

# DECODING THE “GENERATION Z” LINGO

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Here's some new lingo to help you stay cool and “vibe” with the young people in your life! It'll be such a “flex” when you learn how to turn up with the “fam”. Every word or phrase comes with context so you learn how to use it!

- **LET ME COOK** – said when you want the other person to let you finish the task at hand. “No I haven't finished cutting the grass yet! Just let me cook!”
- **FLEX** - Something that is impressive or cool. “Wow, he just won the county pickle ball championship? That's such a flex!”
- **JELLY** - Abbreviated version of jealous. “She got tickets to the Taylor Swift concert? I'm so jelly!”
- **BRUH** - Another way of saying bro (brother). Usually said at the end of a sentence while feeling sad or tired. “That test was hard bruh. I think I failed it bruh.”
- **TURN UP** – Getting hyped up and excited, usually involves dancing. “When I get to the concert, I'm going to turn up!”
- **CAP** – Word used to describe a lie or heavy exaggeration. “I think Henry's story about climbing Mt. Everest is all cap. He is always capping about that stuff.”
- **BUSSIN'** - Used to describe really good food. “Have you tried the fries at that restaurant? They're bussin'!”
- **CRINGE** - Something that is awkward or uncool. A word usually used by middle schoolers. “No Mom, I don't want to go to the 8<sup>th</sup> grade dance! It's gonna be so cringe!”
- **DIP** – To leave. “Hey man it's getting late, I think we should dip.”
- **NOOB** – Someone who is inexperienced, new to something, or completely unqualified. “He went to the beach for hours and forgot his sunscreen? What a noob.”
- **BOOL** - To hang out and have fun, with no real purpose or direction. “I'm not really sure what my friends and I are doing today, I think we're just going to bool.”
- **GAS** – Describes anything that is fantastic or exciting. “The super bowl is on, and we got chicken wings? This is gas!”
- **MID**– Describes anything that is underwhelming, disappointing, or subpar. “I just tried the pizza at that restaurant. It was honestly pretty mid.”
- **FACTS** – Used when you agree with something. “Wow its really hot out here! “Yeah that's facts!”
- **SLAP (or SLAPS)** – Said when something, usually food, is really good. “I'm hungry! This pasta is going to slap!”

## And some useful texting “Slang”:

- **LOL** – Laughing out loud.
- **LMK** – let me know.
- **OMG** – Oh my gosh.
- **BTW** – By the way.
- **TYSM** – Thank you so much!
- **IMO** – In my opinion.
- **IDK** – I don't know.
- **TBH** – to be honest.
- **IMHO** – in my humble opinion (or in my honest opinion).