

Our Lady of the Lake

St. Martín De Porres

Catholic Churches

**Treasury of Prayers
1st Grade
Revised 2026**

The Sign of the Cross

In the Name of the Father; and of the Son; and of the Holy Spirit. AMEN.

The Lord's Prayer

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. AMEN.

Hail Mary

Hail Mary full of Grace! The Lord is with thee; Blessed art thou among women, and Blessed is the Fruit of Thy Womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. AMEN.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. AMEN.

Grace Before Meals

Bless us O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ, Our Lord. AMEN.

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Catholic Churches*

**Treasury of Prayers
2nd Grade
Revised 2026**

The Sign of the Cross

In the Name of the Father; and of the Son; and of the Holy Spirit. AMEN.

The Lord's Prayer

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. AMEN.

Hail Mary

Hail Mary full of Grace! The Lord is with thee; Blessed art thou among women, and Blessed is the Fruit of Thy Womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. AMEN.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. AMEN.

Act of Contrition

O my God, I am heartily sorry for having offended You, and I detest all of my sins because of Your just punishment, but most of all, because they offend You, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Your Grace, to sin no more and to avoid the near occasion of sin. AMEN.

****These prayers should be taught every night before bed so that they will know them before it's time to make their next Sacraments. I will be testing on these!**

****This sheet is informational for parents. If your child is advanced and already knows their prayers on the first sheet, then you can begin teaching them Grace Before Meals and the Angel of God. Do Not teach your child those last two prayers if they do not know the prayers on the first sheet. Just hold off for now until they are ready.**

Brief Examination of Conscience

What sins have I committed of thought, word, deed and omission against Almighty God, neighbor and self? **Parents:** the examination is built upon the Ten Commandments but detailed and geared to 2nd grade students. EOC sheets are to follow closer to the time of receiving the Sacrament of Reconciliation

The Ten Commandments

Almighty God gave these to Moses on Mount Sinai

- 1-I am the Lord your God; you shall not have any other gods before Me.
- 2-You shall not take the Name of the Lord your God in vain.
- 3-Remember to keep holy the Sabbath Day.
- 4-Honor your father and your mother.
- 5-You shall not kill.
- 6-You shall not commit adultery.
- 7-You shall not steal.
- 8-You shall not bear false witness against your neighbor.
- 9-You shall not covet your neighbor's wife.
- 10-You shall not covet your neighbor's goods.

Teachers will give an examination of conscience in detail to the students that is designed for 2nd grade students. I will also email you the examination of conscience as well for you to go over with your child towards the end of the year.

Grace Before Meals

Bless us O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ, Our Lord. AMEN.

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light and guard, to rule and guide. AMEN.

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**Treasury of Prayers
3rd Grade
Revised 2026**

Act of Contrition

O my God, I am heartily sorry for having offended You, and I detest all my sins because of Your just punishment, but most of all, because they offend You, my God, Who are all good and all deserving of all my love. I firmly resolve, with the help of Your Grace, to sin no more and to avoid the near occasion of sin. AMEN.

Holy Trinity

For Parents: The Trinity is the term employed to signify the central doctrine of the Christian religion – the truth that in the unity of the Godhead, there are Three Persons. God the Father; God the Son; and God the Holy Spirit, these Three Persons being truly distinct one from another. (The students should have an idea of who the Trinity is)

The Greatest Commandment (Matt 22:36-40)

Teacher, which is the greatest commandment in the law? Jesus said to him, “**You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.** This is the greatest and first commandment. And the second is like it, **You shall love your neighbor as yourself.** On these two commandments depend all the law and the prophets.”

Apostle's Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father Almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Mysteries of the Rosary

Joyful Mysteries:

Monday & Saturday's

The Annunciation
The Visitation
The Birth of Jesus Christ
The Presentation
Finding Jesus in the Temple

Sorrowful Mysteries:

Tuesday & Friday's

The Agony in the Garden
The Scourging at the Pillar
The Crowning of Thorns
The Carrying of the Cross
Jesus' Crucifixion & Death

Luminous Mysteries

Thursday's

The Baptism of Jesus
The Wedding at Cana
The Proclamation of the Kingdom
The Transfiguration of Jesus
The Institution of the Eucharist

Glorious Mysteries

Wednesday & Sunday's

The Resurrection
The Ascension
The Descent of the Holy Spirit
The Assumption of Mary
The Crowning of Mary

We want the students to have some knowledge of the Mysteries of the Rosary and we will pray the Rosary with them in class. It is our hope that you are teaching them how to pray the Rosary at home as a family.

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Catholic Churches

Treasury of Prayers

4th Grade

Revised 2026

The Mysteries of the Rosary

Joyful Mysteries:

Monday & Saturday's

The Annunciation

(Luke 1:25-38)

The Visitation

(Luke 1:39-45)

The Birth of Jesus Christ

(Luke 2:6-7)

The Presentation-Jesus in the Temple

(Luke 2:22-24)

Finding Jesus in the Temple

(Luke 2:41-46)

Luminous Mysteries

Thursday's

The Baptism of Jesus

(Matt 3:13-17)

The Wedding at Cana

(John 2:1-11)

The Proclamation of the Kingdom

(Mark 1:15)

The Transfiguration of Jesus

(Matt 17:1-2)

The Institution of the Eucharist

(Matt 26:26-28)

Sorrowful Mysteries:

Tuesday & Friday's

The Agony in the Garden

(Mark 14:32-42)

The Scourging at the Pillar

(Mark 15:15)

The Crowning of Thorns

(Mark 15:17-20)

The Carrying of the Cross

(Luke 9:23-24)

Jesus' Crucifixion & Death

(John 19:16-18)

Glorious Mysteries

Wednesday & Sunday's

The Resurrection

(Luke 24:1-8)

The Ascension

(Mark 16:19)

The Descent of the Holy Spirit

(Acts 2:1-4)

The Assumption of Mary

(Luke 1:48) (Psalm 16:10)

The Crowning of Mary

(Rev 12:1)

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To You do we cry, poor banished children of Eve, to You do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O Most Gracious Advocate, Your Eyes of Mercy toward us, and after this, our exile, show unto us the Blessed Fruit of Your Womb, Jesus. O Clement, O Loving, O Sweet Virgin Mary, pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

The Fruits of the Most Holy Spirit

Charity (Love)-Generosity-Joy-Gentleness-Peace-Fidelity (Faithful/Loyal)
Patience-Modesty-Kindness-Self-Control-Goodness-Chastity (Pure)

Spiritual Works of Mercy

Instruct the ignorant
Council the doubtful
Admonish the sinner
(Scold in a loving manner)
Comfort the sorrowful
Forgive injuries
Bear wrongs patiently
Pray for the living and the dead

Corporal Works of Mercy

Feed the hungry
Give drink to the thirsty
Clothe the naked
Shelter the homeless
Visit the sick
Visit the imprisoned
Bury the dead

Our Lady of the Lake

*St. Martín De Porres
Catholic Churches*

**Treasury of Prayers
5th Grade
Revised 2026**

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You, and I detest all of my sins because of Your just punishment, but most of all, because they offend You, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Your Grace, to sin no more and to avoid the near occasion of sin. Amen.

The Seven Sacraments

Baptism, Reconciliation, Holy Communion, Confirmation
Holy Matrimony, Anointing of the Sick, Holy Orders

Baptism-is the Sacrament of rebirth through which we are freed from sin, become children of God, and are welcomed into the Body of Christ, the Church

Reconciliation (Penance)-is the Sacrament that celebrates God's forgiveness of sins by way of a contrite heart, the confession of sin, and absolution from the Priest.

Holy Communion (Eucharist)-is the Sacrament that makes present Jesus' sacrifice on the cross and invites us to share the Lord's Supper as we receive his Body and Blood under the appearances of bread and wine.

Confirmation-is the Sacrament that strengthens the grace of Baptism, celebrates the gifts of the Holy Spirit, and empowers us to profess, live, and spread the faith

Holy Matrimony-is the Sacrament in which a baptized man and a baptized woman commit to a faithful union of life, love, and sanctification of one another through an openness to the procreation of new life that is nurtured within the sacramental life of the Church. This sacrament is properly fulfilled within a liturgical celebration in the presence of a priest or a deacon. The husband and wife enter this

sacrament with freedom of choice, faithfulness to each other, and the acceptance of upbringing of children in the faith.

Anointing of the Sick-is the sacrament in which Jesus Christ, through the anointing with sacred oil and prayers of the priest, gives health, strength, and forgiveness to the seriously ill and suffering.

Holy Orders-is the sacrament in which baptized men are ordained as bishops, priests, or deacons to serve the Church in the name of Jesus Christ.

Gifts of the Holy Spirit

Wisdom, Knowledge, Counsel (Right Judgement), Understanding,
Fortitude (Courage), Piety (Reverence),
Fear of the Lord (Wonder and Awe in God's Presence)

Prayer to the Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your spirit and they shall be created and you will renew the face of the earth. Lord, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to relish what is right and always rejoice in your consolation. We ask this through Christ our Lord. Amen.

Order of the Mass

Introductory Rites, Entrance (with song), Veneration of the Altar and Greeting, Penitential Rite or Rite of Blessing and Sprinkling with Holy Water, Glory to God (Gloria-except during Advent and Lent), Opening Prayer – Liturgy of the Word, First Reading (usually from the Old Testament or the Acts of the Apostles), Responsorial Psalm, Second Reading (not on Weekdays unless a Feast- from the New Testament), Gospel Acclamation (Alleluia, except during Lent), Gospel Reading, Homily, Profession of Faith (Creed), General Intercessions-Liturgy of the Eucharist, Preparation of the Gifts (with music or song), Eucharistic Prayer (with sung acclamations – Holy, Holy Sanctus, Memorial Acclamation, Great Amen), Distribution of the Communion (with song) Concluding Rite, Greeting, Blessing, Recessional (with song)

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Catholic Church

Treasury of Prayers

6th Grade

Revised 2026

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You, and I detest all of my sins because of Your just punishment, but most of all, because they offend You, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Your Grace, to sin no more and to avoid the near occasion of sin. Amen.

5 Holy Days of Obligation In the United States

January 1st (Mary, Mother of God)

November 1st (All Saints Day)

December 25th (Christmas)

August 15th (Assumption of Mary)

December 8th (The Immaculate
Conception)

Beatitudes (Matt 5:1-12) (Luke 6:20-26)

Blessed are the poor in spirit, for theirs is the kingdom of heaven

Blessed are the meek, for they shall possess the land

Blessed are they that mourn, for they shall be comforted

Blessed are those who hunger and thirst for justice, for they shall have their fill

Blessed are the merciful, for they shall obtain mercy

Blessed are the pure of heart, for they shall see God

Blessed are the peacemakers, for they shall be called children of God

Blessed are those who are persecuted for justice sake, for theirs is the kingdom of
heaven

Nicene Creed

I believe in one God, the Father Almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the only Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic church. I confess one baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come. Amen.

How many books are in the Bible

46 books in the Old Testament

27 books in the New Testament

73 in total books in the Bible

#138 CCC

The unity of the two Testaments proceeds from the unity of God's plan and his Revelation. The Old Testament prepares for the New and the New Testament fulfills the Old; the two shed light on each other; both are true Word of God.

#140 CCC

Our Lady of the Lake

St. Martín De Porres

Catholic Churches

Treasury of Prayers

7th Grade

Revised 2026

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You, and I detest all of my sins because of Your just punishment, but most of all, because they offend You, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Your Grace, to sin no more and to avoid the near occasion of sin. Amen.

STATIONS OF THE CROSS

- | | |
|-------------------------------------|---------------------------------------|
| 1 Jesus is condemned to die | 8 Jesus meets the women of Jerusalem |
| 2 Jesus takes up the cross | 9 Jesus falls the third time |
| 3 Jesus falls the first time | 10 Jesus is stripped of his garments |
| 4 Jesus meets his mother | 11 Jesus is nailed to the cross |
| 5 Simon helps Jesus carry the cross | 12 Jesus dies on the cross |
| 6 Veronica wipes the face of Jesus | 13 Jesus is taken down from the cross |
| 7 Jesus falls the second time | 14 Jesus is laid in the tomb |

MYSTERIES OF THE ROSARY

JOYFUL MYSTERIES

Monday & Saturday's

The Annunciation

(Luke 1:25-38)

The Visitation

(Luke 1:39-45)

The Birth of Jesus Christ

(Luke 2:6-7)

The Presentation-Jesus in the Temple

(Luke 2:22-24)

Finding Jesus in the Temple

(Luke 2:41-46)

SORROWFUL MYSTERIES

Tuesday & Friday's

The Agony in the Garden

(Mark 14:32-42)

The Scourging at the Pillar

(Mark 15:15)

The Crowning of Thorns

(Mark 15:17-20)

The Carrying of the Cross

(Luke 9:23-24)

Jesus' Crucifixion & Death

(John 19:16-18)

LUMINOUS MYSTERIES

Thursday's

The Baptism of Jesus

(Matt 3:13-17)

The Wedding at Cana

(John 2:1-11)

The Proclamation of the Kingdom

(Mark 1:15)

The Transfiguration of Jesus

(Matt 17:1-2)

The Institution of the Eucharist

(Matt 26:26-28)

GLORIOUS MYSTERIES

Wednesday & Sunday's

The Resurrection

(Luke 24:1-8)

The Ascension

(Mark 16:19)

The Descent of the Holy Spirit

(Acts 2:1-4)

The Assumption of Mary

(Luke 1:48), (Psalm 16:10)

The Crowning of Mary

(Rev 12:1)

BOOKS IN THE BIBLE

Old Testament 46

New Testament 27

Total books in the NABRE(Catholic Bible) 73

(New American Bible Revised Edition)

#138 CCC (Catechism of the Catholic Church)-The Church accepts and venerates as inspired the 46 books of the Old Testament and the 27 books in the New Testament.

#140 CCC-The Old Testament prepares for the New Testament and the New Testament fulfills the Old Testament; both work hand in hand and are the true Word of God.

Our Lady of the Lake

St. Martín De Porres

Catholic Churches

**Treasury of Prayers
8th Grade
Confirmation
Revised 2026**

ACT OF CONTRITION

O my God, I am heartily sorry for having offended You, and I detest all of my sins because of Your just punishment, but most of all, because they offend You, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Your Grace, to sin no more and to avoid the near occasion of sin. Amen.

THEOLOGICAL VIRTUES

Virtue-a spiritual habit which helps us to do God's will. (Faith, Hope and Love)

Faith-firmly believing all God has revealed to the Church

Hope-firmly trusting in salvation and that God gives us sufficient graces to become holy.

Charity (Love)-loving God above all else and loving our neighbor

CARDINAL VIRTUES

Prudence-a practical use of reason to judge what is right and wrong

Justice-determination to give God and individuals what is rightfully due to them

Fortitude- strength (courage) to overcome fear and obstacles to God's Will

Temperance-helps us to control our desires and passions as we use the goods of creation

5 PRECEPTS OF THE CHURCH

These precepts are meant to guarantee to the faithful the very necessary minimum in the spirit of prayer and moral effect, in the growth in love of God and neighbor

- 1 To attend Mass on Sundays and Holy Days of Obligation-rest from work
- 2 To observe the days of abstinence and fasting
- 3 To confess our sins to a Priest, at least once a year
- 4 To receive Holy Eucharist at least once a year during Easter Season
- 5 To contribute to the support of the Church

DAYS OF FASTING AND ABSTINENCE

Ash Wednesday and Good Friday are days of fasting and abstinence. This means that we do not eat meat and that we have one full meal on these days. Concerning the Good Friday fast, the Second Vatican Council teaches: “Let the Easter fast be kept sacred. Let it be celebrated everywhere on Good Friday and, where possible, prolonged throughout Holy Saturday, so that the joys of the Sunday of the Resurrection may be attained with uplifted and clear mind.”

The other Fridays of the Season of Lent are also days of abstinence from meat. The obligation to abstain from meat binds all Catholics 14 yrs of age and older. The obligation to fast, limiting oneself to one full meal and two lighter meals in the course of the day, binds Catholics from the age of 18 until after their 60th birthday. Those who are younger or older are encouraged to participate and may freely embrace these disciplines. However, these disciplines should never endanger one's health.

APOSTLES CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

