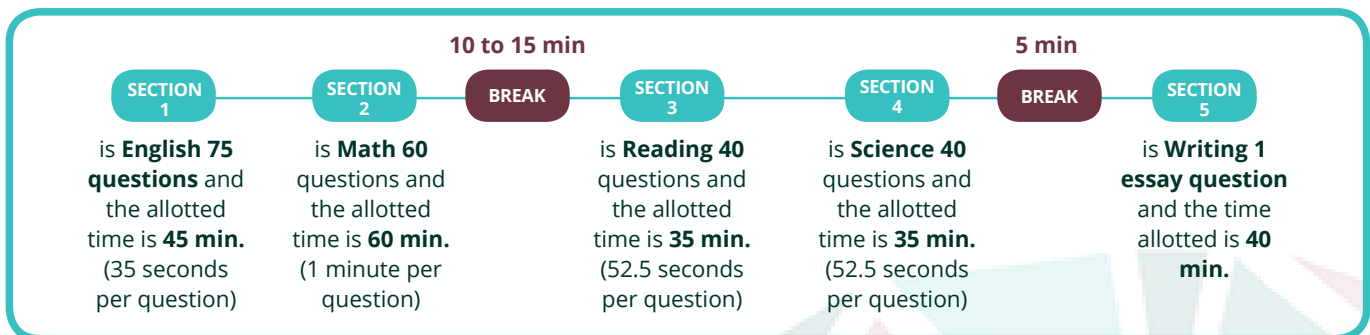


ACT PROCTORING TIMING INSTRUCTIONS

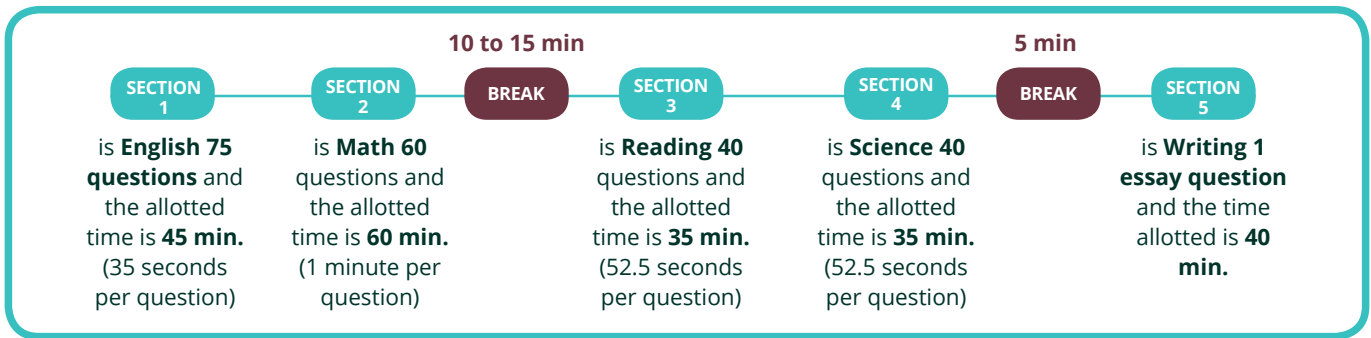


ACT Proctoring Timing Instructions

There are a total of four (4) sections not including the writing. I do suggest that you do the writing section as it will better prepare you to sit for the entire exam - so technically there are 5 sections although the writing section is not required. With that said the majority of colleges and universities do expect to see a writing score.



- Try to awaken at 7:00am in order to eat breakfast and allow yourself time to wake up (this will be similar to the actual day as you will have to allot time to drive to the exam location).
- At 8:00am begin to read the directions about filling out the booklet with all of the personal and demographic information (this will simulate the that the exam does not start right at 8:00am).
- After filling out those sections begin on Section 1 English (read the directions at the beginning of the section - again simulating that you will not start the exam right at 8:00am). Once the directions have been read set a timer to 45 min. and begin Section 1.
- When the timer signals put your pencil down and immediately read the directions for Section 2 Math (this will simulate the break that you are getting although it is not a formal break). Once the directions have been read set the timer to 60 min. and begin Section 2.
- When the timer signals put your pencil down immediately and reset the timer to 12 min (this is up to the proctor the day of the exam it can be anywhere from 10 to 15 min. so I like to do something in between) this is when you should use the restroom and have a quick snack (something nutritious and something that would be able to be "brown bagged" the actual day of the exam). Remember you are allowed to have water with you for the duration of the exam as long as it is in a store bought water bottle.
- When the timer signals that the break is over return to the testing table and begin to read the directions for Section 3 Reading (again allowing for the simulation that you do have a few more minutes to get back into testing mode). Once the directions have been read set the timer to 35 min. and begin Section 3.



- When the timer signals put your pencil down and immediately read the directions for Section 4 Science (this will simulate the break that you are getting although it is not a formal break). Once the directions have been read set the timer to 35 min. and begin Section 4.
When the timer signals put your pencil down and immediately reset the timer to 5 min. for the final break before beginning Section 5 Writing (this is when I would suggest that you use the restroom again and if time allots you can eat something quickly).
- When the timer signals that the break is over return to the testing table and begin to read the directions for Section 5 Writing (again allowing for the simulation that you do have a few more minutes to get back into testing mode). Once the directions have been read set the timer to 40 min. and begin Section 5.
- When the timer signals put your pencil down and immediately and go out and do something FUN!!

*Total questions with writing is **216** and total time for the exam **EXCLUDING** the breaks is **3 hr 35 min.***



**KNOWLEDGE
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