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May 2025 Newsletter

- Community Grant Spotlight
- Blossoms Mural Dedication
- Hometown Days Stage
- Ways to Give Back

In recognition of Mental Health Awareness Month, we are proud to put the California Clubhouse in our grantee spotlight. This life-changing resource provides adults navigating mental health challenges with the support of a community of peers undergoing similar experiences. Learn how work-mediated relationships bring about recovery and how you can get involved.

We’re also out and about in the San Carlos community this month. We’re the lead sponsor for the [Hometown Days Community Stage](#) together with our partners at the City of San Carlos. Next Thursday, together with the city and the San Carlos Sister Cities Association, we’re cutting the [red ribbon on the ~Blossoms~ mural](#) and featuring a calligraphy demonstration. Join us and enjoy the festivities, and don’t forget to say “hi!”

California Clubhouse

Navigating mental health challenges through work-mediated relationships



May is Mental Health Awareness Month, and we’re spotlighting [California Clubhouse](#), an organization for and by people navigating mental health challenges. The Clubhouse works to reduce mental health stigma by supporting people in crisis, creating community, and lessening isolation. Clubhouse members help each other take positive steps in their lives. Executive Director Lisa Litsey says, “Everyone knows when you walk into Clubhouse, everybody is equal.”

Since 2020, Community Foundation of San Carlos grants totaling \$45,000 have supported social and educational opportunities for Clubhouse members. In 2024, grant funds sent two teams of staff-member pairs to South Carolina and

implement transitional employment initiatives for Clubhouse members who want to work for local businesses.

Read our May grantee spotlight (4 minute read) to learn more about the mental health support California Clubhouse offers San Carlos families and residents around the Peninsula.

Read the Article

Upcoming Events

Blossoms Mural Dedication & Calligraphy Demonstration, May 15, 4 PM

In partnership with the Sister Cities Association and the City of San Carlos, The Community Foundation is proud to host the [dedication of the ~Blossoms~ mural](#) on Thursday, May 15 at 4pm. Please join us as we welcome dignitaries from Omura, Japan, local officials, and artists' Yucali Seki and Mr. Sato who are responsible for this amazing piece of public art that now beautifies Sister City Lane (1225 San Carlos Avenue).



COMMUNITY FOUNDATION
OF SAN CARLOS

& SAN CARLOS SISTER CITY ASSOCIATION INVITE YOU

THURSDAY, MAY 15 • 4 PM - 6 PM | 1225 SAN CARLOS AVENUE

MURAL DEDICATION & DEMONSTRATION

~Blossoms~ International Friendship Mural



Program | プログラム

4:00PM Welcome & Introductions	4:45PM Remarks from Stakeholders
4:15PM Remarks from Elected officials - Ms. Sara McDowell - San Carlos Mayor - Mr. Hiroshi Sonoda - Omura Mayor - Mr. Ray Mueller - SMC Supervisor - Mr. Yo Osumi - Honorary Consul General of Japan	5:15PM Mural Dedication
	5:30PM Live Calligraphy Demonstration by Mr. Housui Sato
	6:00PM Closing

Live translation by Mr.Yoshifumi Kobayashi



Hometown Days Community Stage, May 17-18

As a major sponsor of [Centennial Hometown Days](#), The Community Foundation is delighted to collaborate with the City of San Carlos to bring you the new Community Stage to showcase local talent.

Join us at the youth center gym on Saturday, May 17, and Sunday, May 18, from 10 AM to 5 PM for a variety of performances. Hear local singers and the rhythmic beats of drummers. Watch graceful dancers and experience the exquisite artistry of a visiting calligrapher from our Sister City, Omura, Japan.

Our stage is the perfect spot to discover San Carlos’ rising stars. Be delighted by performances from the San Carlos Children’s Theater and charming Broadway Babies alongside the harmonious youth choirs led by Emily Bender and Sara Murphy. Dance enthusiasts won’t want to miss the incredible skills of young performers from the Coastside Dance School, Heartbeat Academy, and Dance Expressions.

Carlmont and Sequoia High School teens will also entertain the crowd with their impressive drumming, musical chops, and smooth jazz melodies. And don’t miss the

Our diverse lineup of traditional dances includes appearances from Casa Circulo, the San Carlos Sitaras, and Chinese dances performed by the Adult Community Center’s Frequency of Apple dance troop.



COMMUNITY FOUNDATION
OF SAN CARLOS
BUILDING COMMUNITY TOGETHER

PRESENTS

THE HOMETOWN DAYS COMMUNITY STAGE

SATURDAY

10:00 AM - 5:00 PM

11:00 AM - 11:15 AM FREQUENCY OF APPLE	12:00 PM - 12:15 PM SC CHILDREN'S THEATER	12:45 PM - 1:00 PM COASTSIDE DANCERS
1:30 PM - 1:45 PM EMILY BENDER'S SINGERS	2:15 PM - 2:30 PM SARA MURPHY'S SINGERS	3:00 PM - 3:15 PM AVANTHIKA SWAMINATHANA
3:45 PM - 4:00 PM AIDEN MCGUIRE	4:30 PM - 5:00 PM MR. SATO CALLIGRAPHY WITH THE SISTER CITY ASSOCIATION	

SUNDAY

10:00 AM - 5:00 PM

10:00 AM - 10:15 AM SAN CARLOS JAZZ BAND	10:45 AM - 11:15 AM CHICKEN FRIED STEAK	12:00 PM - 12:15 PM DANCE EXPRESSIONS
12:45 PM - 1:00 PM DRUM CIRCLE CLUB	1:30 PM - 1:45 PM CASA CIRCULO	2:15 PM - 2:30 PM HEARTBEAT DANCE ACADEMY
3:00 PM - 3:15 PM BROADWAY BABIES & KIDS	3:45 PM - 4:00 PM AMERICAN CHINESE YOUTH PERFORMING ARTS	4:30 PM - 4:45 PM SAN CARLOS SITARAS

For more information please visit, www.cfsancarlos.org

Give Back With Us



Volunteer With Us

We're looking for a few more volunteers to join the Community Foundation of San Carlos family. There are many ways you can help us support the San Carlos community. Be a grant application reader, lend a hand at our next public facing event, help raise money for the Community Grant program, manage the endowment, spread the message on social media, and more! Tell us how you want to help at our [volunteer page](#) let us know if you have time for just a project or two each year or if you'd like to make a more regular and ongoing contribution of your time and talents.

Invest in community for now and future generations.

The Community Foundation of San Carlos invests your tax-deductible donations to grow the endowment to support our evolving community. The endowment returns, plus a portion of donations, are distributed annually to nonprofits working to address current needs in our community.

Donate to the Community Foundation



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