please do not flood us with several emails, which compose one single team entry.

*****The host club accepts no responsibility for receipt or quality of transmission.*****

ENTRY FEES

\$10.00 per Individual Event

\$8.00 per Relay Event

\$2.00 IL Swim surcharge per swimmer entered

\$30.00 facility surcharge per swimmer

*****Make all checks out to STEVENSON HIGH SCHOOL, with one check per club.*****

ENTRY DEADLINE

Entries must be sent to the KZAKRZEWSKI@D125.ORG. They will not be accepted **before 10:00 am (CST) on TUESDAY, May 5th, 2026** and will not be accepted **after 11:59 pm (CST) on Friday, May 15th, 2026**. Entries MUST be sent initially by electronic mail. Teams not accepted into the meet will be notified within 48 hours of the entry deadline, preferably via email or fax.

BONUS EVENTS

1 Cut=3 Bonus

2 Cuts=2 Bonus

3 Cuts=1 Bonus.

4 Cuts=0 Bonus

SWIMMERS WITH DISABILITIES

In accordance with USA Swimming Rules, Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee with specific requests.

EVENTS

1. 800 Free timed final events. Heats will be swam fastest to slowest and will be alternating heats Women and Men. Swimmers must provide their own counter and timer.
2. Swimmers in the Championship Finals must report to the ready room area and be checked in with the ready room official prior to the start of the Championship Final of the previous event. Bonus and Consolation Finalists must report behind the starting blocks prior to the Championship Final of the previous event.
 - a. Finals for OPEN Events will be top 32 athletes competing in Double Bonus age restricted 14 & Under (8), Bonus Final (8), Consolation Final (8) and the Championship Final (8).

SEEDING

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All events will be seeded slowest to fastest except for the 800m Free which will be swum fastest to slowest and will be alternating heats Women and Men. Be sure to enter your times in order of Fastest Long Course Meters (LCM) times first and then Short Course Meters (SCM), and lastly Short Course Yards (SCY)

OPEN EVENTS SCRATCHES FROM PRELIMS

All Open events, except the 800, will not be positive check-in. All Scratches for Prelim/Final events must be made to the admin team at pacnorthshoreopen@gmail.com or in person at the admin desk.

Scratches for Friday prelims are due at 6:30 pm on Thursday June 25th, Next day scratches are due 30 minutes after the start of finals.

SCRATCHING FROM CONSOLATIONS & FINALS

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the MEET. Disqualification under this section shall only apply to swimmers qualifying based on the original preliminary results. In the event of withdrawal or barring a swimmer from the session, the referee shall fill the consolation final (Not the A-Final!) when possible with the next qualified swimmer(s). Listed alternates are announced along with the final qualifiers. These alternates shall be based on original preliminary results prior to any scratches. These alternates shall not be penalized if not available to compete in the finals. When consolation finals have not yet been swum and barring or withdrawal is known to the referee, if necessary, by inserting the alternate(s) in the appropriate lane(s), filling all lanes in finals. If a consolation final has been contested, the companion final shall be swum without reseeding for empty lanes. Finals shall include those events deck seeded, but swum as timed finals in prelim finals competition. Swimmers must declare their intent to scratch within thirty (30) minutes after the initial posting of the individual event results.

WARM-UP

Pending on the number of entries we may assign lanes if needed but everyone is expected to follow ISI Warm up and safety procedures.

SCORING

Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 16, 14, 12, 10, 8, 6, 4, 2

DECK ACCESS

Current USA Swimming membership is required for coaches and working officials to be on deck. Coaches and Officials MUST show proof of current registration to gain deck access. The meet referee and/or meet director reserves the right to ask for proof of current and/or deny deck access if the coach does not comply or registration is no longer valid/current. Insurance regulations require that all swimmers, coaches, and officials be current members of USA Swimming, Inc. in good standing. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming, Inc. may not participate in the meet nor be on the pool deck. You must show proof of current registration at each session in order to gain access to the pool deck.

OFFICIALS

Officials interested in working should submit the application, found on the PAC website under Events tab. Here is the link for [Official Sign Up](#). They can also direct questions regarding officiating to Rachel Lin at lan_rachel_lin@yahoo.com. A mandatory briefing for all officials working the meet will begin 1 hour before the start of each session.

AWARDS

Awards will be awarded to the top 3 finishers in finals for both genders.

PARKING & ADMISSIONS

Will be announced leading up to the event.

CONCESSIONS

Food and beverage will be available. Food may be eaten in the Patriot Wellness Center.

CONDUCT

All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking is allowed anywhere on the high school campus by state law. Please encourage your parents and swimmers to clean up after themselves. In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited. Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

LIMITATIONS

The host club reserves the right to cap the meet at 400 total athletes. After that we will only take entries as timeline and space are available. Also, based on timeline restrictions, the host reserves the right to limit any event 200m and above. Lastly, host teams will have the right to enter athletes up to the B time standard.

SAFETY & LIABILITY

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In consideration of the acceptance of this entry, intending to be legally bound, I/we hereby waive, and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming, Inc., Patriot Aquatic Club (host club), Stevenson High School, and their representatives, employees, or successors, for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

MAAPP

All applicable adults participating or associated with the respective meet to which this information applies, acknowledges that they are an applicable adult, subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

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Stevenson High School
June 26-28th, 2026
ORDER OF EVENTS

Friday 6/26/26		
<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1	MIXED 200 MEDLEY RELAY	1
2	OPEN 400 FREE	3
4	OPEN 200 BACK	5
6	OPEN 50 BREAST	7
8	OPEN 100 FREE	9
10	OPEN 200 FLY	11
Saturday 6/27/26		
<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
12	MIXED 200 FREE RELAY	13
14	OPEN 50 BACK	15
16	OPEN 400 IM	17
18	OPEN 200 FREE	19
20	OPEN 200 BREAST	21
22	OPEN 100 FLY	23
Sunday 6/28/26		
<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
24	OPEN 800 FR	25
26	OPEN 50 FLY	27
28	OPEN 100 BREAST	29
30	OPEN 100 BACK	31
32	OPEN 200 IM	33
34	OPEN 50 FREE	35

Day 1, 800 Freestyle will be swum fastest to slowest and Alternating Men & Women

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2026 NORTH SHORE OPEN Stevenson High School June 26-28th, 2026

Team Summary & Release Form

Complete this form and mail along with your entry forms and check (Payable to Stevenson High School) to the Meet Entry Chair, No later than June 26th, 2026

Patriot Aquatic Club
ATTN: Kevin Zakrzewski
1 Stevenson Drive.
Lincolnshire, IL 60069
kzakrzewski@d125.org

PLEASE ENTER THE EMAIL ADDRESS ACCURATELY & CLEARLY
SUMMARY OF FEES

INDIVIDUAL	# of ENTRIES _____	\$10.00/entry	TOTAL: _____
RELAY	# of ENTRIES _____	\$8.00/entry	TOTAL: _____
FACILITY FEE	# of ATHLETES _____	\$30.00/athlete	TOTAL: _____
ISI SURCHARGE	# of ATHLETES _____	\$2.00/athlete	TOTAL: _____
			TOTAL MEET FEES: _____

NAME OF CLUB: _____

CLUB CODE: _____ LSC: _____

MAILING ADDRESS: _____

CONTACT FOR ENTRIES: _____

PHONE: _____ EMAIL: _____

This signed release must accompany entry or entry will not be accepted!

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive and release any and all rights and claims for damages which may accrue against USA Swimming, Inc., Illinois Swimming Inc., Patriot Aquatic Club, Stevenson High School District No. 125, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said meet, as a representative of my club. I attest that all athletes entered in this meet are currently registered with USA Swimming.

CLUB REPRESENTATIVE SIGNATURE: _____ DATE: _____

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PATRIOT AQUATIC CLUB

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Stevenson High School

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A. WARM-UP PROCEDURE

a. General Warm-up

All warm-up lanes will be assigned by the team prior to the start of the meet. Teams may warm-up as they please in their lanes during the warm-up period.

B. SAFETY GUIDELINES

a. Coaches Responsibilities

- i. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- ii. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

b. Host Team Responsibilities

i. Marshaling

1. A minimum of two (2) marshalls, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
2. Marshals shall be current members of USA Swimming.
3. Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.

ii. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.

iii. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures Wellbeing Affect at this meet."

iv. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.

v. Hazards in locker rooms, on the deck area or areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

C. Miscellaneous:

a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.

b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.

e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

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Hotel Information

Be sure to contact either of the following hotels for a great Stevenson rate! Each hotel is located within minutes of Stevenson High School.

SpringHill Suites Chicago Lincolnshire

300 Marriott Drive
Lincolnshire, IL 60069
Phone: 1 847-793-7500
Fax: 1847-793-0322

From Stevenson HS: Turn left (east) onto HalfDay Rd. from Stevenson Drive. Continue approximately 0.5 miles to Milwaukee Avenue. Turn right (south) onto Milwaukee Avenue from Half Day Road. At the first stoplight (Marriott Drive) turn right. Follow sign for SpringHillSuites (second driveway) turn left.

Total Distance-Only 1 Mile

Courtyard Chicago Lincolnshire

505 Milwaukee Avenue
Lincolnshire, IL 60069
Phone: 1847-634-9555
Fax: 1847-634-8320

From Stevenson HS: Turn left (east) onto HalfDay Rd. from Stevenson Drive. Continue approximately 0.5 miles to Milwaukee Avenue. Turn right (south) onto Milwaukee Avenue from Half Day Road. At the first stoplight (Marriott Drive) turn left. Follow to sign for Courtyard, (second driveway) turn left.

Total Distance-Only 1 Mile!