

REFUEL & RECOVER

Unique Blends for Recovery - 20oz.

Whey - \$7.50 | Complete - \$8.50

BANANA NUT BLAST

Vanilla Almond Milk, Your Choice of Peanut Butter or PB Lite
& Potassium-Rich Banana blended with your choice of Vanilla Protein

CHOCOLATE COOKIE CRUNCH

Vanilla Almond Milk, Chocolate Sandwich Cookies, Rich Chocolate
& Vanilla Cream blended with your choice of Chocolate Protein

CHOCOLATE ESPRESSO CRUNCH

Chocolate Almond Milk, Colombian Coffee, Ghirardelli Chocolate
& Espresso Beans blended with your choice of Chocolate Protein

CHOCOLATE THINNY MINT

Chocolate Almond Milk, Rich Chocolate, Pure Mint,
& Chocolate Sandwich Cookies (optional)
blended with your choice of Chocolate Protein

NO BAKE COOKIE

Chocolate Almond Milk, Choice of Peanut Butter or PB Lite,
& Oats blended with your choice of Chocolate Protein

PB & JAM

Vanilla Almond Milk, Strawberries, Choice of Peanut Butter or PB Lite
& Oats blended with your choice of Vanilla Protein

PEACHES & CREAM

Vanilla Almond Milk, Georgia Peaches, Golden Apricots, Luscious Pears
& Banana blended with your choice of Vanilla Protein

PEANUT BUTTER CUP

Chocolate Almond Milk, Rich Chocolate
& Choice of Peanut Butter or PB Lite
blended with your choice of Chocolate Protein

STRAWBERRIES & CREAM

Vanilla Almond Milk, Sun-Ripened Strawberries & Banana
blended with your choice of Vanilla Protein

TUTI FRUITI

Vanilla Almond Milk, Strawberries,
Blueberries, Blackberries, Raspberries, more Blueberries
& Banana blended with your choice of Vanilla Protein

1 SCP WHEY = 20g PROTEIN | 1 SCP COMPLETE = 14g PROTEIN

SIGNATURE SHAKES

Specialty Blends - 20oz.

Whey - \$8.00 | Complete - \$9.00

BERRY LEAN

Raspberries, Strawberries, Blackberries & Blueberries
& Ground Flax Seeds blended with your choice of Vanilla Protein

DIPPED STRAWBERRIES

Crushed Sun-Ripened Strawberries, Rich Creamy Chocolate
& 'Get Essentials' blended with your choice of Vanilla Protein

ELVIS LIVES

'Can't Help Falling in Love' with this Favorite!
Vanilla Almond Milk, Choice of Peanut Butter or PB Lite,
Banana & Honey blended with your choice of Vanilla Protein

GREEN LIGHTNING

Crushed Pineapple, Ripe Banana & 'Organic Super Greens'
blended with your choice of Vanilla Protein

JAMAICA ME CRAZY

Raspberries, Strawberries, Blackberries, Blueberries, Banana,
Honey & 'Get Energized' blended with your choice of Vanilla Protein

CRUSHED FRUIT SMOOTHIES

Delicious Fruit Smoothies - 20oz. - \$6.00

Add Whey - \$1.50 | Add Complete - \$2.75

BERRY, BERRY GOOD

Luscious Strawberries, Blueberries, Blackberries
& Fiber-Rich Raspberries blended with Banana

HAWAIIAN HARVEST

Crushed Pineapple, Scrumptious Strawberries,
Fiber-Rich Coconut & Sliced Banana

PEACH PEARADISE

Tree Ripened Georgia Peaches, Golden Apricots
& Luscious Pears blended with Banana and Strawberries

PINA COLADA

A Taste of the Islands. Mouth watering Pineapple,
Ripe Banana & fresh fallen Coconut

STRAWBERRY SLAM

Sun-drenched Strawberries, Strawberries
& more Strawberries blended with Ripe Banana



ADD-INS

SHAPERS & BUILDERS

Achieve Your Goals

WHEY PROTEIN - \$1.50

20g Vanilla or Chocolate

COMPLETE PROTEIN - \$2.75

Vegan, 14g Vanilla or Chocolate

GLUTAMINE - \$1.25

For Intense Muscle Maintenance

CREATINE - \$.75

Boost Performance & Increase Endurance

CORE SUPPLEMENTS

Customize Your Goals - \$.75

GET LEAN

GET ENERGIZED

GET ESSENTIALS

GET RECOVERED

ORGANIC SUPER GREENS

WHOLE-FOODS

Root Your Goals - \$1.00

EXTRA FRUIT

OATS • HONEY

CHIA, FLAX OR HEMP SEEDS

PEANUT BUTTER • PB LITE

ESPRESSO BEANS

DID YOU KNOW?

WHEY IS DERIVED FROM DAIRY.
Complete by Juice Plus®+ is Plant Based.

WHY CHOOSE COMPLETE?

IT PROVIDES THE BENEFIT OF
WHOLE-FOOD NUTRITION.

- 14 Grams of Protein
- 7 Grams of Fiber
- Naturally Low/No Fat
- All-Natural Sweetener Blend
- Low-Glycemic
- Gluten-Free
- Non-Dairy
- 100% Vegan

HEALTHY HAPPY HOUR

½ PRICE SHAKES EVERY TUESDAY
3PM - 5PM

SHAKE REWARDS CARD

BUY 10 SHAKES, GET THE 11TH FREE

*CALL AHEAD FOR A QUICK,
HEALTHY MEAL ON THE GO!*