



FWUSL Fall Playing Format

Fort Worth United Soccer League — Age Group Rules & Format Reference

Age Group	U5	U6	U7	U8	U9 / U10 Girls	U9 / U10 Boys
Format	4v4	4v4	7v7	7v7	7v7	9v9
Minimum Players to Start	3	3	5	5	5	7
Game Time: Length	8 min quarters	8 min quarters	20 min halves	25 min halves	25 min halves	30 min halves
Quarter Breaks: Length	2 minutes	2 minutes	N/A	N/A	N/A	N/A
Halftime Break: Length	5 minutes	5 minutes	5 minutes	5 minutes	5 minutes	5 minutes
Substitutions	Anytime	Anytime	Anytime	Your throw in Any goal kick After any goal Other team throw in if they sub Injury	Your throw in Any goal kick After any goal Other team throw in if they sub Injury	Your throw in Any goal kick After any goal Other team throw in if they sub Injury
Approx. Field Size (yards)	15'x25' - 20'x30'	20'x30'	33'x50'	33'x50'	50'x70'	50'x70'
Goal Size	4'x6'	4'x6'	6.5'x12.5'	6.5'x12.5'	6.5'x18.5'	6.5'x18.5'
Goalie	No	No	Yes	Yes	Yes	Yes
Max Goalie Time (per player)	N/A	N/A	50%	50%	N/A	N/A
Build Out Line	No	No	Yes	Yes	Yes	Yes
Punt Allowed	No	No	No	No	No	No
Headers Allowed	No	No	No	No	No	No
Offside Rule	No	No	No	No	Yes	Yes
Throw In / Kick In	Kick in	Kick in	Throw in	Throw in	Throw in	Throw in
Penalty Kicks	No	No	No	Yes	Yes	Yes
Direct / Indirect Kicks	Indirect only	Indirect only	Indirect only	Indirect only	Both	Both
Slide Tackles	No	No	No	No	No	No
Referees	—	—	1 Ref	1 Ref	1 Ref	1 Ref
Linesmen	—	—	—	—	2 Linesmen	2 Linesmen
Ball Size	3	3	3	4	4	4
Yards from Ball on Kick	—	—	5	8	10	10
# of Regular Season Games	6	8	8	6	8	8
Playoffs / Championship	N/A	Top 2 Teams to Championship	Top 2 Teams to Championship	2 playoff games + Championship	2 playoff games + Championship	2 playoff games + Championship

Youth players may protect their head, chest, or groin areas with hands/arms — defensive posture.

Players MUST play 50% of the game — exceptions for injuries, illness, or behavioral issues.