Honduras Medical Mercy Mission 2026

Trip date: June 6-13, 2026

Estimated Trip cost: $1100 (plus cost of your plane ticket)

Location: Gracias, Lempira, Honduras

Day to day schedule:

- 7 am: Breakfast as a team
- 9 am-3 pm: Mobile medical clinic visits to mountain communities
- Lunch at clinic sites
- Dinner together as a team

Trip Requirements:

- Follower of Jesus- requirement?
- Good attitude and strong work ethic
- 10 years or older - Any minor attending needs to participate in all team pre trip calls
- Passport (**that doesn't expire within 6 months of trip**)
- Trip funding
- Good physical condition to serve
- *long day, *hot temperatures, *mountain areas with uneven terrain
- Recommend Trip Insurance: (Web link)

Lodging:

- Guancascos Hotel and Restaurant: https://guancascos.com/
- Hotel Address: Av. Eleuterio Galeano Trejo, Gracias, Lempira, Honduras
- Hotel is clean, has ceiling fans, restaurant on site, very safe

Transportation:

- You will each be responsible to purchase your plane ticket, flying into San Pedro Sula (SAP), arriving **before** 3pm.
- In-country transportation: Sowers4pastors folks will meet us inside airport (just outside baggage claim and security) and drive us by van from the airport to Gracias. They will also drive us each day into the mountain communities via 4-wheel drive vehicles.

Team

- Team lead – Monica Lederman
- Non-Profit Team in Country: Sowers4pastors staff
- Medical providers, nurses, MAs, non-medical personnel
- Interpreters

Next steps:

- Confirm attendance by reaching out to Monica Lederman at

  717-517-6259 (please text me)
- $200 deposit due by March 1, 2025
- Fill out Team member Registration: https://docs.google.com/forms/d/e/1FAIpQLSeN0_SDwotEEyUC9JB_iZLhAXQA_5gjMhwq85YNZC5kq3EVlw/viewform?pli=1

Trip coordinator:

- Monica Lederman jm_lederman@yahoo.com